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Consumer's Co-operative to Lead in Early Closing

Semi-Annual Meeting of Consumers' Co-operative Decides to Close Every Night at 6 p.m. Starting Jan. 1st. New Stores Added by Society. Increased Business, and Prospects Excellent for Ensuing Year.

Announcement at the semi-annual meeting of the purchase by the society from private owners of two branch stores was one sign of the Consumers' Co-operative Society's great advance in the last half-year. There were other less striking but equally clear signs of the same trend. Total sales increased by 39.6 per cent, or \$54,708.33 over last year, all three branches showing substantial increase. With the new branches, it is believed that the five

stores will produce an annual turnover of three-quarters of a million dollars. Total liabilities have been decreased by \$11,118.90, and the present net worth has been increased to stand at \$55,608.70.

Coal sales at South Porcupine advanced considerably after the increase of warehousing space some 1 1/2 times. A further 48 feet of trackage has been arranged for, beside which still further accommodation will be erected. Attempts to acquire suitable coal-storage room in Timmins have been obstructed so far, but the plans are being kept in mind.

The question of reducing the employees' hours of work was referred to the general meeting by the directors. The almost universal local custom was that stores should keep open until 9 o'clock on Saturdays and pay nights. It was resolved, after much discussion, that starting from January 1st, 1938, the stores of the Society should close at 6 o'clock every night of the week, and that in the meantime through notices and the Society's fortnightly magazine the members should be informed of the fact, and of the reasons for which this course was being taken. It was felt that as the membership of the society was mostly composed of working men, that the society should give the lead in the matter of reducing working hours, even though in the transition, there should be some slight inconvenience until members became used to the new hours.

The Board were authorized to spend \$7500 on the purchase of land for the erection of warehouse and bakery and other manufacturing plant, which would be needed in the near future.

The general manager (Mr. C. M. Haapanen), commenting on the in-

crease in operating expenses for the South Porcupine branch arising from increased service provided by the local committee in response to the demand of members, remarked that while service was necessary, care must be taken not to overdo it, or the cost of distribution would rise to an uneconomic level.

The general manager touched further in his report on the slight decline in coal sales for Timmins and Schumacher branches. He reminded the members that while their present facilities did not permit them to supply coal on day of order, as the private dealers could, that in 1935 prior to the entrance of the society into the field of coal distribution the general level of coal prices in the camp was \$1.50 and more per ton higher than it was after the society commenced offering effective competition.

The Educational Director (Mr. Roy Clifton) presented a report of his work since his appointment, and sketched his programme for the winter.

Two of the three delegates of the society to the Canadian Co-operative Congress in Montreal (Messrs. Heino and Clifton) gave accounts of the proceedings at the Congress.

After election of the panel from which the directors will be elected at the next annual meeting, refreshments were served.



That Body of Yours

(by James W. Barton, M.D.)

True and False Spinal Curvature

You may have noticed that your youngster, more often a girl than a boy, seems to have one shoulder higher than the other or one shoulder lower than the other. You notice also that the youngster seems to rest his or her weight on the one leg, usually the right, which lowers the shoulder on that side or lifts the shoulder on the opposite side.

You may or may not be surprised then when the school physician reports that there is a spinal curvature present and that treatment is necessary.

Most school physicians are fortunately quite familiar with true and with false curvature and can give the necessary instructions as to what is necessary.

When there is just one long curve present in the spine, usually to the left, it is because the youngster has the habit of standing on the right foot. This puts the left shoulder high and the right shoulder low as mentioned above. By lowering left shoulder or raising right shoulder the spine can be brought into a straight line, with the tops or bottoms of the shoulder blades (the wings) even with one another. If the youngster is instructed to bend forward, with hands well above the head, the "curve" sideways disappears, as the spine becomes perfectly straight. By hanging a few times morning and evening on a pair of rings with the one on the low shoulder side higher than the other, and having the youngster stand on the opposite leg whenever he thinks about it, this "false" type of spinal curvature can be corrected in a few months; the younger the child the shorter the time necessary to obtain the correction.

If, however, there are two curves in the spine, one to the left and the other to the right, this is true lateral spinal curvature—scoliosis, and the spine cannot be brought straight by the method used in false curvature. An orthopedic specialist should be consulted.

While the false type can be corrected by gymnastics and corrective exercises, the true type requires more severe measures—plaster cast, brace, exercise, and massage. If the youngster is to have a straight spine in the days to come, and, if he can help it, no parent will allow his youngster to go through life with an unsightly spinal curvature.

Health Booklets Available

Seven helpful booklets by Dr. Barton are now available for readers of The Advance. They are: Eating Your Way to Health; Neurosis; Why Worry about Your Heart; The Common Cold; Overweight and Underweight; Allergy or Being Sensitive to Various Foods and Other Substances; and Scourge (gonorrhoea and syphilis). These booklets may be obtained by sending Ten Cents for each booklet desired, to cover cost of handling and service, to the Bell Library, 247 West 43rd Street, New York City.

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THE RICKSHAW IS SAFE

(Calcutta Statesman) Although one soon gets tired of being restricted to the four or five miles per hour of the rickshaw, Simla shares with many other hill stations the inestimable advantage of having no "death on the roads" problem. Listening in to the B.C.C.'s description of 700 prosecutions of motorists who failed to obey a "halt" signboard at a spot in an English country township, where in one year 20 people were killed and 120 injured, brings home the advantages of the rickshaw even more.

The rickshaw is not very lethal; in fact I've never heard of anyone being knocked down and killed by a rickshaw. If this did happen, I feel certain that he would go down to history bracketed with the man who perished by the butt of a malmsey or with him who was bitten by a surfeit of lampreys.

