PIECE BREAKFAST

An unusual value in good quality Sovereign china are these breakfast sets. Pleasing scalloped rims with a choice of nine colourful patterns on an ivory base. Set includes:

> 6 Nine-inch plates 6 Cups, 6 Saucers. 1 Fruit bowl.

6 Six-inch plates 6 Fruit nappies. 1 Ten-inch Platter.

C. A. REMUS

17 PINE STREET NORTH

PHONE 190

Sauces Play Big Part Make Dinners Palatable

Good Cooking Requires a Variety of Seasoning, Which Adds to the Natural Flavourings. "No Good Cookery Without Sauces" is a True and Well-known Saying.

AWONDERFUL

SAVING if you

ACT NOW!

"The Chatelaine"

ELECTRIC

WASHER

Only a few left!

they the same? Let us define the first. ments from which you may take many or vegetable stock. This stock is always The preparation of foods so that the exceptions. In the first place in good highly seasoned. If minced vegetables



(By Edith M. Barber)

that's fine cooking.

ings, which adds to the natural fla- Italienne demands minced ham, vegetvours. In the second place sauces are ables and herbs. Bigarade demands not, of course, to be used with every crange rinds and juice. Fermiere calls dish, which can be justly described as for minced onion, bacon, tomatoes and finely ccoked. We may say, however, that there can be no fine cookery without the proper use of sauces.

Escoffier stated that "a sauce should be smooth, light, without being liquid, glossy to the eye, decided to the taste. When these conditions are fulfilled, it is always easy to digest, even for a tired stomach." There are to be found in various cook books literally hundreds of sauces under various titles, which fulfill Escoffier's specifications. If, however, the recipes are analyzed it will be found that most hot sauces are variations of a few standard sauces, the white sauce or the veloute, the brown sauce or Espagnole and the Hollandaise. Most cold sauces are variations of mayonnaise, creamed butters or French dressings.

The usual American idea of a white sauce is quite different from the origtextures, that's good cocking. The en- inal French concept, which is made hancement of natural flavours through with white stock and from which milk the addition of contrasting flavours is absent. As most of our households and textures, generally in sauce form, do not have on hand at all times rich stock, some of which has been evapor-

ated to such a point that it is highly flavoured, milk is commonly used. It would be a good rule, however, if it were used as only part of the liquid unless cheese or some other highlyflavoured ingredient is added. A sauce made with what is known as a white roux, butter and flour blended together and milk geenrally deserve the scorn which epicures heap upon it. Vegetable or meat stock to which has been added a slice of carrot and onion, a sprig or two of parsley, a bay leaf and a clove or two before it is boiled down and strained will give character when it is used with milk.

The addition of cream to a white sauce will produce what is known as a Bechamel. If eggs and lemon juice are added in addition to the cream the sauce may be called Allemande. If grated cheese is added we may call the sauce Soubise. Other sauces take their names from the particular ingredient which gives them their characteristic flavour. There is mushroom, for instance, for which I like to cook the mushrooms themselves in the butter before the flour is added. The liquid may be stock, made by cooking the stems in water, and milk and cream. On the other hand for pimento sauce I add the minced seasoning when the sauce is ready to be served.

For brown sauce which is also known as Espagnole, the flour must be browned in the butter before the liquid is added. The liquid for this sauce is always a rich stock which may be com-Good cooking and fine cooking. Are These are, of course, general state- bined with tomato puree, fruit juices most is made of natural flavours and cocking, we use a variety of season- are added, it may be called Jardiniere.

Because the successful sauce depends upon the fine blending of a variety of flavours, you may be as original as you like in developing either a white or a brown sauce, remembering, however, that the first is subtle and delicate in flavour and that the latter is savory and piquant. Perhaps you may obtain future fame through the contribution of a new sauce to cookery.

