

# About Draining Brine From the Vegetables

### Interesting References to Brine and Vegetables. Recipes for Sherry Mousse and Devilled Crabs, with Approved Methods for Preparing These Dishes.

Although it is too late for most pickles, onions are always with us as is shown by the fact that a reader wishes information in regard to the type of brine which should be used in pickling them.



(By Edith M. Barber)

The proportion of salt to water which is generally used for making brine is one-quarter cup of salt to one quart of liquid. The brine should be drained carefully from the vegetables before they are used for pickles. Otherwise, they may be too salty as the writer complains were the onions which she was using. In answer to her further question as to what seasonings should be used with onions, horseradish, cloves, cinnamon, cayenne pepper and sugar may be combined with the vinegar. Instead of the cayenne, finely chopped hot peppers may be used.

A writer complains that mousse flavoured with brandy or rum does not freeze well in an automatic refrigerator, although she remembers the good "turned" ice cream flavoured in this way which was a speciality of the house in her childhood. Strong alcohol naturally prevents freezing. Sherry, however, in small quantities may be used successfully in automatic refrigerators. Rum flavouring is suggested also.

There is a late season request for a recipe for creamy devilled crabs. A rich cream sauce, by the way, makes the crabmeat go farther. Crabs prepared in this way should be baked in the oven, rather than fried in deep fat.

**Sherry Mousse**  
1 cup cream.  
1-3 cup powdered sugar  
1 tablespoon sherry  
Salt.  
2 egg whites

Whip cream, add sugar, sherry and salt. Fold in beaten egg whites. Turn into freezing tray and freeze three to four hours. One tablespoon rum may be used instead of the sherry, if desired.

**Devilled Crabs**  
1/4 cup butter  
2 tablespoons flour  
1 cup milk  
1/2 teaspoon salt  
1/2 teaspoon paprika  
Nutmeg  
1/2 teaspoon mixed mustard  
1/2 teaspoon Worcestershire sauce  
2 tablespoons chopped parsley  
1 tablespoon lemon juice  
2 cups crabmeat  
3/4 cup fine dry bread crumbs  
Melted butter.

Melt butter, stir in flour and when well blended, stir in milk. Cook, stirring constantly, until smooth and thick. Add seasonings and crabmeat, which has been carefully looked over. Pack in crab shells (or small ramekins), sprinkle with dry bread crumbs which have been mixed with a little melted butter, and bake in a moderate oven, 375 degrees F., until golden brown.

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## GIRL GUIDES IN TIMMINS



The weekly meeting of the 51st I.O.D.E. Company opened by singing the National Anthem. Patrol Corners were then held where badge work was carried on for some time. The flag was raised and inspection was taken by Captain Tyrrell. Two new Guides, Barbara Cassidy and Nadine O'Connor, were enrolled. Then games were played and Campfire was held, in which several Guide songs were sung. The flag was then lowered, and the meeting closed by singing "Taps."

A Court of Honour of the 51st I.O.D.E. Company will be held on Friday, February 4th, at 6:45 sharp in the usual classroom in Central Public school.

# BE BEAUTIFUL

By ELSIE PIERCE  
FAMOUS BEAUTY EXPERT



Several years ago this coiffure was created for GLADYS SWARTHOUT. She finds it becoming and distinctive and has never varied it!

## What Is Your Vote... Should Coiffure Be Changed Often?

You may be blissfully unaware of the fact that there's quite a controversy about the very important question as to whether or not a coiffure should be changed and often. It all grew out of Miss Swarthout's contention that "if you are lucky enough to find the one coiffure which does something for your face, your morale and your poise, why deliberately turn from that hairdress to another which may supply variety but can't possibly be as becoming." Miss Swarthout's halo hair-do is well known in smart circles. Her centre part with its single high wave on either side of her forehead is an old standby, too. Not only does she stick to one style for quite a while, but she wears her hair the same way for afternoon or evening, for sports or dinner-parties and also "to bed."

That, as I have already mentioned has started something—a slight war we might call it. Leading hairstylists are up in arms. Not because the statement cuts into their business because a woman needs a setting whether she wears the same style or not. But they insist that they sincerely feel a change of coiffure is stimulating and interesting, even if it does no more for any other feature it always makes the eyes

sparkle.