Northern News:—Well, there's lots to listen to on the radio these days, if you want to listen to it.

Famous Swift Mine Located Once More

Famous Gold Diggings in Kentucky Said to have been Re-located After 200 Years.

According to despatches from Cincinnati, Ohio, a man from that city has returned from the Hill Country of Eastern Kentucky with the story of his re-discovery of the lost "Swift Mine"—famous in Kentucky legend for nearly two centuries.

I. B. Kopf, who, with his searching party, found the storied mine after following the fork of a creek into a steep canyon in the mountainous terrain of Wolfe County, said that assays of its ore revealed a gold content of \$160 to \$180 a ton.

Needs \$25,000 Capital Kopf would not reveal the exact location of the mine. He said he had obtained mineral rights to 6348 acres of land surrounding the mine, and that he would begin mining operations as soon as he could raise \$25,000 operating capital.

Kopf said he first became interested in the legend six years ago when he heard the story of the adventurer John Swift, who joined in operating the mine at various periods between 1762 and 1766.

Swift, according to the story Kopf heard, had found the deposit, only to lose its location when he went blind, and had spent his declining years in a search for it with a faithful half-breed Indian. The Indian was supposed to have been murdered when he refused to aid later searchers.

Buried Silver Swift's journal, adding to the fabulous legend, told how the adventurer and his companions had buried \$30,000 worth of bar silver before they were driven from the country by hostile Indians.

The mine of Kentucky folklore and history has always been called "Swift's Silver Mine". It is mentioned several times in Lewis Collins' "History of Kentucky" which traced references to it back to the operations of a band of French explorers in 1754.

They Never Sleep Either in New Town of Val D'Or

(From Val d'Or News)

Getting home at dawn is not a strange or irregular experience in Val d'Or. But getting up at that time is a terrible and difficult experience. Imagine, though, on having gone through that ordeal to start out on election day and in the course of wandering uptown to get the cup of coffee and a fried egg, that we see such nightbirds as Jean Miquelon emerging from his quarters at 6:15 a.m. all ready for business. Further down the street we see Remy Taschereau up and about the business of elections; Jos. Germain, aldermanic candidate in Ward 5, comes out of the post office, a bit sleepy, but ready for an important day that started at dawn. Alderman Germain has seen dawn etched across the Val d'Or skyline, but it was usually on the way home. Arthur Tache, who usually rises late and gets up late, was also hustling toward his mayoralty headquarters at this uncomfortable hour. Gustave Garneau, keeper of the election keys, hustled toward his office, head down but with a determined air about him. Sam Whiston, though the last man on main street to get to bed, but always the first up in the morning and the first store open, too, for that matter, was on hand as a matter of course. Throughout it all, election day brought out a lot of men at dawn who had never risen before 8 or 9 and even 10 in the morning. Oh, yes, we forgot, Mayor-Elect Jos. Morissette was up at that time too, but he'd had his breakfast an hour before and was prepared for the day.

New Member Qualified by Service for the Post

The Northern News, of Kirkland Lake, maintained a policy of strict neutrality as between the Liberal and Conservative candidates in the recent provincial election but in its issue of Friday last The Northern News had the following to say in regard to the election of C. V. Gallagher in this riding:—

"By a very decided vote the province has decided to carry on under the Hepburn administration, and similarly the

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riding of South Cochrane has by its vote approved the government of the past three years.

"And now it is a question of 'carry on' Under the mandate given him Mr. Hepburn can proceed in continuity with the policies and projects which were going on at the time of the election, and business will be as usual.

"As far as the North is concerned, there are strong indications that some of the desires of the T. & N. O. country are to be met, and that there will be financial readjustments to the advantage of the municipalities.

"The road work that was in progress will, presumably, be continued, and ulti-

mately the paved highway will be built.

"In Charles V. Gallagher, the new member, we have a man whose lengthy service and residence in the North qualify him well for the job, and we congratulate him and wish him success in his efforts on our behalf."

North Bay Nugget:—Awakened by the ill-effects of the depression, claimed to be well overcome, persons directly or indirectly concerned with municipal governments have come to a realization that sound business principles, only, must henceforth be adhered to in order to ensure stability.

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Hard Lumps Came On Her Legs

Ankles and Feet Swollen with Rheumatism

Rheumatism sent this woman to bed with lumps, swellings and inflammation. Yet these symptoms soon disappeared, as they always will do when the root cause is removed. This letter tells you the method she used:

"I was taken ill with terrible rheumatic pains in my legs. They were badly inflamed, swollen, and they were partly covered with red, hard lumps. To put my foot down to the ground was agony. After I had been in bed for 16 days, suffering agony all the time, my husband said, 'You can't go on suffering like this, let us try Kruschen Salts.' He got a bottle, and almost from the first I felt benefit. Before long, I was completely relieved—swellings, inflammation, and lumps all gone—and I am up again and doing my housework."

(Mrs.) E. L. Do you realize what causes a good deal of rheumatic pain? Nothing but sharp-edged uric acid crystals which form as the result of sluggish eliminating organs. Kruschen Salts can always be counted upon to clear those painful crystals from the system.

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men to work. Make your home over for better living, this Fall.

LOANS EASILY ARRANGED Any contractor, supply firm or architect can help you arrange a Home Improvement Plan if you need it to finance the work for you, or you can apply direct to your banker. No security or endorsement needed; you simply show that you can repay in monthly instalments and the loan is made, the work proceeds, your home is made brighter and more livable and men get needed jobs. Full information on the Home Improvement Plan and what it covers may be obtained from your local committee, your Provincial Chairman, your bank or the National Employment Commission, Ottawa.

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UNDER THE AUTHORITY OF THE DOMINION GOVERNMENT

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