White Sauce 2 tablespoons butter

2 tablespoons flour 1/2 teaspoon salt

Pepper 1 cup milk or 1/2 cup milk and 1/2 cup chicken, veal or vegetable stock. Melt butter, stir in flour and seasonings, and when well blended, add liquid

gradually. Stir over a low fire until smooth and thick. Let boil one minute. Mornay Sauce Make white sauce, using one table-

spoon flour. After sauce is made, stir in % cup grated hard cheese or one cup soft cheese, pressed through a trainer.

Soubise Sauce

Make white sauce and add % cup minced boiled onions and cream.

Allemande Sauce

Make white sauce, using one tablespoon flour. When thick and smooth, stir in two beaten egg yolks, mixed with ¼ cup cream. Reheat and add one teaspoon lemon juice and ¼ teaspoon paprika.

Mushroom Sauce Make white sauce, cooking 1/4 cup sliced mushrooms and one teaspoon minced onion in the butter five minutes before adding the flour and seasonings. Add 1/2 cup milk and 1/2 cup mushrcom stock, made by cooking

mushroom stems in water. Brown Sauce

2 tablespoons butter or drippings 2 tablespoons flour

Salt, pepper

1 cup meat stock

Melt butter or drippings, stir in flour and seasonings and when well blended and brown, stir in stock gradually. Stir over a low fire until smooth and thick. Let boil one minute. Jardiniere Sauce

Make brown sauce, cooking two tablespoons each of minced carrots and celery and one tablespoon minced onion in the butter or drippings before

adding the flour. When thick and smooth, add one tablespoon minced pimento and then boil one minute. Bigarade Sauce Make brown sauce, replacing half

the stock with orange juice and adding two tablespoons grated orange rind. Piquante Sauce

Make brown sauce and add one tablespoon vinegar, one tablespoon the coins would be rapidly taken up as minced onion, one tablespoon capers, souvenirs. For every 60 cents worth one tablespoon minced pickles and of silver minted into the coins the govone tablespoon minced olives after the sauce is thick and smooth. lieved the suggestion was a practical

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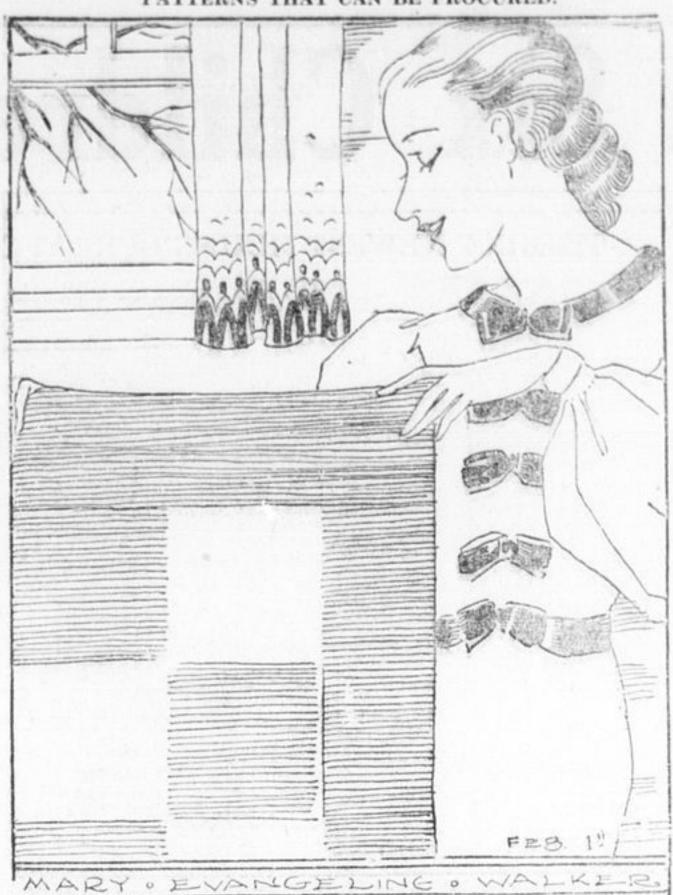
Charged with Parking Baby in Locked Motor Car silver dollars "it might be as well to

(Huntingdon Gleaner)