**Worth the Experiment**  
We should like to be neutral but we feel that a change is always worth the experiment. If the change is no improvement, or if it is worse than the original we can always go back to the first love. Indeed, we do not recommend one that is not a change for the better. But we cannot agree that any hairstyle is so all-flattering that there have been a more becoming one. We have such faith in the genius of hair-dressers who are really artists in their field that we feel their possibilities for flattering hair-dos are never exhausted.

Miss Carole Lombard believes in frequent changes of coiffure... "a woman should stress a definite versatility in dress and make-up because by doing so she'll be apt to stress versatility in personality... a very vital weapon for any woman."

For the average woman, and for practical purposes we would stress becomingness first, and then versatility, and the happy medium of occasional change for the sake of interest and improvement!

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## Death of Mr. Thos. Dean at Age of Seventy-eight Years

Mr. Thomas Dean, seventy-eight years of age, died at St. Mary's Hospital on Saturday morning. Mr. Dean was resident at 23 Lincoln street. No funeral arrangements have as yet been made.

## Still Puzzled Over Radio Situation in Haileybury

An editorial article in The Haileyburian last week touches on the radio situation in Haileybury. The Haileyburian says:—

"We are still puzzled over the radio question. When an inspector visited Haileybury last week, in response to a request from the Board of Trade, to try to locate some of our local troubles, the writer was perhaps the first person with whom he discussed the matter. We took him to our own house, where we believed reception was the worst in the whole town, and he turned in CF RB at 9:30 a.m., getting better reception than we had had since before Christmas. The new Canadian station, CBL, also came in fairly well and the whole proceeding astonished us. Since then we have been getting reasonably good reception, but there must have been a change in general conditions."

"However, we soon found a place where the reception was bad enough, in fact within a few rods there was a location where it was absolutely nil. This gave him a start and he spent the day in the neighbourhood, doing whatever he could to give us information and advice that should help to some extent. For this service, the Board of Trade is grateful, as well as for the promise of the inspector that in the not too distant future a more extensive and thorough survey of local conditions is to be made, and the citizens of Haileybury will appreciate the efforts that are being made towards an improvement."

"While we are on the radio question, there is the announcement of the coming increase in the license fee, which is to be \$2.50 next year and will apply at the same rate to additional sets. This increase is said to be necessary in order that the programmes and the service generally may be improved. Our belief is that the improvement should have come first, if the department is to give any sort of satisfaction to radio users. We cannot see any great hope, judging by past experience, that the needs of the country as a whole are being considered very carefully. It would appear that the more densely populated areas are being served, while the outlying portions of the country are simply being neglected. We do not believe that there would be any serious complaint over the increase in fees, if there was more attention given to a fair distribution of the service. As it is, it will simply increase the difficulties of the district officials in collecting the license fees and probably not bring in very much more revenue. The North Country especially does not feel under any obligation to pay more for something that has not proven its worth at the old rate."

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## TIMMINS REPRESENTATIVES

J. S. Brough - Phone 76  
S. B. Hansuld - Phone 2074W  
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## Timmins Representatives in Zionist Organization

The Zionist Organization of Canada held its 25th annual convention at the Chateau Laurier, Ottawa, last week. A. J. Freiman, of Ottawa, was elected for his twentieth year as president of the organization. Mrs. Freiman is a sister of Mrs. A. J. Shragge, of Timmins. Among the other officers elected were the members of the National Council of the organization, composed of representatives from each province of the Dominion. The Ontario members elected included—C. Abrams and S. Bucovsky, of Timmins, and Dr. H. Magder, of Kirkland Lake.

Among the resolutions passed at the convention was a protest against anti-Semitic persecutions and discriminations against minorities in Roumania, Poland and other European countries. It urged that the Dominion Government be requested to instruct its representatives at the League of Nations to invoke the rights guaranteed to Jewish and other minorities by international treaties.

Encouragement of the distribution in Canada of Palestinian products, especially citrus, was asked in another resolution adopted.

The convention resolved to take steps to organize an annual conference of maritime Zionists, and to appoint an assistant executive director for the Western division at the earliest practicable moment.

The next convention will be held in Western Canada, but choice of the location was left to the National Council.

