

Canada's BEST BREAKFAST PURITY OATS
MADE BY THE MILLERS OF PURITY FLOUR

Suggests Stuffed Veal Roast for Sunday Dinner

Another Menu for a Full Week. Sausages Recommended for the Breakfast on a Cold Morning. Recipes for "Rich Devil's Food Cake" and "Nut and Date Muffin."

Nothing tastes better than sausage for breakfast on a cold Sunday morning, when there is plenty of time to enjoy it and the griddle cakes which go so well with it.



(By Edith M. Barber)

- Sunday Breakfast**
Baked Apples With Raisins
Baked Sausages
Corn Griddle Cakes
Coffee
- Dinner**
Asparagus Soup
Ripe Olives
Stuffed Veal Roast
Browned Potatoes
Creamed Brussels Sprouts With Chestnuts
Avacado Salad
Chocolate Ice-Cream in Meringues
- Supper**
Creamed Oysters
Cabbage Salad
Melba Toast
Tea
- Monday Breakfast**
Stewed Prunes
Ready-to-Eat Cereal
Peached Eggs
Toast
Coffee
- Luncheon**
Toasted Egg and Bacon Sandwiches
Celery Salad
Tea
Cookies
- Dinner**
Hot Sliced Veal
Currant Jelly Sauce
Mashed Potatoes
Peas in Cream
Caramel Custard
- Tuesday Breakfast**
Tomato Juice
Cooked Cereal
Bacon
Whole Wheat Rolls
Coffee
- Luncheon**
Veal Broth With Corn
Celery and Apple Salad
Cheeses
Toasted Crackers
Tea
- Dinner**
Brown Fried Chicken
Hot Biscuits
Buttered Carrots
Baked Tomatoes
Fig Tapioca
Wednesday Breakfast
Sliced Oranges
Ready-to-Eat Cereal
Boiled Eggs
Toast
Coffee
- Luncheon**
Omelet With Creamed Chicken

- Raw Carrot Salad**
Tea
Crackers
- Dinner**
Fish Baked in Sour Cream
Celery
Buttered Beets
Cottage Pudding, Chocolate Sauce
- Thursday Breakfast**
Grapefruit
Cooked Cereal With Dates
Bacon
Bran Muffins
Coffee
- Luncheon**
Chicken Soup
Scalloped Fish
Lettuce Salad
Tea
Canned Pineapple
- Dinner**
Broiled Ham
Mashed Sweet Potatoes
New Peas
Lemon Pie
- Friday Breakfast**
Stewed Figs
Ready-to-Eat Cereal
Scrambled Eggs
Toast
Coffee
- Luncheon**
Clam Chowder
Mixed Vegetable Salad
Toasted Crackers
Tea
- Dinner**
Baked Stuffed Fish
Oven-Fried Potatoes
Cauliflower With Hollandaise
Lettuce With Chili Dressing
Steamed Pudding, Hard Sauce
- Saturday Breakfast**
Orange Juice
Cooked Cereal
Sausages
Coffee
Toast
- Luncheon**
Fish Chowder
Cole Slaw
French Toast
Honey
Tea
- Dinner**
Broiled Lamb Chops
Creamed Potatoes
Baked Onions
Endive With Cheese Dressing
Jelly Roll
- Rich Devil's Food Cake**
1 cup butter or other shortening
3/4 cup white sugar
2 cups brown sugar
3 egg yolks
3 whole eggs
2 cups cake flour
1 teaspoon soda
1 cup sour milk
2 cups coconut
6 ounces chocolate
1 teaspoon baking powder
- Cream the butter and sugar together add egg yolks. Beat well and add one-fourth of mixed and sifted flour, soda and baking powder. Add unbeaten eggs, beat well and add the rest of the flour alternately with the sour milk. Add coconut and chocolate, melted, and bake in three layers or in two loaf pans 30 to 40 minutes in a moderate oven (350 deg. F.). This cake will keep moist a week. Frost with boiled frosting using three egg whites left from cake.
- Nut and Date Muffin**
1/4 cup shortening
1/4 cup sugar
1 egg
2 cups flour
4 teaspoons baking powder
1/2 teaspoon salt
1 cup milk
1/2 cup sliced nuts
1/2 cup dates
- Cream shortening, stir in sugar, and add beaten egg. Mix and sift together flour, salt, and baking powder and add alternately with the milk. Add nuts and dates which have been dredged in flour. Pour into well-greased muffin pans and bake 25 minutes in a moderate oven, 375 deg. F.
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Police Probing Two Deaths at Sudbury

