

Orange Pekoe Blend "SALADA" TEA

Suggestions for Menu for Small Dinner Party

Culinary Expert Points Out That Unusual and Appetizing Combinations Make Special Appeal to Guests. Recipes for Stuffed Celery, and Apple Horseradish Sauce.

(By Edith M. Barber)
The small dinner party may be served in a most simple manner and please the guests with unusual and appetizing combinations. The following dinner party fare, served at a small dinner at

chives, pickled watermelon rind and olives, was served with the hot bread.
Next came a vegetable salad mixed at the table—watercress, romaine, endive and lettuce with a well-seasoned French dressing. Hot toasted crackers came with this.

Then for dessert, whole sections of grapefruit in "supreme" glasses, small glasses set in larger ones, filled with shaved ice.

Stuffed Celery

- 1 cake cream cheese
 - 1 teaspoon onion sauce
 - 2 teaspoons chili sauce
 - 1/2 cup chopped nuts
 - 12 stalks celery.
- Mix cheese with seasoning and half the chopped nuts. Stuff celery and dip each stalk in the remaining chopped nuts.

Apple Horseradish Sauce

- 1/2 cup cream whipped
 - 1 tablespoon chili or tarragon vinegar
 - 1 teaspoon French mustard
 - 3 tablespoons grated horseradish
 - 3 tablespoons grated apple
- Mix the ingredients in the order given and serve cold.

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which I was a guest, is passed on as a suggestion to the dinner hostess.

For the first course, there was a tomato consommé. Stuffed celery and thin watercress sandwiches came with this. Then came a crown roast of lamb with apple horseradish sauce, Julienne potatoes and new asparagus with Hollandaise sauce.

Tiny hot rolls were passed and re-passed and a dish with each section containing a different relish, jelly, mixed pickles, cottage cheese and



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states that in addition to the usual "indigestion" symptoms in many cases of peptic ulcer (ulcer of the stomach and small intestine) healing fails to take place because the patient is sensitive to certain foods. In fact, the food to which an individual is sensitive may cause symptoms similar to ulcer, in that pain comes on from 2 to 4 hours after eating this food.

Another annoying ailment due to sensitivity to certain foods is eczema of the anus (lower opening of the bowel). It is not surprising that eczema in this region fails to clear up, when it is being caused by a food eaten regularly.

Instead of thinking that foods to which we are sensitive cause only skin irritation, head colds and asthma, we should remember that these foods cause cases of stomach and intestinal disturbances that are thought to be due to ulcer, cancer, gall stones, appendicitis and other abdominal ailments.

Food Allergy

"What is one man's food is another man's poison," is an old saying but the truth of it is being proved almost daily by leading research physicians throughout the world. Some individuals are oversensitive to certain foods and will have colds in their heads, "snuffy" noses, pains in the stomach or abdomen when they eat these foods, while others suffer no ill effects when eating the same foods. "Food Allergy," Booklet No. 106, by Dr. Barton, tells how to discover the offending foods and what to do about them. You may obtain this booklet by sending ten cents to cover cost of service and handling, to The Bell Library, 247 West 43rd St., New York, N.Y., mentioning The Advance, Timmins.

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The Amplifier (Just Staff Stuff)

A local young lady has a habit of sleeping for a few hours after a hard day's work, before she goes out in the evening. One evening she went to sleep as usual, and because the house was very quiet, no one being at home, she slept until nine o'clock. When she awoke and glanced up in surprise at the clock, she rushed out of bed, and hurriedly tried to wash and dress at the same time. Then she happened to glance out and seeing the darkness, she realized that it was not morning as she had thought, and she was just twelve hours too early for work.

What do you think of people who are always saying "that there" and "this here" and "he don't"?

Miss _____, who admits that she has been very few hockey games, attended the game between the Cochrane High School and Timmins High School last week-end. Suddenly she turned around to a friend and asked "Who is that man refereeing?" and when the reply came "A referee does not referee in favour of any team," she calmly asked, "Well, then, what's the other man doing there?"

The latest in men's fashions decrees that there should be very few pockets in the gentleman's suit. In fact, the fashion experts go so far as to say that they would like to do away with the pockets entirely. This would indeed be a catastrophe, for what would then happen to all those men who stand on the street corners with their hands in their pockets?

