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WILKINSON RAZOR

Some Piquant Sauces That are Sure to Please

It's Worth the Housekeeper's Time to Know About These Meal Accessories. Tomato Juice Cocktails, Meat Cakes with Onion Rings. Gnocchi Romana and Sauce Francais

Probably no one is more interested in new food products than the busi-



(By Edith M. Barber)

ness-woman housekeeper who depends so much upon accessories for success-

ful meals. The fall has brought a number of piquant sauces, some of which are used as seasonings and others which are complete in themselves. Among the latter is a sauce rich with truffles tomatoes and mushrooms which comes from abroad and which is the perfect addition to macaroni, to fish, and to certain egg dishes. Among the sauces which provide an extra touch of seasoning are several made from a base which has a meat-like flavour. Various concentrates of piquant vegetables have been added so that each one is quite different from the other, although all have a certain resemblance to a famous imported liquid seasoning which most of us have been using for years. In addition we have a salt-like product which provides the flavour of bacon with a shake of the sifter top and flavourless vitamin B in liberal quantities. That's something I guess! Although the next product which I shall tell you about is in an entirely different class from those which have been mentioned, I do want to call your attention to a new boon for business-woman housekeeper. Have you seen those grand baked apples, each

wrapped in parchment paper so that it will hold its shape, and packed in cans provide either three or four servings as you choose them for size?

Tomato Juice Cocktail
2 cups tomato juice
1 teaspoon salt
1 tablespoon lemon juice
1 teaspoon Worcestershire sauce
Few dashes liquid seasoning
Shake ingredients with ice in cocktail shaker. When well mixed pour into cocktail glasses and serve.

Meat Cakes with Onion Rings
1 1/2 pounds chopped beef
Salt, pepper
Few dashes liquid seasoning
6 strips bacon
2 medium size onions, peeled and sliced.

Mix meat with salt, pepper and liquid seasonings. Form into six round cakes. Wrap a slice of bacon around each cake and secure with a toothpick. Broil under hot flame for five minutes. Turn meat cakes over, arrange onion rings on cakes, and continue broiling until onion rings are golden brown. Base onions with bacon fat during the broiling.

Quick Meal
Tomato juice cocktail
Broiled hamburger cakes with onion rings
Hominy in cream
Buttered lima beans
Cabbage and green pepper salad
Baked apples.
Coffee.

Method of Preparation
Prepare salad and chili
Light broiler
Prepare hamburger cakes.
Slice onions.
Broil meat with onion slices.
Open cans of hominy and lima beans, dress and heat.
Season tomato juice and shake with ice.
Open chilled can of baked apples.
Make coffee.

Foreign Sauce:
Readers are interested in foreign recipes this week. One of them asks for a recipe for gnocchi romana, that delicate and delicious dish which I have also had in France, entitled "Parisienne." Sometimes, a highly seasoned tomato sauce is used with the delicate bits of dough instead of the extra cheese. Both types of gnocchi are baked in a hot oven.

Another request is for a smooth rich sauce, flavoured with sherry, that is served with sliced chicken at a web-

CANADIAN MAID COOKING SCHOOL

Try My New Apple Dessert

How does it taste? Like buttered apples in the creamiest custard you ever ate—it's a real Canadian Maid dish, you can always tell by the fresh cream flavour



TODAY'S RECIPE
Put half apple in deep dish; fill hollows with sugar and butter. Brown in oven. Pour over this custard made with 1/2 cup Canadian Maid Evaporated Milk and one cup water. Sweeten and flavour to taste. Bake until custard sets.
For Extra Fresh Cream Flavour Be sure to use Canadian Maid

known restaurant in New York. Having eaten this specialty of the house a number of times I am presenting an analysis in the form of a recipe, although I am certain that it will not be an exact duplicate. I can guarantee, however, that it is delicious with chicken. For use with fish the chicken stock may be replaced by a fish stock and the cheese may be omitted.

