

**BRIDGE - - - 500**

Will be Held at the  
**Oddfellow's Hall**  
ON TUESDAY, APRIL 27TH, 1937  
Auspices of  
**Porcupine Business Girls' Club**  
ADMISSION 50c

**Why Not Include Cheese on the Menu Frequently**

There are Innumerable Recipes for Its Use. Chesse with Crackers and Jelly at the End of a Meal is a Favourite Combination. How to Make Coeur de la Creme, Spinach with Cheese, Etc.

"I never see you suggesting chesse with pie. How about chesse?" This is a quotation from a letter which came in to this column recently.



(By Edith M. Barber)

Have I been neglecting chesse? I hope not, as it is one of my favourite foods. As I look over my files I find innumerable recipes for its use and most of them have appeared in this column. I am particularly fond of chesse at the end of the meal with crackers and jelly and also use the French custom of serving cream chesse with berries or preserved fruits. Strange as it may seem, and I know that I am almost alone in my opinion, I seldom care for chesse with pie, although I serve it to my friends. Perhaps the tra-

dition that chesse helps to digest pie may have some basis, but by the time I have eaten my fill of good pie I seem to have no room left for chesse.

Nothing is better for that evening snack than a variety of crackers, of which we have so many, served with a chesse platter which may carry five or six different kinds. Isn't it amazing how many flavours may be developed from the same milk base? At the moment I am rejoicing in the use of a whole chesse made on a farm in Vermont.

By the way, did you know that June chesse was supposed to be the best, so my epicurean friend, who sends me this chesse, tells me?

**Coeur de la Creme**

3 cakes cream chesse  
1/2 cup sour cream, whipped  
Mix the cream chesse and cream together, stirring them with a fork until the chesse has absorbed all the cream. Place in a heart-shaped mold and put in refrigerator for two hours. Remove from the mold and serve with fresh or stewed fruit.

**Spinach With Cheese**

Wash and cook two quarts of spinach in its own juice. Drain well, chop fine, season with salt and pepper, and two tablespoons of grated chesse. Stir in two beaten eggs. Arrange in a shallow puffed pie plate, sprinkle with grated chesse, and set in a hot oven until slightly browned.

**Cheese Fondue**

6 eggs  
1/2 pound grated chesse  
1/2 cup butter  
Salt and pepper  
Put these ingredients into a saucepan or chafing dish and cook over a moderate fire, stirring unceasingly. The fondue must be the consistency of thick cream. Serve on slices of buttered toast.

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Sudbury Star:—A red-headed stripe-gate girl has taken to flying and shows a marked aptitude for it. The take-off, of course, will be second nature.

**BE BEAUTIFUL**

By **ELSIE PIERCE**  
FAMOUS BEAUTY EXPERT



Simplicity of coiffure and clothes is ANNA LEE'S secret for looking clam, cool and collected through the hot summer days.

**Mental Attitude Contributes as Much to Picture as Physical Beauty.**

All pooh-poohs to the contrary notwithstanding, the fact is that mind does matter. Much more so than many of us choose to believe.

Let me flash a word-picture to you of a lovely young thing that looked as though she had stepped out of an old-fashioned frame . . . crisp chiffon, large picture hat and all. That is; she would have looked as lovely as that if you could catch a glimpse of her, in repose for a fleeting moment. But the irony of it; she was never reposed.

Fidgeting is never commendable. It robs one of charm and beauty. But during the summer fidgeting is positively demoralizing not only to the one whose fingers must fly, who must fuss and fret, but to the sorry spectator as well.

Why rush? Why fuss? Why fret? Above all, why fidget? Try not to be irritable. Yes, yes, we know the old bugaboo about the heat and the humidity. But what happens to the heat and the humidity if you—

**Rush less—**

And keep calm and collected—  
And wear thin, cool, comfortable clothes instead of dark, fussy, too-tight, here and too-loose there dresses. And

If you choose simplicity and well-fitted clothes rather than trimmed, fussy furbelows.