Huntingdon Gleaner:—Last week the Fred Smiths of the United States held their second annual convention in New York. Proceedings were broadcast by radio. At the first convention a year ago, 100 Fred Smiths and their wives attended. This year there were many more. There are known to be seven Fred Smiths in Topeka alone. The official title of their organization is "Benovolent, Protective and Completely Universal Order of Fred Smith" and their slogan, "Don't worry about anything and never get into trouble."

BE BEAUTIFUL By ELSIE PIERCE FAMOUS BEAUTY EXPERT



PHYLLIS BROOKS has the upward sweep in her coiffure and sets it off with earrings.

It's Smart to Show Your Ears

Climbing curls are doing a little face lifting in more ways than one. In themselves they are doing a fine job of lifting one's looks, generally... as well as one's spirit. Economists notwithstanding there's an exultant feeling of "everything's going up." Not only that, but the climbing curls are calling shell-like ears to come out and show their pretty pinkness.

I think it's fine for the feminine morale. We are suddenly aware that the face has another feature. Now it won't be long before ears take years from one's appearance. And it won't be long before we see small, soft, pink and pretty ears doing a peek-a-boo. By the way, if they are anything but small they ought to be kept partially hidden: However, since Fashion is calling upon us to show them, we women will work up to "show off" standards.

A Facial for Your Ears!

The complexion brush and soap with warm water will be whisked over the ears while it is wielded over face and neck. Then will come a thorough rinsing. Cleansing cream will be carried up from the neck, behind the ears and over to the front of the ear. Then it will be gently removed with tissues. A skin tonic sponging will follow. And we wee bit of soothing cream or nourishing cream will be massaged over the front of the ear with thumb and forefinger upward from the lobe to the top of the ear; then behind the ear with a firm, rotary, upward motion. A little of this cream may be left on overnight... or for an hour or so during the day but in order to avoid any greasy feeling, be sure to remove with tissues, sponge again with skin tonic and then powder up over the back of the ears. Rouge the top and the lobes of the ears ever so lightly to carry out the idea of that fragile, flushed look. Then clip on a pair of ear clips and be a gay, glamorous girl. Ear clips, by the way, are being featured these days!

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Sentence Wife Beater to Six Months in Jail

Thomas Latendresse Denies Knocking Three of His Wife's Teeth Out But Admits That he had Previously Broken Four of Her Ribs. Mose Faubert Fined \$100 and Costs for Giving Liquor to Minors.

Found guilty of assault, occasioning actual bodily harm, the charge being preferred by his wife, Thomas Latendresse, 17½ Spruce street south, was sentenced to six months at hard labour by Magistrate Atkinson in Police Court here Tuesday afternoon.

B. Edwards, a witness called by the prosecution, who lives in a portion of the same house as Latendresse, swore that the door was open to the accused's quarters and that he had seen him strike his wife and knock her down. "She got up and ran into my place and Latendresse came to the door and said that he would take her out or kill her. I stopped him from coming in and he went away and returning with an axe chopped the door down," Edwards declared.

"My wife had been drinking and when she drinks she wants to poison herself. That's the reason that I wanted her to come back to the house," Latendresse declared.

Sgt. Gilbert Desroches, of Timmins Police, told the court that Mrs. Latendresse had come into the police office on the afternoon of March 2 and produced three teeth which she claimed her husband had knocked out. Her face was still bleeding at the time, the officer swore.

Latendresse denied that he had struck her and stated that his wife had knocked her teeth out when she fell on a chair. Questioned by the Magistrate following a declaration by the wife that the accused had broken four of her ribs and split her head open on a previous occasion, Latendresse admitted that this was correct. Without further ado the Magistrate ordered the six months sentence.

"Having" Charge Dismissed

With his wife appearing on his behalf and pleading not guilty, Arvid Puscas was acquitted on a charge of having liquor in a place other than his own private residence when the case was found to hinge on a misunderstanding between the accused and the police with regard to permission for the holding of a wedding party. Puscas was said to have applied to Constable Boissonneault for permission to hold the party at 80 Sixth avenue, the officer presuming the place was a private residence. He granted the permission with the understanding that it would be all right if there

Guilty of Assault

Wilton Burgess, taxi driver, was ordered to pay a fine of \$5 and costs on a charge of assault preferred by Pete Auger, who claimed that Burgess had struck him after he had complained to his employer that he had been overcharged for taxi fare from Timmins to Schumacher and back. Auger claimed that he had paid Burgess \$1 for the round trip when the usual fare is said to be 75 cents. The complainant alleged that Burgess had hit him first at the taxi stand and again in a local billiard room the next day. Burgess said that when he met Auger he thought he had raised his hands as if to strike and admitted hitting him. James Ellis, a witness called by Burgess however, swore that Auger had hit Burgess first. The magistrate thought differently in the matter and found Burgess guilty.