Gnocchi Romana:
1/2 cup milk
1 teaspoon salt
1/2 cup farina or flour
1 egg
1 cup grated Parmesan cheese
2 tablespoons butter
Scald milk with salt. Add farina or flour, a spoonful at a time, stirring constantly to prevent lumping, and cook ten minutes. Add one tablespoon of butter and half the cheese. Remove from fire and add to beaten egg. Press dough on floured board into a sheet one-half inch thick. Cool several hours and cut into diamond shaped pieces. Butter a baking dish and arrange in it a layer of gnocchi, sprinkle with grated cheese, dot with butter and repeat until the dish is full. Bake in a hot oven, 450 degrees F., twenty to twenty-five minutes.

Sauce Francaise
3/4 cup butter
2 tablespoons flour
1 cup rich milk
1 cup chicken stock
2 egg yolks
1 wine glass sherry
2 tablespoons whipped cream
Grated Parmesan cheese
Melt butter, add flour and when well blended, add the milk and chicken stock gradually, stirring constantly over a low fire. Cook until smooth and thick. Beat a little of this sauce into slightly beaten egg yolks and then pour egg mixture back into the sauce. Heat, add sherry and whipped cream and let beat one minute. Pour sauce over sliced cooked chicken, which has been arranged in a shallow casserole. Sprinkle with grated cheese and brown under a hot broiling fire.
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Debate at Iroquois Falls High School

Contest With Timmins High School Last Week.

Iroquois Falls, Ont., Dec. 18.—(Special to The Advance)—An interesting debate between the Iroquois Falls and Timmins High Schools was held in the Assembly hall here on Friday evening, December 17th.

Dian Ethier, acting president, assisted by Olive Cameron, introduced the speakers and was in charge of the programme that followed.

The topic of the debate was "Resolved that Labour-Saving Machinery has proven injurious to the Labouring Classes." The affirmative was taken by Norbert-Smith and Harry Abramson, of Iroquois Falls High School, while Cecil Linder and Helge Hongisto of the Timmins High School had the negative. During the discussion of the topic, these four pupils revealed to the audience many interesting points on this subject, and it proved both educational and interesting the whole duration of the debate.

At the finish, it proved a hard task for the judges, Dr. Laidlaw, Mr. J. Harkness, and Mr. S. Ollivier, to decide the winner, and only after great concentration on the subject as it was heard by them, did they announce that the affirmative had won.

Following the debate, a variety programme was put on by the High School pupils, and was enjoyed immensely. The audience was thrilled by Miss Lillian Lambert's singing, this being the first item on the list. Peggy Cullen, pianist, then played a very difficult composition, displaying her qualifications without question. Following this, Herbert Jennings played two selections on the mandolin, and was heartily applauded. A guitar trio, by Elmer Foy, Bernard Philbin, and Gerald Dove proved very interesting. Frank Sabourin later accompanying this trio by singing.

Several High School boys put on a gymnastic exhibition, which included several kinds of human pyramids, during which these boys proved the importance of being in balance while carry out athletic drills.

The Third Form then demonstrated their qualification for both composing and singing songs of a humorous nature, and on completion of this, the lower forms were left bewildered as to what to expect when they reach this stage of the game.

Reading of the Iroquois Falls High

BE BEAUTIFUL

By ELSIE PIERCE
FAMOUS BEAUTY EXPERT



JEAN PARKER wearing an evening gown with the popular shirred waist and bodice. Heavy white silk fringe forms an interesting shoulder treatment.

Fashion's Candid Consistencies

We've heard so much about Fashion's fickleness and her constant change of heart that today, being in a contrary mood, we'd like to point out some of her very candid, logical consistencies. She has cut out for herself a picture of elegance, glamour, she spares no expense in achieving it, but achieves it she does. A wealth of fabric, a riot of colour, glitter in every form, chape and marmar are called upon to add their bit of beauty. Jewels, sequins, veils—every romantic feminine embellishment is called upon.

Doing things in such a big way, isn't it consistent that little curls, tight, kinky, close waves should be out? They are! Big, sculptured coils like cinnamon buns are going to the top of lovely heads—and being so big there are just a few of them, very conspicuous, very grand-lady-like.

