Green tea at its best

"SALADA" 520 GREEN TEA

Do You Like Your Fish Fried, Baked, Broiled?

Comment on the Various Ways of Serving Fish with Emphasis on the Fact that However the Cooking May be Done, There Should be No-Waiting After the Fish is Ready.

"There's only one way to cook fish. You should just taste the ones I cook in clay up in the Maine woods." A man made this pronouncement the

(By Edith M. Barber)

other day and I have heard statements of the same sort often from other members of his sex.

Well, first of all you have to go fishing, you have to catch your fish and most of us have to be content with doing our fishing at the nearby markets. And, anyway, although I am careful not to admit this when one of the above conversations is going on, I actually like fried fish better. I am one of those persons who demands fish with nice crisp skin.

Of course, I don't always fry fish because I like it stuffed and baked or broiled almost as well. In any case, no matter what method you use for cooking it, there should be no latecomers for dinner. If you are not sure of the time of your dinner hour, choose something else rather than fish unless you set a moveable time, fifteen minutes after the last member of the family has arrived. Of course, the fish may be ready to put in the pan and will be cooked in a very short time by any method except that of baking. Don't forget that it is well to dip fish which is to be broiled into a highly seasoned salad oil or melted butter before beginning the process.

Stuffed Fish Fillets

2 cupfuls soft bread crumbs.
1 teaspoonful salt.
Pepper.
½ teaspoonful nutmeg.
2 tablespoonfuls lemon juice.
¼ cup minced parsley.
½ cup melted butter.
6 small fish fillets.

Combine bread crumbs with seasonings and half the butter. Coil fish fillets around inside of greased muffin rings. Fill muffin rings with stuffing. Brush top of fillets with remaining butter. Bake in a moderate oven 350 degrees Fahrenheit fifteen minutes until fillets are tender.

Baked Fish Spencer

Dip fish fillets in salted milk, using one tablespoon of salt for each cup of milk. Dip into fine dry bread crumbs or cornflake crumbs. Arrange on well oiled baking sheet and sprinkle liberally with oil. Bake in a very hot oven for about ten minutes. Garnish with sliced lemon.

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Calgary Herald:—The treatment of the Jewish minority in Germany and Austria shows how insincere are German protests against alleged ill-treatment of the Sudeten minority in Czechoslovakia. Not only do the Nazi leaders deny to Jews all civil rights but they take their property from them before kicking them out of the country. This has been one of the most ruthless movements in all history.

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Hints On Fashions

Mirrors on Gloves Add Novel Note to Fall Accessories

Accessories for Autumn

Here are some blithe and smart accessories guaranteed to brighten up a late summer and early autumn wardrobe. For your suit, there is an overblouse in toast-coloured jersey cleverly pin-tucked in plaid design from yoke to waist. The little neckband with a bow in front is nice with autumn suits. The belt is in dark green suede with padded brown kid appliques in a leaf motif terminating in a strap and buckle. The gloves are an amusing new note in Paris fashions. A little round mirror of unbreakable glass is crocheted into the back of each doeskin glove. The under-side where the glove buttons is shorter than the back which has rounded edges. The shoe of brown kid has a moccasin-like suede tongue, with fringed edges sewn along the top of the vamp. The bow is of suede.

Wedding of Timmins Young Lady at Kirkland Lake

(From Northern News, Kirkland Lake)

A quiet wedding took place at Trinity United Church manse, Station Road early Sunday morning, August 28, when Emma Churchill, of Timmins, was united in marriage to John Douglas Newington, of Glen Afton. Rev. J. E. Graham conducted the ceremony.

Mr. and Mrs. Newington, who left later for their home at Glen Afton, were attended by the groom's brother and sister-in-law, Mr. and Mrs. H. W. Newington of Kirkland Lake.

North Bay Nugget:—In a little while North Bay will be given prominent mention in the airways of the world, and huge aircraft will be making this a regular port of call. This is a great distinction and one that will have a beneficial influence in the city's economic future.

Beauty and You

by PATRICIA LINDSAY

GINGER ROGERS' mother is never outshone by her daughter and is Ginger proud of her! Mrs. Rogers has for years been in charge of the talent department of the R.K.O. Studio, and she is now producing a play in New York.

MODERN MOTHERS NEVER TAKE BACK SEAT.

Women who can pride themselves on being modern mothers never find it necessary to take a back seat even though their daughters may be extremely beautiful and talented.

When mothers complain to me that their daughters push them in the background (whether it be in the home or out socially) I take time to write them a long personal letter to help them out of their difficulties. I do, even though perhaps I shouldn't ask them rather pointed questions—"how did you bring up your daughter?" "What happened to you while she was growing into an adult?" "Do you keep yourself up in appearance?" "Are you a woman your daughter and husband are proud to exhibit?"