Wear your hair simply, brushed back from the brow and up from the nape.

Keep calm and quiet. Avoid heated discussion.

Keep yourself immaculately clean and dainty.

Your clothes and your surroundings ditto.

Use a lighter weight powder, even if you have to powder more often.

And don't make up too heavily.

Avoid using heavy perfumes too. Change to light floral scents and try the delightful eau de colognes. There's nothing quite so cooling and refreshing as eau-de-cologne dabbed on the forehead when you're fatigued.

Try this sensible program of keeping yourself and your surroundings cool, collected. And see what the psychological effect of it all has on your looking more poised and more perfect.

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**Find Lifeless Body with All Ribs Broken**

Police Investigating Death Last Week at Kapuskasing.

Kapuskasing and provincial police are investigating the death of Jaakko Tikkanen, whose crushed body was found at the side of the roadway on the outskirts of Kapuskasing on Monday morning of last week. At first it was thought that death might have resulted from the man being struck by a car but this theory was discounted on account of the fact that there were no marks on the body or clothing to indicate any such fate. At the same time it was found on examination of the dead man that every rib in the man's body had been broken in two or three places and that every organ, with the exception of the heart, had been pierced by the broken ribs. The injuries sustained seemed to make it certain that the body had been crushed in some way, but just what had done the crushing was not so apparent. The condition of the body did not indicate that the injuries came from either being struck by a car or hit by a train. Indeed, the police are understood to be particularly puzzled as to what could possibly have caused the injuries from which the man died.

Despatches from Kapuskasing say that a taxi driver on his way from Little Canada, a suburb of Kapuskasing, noticed the body of a man at the side of the road just inside the limits of the town. Thinking that the man might be ill or in any event in danger of harm from exposure, the taxi driver investigated. He found the body still warm but life extinct. The driver at once notified the authorities of his discovery and doctors were summoned. As soon as their investigation of the condition of the body and the injuries sustained was completed, the question at once became puzzling as to what could possibly have been responsible for the crushing that brought death. The investigation by the police is understood to include close enquiry into the dead man's associations in recent times and whether or not he had incurred the enmity of any particular group or party.



Jas. W. Barton, M.D., Toronto

**That Body of Yours**

**Pain Is Nature's Signal**  
Physicians these days must be astonished at the increase in the number of new drugs for relieving pain. Pain is not only hard to bear but it is very wearing on mind and body. That these are drugs that can allay pain in emergencies without creating a drug "habit" or causing a great depression of spirits is a great boon to mankind.

However pain is a protest of a nerve or nerves in various parts of the body against something that has gone wrong. Pain is nature's warning that trouble is present and that this trouble should be looked for at once.

Someone has aptly said that pain is a "signal" to the sufferer and that instead of trying to destroy the signal he should try to find out just what the signal (pain) is trying to point out to him.

Now there are some pains that are readily recognized such as the pain in the right lower part of the abdomen which remains there for some time and which is usually due to appendicitis. Then there is the pain of pleurisy which is made worse by breathing; the pain in the stomach due to unripe or over-ripe fruit.

When the cause of the pain is known there is no reason with severe pain why a pain relieving drug should not be used.

However as the great majority of ailments begin with or have pain present at some time, the kind of pain and its exact location is usually studied by the physician before anything is done to relieve the pain.

You can readily see that if some drug is given to relieve pain in the head, chest, over the heart, in the stomach or abdomen, in upper or lower back, or elsewhere in the body before the cause of the pain is learned, then the real cause is not likely to be found. This may allow the ailment to progress when

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It is most important that its progress be stopped.

Now a severe pain may mean a simple ailment, and a slight pain a severe ailment, but the physician must be allowed sufficient time to study the pain before the patient's request for something to relieve the pain may be granted.

The thought then is that the patient should do his best to withstand the pain until the cause of the ailment is found. Hiding or masking the pain by a drug before the cause is located is not good sense.