Colour is carried right through. More colour and sheen in the hair. More colour in the cheeks. Green and gold and provocative shades of shadow on the eyelids and clear, glowing pink and red rouge for the lips. As for fingertips, nail polish shades become more and more varied and exciting and run the gamut of pale pink to pimiento, natural to nasturtium.

School Scroll proved both humorous and interesting. This scroll is edited and printed by the pupils of the High School, and gives vent to many of their hidden problems. A few of the following extracts are noteworthy:

"For weeks the stores have been gaily decorated with holly wreaths and mistletoe; advertisements in papers have warned 'only a few more shopping days till Christmas'; packages have been brought secretly into the homes and quickly hidden, one knows not where; all these things indicate that Christmas is just around the corner.

"We hope that all our fellow-students will know such a merry day! In fact we are positive they will. However, while our minds are wrapped up in these happy thoughts, we must not forget others who are less fortunate than we. Perhaps, through our kindness and good-will some child may have more than bread and butter for Christmas dinner, and something other than a wash-tub to play in. Let us all try to improve the lot of some one! Our Christmas will be much happier if we can think that through our efforts some one else has also found happiness!—E. C. C."

Miss Hinds: "If you should win the debate, what would you say?"

McLeod: "The best team won."

"Tan Cuthell is still looking for a bride and saddle for the gym 'horse.'" While you are at it, get some water for the diving board."

The evening was brought to a close with the girls of the High School serving lunch, and needless to say, this was most heartily enjoyed by all.

It was learned that, while a debate was being held in Iroquois Falls there was also a debate being held in Timmins, John Eaton and Joan Needham, being the delegates sent from here to take the affirmative.

The First Christmas

(By Dorothy Sproule)
The Star still shines, as on that night divine,
And happy children sing their carols sweet;
The tall Cathedral candles, softly gleam,
And we still worship at the Christ Child's feet.
Through misty light, and wreaths of evergreen,
Trees, trimmed with tinsel, silver, gold, and red,
—All I can see is Mary's flower-white face,
And on her breast, a tiny baby head.

Canadian Doctors Make Cancer Study

Much Interest Shown in the "Cyclotron."

(From the Health League of Canada)
Canadian doctors making a special study of cancer follow the progress of research in the United States carefully and will, therefore, watch with interest the results that may be obtained from a new apparatus which it is said, may change the entire situation with regard to radium. This is the Cyclotron, developed by Professor E. O. Lawrence, of the University of California, to produce radioactive substances for the war on cancer.

A recent grant of \$30,000 for the establishment of a Cyclotron laboratory, by the National Advisory Cancer Council at Washington, is interpreted as an endorsement by that body of Professor Lawrence's work so far.

The council has \$400,000 this year with which to carry on its work for furthering cancer research, of which not more than \$200,000 may be used for the purchase or rental of radium. The scarcity of radium is mentioned as of secondary importance to the need for training specialists in cancer treatment. The council's policy with regard to grants-in-aid has been defined as follows:

"The Council wishing to follow the funds made available by Congress for the purpose of cancer research to the end that they may be employed to the best advantage of the country and having in mind the somewhat unsatisfactory experience of other bodies in connection with too wide-spread awarding of small grants over a wide far-flung field, and further recognizing that many aspects of cancer research cannot be distinguished from pure biology which may be outside the interest or responsibility of government; having in mind all these considerations, the council resolves that, during the present fiscal year, grants-in-aid will be made only in the case of projects closely connected with the work of the National Cancer Institute, with the exception of projects designed to improve the radiation therapy, including the study of new methods of producing radioactive substances."