Dr. Burroughs Found Dead in Car. Ukrainian Lay Preacher Dead in Swimming Pool.

Two deaths in Sudbury over the week-end are being carefully investigated by the police. Dr. C. M. Burroughs was found dead in his car in the garage, the motor running. He was found by his partner, Dr. Hoocy, who said the last time he had seen Dr. Burroughs the latter seemed his usual cheerful self. Dr. Hoocy said he became suspicious early Sunday morning when he smelled gas and heard the noise of the motor running in the garage. He investigated only to find Dr. Burroughs had apparently been dead for maybe an hour.

The other death being investigated is that of Peter Kuzar, a lay preacher in the Ukrainian church, who was found dead in a swimming pool some time after midnight on Sunday. A blue mark on the dead man's forehead led police to believe he had been knocked unconscious after a dive and had drowned. The owner of the pool where Kuzar died told police that Kuzar had come with a group of others to the building. After midnight the owner of the pool thought all had left until he saw a man's clothes hanging up. He investigated and found Kuzar dead in the pool. The police had then been notified.

Attractive Jubilee Number of The Creemore Star

The anniversary number of The Creemore Star, celebrating fifty years of service to Creemore and district by this bright little newspaper, reached The Advance office this week and proved of more than passing interest. Creemore Star usually prepares only four pages per week for publication, and so the fact that the anniversary number is sixteen pages represents an immense amount of special work on the part of the staff and fine co-operation from the business men and people of the community. The story of The Creemore Star is told from the days of 1886, when it was named "The Advertiser," and called "The Tizer," down through the years to 1937 when the owner at that time called it "The Mad River Star." In 1903 that unusual name was changed to its present one. The story is one of trial, trouble, difficulty, struggle, ill-luck and good fortune, similar to most newspapers. Incidentally the story is also the history of Creemore and district. The Corporation of the Village of Creemore and several other advertisers in the anniversary number pay tribute to the great value to the community of The Creemore Star and the leading part it has taken through the years in making Creemore the modern village of to-day. What can Creemore say for itself? Listen to this from the advertisement of the corporation:—"Financially the village is in splendid condition. There is a small debenture debt which will soon be retired. The tax rate has never exceeded forty mills. Altogether, Creemore is an ideal place for a home." Creemore has an excellent waterworks system, with pure spring water; electric lighting; "almost every citizen in Creemore has paved sidewalks to his door"; main streets paved; steel-clad skating and curling rink; community park for sports; adjacent hills for skiing; modern school facilities.

The Creemore Star, which is four years older than the corporation, has been published in the one building for over forty years. At least two of the advertisers in the anniversary number were advertisers in the first issue half a century ago. In some cases the businesses have passed from father to son, but remained in the one family. The oldest store in Creemore was established in 1878. It was a drug store now conducted on modern lines by the son of the founder. The first post office at Creemore was established in 1845. Since 1863 the post office has been continuously in charge of members of the Gillespie family. Mrs. Sarah Gillespie, who succeeded her husband in 1898 and held the position till her death in 1936, was in 1935 awarded the King's Jubilee Medal for long and faithful service. The first school for the district was established over 100 years ago; there are churches 50 and 70 years of age; Creemore has had bank branches since 1902. So in complete and interesting way The Creemore Star tells its own history and that of the community. There are a number of interesting pictures of places and people, and generally the anniversary number will be one that all interested in Creemore will wish to keep. In any event the issue is a decided credit to The Creemore Star, its present editor, C. B. Smith, the staff, and also to the whole people of the community.

