gazing at the great expanse of sea.

say anything about it to the girl.

"Land ahead!" she cried.

started to drowse.

was no mistaking it.

children.

Alla stared out at sea and made no

In this way the time went past, until

(TO BE CONTINUED)

in Springtime Foods

The following timely article is from

maple syrup, rhubarb, and asparagus,

progresses, is heralded with delight.

Jellied Ham Rolls

1 small bar white cream cheese

or 1 cup cottage cheese

1 package lemon jelly powder

horseradish. Spread generously

Make a paste of cheese, cream and

thin slices of ham. Roll tightly. Ar-

gar, salt and cayenne have been added.

Cool. Pour over ham rolls and chill.

shapes with one ham roll in each.

Eggs a la King

1 tablespoon chopped green pepper

Cook onion in butter 5 minutes. Add

cook, stirring constantly, until mixture

mento and hard-cooked eggs cut in

quarters. Pour some of sauce over

place of green pepper and pimento.

3 tablespoons chopped onion

2 tablespoons butter

1 tablespoon butter

1 tablespoon flour

Salt and pepper

12 slices bread

½ cup chopped celery

2 cups canned tomatoes

Cheese Sandwiches-Spanish Style

Cook onion 5 minutes in 2 table-

and simmer 15 minutes. Melt 1 table-

spoon butter, blend in flour, and add

and pepper. Toast bread. Place slices

Pompadour Rice

Combine rice, sugar, salt and van-

Acton Free Press:-In his book,

"Tickets to Forcune," which reviews

ies will have a new source of income.

able harm to the morals of its chil-

illa. Whip cream and fold into rice.

11/2 cups cooked rice

Few grains of salt

1 teaspoon vanilla

Maple syrup

3 tablespoons fruit sugar

1 cup whipping cream

on

whetting lagging appetites.

Cream to moisten

6 slices cooked ham

1/2 cup horseradish

14 cup vinegar

1/2 teaspoon salt

Dash of cayenne

3 tablespoons butter

3 tablespoons flour

6 hard-cooked eggs

Salt and pepper

1% cups milk

1 egg yolk

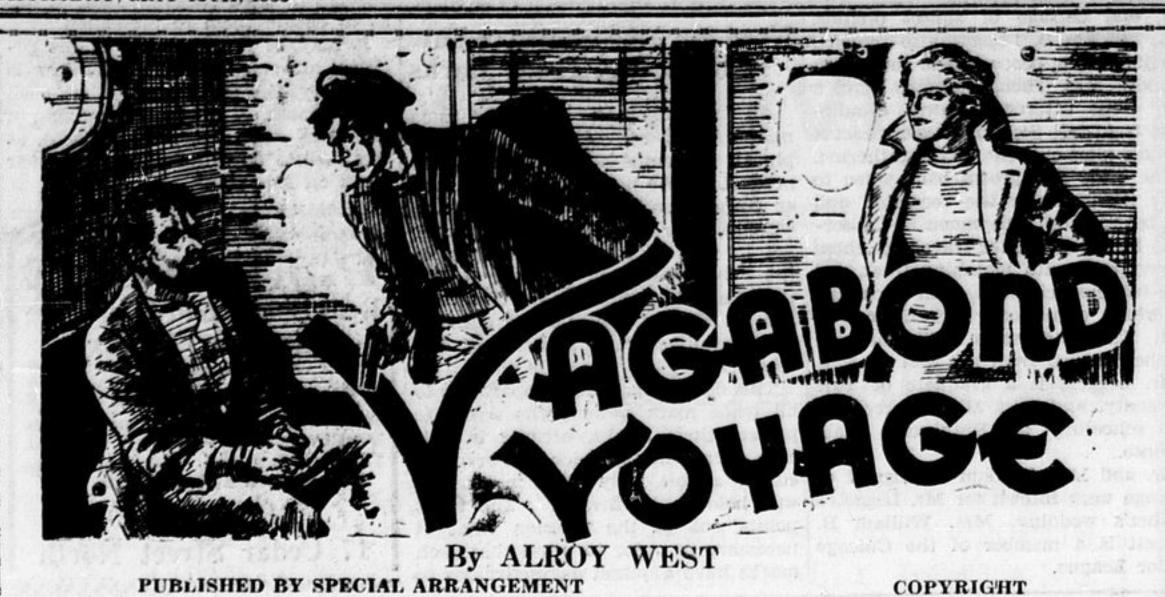
2 tablespoons minced onion

1/2 cup mushrooms, slicea

2 tablespoons chopped pimento

1% cups boiling water

Some Suggestions



CHAPTER XXVII

ESCAPE FROM THE ISLAND

stretch of beach in the direction caken by their companions. This meant that they were facing a trifle away from and raised their hands.