Those are poignant questions. It takes steady nerves for most complaining mothers to answer.

Let us assume that during the time when daughter was growing up, mother had no easy time of it. She had a lot of work to do and money was scarce. She sacrificed a great deal to give daughter nice clothes, a good schooling, and a healthy life. All right. Her mother love dictated. She enjoyed doing that.

Of course she hoped, and rightfully expected, that when daughter grew up she would be grateful for this loving care. Perhaps she has been thoroughly spoiled. Perhaps for years she expected mother to do all she did do because mother never took the trouble to train daughter to be grateful. All that happens.

What mother failed to do was this. She neglected herself in order to shower daughter with much—much she didn't need. When daughter was at the going out age, she saw other mothers who were attractive, who could speak on current topics and books, who were more or less companionable to their own daughters. By comparison her mother fell short. Didn't she? Yes, the doting mother failed to keep modern. Her offspring outshines her.

Easy Solution

What these disappointed mothers should do, now that their daughters have grown, is to spend much more time thinking about themselves! Buy some new clothes, get a new hair-do and a few beauty treatments—if the budget will stand for them by crossing out daughter's ordinary provisions! Those will restore self-respect.

To restore self-assurance get active in something—preferably local, which will bring you out of the home into social activity. Read books, magazines, go to movies. Develop a personality—because you have drowned yours in your daughter's. Don't blame her. She is young and youth is ruthless! Win your own self esteem back and it will not be long before people will be saying "Alcie should be attractive and talented just look at her mother!"

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Household Hints

By MRS. MARY MORTON

Jams and jellies are nice enough when used as an accompaniment to bread and butter, but they aren't sufficiently used as ingredients for all kinds of dishes, other than desserts. So we have decided to remedy this deficiency by giving some excellent recipes, all of which use jam or jelly as an ingredient.

Next time the family votes in favour or roast chicken, surprise them with this marvelous dish, a glazed roast chicken. Season a five-pound roasting chicken and stuff with bread stuffing. Then truss, tie and rub outside surface with salt. Sear in 500 F. oven for 15 minutes, then decrease heat to moderate (350 F.) and roast covered, one and one-half hours or until nearly tender, basting frequently with a mixture of four tablespoons butter and two-thirds cup hot water. Spread one-half cup red currant jelly, finely broken with a fork, over chicken and roast uncovered 30 minutes longer, or until well glazed, basting frequently. The jelly glaze gives a piquant touch.

To-day's Recipe

DANISH RED CABBAGE. This dish owes much of its flavour to grape jelly. Cook two and one-half quarts shredded red cabbage, two tablespoons sliced onions and two cups thinly-spiced apples in boiling salt water eight to 12 minutes or until cabbage is tender. Drain; add three tablespoons vinegar, two tablespons butter, one and one-quarter teaspoons salt and three-quarters cup grape jelly to cabbage, and simmer for five minutes. This recipe makes six portions of this tasty dish.

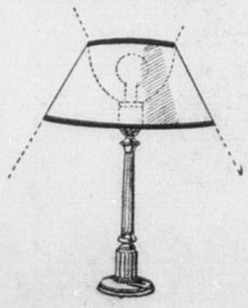
Savory jam sauce should be served hot to glorify lamb, veal or pork. To make it, melt three-quarters cup red currant jam in double boiler. Add teaspoon Worcestershide sauce, one-quarter teaspoon salt, one-quarter teaspoon paprika and two drops of Tabasco sauce and mix well. This makes about three-quarters cup of sauce.

BETTER LIGHT
Makes Better Marks

Are you doing all you can to make sure your children get good marks in school? Do they get enough rest and sleep and good food? Of course, you say! But that's not enough! School days usually mean study nights. And many parents who would never starve their children's stomachs are literally starving their eyes — with insufficient, or glaring light.

Your children live outdoors during the long summer months. Their eyes are accustomed to the intense light of outdoors — up to what lighting experts measure as 10,000 foot candles of light. Indoors, in many homes, their eyes get only 5 to 10 foot candles of light under the average study lamp — when less than 20 foot candles is definitely harmful to youthful eyes

The only way to be sure your children are getting enough light is to provide them with scientifically designed lamps which give plenty of light without glare. We have a variety of styles at attractive prices. Easy terms are available.



