

Canada's Favourite Tea

"SALADA" TEA

Requested Recipes for Some Pleasing Dishes

Mint Jelly Made Attractive by Adding Vegetable Colouring. Molasses Pie Quick and Simple to Make. Recipes Chosen from a Number on File With Expert.

"I should like a recipe for mint jelly which has a clear bright green color. When I boil fresh mint with my apples, and make jelly from the juice, it has a good flavor, but a most unat-

purchased at the drug store. Be sure that the apples are green, so that your jelly may be firm.

Another request which has come to the editor of this column recently, is for a recipe for molasses pie. There are a number of recipes listed under this title, and one is very different from another. I am printing my favorite recipe today. I hope that you will like it.

Molasses Pie

One-quarter cup molasses.
One-quarter cup boiling water.
One-quarter teaspoon soda.
Pastry.
One cup flour.
One-half cup sugar.
One and one-half tablespoons butter.
Mix the molasses together with water and soda. Beat until foamy. Pour into a pie pan lined with pastry. Mix flour, sugar and butter to make crumbs. Sprinkle over top of pie. Bake for 30 minutes in moderate oven, 350 degrees F.

Mint Jelly

Two pounds apples.
Water.
About 20 sprigs of mint or one teaspoon mint flavoring.
Three cups sugar.
Green coloring.
Wash and quarter apples. Cover with boiling water, cover and cook until very soft. Turn into jelly bag to drain. Measure one quart juice and add crushed mint leaves and stalks. Cook slowly 20 minutes, strain into clean saucepan. Heat to boiling; add sugar and boil until syrup sheets off spoon. Tint with green vegetable coloring. Pour into sterilized glasses and seal. Yield: Three glasses.

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By EDITH M. BARBER

tractive color. What is the trouble? This question has come recently from a reader. Good color may be secured by adding a small amount of green vegetable coloring, either in paste or in liquid form. If you find it difficult to obtain fresh mint, you may use a little oil of spearmint, which may be



KEEPS STOVES
BLACK
AND
BRIGHT

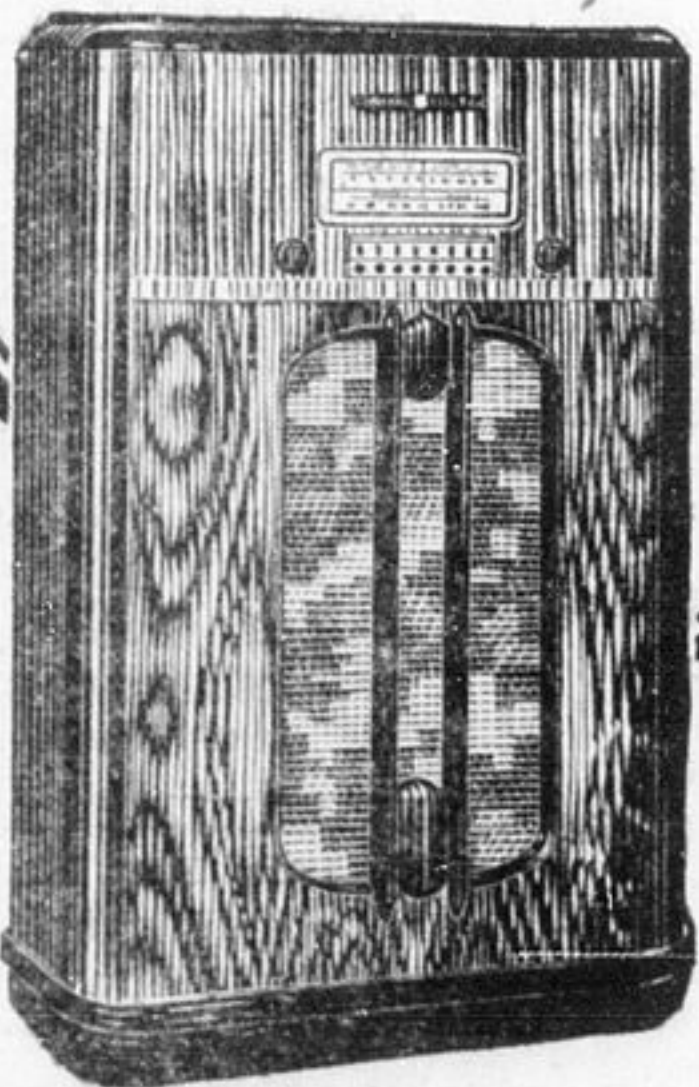
ZEBRA
LIQUID or PASTE
STOVE POLISH

Wedding Tuesday at Church of Nativity

Miss Lola Mary Forin and Mr. Ambrose Vachon Married.