Peter called to the girl who raced the extra quantity of food and drink, guage." across to join him. She darted tothe deeper water.

elled on the men, moved to the other him to put the engine out of action. Alla placed the two rifles in the second launch and returned to the one in which Peter was standing. She removed the petrol tins and carried them over to place with the rifles. This time she stayed in the launch and Peter quickly joined her.

a surprising speed. Each item was done neatly and efficiently. Before those on board the yacht realized what was taking place, the launch was heading out to sea.

The shouts from the men on the beach attracted the attention of those who were searching the area covered by the trees. They came scampering back in confusion and wasted time by firing wildly. None of the bullets came anywhere near the swiftly-moving launch.

"It is well supplied with food and water!" Alla exclaimed.

Peter smiled grimly. "No need to call at the trawler then,

he said. "We'll get clear away before the yacht can get up steam in order to follow us."

The small launch was coming round from the leeward side of the yacht It was hopelessly outclassed so far as speed was concerned, but Alla took up one of the rifles and fired towards it. Evidently her shots were sufficiently near to be unpleasant, for the tiny launch swung round and returned to the yacht.

Peter exchanged smiles with Alla. "Very satisfactory so far," he commented.

The launch was easy to handle. But the yacht never came. Owing to her shallow draught there was no likelihood of her coming to surrounded the island.

Peter glanced anxiously at the sky. not done its worst."

proved. "You might cempt it to smite which I damaged. I think I did the Peter smiled at her fears.

from another source," he pointed out. "The yacht will be after his pretty best part of the day." quickly." The launch was making excellent day is gone," Alla observed.

progress and was already working round the island.

demanded. "Surely you don't contemplate taking her out to sea?" "She's built for sea work," Peter re-

plied. "I know our position, and I may send for it." think we shall be able to make Gre-

The two men who were guarding the He did see that his launches were boats were looking along the narrow fitted properly. I should imagine he

had a terror of being drowned." Peter and were taken completely by life when he was on a small liner for is Captain Wicks. I'm afraid he's surprise when he ran forward and which caught fire. Ever since, being going to have a very unpleasant time shouled at them. They could not un- an exceedingly cautious man, he had He was foolish not to come to terms derstand what he said, but the mes- made certain that the launches he with me." sage conveyed by the revolver which carried on his yacht would be perfectly he pointed at them rendered words capable of both supporting him and of He must have been envious. Probably superfluous. Both dropped their gans carrying him to safety. There were very angry as well. His revolver made

Nunez wasted valuable time in getwards the men and took up the rifles ting his men from the shore. Then over the gold. It's really very funny. which they had dropped. Then she the particular dread which had caused Wicks brought the gold all the way hurried to the launch which was in him to be so careful aided Peter and from the English Channel. Doyle has Peter, still keeping his revolver lev- of miraculous. Nunez refused to have the moment he knew about it. Sinclair the yacht put to sea. From his examlaunch and jumped into it. It re- ination of the two men left as guards time-has similar sentiments. And obquired only a matter of seconds for he was satisfied that the gold had not viously Nunez is after the gold. They left the island. It was the gold with are all near it-and I doubt if they'll which he was concerned. It was trou- be able to find it. We have the secret of the trawler eluding him, but he expected that they would be lost at sea. It was when he realized that there

was only the small launch that Nunez lost his nerve. The small launch was The manoeuvre was carried out at only intended for pottering about between the yacht and the shore. As a sea it was hopelessly inadequate. The remaining launch had been put out of order.

escaping launch.

and over again. "Once I had four should bring them to the Windward launches. One has been sunk. Another has been stolen. A third is damaged. I will not run the risk! We might fully when on the trawler. Unfortustrike a sandbank after the manner of | nately Wicks had not possessed a very the trawler. Then we should drown."

forcify himself with a drink.

When he felt calmer he sent an urgent radio message in the hope that Delgado would pick it up. Then he ordered the search to continue on the island. The gold was there, he felt certain of that. Also there were some more of the trawler's crew.