School on Wheels Teaches the Facts About Forestry

One of the oddest educational jobs in Canada falls to the Canadian Forestry Association. Five itinerant schools, in the form of "motor-caravans" and a railway lecture car, have been moving up and down the rural areas during the past twelve months securing audiences which total several hundred thousands. These teaching units do not deal with ordinary school subjects but with the safe-guarding of the forests, the streams, and the wild life; in the prairie provinces the chief subject is the planting of shelter-belts of trees about farm homes so that behind the living wind-break gardens and orchards may be grown. It is sometimes forgotten that more than eighty per cent. of the habitable

Mining Institute Announces Prize Winning Students

In order to encourage the powers of observation and expression on the part of its younger mining engineers the Canadian Institute of Mining and Metallurgy annually awards prizes to student engineers for the best papers covering practical work in mining or metallurgy.

At the luncheon of the Institute, the president, G. E. Cole, awarded the gold medal and 25.00 in cash to Alan P. Fawley of the University of British Columbia for his paper "Mining Gold Ore at Pioneer Mine."

Allan E. Gaille of the University of Toronto won second prize of \$25.00 for his paper "Shaft Sinking on the Witwatersand," and W. J. Marshall of Queen's University won third prize also of \$25.00 for his paper "Mining Methods of the Flin Flon Mine." James D. Hall of McGill University won honorable mention with his paper "Stope Filling at the Sullivan and Other Canadian Mines."

Huntingdon Gleaner:—A stray alley cat was enticed to the gas chamber at the city pound, in Hamilton, intending to put an end to its worthless nine lives. Old Tom objected, squirming in a lively manner as an attendant thrust it into the gas. Friction in the fur created a spark of static electricity. There was a tremendous explosion. The inspector was knocked flat and his clothing was buried from his body. The chamber was blown to bits. The cat has not been seen since.

Industrial School for Leader of Gang

Cowboy Suits and Toy Guns Lead to Capture of Delinquents.

One young Timmins lad who failed to take Magistrate Atkinson's warning of a few months ago seriously will learn what the inside of an industrial school looks like. And he'll stay there until he's learned to be a better citizen than the kind that goes around breaking into people's houses and stealing their money and possessions.

Three youngsters, led by the one sent to industrial school, pleaded guilty in juvenile court on Tuesday afternoon to a series of house-breakings, most of the ones left up to last week on the "unsolved" list.

Cowboy suits, with toy guns and all the rest of the western equipment, was what brought the boys to time. When they went to rob a house at 108 Maple street, they were seen by a woman in a neighbouring house. Through the description of the clothes the boys wore, police were able to locate the thieves and bring them to the police station for questioning.

Two Told Truth
The two younger lads, who are on parole to A. G. Carson, superintendent of the Children's Aid Society, told police the truth of their escapades almost immediately. "We had a hard time getting the truth from him," said Sergeant Arthur Olsen, indicating the leader of the trio.

Tea for every Taste
"SALADA" TEA

What Happens to the Place Where the Ore Comes From

When ore is mined from underground large cavern-like chambers or stopes are left in the places from which it has been removed, and it is one of the problems in mining large ore bodies to fill these stopes after the ore has been drawn from them.

The mother of the third lad said she had had no trouble until her son had begun associating with the eldest of the "gang."

In another juvenile case, a lad who has been remanded for almost a month now, was given parole for six months. He told the magistrate he would never steal again and that he now realized the gravity of his offence. Arrangements had been under way to have him sent away to school but a plea from J. W. Lieberman that the boy's leisure time would be better taken care of in the future, led the magistrate to release him on parole.

Sudbury Star:—And of course you've heard about the young miss who was so dumb, she thought a sultana was a member of a harem.