The Church of Nativity was the scene of a quiet wedding on Tuesday morning at 8 o'clock when, in the presence of a few intimate friends, Rev. Fr. O'Gorman, united in marriage Lola Mary, daughter of Mr. and Mrs. Mich-

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ael Forin, of Nepean St., Ottawa, and Mr. Ambrose Vachon, son of Sr. Vachon, of 171 Birch street, north, and the late Mr. Ernest Vachon. During the ceremony the church organist played suitable wedding music.

Given in marriage by her cousin, the bride was charming in a street-length dress of burgundy velvet, made on fitted lines, with a corsage of yellow roses and fern. She was attended by Miss Jean Allie, who was becomingly attired in a brown tailored suit, with brown accessories and a corsage of yellow roses.

Mr. Andrew Morrison attended as groomsman.

Following the ceremony, a buffet lunch was served at the home of the groom's mother, 171 Birch street, north. Mrs. Vachon choosing for the occasion an afternoon dress of black crepe. Later in the morning a wedding breakfast was served at the Argyle Grill, and in the evening, a reception was held at the home of Mr. and Mrs. Chapman on Wilson avenue. On Sunday evening, the bride and groom will be honoured at a party at the home of Mr. and Mrs. Flynn, on Maple street south.

The bride and groom were the recipients of many lovely gifts, as well as several telegrams of congratulations from their numerous friends in Ottawa.

Cut-of-town guests at the wedding included Miss Loretta McNelly, and Messrs E. Cavanaugh and C. Ferguson, all of Ottawa.

Mr. and Mrs. Vachon will take up residence in Timmins.

Miss Rose Conto Married at Windsor on October 3rd

A wedding of interest in Timmins and district took place in Windsor on Monday, October 3, when Miss Rose Conto, daughter of Mr. and Mrs. Conto, became the bride of Mr. Sam Spina, Jr., of Detroit. The bride was a popular resident of Timmins for about three years, leaving here in the early summer for her home in North Bay, and later for Windsor, Ont.

Mr. and Mrs. Spina are spending a few weeks at the home of the bride's parents in North Bay, and will make their home in Detroit, Mich.



C.W.L. GIRL GUIDES

The 1st C.W.L. Timmins Co. Girl Guides held their weekly meeting in the Church of Nativity hall on Monday evening. The meeting was opened with inspection which was taken by Captain Landers. Then the Guides formed a horseshoe for flag-raising. The flag was raised by Viola Hunt, assisted by Eileen Murphy and Helen Morin. The Guides then went to patrol corners where badge work was done.

The Guides have been asked to form a guard of honour at Schumacher for the Catholic Women's League there on Oct. 11th.

A circle was formed for camp-fire. The meeting was closed with the singing of "Taps."

Iroquois Falls Rod and Gun Club Heads

P. J. Redmond Nominated for President of Active Club.

Iroquois Falls, Ont., Oct. 3, 1938—(Special to The Advance)—At the regular monthly meeting of the Iroquois Falls and District Rod and Gun Club held here tonight, the nominations for officers for the ensuing year was the main topic of discussion, which resulted in the following names being selected for election:

For president—Mr. P. J. Redmond, Vice-president—Mr. T. Cymbulsky, Secretary—Mr. L. D. St. James, Treasurer—Mr. J. Brown

The nominations will remain open till the next meeting, which will be held on Monday, November 7th, at which time elections will be held, in conjunction with the special annual meeting of the Club. The President expressed his hopes that a good attendance would be on hand to take part, and also to hear a review of the past year's progress.

During the lapse of the month, the auditing committee will examine the books and records for the benefit of all members.

A new addition to the display of wild life in the Hut was the large moose head, given to the club by Chief Olaverson, which he had shot last fall. This beautiful masterpiece, which occupies a prominent position in the hall, gives an air of real wild life, and demonstrates what exists in the rural sections adjacent to this town.

Mr. G. L. Cameron, Chairman of the Fish Committee, requested that the club write to the Department in an endeavor to secure larger quotas of fish for planting in suitable lakes, as it was felt inadequate plantings were being done, to care for future needs. The desire for biologists to test numerous lakes in this surrounding territory was also voiced, in an effort to establish new homes for speckled and lake trout, where it is felt, they would thrive.

With the thought in mind of creating a feeding place for wild ducks, the question of planting wild rice in suitable nearby lakes was also given discussion, and attempts will be made to procure this seed.