OUT TO SEA

In the meantime the launch was for the islands. Peter did not let his drawing away from the island at a mind dwell on what would happen if fairly good speed. Time after time he missed them. There was just a Peter glanced backwards expecting to wilderness of sea and almost certain see the yacht bearing down upon them. | death.

"What shall you do if the yacht overtakes us right out at sea?" Alla grief on any of the sandbanks which demanded. "She could open fire ca

"I doubt if it would do much good. "That storm seems to be blowing A launch can be a very diffciult tarover," he remarked. "It caused us to get. They would never be able to get the horizon. There was no sign of ed. Blend in flour. Add milk and lose the trawler and I suppose it has right alongside us because this is very easy to handle. And there is nothing "You shouldn't say that," Alla re- to fear from that very small launch job efficiently. It will take an hour or so to get it put right. And if I know "We're more likely to have trouble anything of the sort of helpers Nunez has to depend upon, it will take the lated."

"It will not be so long before the

"We can go on through the night in this. There is nothing to worry "What do you propose to do?" Alla about. We shall see the lights of any ships long before they are dangerously near to us."

"What about the destroyer? Nunez

"We shall travel without lights.

nada with the amount of fuel we have don't think for a minute we shall be on board. I'll say one thing for Nunez. spotted. A launch doesn't show up all that well."

> "You seem to have an answer for everything!"

This was perfectly correct. Raul "I feel decidedly optimistic," Peter Nunez had come near to losing his informed her. "The man I am sorry

"I wonder if he saw us get away" additional lockers in order to hold it possible. I can imagine his lan-

"He's far more likely to be worried

Alla to an extent that was little short | plotted to get it all for himself from -who was kept in ignorance for some blesome to think of two of the crew and are getting farther and farther away from the island."

> "The only other one who knew was poor Gallop," Alla said sadly.

"I'm sorry about his death-in a way. But I can't get rid of the idea that he would have taken the first opportunity of knocking one over the means of escape from a disaster at head and dropping me over the side." "I expect you are right," the girl

said thoughtfully. Night fell quickly and Peter took Nunez, despite the urgings of those charge while Alla had a sleep. Later about him, refused to give chase to the on she relieved him. There was a compass in the launch, and Peter had "I will not do it," he declared over already worked out a course which

Islands He had studied the chart very caregood one, but it had been sufficient The thought of the water slowly to guide him across the Atlantic. Peter rising up to engulf him was too much | hoped that his recollection of it would for him. He retired to his cabin to be good enough to enable him to reach one of the islands. To have gone to the south would most certainly have brought him to the land, but he did not like to risk running into the destroyer

Apart from that the mainland was the sphere where Nunez had consid- to the jelly mixture when partially set. erable influence. Accordingly, the only reasonable thing to do was to make

The launch behaved reasonably well in the open sea, although the manner in which it was tossed up and down by the waves was not always conducive to comfort. Even when Alla relieved him he was not to get very much rest. mushrooms and green pepper and cook By dawn he was anxiously scanning until mushrooms are delicately brown-

"Should we be making a landfall thickens. Cook 10 minutes. Add pivet?" Alla demanded.

Peter shook his head. "I very much doubt it," he said. "But | beaten egg yolk and stir into sauce. there was just a chance that we have Cook one minute. Serve on toast. Onemade better progress than I calcu- half cup green peas may be added in

LAND AT LAST The day wore on and the heat be-

came almost unbearable. The glare of the sea hurt their eyes and the tossing of the launch wearied them. Fortunately there was no shortage of supplies, and they both felt better after a good meal. There were even cigarettes in a small locker and these, although not very good, were exceedingly welcome.

"Some time this afternoon we might spoons butter. Add celery and tomatoes see some indication of the land," Peter

But when afternoon came there was tomato mixture. Stir luncil sauce is still the same dreary expanse of glit- slightly thickened. Season with salt tering sea under a pitiless sun.

Alla frowned and turned to Peter. of cheese between each two slices of "Do you think we've gone past teast. Cover sandwiches with hot to them?" she asked, in little more than whisper.

Peter shook his head.

"We couldn't have done that," he said in a very decided tone. But, somehow, the doubt persisted. He found himself trying to work out the course and remember the chart. Each time he arrived at a rather different

Later in the afternoon they saw the Boil syrup until thick. Cool. Pour grey feather of smoke from a passing syrup over rice mixture in sherbet steamer. She was too far away for glasses. Sprinkle with chopped nuts. it to be possible to alter course and overtake her. There was no method of signalling to her. The red lights in the watertight tin were useless dur- the whole question of lotteries, Eric ing the day. So they had to watch the | Bender reaches the following conclusthin trail of smoke move gradually out ions: "Any state that legalizes lotterof sight. Alla was near to tears.