Each year, the great mines like Hollinger and Lake Shore dump millions of tons of sand and waste rock back into these empty stopes, often bringing the material from many miles away. Now Noranda Mine is meeting this problem was told to-day at the meeting of the Canadian Institute of Mining and Metallurgy by Oliver Hall, Assistant General Manager.

At Noranda, a mixture of waste rock, slag and mill tailing is used, the sulphide mill tailing acting as a cementing agent. Already, experimental work shows that the mixture sets into a mass almost as hard as the original rock.



BUSINESS DIRECTORY

<p>AUTO REPAIRS</p> <p>G. DALGARNO Auto Body Works Cor. of Pine and Hector Specialists in</p> <ul style="list-style-type: none"> Acetylene Welding Auto Tops Recovered Glass Installed Duco Refinishing 	<p>CHIMNEYS CLEANED</p> <p>Prevent Chimney Fires</p> <p>Have your Heating Plant Cleaned the New Way</p> <p>NO MESS NO DIRT</p> <p>PHONE 1675</p> <p>A. VERCIVAL 15 PINE STREET SOUTH (Rear)</p>	<p>HOTEL</p> <p>A HOME AWAY FROM HOME ROOMS</p> <p>Hot and Cold Running Water.</p> <p>Reasonable Rates by the Day or Week.</p> <p>KING EDWARD HOTEL Opp. T. & N. O. Station, Timmins</p>	<p>SHOE REPAIR</p> <p>Guaranteed Work AT Reasonable Prices</p> <p>That's our motto. You can rest assured that when your shoes are repaired here, you will get the best obtainable.</p> <p>CARIOCA SHOE REPAIR 63 Third Avenue Timmins</p>
<p>BAKESHOP</p> <p>Children Love Albert's WHOLE-SOME</p> <p>Sliced Bread</p> <p>And it is just the thing for Sandwiches too, cut in fine even slices and wrapped so it will stay fresh longer. Stop in to-day take a loaf home.</p> <p>"TRY OUR PASTRY"</p> <p>Albert's Bakery 10 Pine St. S. Phone 1875</p>	<p>FLOWER SHOP</p> <p>We Carry A Complete Stock of Fresh Cut Flowers Wedding Designs Potted Plants Corsages Funeral Designs</p> <p>CALL 1520 WE DELIVER</p> <p>Northern Flower Shoppe M. E. CHRISTOE (prop.) 55 Third Ave. next to Chenier's</p>	<p>LADIES' WEAR</p> <p>Inspect Our Stock of LADIES' WEAR</p> <p>You will find many pleasing styles in this store priced to suit your purse.</p> <p>Special Reductions For Balance of this Month</p> <p>Dorothy's Ladies' Wear Shoppe 15 Wilson Ave. Phone 970</p>	<p>RADIO REPAIRS</p> <p>FOR FACTORY EXPERT Radio Service</p> <p>Call . . 840</p> <p>CALLS FOR SCHUMACHER AND SOUTH PORCUPINE PROMPTLY ATTENDED TO.</p> <p>TURCOTTE'S Radio Laboratories 30 THIRD AVE. PHONE 840</p>
<p>BARBER</p> <p>First Class BARBERING</p> <p>Men! for your next haircut. Visit this sanitary shop, you will like their service.</p> <p>NO WAITING REASONABLE PRICES</p> <p>Victor's BARBER SHOP 46 Fourth Avenue Timmins</p>	<p>HOTEL</p> <p>★ ★ ★ HOTEL "SERVICE WITH A SMILE"</p> <p>ROOMS</p> <p>May be Rented by Day or Month at Reasonable Rates.</p> <p>Licensed as a Standard Hotel under the Liquor Control Act.</p> <p>Three Star Hotel Maple St. N. Phone 1589</p>	<p>PAINTER</p> <p>LET US GIVE YOU</p> <p>AN ESTIMATE on any Painting or Paper-Hanging</p> <p>J. RIMMER Phone 1661 Timmins</p>	<p>TRANSFER</p> <p>WOOD For Sale</p> <p>At Reasonable Prices</p> <p>Call 647</p> <p>NEW TRANSFER 11 Spruce S. Timmins</p>
<p>area of Canada is made by Nature for growing forests, for the beauty and utility of lakes and rivers, for the recreational advantages of hunting and fishing. This vast "wilderness" produces more wealth than all the gold and silver mines ever discovered in the Dominion, and yet it has been ravaged by human-set fires, it has been denuded of its forests, and the rich possessions of wild life have been squandered. To correct such treatment of the public domain, and establish a new conservation order, the Canadian Forestry Association depends largely upon the education of the people of the rural and small industrial communities and sends its missionaries to hundreds of villages and cross-roads places each year. So prompt and practical are the results of such work that to-day, most forest protection authorities look to popular education as their strongest bulwark against forest devastation. Where education is most intensive on the subject</p>	<p>of forestry, the forest resources show greatest security. Thus in a field of patriotism that seldom falls within the limelight, the Canadian Forestry Association is serving the basic needs of the nation and establishing ideals of citizenship that should exert a profound effect in the years to come.</p> <p>Ottawa Journal:—Nothing illustrates more sharply the difference between a dictatorship and a democracy than Hitler's command to German manufacturers of motor cars. "Make a cheap and serviceable car or else go out of business," he told them the other day, and he will be the sole judge of what is cheap and serviceable. When Hitler lays down the law there is no appeal.</p> <p>Hem bands in colour make the printed dresses much more interesting to look at. Smart colour effects have been worked out, now that prints are so gay and colourful.</p>	<p>PLUMBING</p> <p>PLUMBING</p> <p>ALL WORK GUARANTEED</p> <p>If you require any Heating, Plumbing or Sheet Metal Work, get in touch with us. You will find our prices and service satisfactory.</p> <p>ESTIMATES WILL BE GLADLY GIVEN</p> <p>A. Brazeau Ltd. 6 Cedar St. N. Timmins</p>	<p>UPHOLSTERING</p> <p>FURNITURE</p> <p>of any description Made to Order</p> <p>also UPHOLSTERING</p> <p>This is the time of year to have your old furniture re-covered and made to look like new again. You will find our prices very reasonable.</p> <p>LESKEW'S CABINET SHOP 14 Cedar St. N. Timmins</p>