Waterloo Chronicle: There was a rush of Germans seeking naturalization in England when war seemed imminent. It indicates what these Germans think of Hitler.

Beauty and You

by PATRICIA LINDSAY



Exquisite MERLE OBERON has already adopted the fragile effect in make-up and hair dressing. Her flawless skin attributes greatly to the aura of beauty which is hers.

LEADING FASHIONS CALL FOR FRAGILE BEAUTY.

Wasp-waist gowns and suits, capricious hats, off-shoulder effects, all call for more fragile beauty than women have displayed since mother was (or perhaps it was grandmother) a wisp of a girl!

Not only is fragile beauty going to be the vogue but the ultra-feminine manner has come for a long, long stay.

By that I mean, pets, we've got to be minding in our steps, graceful in all our movements and most demure in our bearing. Yes, mame! If you are going to be a belle in winter, 1938, you must turn about face!

Coiffures Heralded New Style

Why do you think hairdressers have been trying so diligently to make women comb hair high on their heads? Just to give us more trouble? Not so. Coiffures had predicted that new fashions were going to be revived old fashions! The petite-waist cameo-head-era is having a second inning! Doll hats, with their quantities of feathers and fussings, need hair to support them, and they who wear them with long bobs succeed only in being comical; not chic.

Fair Skins and Slim Lines

Toughened, discolored skin from summer's sun and winter's wind, has also had its day. It is safe to predict that

those of us who adhere to Dame Fashion's whims, will be protecting our delicate selves with parsons in less than a year! Our powders will be lighter in shade and our general make-up, dainty. Greater care in bleaching skin and keeping it soft in texture, will be the general rule.

Thick waistlines and luxom hips, which are never admired in America no matter what the current vogue, will more than ever be taboo. So down on that mat, you beauties, to kick away offending pounds and inches.

Esoms, if you have them, will be cherished. High and round in contour, they are needed to set off clothes cut for the most feminine of figures. If you are not so blessed with becoming curves do your best to develop them through concentrated exercises and by acquiring erect posture. You'll be surprised how quickly a few inches can be added!

As for grace and manner, that is a story for another day. This is sufficient for you to see just how much you must do in the next six or eight weeks to transform your robust self into one more delicate and fetching!

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Hints On Fashions

By VERA WINSTON



Lovely violet gown.

Many women find that the various purple and violet shades look better under artificial light than they do in cold daylight. That is why these colors are going over so well at night. Violet in a combination of luscious shades is used for this beautiful gala gown. The dress is a divine shade of cyclamen, the panel which comes from one shoulder, leaving the other shoulder bare except for the gold cord, is caught at the waist with a gold cord and flows gracefully into a very slight train. It is of purple velvet. The effect is rather Grecian and altogether lovely.



That Body of Yours

(by James W. Barton, M.D.)

Reviving the Apparently Drowned As youngsters were taught in school the Sylvester method of reviving a person apparently drowned. It re-

quired four companions, the first to pull out the tongue and hold it out with a towel or handkerchief, the second to work the arms up over the head and then press them to the sides again, the third to massage or rub the blood up from the feet to the heart, and the fourth to run for a doctor. If you were all alone you were to put the patient face downward over a log or barrel and let water run out, and then turn him over on his back and work arms up over head and then press them downward against the ribs.

Since the coming into use of the Schafer method of resuscitation, the Sylvester is not used to any extent although a combination of the two systems is being used by some physicians.

The Schafer method:
Send for a doctor but do not wait. Place the patient face downwards on the ground, then without stopping to remove clothing, commence artificial respiration.

Put yourself astride or on one side of the patient's body in a kneeling position, facing his head. Placing your hands flat in the small of his back with the thumbs nearly touching and the fingers spread out on each side of the body over the lowest ribs, lean forwards and steadily allow the weight of your body to follow over on your hands and so produce a firm downward pressure, which must not be violent. By this means the air (water, if there be any) is driven out of the patient's lungs. Immediately thereafter swing backward releasing the pressure but without lifting the hands from the patient's body. Repeat this forward and backward movement (pressure and relaxation or removal of pressure, every four or five seconds or 12 to 15 times a minute.

Keep this pressure and relaxation going until the patient breathes; if the breathing begins to fail, start the pressure and relaxation again.
When the operator is carrying out this artificial respiration (pressure and relaxation) others may apply hot flannels to the limbs and body, and hot bottles to the feet, or by rubbing upwards promote warmth by friction; but no attempt should be made to give any restoratives by the mouth until the natural breathing has recommenced. Once breathing starts stop using the pressure and relaxation.