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**Constable Lost Four Teeth at Matachewan**

Police Court Cases Follow Trouble at New Mining Camp

Halleybury, April 26.—(Special to The Advance)—A provincial constable who alleges he lost four teeth while quelling trouble recently in a Chinese restaurant at Matachewan, is the complainant in a case before Magistrate Atkinson involving three miners of that district, and which is slated for hearing on Friday following an adjournment granted defence counsel last week-end here.

The trio accused are two Belgians, Paul Van dan Rosol and Cypriel Deslyper, and John McDougall, who all are charged with fighting, while the first-named is also facing a count of assault, he being the individual whose blows Constable S. V. McClelland of Elk Lake asserts cost him the quarter of teeth. Failing to meet \$500 cash bail, or \$1000 in property, dan Rosol stayed in jail, the others being on summons.

George Mitchell, K.C., for dan Rosol, asked for the postponement when he said he had been consulted only a short time before court convened. The officer, who says he was in mufti when the row first took place, declares he was described by dan Rosol as a "jam pot," this being a term applied by Belgian soldiers during the war to English Tommies.

At the same court a husband went free on a drunk charge, but his wife, Mrs. George Bentley of Toronto, took a ten-day term in jail when admitting a similar offence. The charges were of being drunk in a public place, but whereas the woman admitted to having been in a hotel corridor, Bentley maintained he had stayed in his room and the Crown could not prove otherwise through the one witness, Chief of Police MacGirr, produced.

**Dr. Dafee Announces Hours for Seeing the Quintuplets**

During the spring months, the Dionne quintuplets will be on view daily from 9.30 to 10 a.m. and 2.30 to 3 p.m., Dr. A. R. Dafee, their physician, has announced.

During the winter the babes could be viewed only in the afternoon. Inclement weather conditions automatically cancel all showings of the children. "Toward the end of May the time during which they may be seen will be lengthened," the Callander doctor gave assurance.

**Choir to Give Event at South Porcupine**

Welsh Miners' Choir Programme at South End. Other South Porcupine News

South Porcupine, April 24th.—(Special to The Advance)—The Porcupine Welsh Miners' Choir will be giving a concert in the parish hall here on Wednesday of this week—28th. The A.Y.P.A. are bringing the concert party in from Timmins under their auspices and from the programme submitted, lovers of music will enjoy this concert. Choruses, quartettes, baritone and tenor solos and duets will be rendered, under the direction of Mr. Geo. Hale with Mr. Ron Purchase as accompanist. The young people would be delighted with a full house.

Mr. and Mrs. Jas. Ratcliffe, of Bruce avenue, with Mr. Wm. Mylchreest, are leaving on Thursday for Montreal from which port they sail on Friday on S.S. Athenia for a visit to their old home in the Isle of Man. We wish them a happy holiday and a pleasant voyage.

Miss T. Burns has seventy children registered in the Co-operative Children's Choir which meets each Saturday morning at 12.30 in the Masonic hall. Mrs. J. McCurdie left on Saturday for a holiday in Montreal.

A very quiet but very pretty wedding was solemnized on Saturday morning in the Roman Catholic Church here. Father Gelinas officiating. Flora Zannani became the bride of Angelo Bezzanini. The bride looked lovely in a bridal gown of white satin cut on princess lines, with a long flowing net veil caught to the head with a coronet of pearls and orange blossoms and carried a shower bouquet of American Beauty roses. Three little girls carried the veil and were dressed in white with bandeaus of seed pearls in their hair. Mrs. Rose Visentini acted as matron of honour and was attired in pink net over pink taffeta, with white accessories and white hat and carried a bouquet of red roses. Mr. Visentini supported the bridegroom as best man. The young couple, to whom we offer our best wishes, will reside in South Porcupine.

Miss Winnifred Nash returned on Saturday from a visit to Toronto.