Head Cold

Be careful! Don't let it develop into a severe cold. Keep the nasal passage clean and antiseptic and minimize the risk of colds by spraying with

DR. THOMAS' ECLECTRIC OIL

For 60 years a recognized household remedy for coughs, colds and bronchial affections. Safe and soothing, does not irritate the mucous membrane. Use with any good atomizer, morning and night.

Sold by druggists for more than sixty years.

Six Radio Owners Fined \$2 and Costs at Kapuskasing

At Kapuskasing last week six citizens were fined \$2 and \$3.75 costs for failure to have radio licenses. Not only those fined but other good citizens feel that these fines are an imposition of particular meanness. The Advance has always advised radio owners to pay their license fees, but at the same time it is easy to see in the North why people feel that these licenses are a clean steal so far as the North is concerned as the North has received no benefit from the radio—indeed, has been imposed upon in every way in regard to radio. The government will find that the feeling against these radio license fines are as unpopular as the Ontario Temperance Act used to be in this country. The charges were the outcome of a visit to Kapuskasing of a radio-branch inspector and a R.C.M.P. officer. The Northern Tribune, of Kapuskasing in commenting on the cases says:—"It was obligatory for the magistrate to impose penalties, regardless of strong public opinion as to the moral right of the federal government to impose a tax without rendering service in these parts. His assessments were for a minimum amount."

Le Matin Paris:—Electric advertising space is going to be let on the Pyramids. This decision has been taken by the Ministry of the Interior in Egypt.