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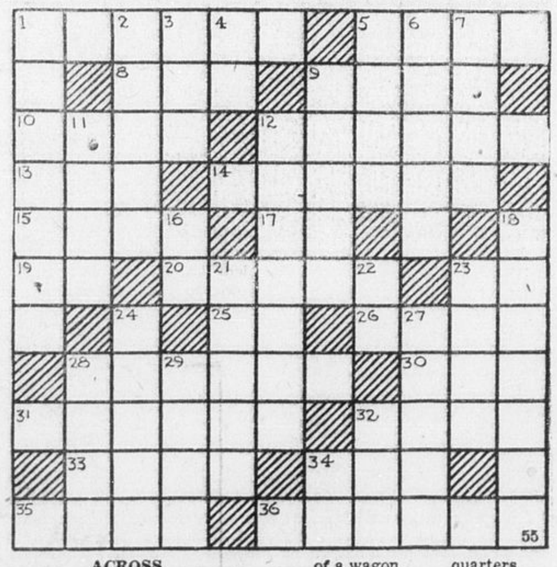
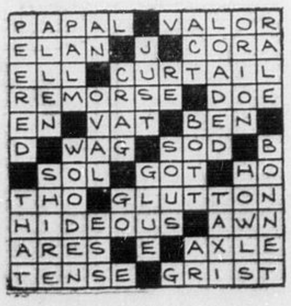


ACROSS

1—Clergyman in charge of a parish
5—A kind of stout, clumsy shoe
8—Not strict
9—Flippant
10—Froth
12—Dishes
13—Printer's measures
14—A memento
15—Take it easy
17—Prefix signifying "away from"
19—Symbol for erbium
20—Frequently
23—Ana (abbr.)
25—Near
26—Miry
28—Scholars
30—Disfigure
31—Catlike
32—Girl's name
33—A fissure
34—A fruit
35—A sudden, brief blast of wind
36—Assault

DOWN

1—An umpire
2—Social rank
3—A kind of cap
4—Domestic beast of burden
5—Applaud
6—Flexible
7—Observe
9—A sphere
11—A Hebrew measure (5.1 pts.)
12—Babble
16—Sign of the infinitive mode
18—A rack on running gear of a wagon for hauling hay
21—A swoon
22—Negative reply
23—The Mohammedan call to prayer
24—Slippers without quarters
27—Greek letter
28—South American republic
29—Half a quart
32—The gold monetary unit of Lithuania
34—Foot (abbr.)



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Recent Wedding of Timmins Young Man at Thornloe

(From The New Liskeard Speaker)

A quiet but very pretty wedding was solemnized at the United Church, Thornloe, on Thursday, Aug. 25th, at 2 p.m., when Luella Jean, only daughter of Mr. and Mrs. Andrew Napier, of Earlton, became the bride of Mr. Robert Tubman, of Timmins, eldest son of Mr. N. Tubman, and the late Mrs. Tubman, of Earlton, with Rev. E. Armstrong officiating. Mrs. R. T. Bowman of Thornloe played the wedding march.

The bride, who entered the church on the arm of her father, looked lovely in a fitted gown of white satin, with trimmings of gold sequins. Her veil was caught with dainty clusters of orange blossoms. She wore gold slippers and carried a bouquet of tiny asters, pom-pom dahlias and fern.

Miss Lucy Tubman, sister of the groom, was bridesmaid, and wore a bouffant frock of peach net over taffeta, a picture hat of white with ribbons tied under her chin, white lace gloves and white slippers. Her flowers were pink and white asters, pom-pom dahlias and fern.

Mr. Aubrey Napier, brother of the bride, supported the groom.

After the ceremony the bridal party motored to New Liskeard for a visit to the photographer, and thence to the bride's home where a sumtuous wedding supper was served. In the evening the reception was held in the community hall, Heaslip. The many beautiful gifts received testified to the popularity of the young couple.

Leaving later, by motor, for an extended trip to Ottawa, Carleton Place and other points, the bride wore a travelling costume of navy tricontine, with accessories to match.

On their return they will reside in Timmins, where the groom is employed at the Hollinger mine.

They have the good wishes of their many friends in this district.

Says Cochrane Should Repeat North Information

In an editorial article last week in reference to the extension of the T. & N. O. north of Abitibi Canyon and the suggestion some time ago that this part of the line might be established, The New Liskeard Speaker last week said, in part:

"We still believe we were correct when we said that Cochrane's board of trade or its newspaper should reiterate the statements made when it was decided to build "on to the Bay." Those facts were given to the public at that time by Cochrane, and they were either true or false. If they were true surely the Board of Trade or The Northland Past should be able to reproduce them. We sincerely hope they can, because we have no desire to see the line north of Cochrane closed by the Government, and we do not know of any quarter from which the necessary information and leadership in the fight could come, other than Cochrane.

"It may take a little time to produce these facts, but it certainly should not cost any money. Public men in every community freely give of their time in matters of this kind and we cannot understand why the "task should be beyond the means of the town" of Cochrane. The fyles of The Northland Post or the books of the Board of Trade should contain the information required."

Waterloo Chronicle: Religion is carried as a sort of a spare tire to be used only when people get into trouble, says a well known churchman.

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