Three drunks and two others charged with traffic offences were ordered to contribute the regulation \$10.00 and costs or 30 days. A vagrant, John Duquette, asked for 30 days and was immediately accommodated.

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Early Explorer's Life Described by Dr. Honey

Exploits of LaVerendrye in Search of Northwest Passage Provides Interesting Topic for Address at Timmins Kiwanis Club. Was First White Man to See the Rocky Mountains.

The exploits of La Verendrye, one of the early Canadian explorers, in an attempt to find the historic Northwest Passage, was the subject of an interesting address on the early days of Canada by Dr. Lee Honey at the regular weekly luncheon of Timmins Kiwanis Club on Monday.

Why the explorer, who was the son of Rene Gaultier, took the name of Verendrye is not known. At the death of his mother when he was four years old he had been allowed to play with the Indian children around the fort at Three Rivers which his father's regiment garrisoned. In this way he developed the senses of sight, hearing and orientation to a degree much beyond that of the average man and at the same time mastered the language of the Hurons. All these accomplishments were to stand him in good stead in the future.

At the age of 18 Verendrye took part in a raid against the English establishment at Deerfield that required 250 days, and the following year with 450 volunteers he was in charge of an expedition of reprisal on the coast of Newfoundland where the fording of rushing rivers on floating ice was a daily occurrence. After these experiences Verendrye was on the lookout for new adventures. Returning to France he served several years in the army and in 1712 received a commission from Louis XIV to trade in furs with the Indians in Canada. Coming back he established his post at La Gabelle near Three Rivers and was married the same year. In 1726 he was made commander of the posts at Lake Nipigon, one of his chief difficulties lying in the fact that the Hudson Bay Company established in 1672 were enticing some of the Indians north to trade with them.

Governor Begon had the desire, as had Columbus and Cartier to reach China and her riches in silks and gold by an overland route through Canada and across the channel that might be found to exist on the west coast. At that time the conception of the circumference of the globe didn't allow of much space between the present British Columbia and China.

The trials and tribulations that beset the early explorers, to say nothing of the constant dangers of annihilation by unfriendly Indian tribes, is in itself a glowing tribute to the courage of Verendrye and his associates. Hunting and fishing at times were so bad that the Indians boiled and ate their own moccasins.

Financial worries were not unknown in those days and on two occasions Verendrye was forced to return to Montreal to straighten out monetary arrangements for his exploration work. After being forced back on his first expedition toward what is now known as the Pacific, Verendrye and his men set out again in the Spring of 1742 and after months of travail and hardship reach-

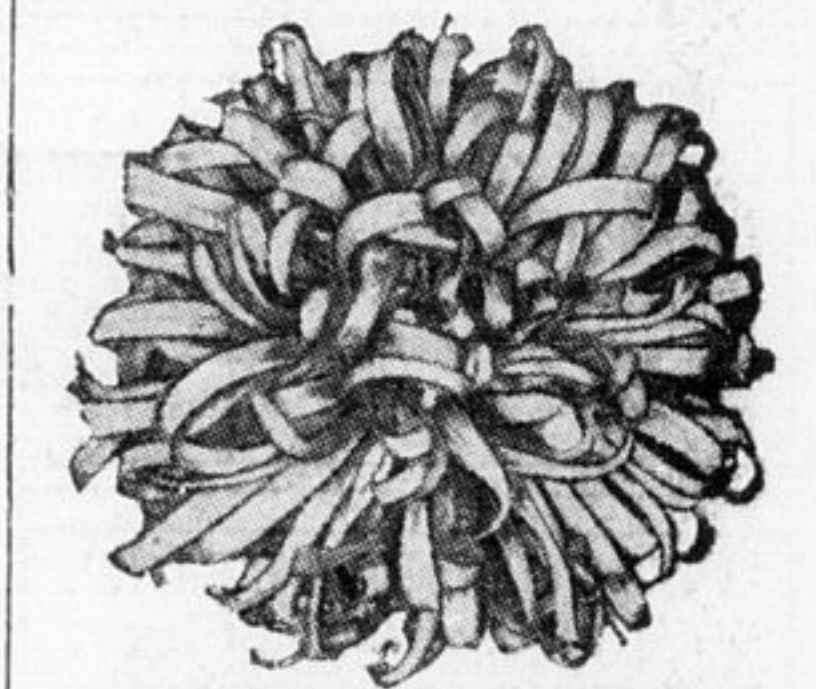
ed the Rocky Mountains in November of that year, being the first white man to ever set eyes on the famous range.