The convention also resolved to petition His Majesty's Government "to implement the policy of economic absorptive capacity, by immediately making possible mass immigration of Jews into Palestine," and at the same time to formulate definitely their proposals for the future of Palestine, "so as to resolve the crisis of terror and uncertainty."

## British Soldier Gives Names Based on Scripture

(London Observer)

Queen Mary has sent a calendar to Mr. C. Baggs, of Basingstoke, a disabled soldier, as a mark of appreciation of his handiwork. Accompanying her gift was a letter which read:—"Please give this calendar to the disabled man who did that lovely work, with my best wishes. From Queen Mary."

The basis of the calendar is a colored reproduction, in mother-of-pearl, of the Molly Benatar's painting, "When Hearts Are Young."

Mr. Baggs, who served during the Great War in the Hampshire Regiment and has been bed-ridden for the past six years, is in the Mount Sanatorium for tubercular sufferers at Bishopstoke, Hampshire.

The work to which Queen Mary referred was a beautiful hand screen, with the design worked up on fine tapestry canvas in embroidery cottons. Mr. Baggs, who has gained several certificates for his fine handiwork, took three months to complete the screen. A bird in the centre of the design required 1,300 stitches to the inch.

## Child Who Swallowed Nail Probably Will Recover

Noranda, Jan. 26.—News was received Thursday at the Youville hospital that little Maurice Lariviere, 13 months old, who had been admitted to that institution on January 15 suffering from the effects of having swallowed a nail, and who was later removed to Kirkland Lake and finally to Notre Dame hospital, Montreal, had undergone a successful operation and that chances of his recovery were good. There had been grave danger that the nail might pierce the lung. The youngster is the son of Mr. and Mrs. Lariviere of Lasarre.

## CHILD'S HEALTH CONFERENCE AT SCHUMACHER ON FRIDAY

The Child's Health Conference will be held in the public school, Schumacher, on Friday, February 4th.

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## That Body of Yours

(by James W. Barton, M.D.)

### Fever—High Temperature—Helps Fight Disease

During the flue epidemic of 1918 a young physician on our hospital staff was taken down with influenza and pneumonia followed. His temperature was not high—about 101, and his white blood cells—the disease fighters—were not greatly increased as they should have been with a disease such as pneumonia.

The consulting physician shook his head when he looked at the patient's chart, and simply stated:

"He is apparently not very sick, but with a temperature of only 101 and no increase in his white blood cells, he is not putting up much of a fight, and I'm afraid he'll not come through."

The young officer died within a few days as his fighting forces were not able to combat the pneumonia.

A good fighting body will increase its heat to fight off invading organisms so that an increase in temperature of two or three degrees when you have a little intestinal or stomach upset, or a cold, is really a good sign; a sign that your body forces are alert and strong enough to fight back. It is their fighting back that increases your temperature for it has been well said, "Heat is life." Heat increases the number of white blood cells—the fighters—and more disease resisting bodies are also formed.

How then are you to know what to do if you take your temperature and find it is 101 or 102 degrees?

It is always good sense with a temperature of only 101 to 102 to get off your feet and give your body forces a better opportunity of fighting off the ailment and perhaps preventing it from becoming more serious.

It is always good sense also not to interfere with a temperature by giving fever reducing drugs when it is not any higher than 102. If, however, the temperature stays at 102 for a few days, it shows that something more than a slight cold or intestinal upset is present.

A temperature of 102 degrees that persists more than a few days means that the family physician should be called in, not to reduce the temperature but to try to find cause of this

sustained temperature.