**Trotsky Interested in \$2,000,000 Mexico Hotel**

A gentleman who has returned recently from a visit to the South gives the interesting information that Leon Trotsky is one of the capitalists interested in a two-million-dollar hotel in course of construction at Mexico City. The hotel promises to be an outstanding building in a city famous for its beautiful structures. A wonderful hotel building in Mexico City is not altogether to be unexpected, but one where part of the capital is being supplied by Trotsky is certainly of more than passing interest.

Acton Free Press:—The editor spent a couple of days last week at a newspaper convention in London. After listening to discussions, we're undecided whether to tell about it in the editorial columns or in a news column. Guess the latter will win as these columns are now nearly full.

**Young Business Man to Wed in the South**

Announcement Made of Marriage of Frances Alan Woodbury and Miss Grace Newton at San Antonio, Texas.

The following of local interest is from The San Antonio Morning Express, of San Antonio, Texas:—

Mr. and Mrs. John Martyn Newton announce the engagement and approaching marriage of their daughter, Grace, to Francis Alan Woodbury of Timmins, Ontario.

The marriage will take place in St. Mark's Episcopal Church, June 16. Miss Newton is a member of one of the pioneer families of San Antonio and is a graduate of Main Avenue High School and Our Lady of the Lake College. Mr. Woodbury is a graduate of the University of Texas and a member of Theta Xi fraternity.

The announcement of the engagement was made at a pretty luncheon Saturday, given by Mrs. Lawrence F. Stone in the patio of the St. Anthony hotel.

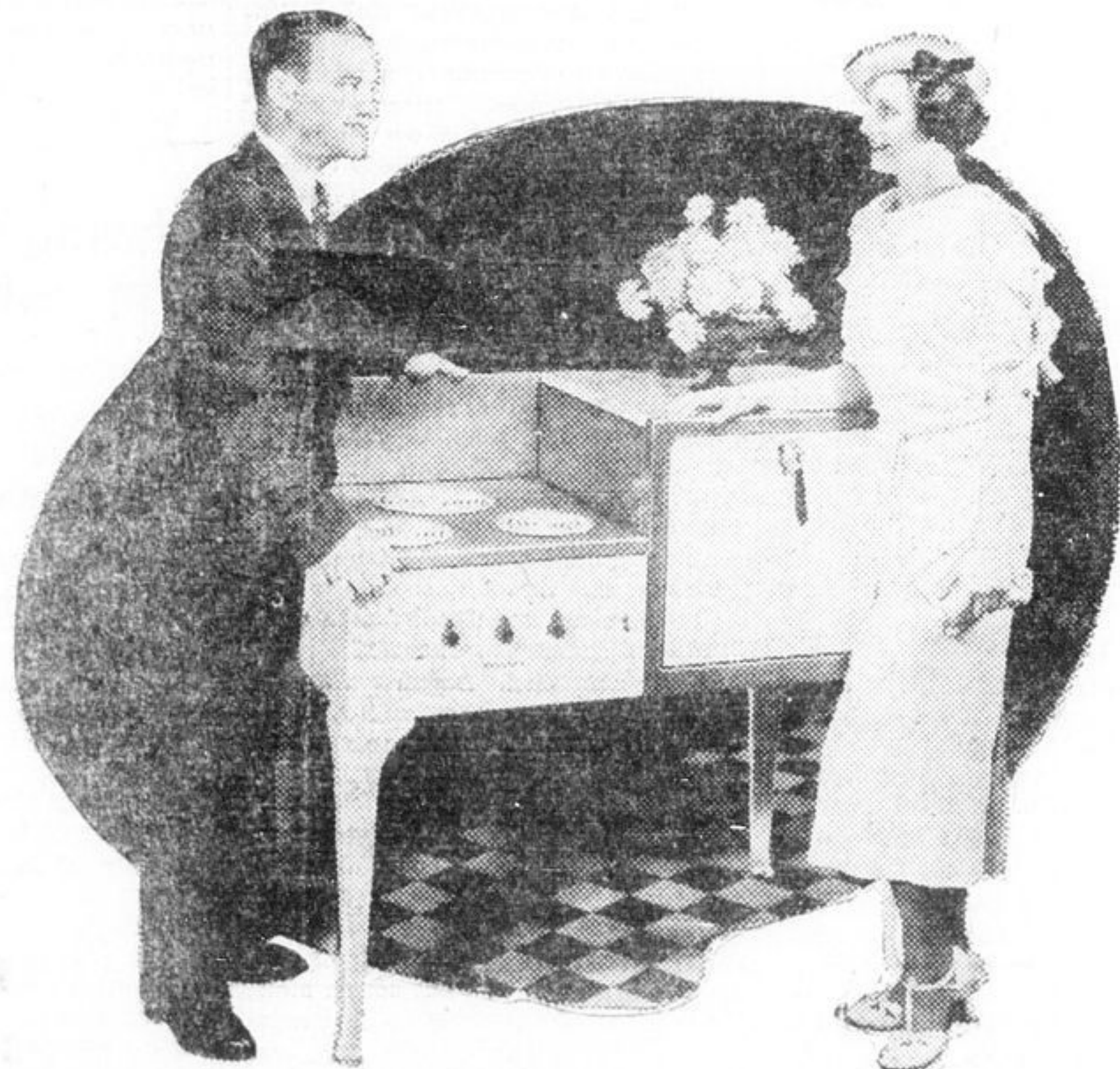
The table, laid in pale pink linen, was beautifully decorated with a garden hat filled with acacia and pink larkspur. The announcements were attached to individual corsages of sweet peas which were pulled by ribbons from around the hat. The colour scheme of yellow and pink was further featured in the crystal which was of canary yellow. The guests included a group of friends of the bride-elect, her mother, and the mother of the bridegroom-elect.