Before quitting the country Verendrye erected a pyramid of stones as a souvenir of his passage but he did not explain at the time that under the cairn he had placed a lead tablet engraved with the French coat-of-arms. On one side was inscribed the names of King Louis XV, the Marquis de Beauharnois and his own name, Pierre Gaultier de La Verendrye.

On a February Sunday in 1913, one hundred and seventy-one years after, school children found the tablet while playing at Fort Pierre in South Dakota. When it was cleaned up the opposite side was found to bear the following inscription, "Pose par le Chevalier et Louis Joseph de la Verendrye, Louis La Londe, une miotte le 30 de Mars 1743." Verendrye and his men arrived back in what is now Portage la Prairie where they had established a fort after an absence of fifteen months.

"Following the story of La Verendrye one cannot help but be impressed with the difficulties that seemed to be always surrounding him," said Dr. Honey. "It is even so now as then, another officer having been appointed to replace him. His successor was unsuccessful and asked to be recalled. The reappointment that eventually honored Verendrye was similar to the reprieve that arrives after the execution. He was sixty-four years old at the time and while making preparations for another Northwestern journey died suddenly in 1749" the speaker related.

Oscar Wilds:—Work is the curse of the drinking classes.



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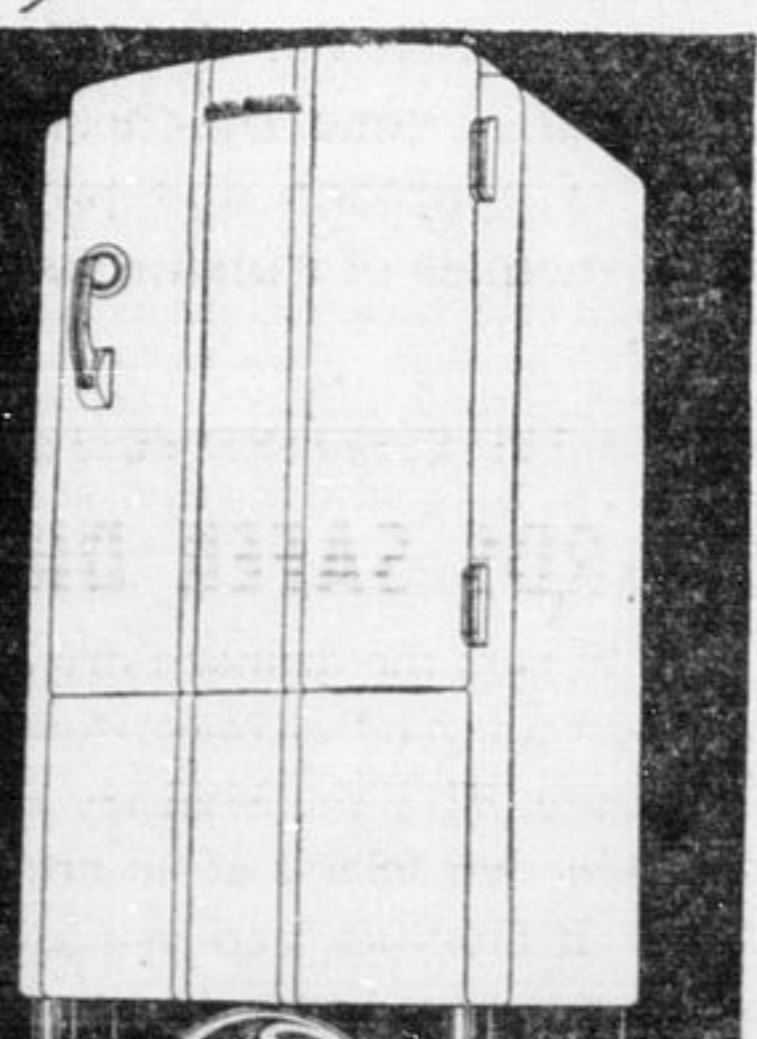


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