Health Booklet Available Eight helpful health booklets are available for readers of The Advance. They are: Eating You Way to Health; Why Worry About Your Heart?; Neurosis; the Common Cold; Overweight and Underweight; Food Allergy or Being Sensitive to Foods and Other Substances; Scourge (gonorrhoea and syphilis); and How Is Your Blood Pressure? These booklets may be obtained by sending Ten Cents for each one desired, to cover cost of service and handling, to The Bell Library, 247 West 43rd Street, New York, N.Y., mentioning The Advance, Timmins.
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TIMMINS DAIRY

If You Like Books

(By A. H.)

"Mary Christmas," by Mary Ellen Chase, is one of the most interesting "little" books that a reader could find. Published by Little, Brown and Company, it is a book that is suitable for both the adult and the young reader. It is written by a master of the descriptive phrase, and has plenty of "local colour" which always adds a great deal to any story. There are times when "Mary Christmas" will bring tears to the eye of the reader, and others when that same reader will want to shout at the humour of the occasion.

The heroine of this interesting tale, is Mary Christmas, an Armenian woman, who leaves her home to come to America, after the Turks have killed her husband, and her own life and that of her children has only been saved by hiding in a lonely cave. In America, Mary Christmas makes her home at Portland, in the state of Maine, and attired in the costume of her native land, she trudges the lanes and byways of Maine, selling household and other articles in those places where, in the late nineteenth century, luxuries were few and far between, and necessities were not easily purchased. In one of these out-of-the-way villages, trouble overtakes Mary Christmas when the villagers decide that she is a witch. They take her to the judge of the village, Mr. Wescott, who, being a very kind and generous gentleman, understands the halting speech of the stranger, and comforts her in her distress. He immediately befriends her and takes her to his home, where she is readily accepted by Mrs. Wescott, and the four children.

Mary Christmas is a woman with an outstanding personality. The effect of her visits and her wise counsel on the lives of the Wescott family, is the theme of the story, as is her shining growth and belief in God. The book "grows up" with the Wescott children, and long after Mary Christmas has passed away, these four and their mother and father, (before whom Mary Christmas would always prostrate herself on the floor, in humble thankfulness for his kindness in her time of need, remember with gratitude the service and the joy that she brought to their lives.

Report of Superintendent of Children's Aid Society

The following is the report of A. G. Carson, local superintendent of the District of Cochrane Children's Aid Society, for the month of September:

Applications for children for adoption	2
Office interviews	58
Interviews out of office	62
Complaints received	24
Investigations made	23
Children involved	31
Mail received	81
Mail sent out	160
Children in Shelter	11
Children boarding out	45
Wards visited	22
Court attendance	3
Juvenile cases	5
Children on probation to court	4
Wards placed in boarding homes	4

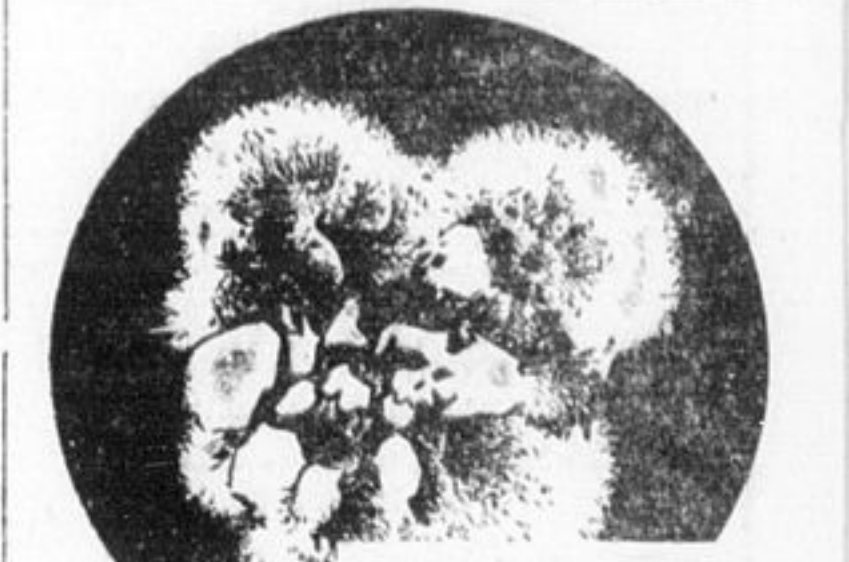
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Mileage travelled	1763
Children committed to an industrial school	1
Children placed in foster homes (not wards)	7
Children given hospital and medical care	2
Children given assistance in their own homes	3
Investigations for other societies	7
Cases under the Unmarried Parents Act	4



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