**BROTHER OF THE MANAGER OF KAPUSKASING STORE**

In The Advance last Thursday there was an item from The Northern Tribune of Kapuskasing in regard to the purchase by Abe Bogomolny, of Timmins, of the Royal Sweets, a Kapuskasing confectionery store. The Northern Tribune had described Mr. Bogomolny as the brother of the manager of the S. Bucovetsky store at Kapuskasing, but in the reproduction of the paragraph in The Advance a typographical error made it appear that Abe Bogomolny was the manager of the store. Abe Bogomolny, it should be noted, who has purchased the Royal Sweets at Kapuskasing, and who will take over that business on May 1st, is a Timmins man and a brother of the manager of the Bucovetsky store at Kapuskasing.

North Bay Nugget:—Ere long dust will be flying throughout the district as road builders engage at the big task of transforming sections of Northern Ontario's perilous trails into modern highways.

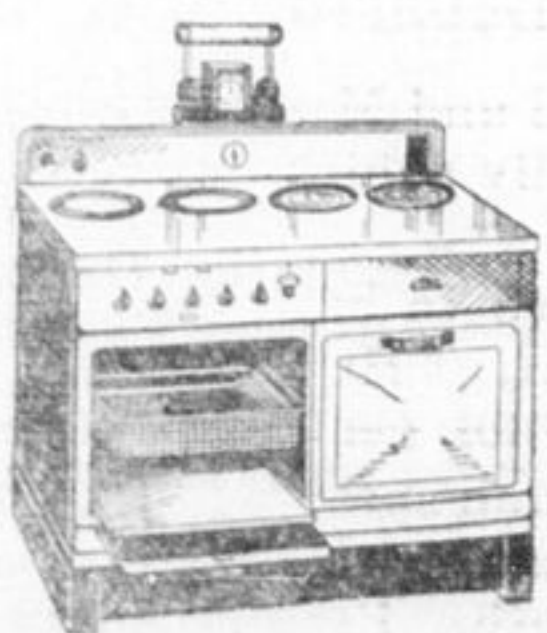
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