As there was a slight breeze, Peter but must also be prepared for the folrigged up a sail in order to conserve lowing consequences: It will gain a the fuel. But by nightfall they were few thousands of dollars at a cost to once more relying on the motor. Peter its people of millions. It will increase reduced speed for fear of passing the its own relief problem. It will encourland during the night. Neither of age new rackets and racketeers. It them slept, and when morning came will not be able to frown upon other they were hollow-eyed from lack of forms of gambling. It will do incalcul-

Their meal cheered them up con- dren and its adult irresponsibles. It siderably, and Peter once more hoisted will increase public disrespect for govthe sail. They remained close to- ernment."

gether during the best part of the Foolish to Expose morning, just smoking cigarettes and Children to Measles As the day wore on their spirits

drooped. They lost the desire to talk Value of Serum in Cases of to one another. The only sound was the slight flapping of the sail mingled the Disease. with the eternal splashing of the

(By J.W.S. McCullough, M.D., D.P.H.) With the passing of the morning the The tiny baby does not have measles breeze strengthened. Peter, more with provided the mother has had this disthe idea of occupying his mind than ease. The baby, under such circumanything else, tried to calculate how stances is immune to measles. Why, much fuel they had, and how far they since only about 3 per cent. of all percould expect to travel by using the sons escape measles, is the little baby motor. The result of his calculations was not encouraging, and he did not

The reason for this protection is that the baby has substances in its blood, gained it is almost certain from the mother, which prevent for a time at least, its taking measles.

she suddenly disturbed Peter, who had It is well known that one actack of measles almost invariably confers a definite protection against subsequent at-Instantly he was sitting up, staring acks. Rather rarely a person may in the direction which she was indihave a second dose of measles, but cating. There were some anxious minthis is uncommon. In a study of 14,744 utes, and then they sat helplessly and cases in Providence, R.I., 689 had a laughed at one another like foolish second attack and of these 41 had measles a third time. The close simi-They were in sight of land. There larity between measles and German measles accounts for many of the socalled second attacks.

In scarlet fever and diphtheria, immainity comes with adult life to a considerable extent; this is not the case with measles for in measles adults are just as susceptible as children; in fact measles is rather malignant in Jellied Ham, Rolls, Eggs a la King, Cheese Sandwiches. virgin soil. Both measles and influenza may wipe out a large proportion of people who had never before experlenced these affections. In 1775 measles the Department of Agriculture at Ot- was introduced into the Sandwich Islands, and in 4 months 40,000 of a With the approach of spring comes population of 150,000 died. The son a yearning for lighter foods, and of the Chief of the Fiji Islands careveryone welcomes a change from the ried the disease from Sydney, Australmore or less heavy meals which are ia, to his home with the result that served during the winter months. It one-fifth of the population (20,000) is natural that each new food such as | died. These facts indicate that a certain amount of resistance to the diswhich appears on the market as spring ease is acquired by communities in which it has prevailed for a long time.

and that other foods which suit the After an attack of measles the blood springtime taste are in popular deis rich in what are called immune bodies able to neutralize the virus of the The following recipes suggest a few disease. This property of the blood of the many foods which seem to be gradually weakens with advancing age rightly associated with warm, spring but retains its efficacy for life. Bedays, and should prove effective in cause of this, convalescent serum, that is the watery part of the blood of a person who has had measles,, is now used to cut short an attack. If given before the middle of the period of incubation, namely the 5th day after exposure, an appropriate dose of this serum will usually protect the person exposed. This protection will last for about three weeks. Fresh whole blood will act quite as well. The serum is injected into the muscular tissues. If given between the 5th and 8th

day after exposure the serum will not prevent but is likely to modify the seriousness of the attack. After the range rolls in mould. Dissolve jelly rash appears the serum seems to have powder in boiling water to which vine- no effect.

Measles is an extremely "catching" disease. Its virus is probably trans-When thoroughly set, cut into oblong mitted by means of the secretions of the nose and throat and most often Serve on crisp lettuce. If desired oneduring the early stages of the disease half cup seedless raisins may be added It is always wise to prevent, if possible, children taking measles. It is foolish, as parents used to do, needlessly to expose their children to this or any other infectious disease. Over



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