KLEEREX FOR SKIN DISEASES

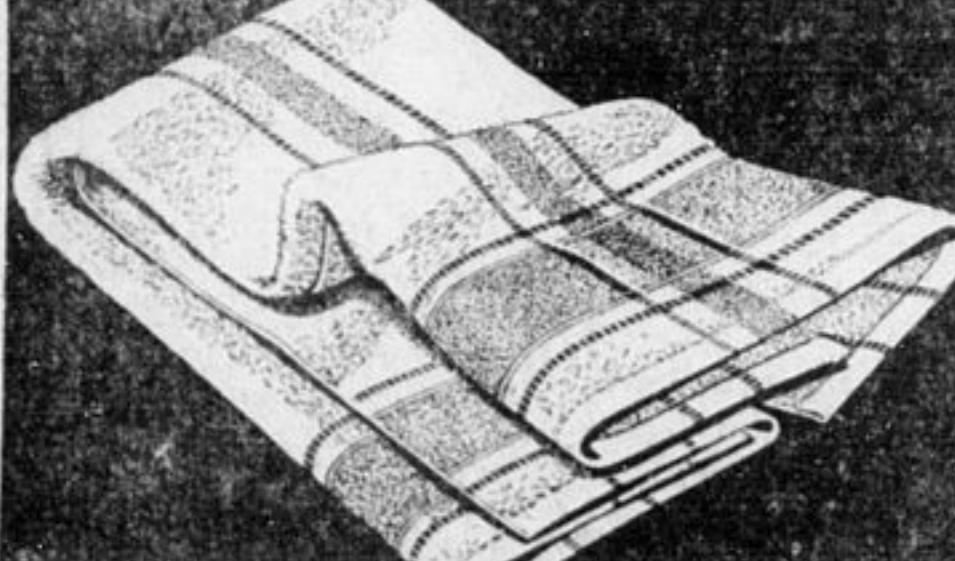
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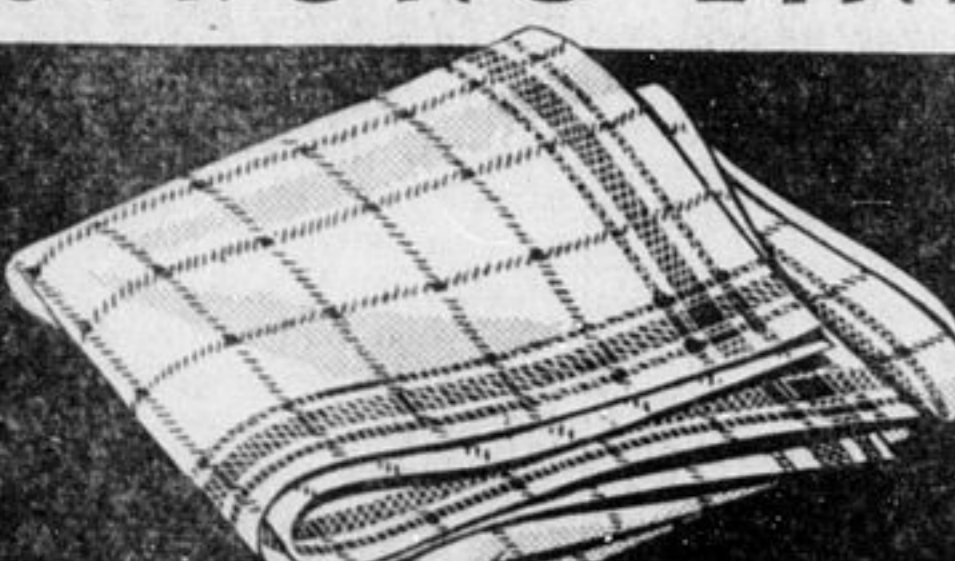
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Misses' Signet Ring



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There is no mistaking Pearl White Napha washing. Its extra whiteness catches the eye every time. Actual tests made by housewives proved that clothes washed with Pearl Soap are brilliantly white in contrast to ordinary washing. Pearl Soap loosens ingrained dirt, and saves you rubbing and scrubbing—and while Pearl makes your work easier, the coupons bring you beautiful and useful gifts.

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- Mother Parker Tea, per lb. 61c
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- Smith's Ketchup, 2 bottles 31c
- Club House Mustard, 8 oz. jar, 2 for 19c
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