### The Common Cold

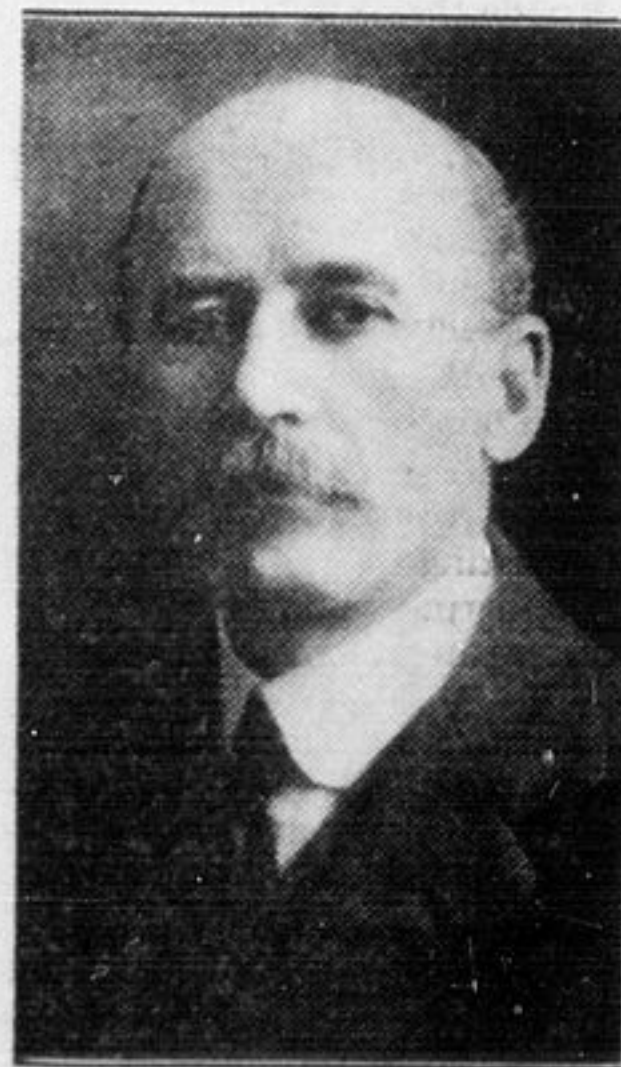
Are you bothered with colds three or four times a year? Have you ever stopped to consider the consequences? Send for Dr. Barton's illuminating booklet, The Common Cold, the ailment that receives so little attention yet may be as dangerous as being attacked by a hungry lion. Ask for Booklet No. 104, enclosing Ten Cents to cover cost of service and handling. Be sure to give your name and full address and mention The Advance, Timmins. Send your request to The Bell Library, 247 West 43rd St., New York, N.Y.

## Quebec Businessman Drops Dead at Noranda Station

Noranda, Jan. 29.—Delphis Sevigny, a business man of 185 St. Joseph street, Quebec City, who was apparently awaiting the noon day train at the C.N.R. station on Wednesday, was noticed slumped in his seat and was found to be unconscious.

Medical aid was called but it was found that Sevigny was dead—heart failure being given as the cause of death by Dr. A. Boisvert. The unfortunate man appeared to be between 35 and 40 years of age. He is known to be married and to leave a family. The body was sent to Quebec City on Thursday.

## Forty-four Years' Service



Geo. F. Benson, Sr.

retiring as president of the Canada Starch Co., after 44 years of activity in that capacity. He is succeeded by his son, Major Geo. F. Benson, Jr. as president of the company.

## Third Generation



MAJOR GEO. F. BENSON, Jr., who recently succeeded his father Geo. F. Benson, Sr., as president of the Canada Starch Co. Major Benson is the third of the Benson line to be president of the company.

## Wedded at North Bay, and Take up Residence in Town

(From North Bay Nugget)

The home of the bride's parents was the scene of a lovely wedding which took place quietly Saturday, January 22, at 10:30 a.m., when Mary Esther, daughter of Mr. and Mrs. N. J. McCubbin, was united in marriage to Robert Trowbridge, Timmins, son of Mr. and Mrs. C. T. Trowbridge, Kingston. The house was prettily decorated with spring flowers. Dr. J. C. Cochrane performed the ceremony and Dr. Elizabeth L. Stewart, Toronto, played the wedding music. During the signing of the register Miss Ruth McCubbin and Bruce McCubbin sang "The Sweetest Story Ever Told."

The bride, given in marriage by her father, wore an attractive gown of fuschia figured crepe black satin with matching off-the-face hat and accessories. She carried a bouquet of Johanna Hill roses. Miss Jessie McCubbin as bridesmaid wore navy blue sheer crepe with a hat to match. Fred Greenwood, New Liskeard, was best man.

A reception followed the ceremony, where Mrs. McCubbin received, wearing a gown of grey triple sheer crepe and a corsage of red roses. The groom's mother who also received wore a blue knitted suit and a corsage of red roses.

Later the bride and groom left for Timmins where they will reside.

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