In a car parked near a movie theatre that of Mrs. Simpson." in Louisville, Ky., a policeman found a small boy crying lustily. The officer tried to quiet the little fellow but he cried all the more. Passersby, curious to know what the excitement was about. Soon the sidewalk and street around tthe car was blocked with hundreds of persons. After a while, the boy's parents Mr. and Mrs. William Urban, came out of the theatre to find their small son Billy, aged 14 months, the centre of what seemed to be a near riot. They explained to the officer they had been in to see the movie, leaving the boy parked in the car as they had often done before without complaint from him. In police court, there was difficulty in determining the charge that should be placed against the parents. It was finally called disorderly conduct but the judge ruled that while they had indirectely been the cause of the disorder, he would not hold them for it and dismissed the case, with some pointed advice about leaving small children alone in packed cars.

Lydia Le Baron Walker

SMART RUGS IN SEVERAL CRAFTS AND DESCRIPTIONS OF PATTERNS THAT CAN BE PROCURED.



Showing a section of the easy-to-make tesselated rug that has been made in crochet, but can be developed also in plain knitting.

pation for a homemaker, as this form braided rugs are exceptionally interestof needlecraft provides both recrea- ing. There is a prescribed method of tion and practical returns for the house. handling the various strands, that is as Hooked and Embroidered Rugs

practical and money-saving occupation are heavy and tightly braided. For re- Later she married David Littlejohn, of fashioning rugs with their own versible braided rugs the needle is moving to Minesing near Barrie, Ont., hands, the craft will repay them a hun- slipped under strands, when sewing the where they reared a family of nine dred fold. In ruggraft are included long strip in coils for round or oval rugs. children, eight of whom are still living. divers needlecrafts, and the worker can suit her preferences. Hooked rugs are still having a decided vogue, but hand- which I am appending a slight descrip- interested in the future development some rugs are by no means always tion, can be obtained by sending one and activities of the North, making Selections should not be of too great hooked. Embroidered rugs are choice, or more dimes according to number of good headway, a comfortable home, excelled only by hand-knotted rugs.

Rugs in Two-Colour Crochet

Crocheted rugs can be beautiful, if color, not in use, is crocheted over. As many as three colours can be used in this type of crochet, but two are casier to manage in the size of strands best suited to rugeraft.

Tapestry Crochet

development of color work in crochet. and this is handsome as found in cro- worked in cross stitch or in the twocheted rugs. However, for these exqui- | colour crochet. It is a dime. . site floor coverings, directions are somewhat different and space does not per- ting. An easy-to-work design that is mit of describing the work in such a for plain crochet or knitting and can short article as this. Any reader in- be worked in squares or strips. Full terested to have directions, can be told working directions in either craft. where to secure them by writing and Price a dime. sending a self-addressed, stamped (3cent) envelope to me. Address care of braid. Directions for starting and in- with a nod toward the rest of Europe this newspaper.

Braided Rugs

Silver Dollars to

tion, However.

Feature George VI

No Special Issue by the Do-

circulation at the time of the corona-

tion, Finance Minister Dunning told

the House of Commons at Ottawa last

week, but no special issue was contem-

government to strike silver dollars, of

which 1,000,000 would be minted, as a

typical Canadian token of the corona-

tion year. It would be of assistance

and encouragement to the silver min-

ernment could not force people to use

silver dollars but she was convinced

ernment received \$1.15, and she be-

Thomas Reid (Liberal, New Westminster), supported the suggestion but

said that if the idea was to popularize

place on one side the image of the

Duke of Windsor and on the other

M. HOLGEVAC

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minion for the Corona-

Rug making is a fascinating occu- weave that is satisfying. The 4-strand easy as it is fascinating. Braided rugs For those who contemplate doing the of all kinds are durable, when braids How To Get Patterns

> patterns wanted with a self-addressed and many friends. stamped (3-cent) envelope with a reker, care of The Advance.

coach drawn by a tandem. A coachman sits on the box handling the reins, while through the window is seen a silhouette of a woman in quaint costume. The men are discovered riding outside, Genuine tapestry crochet is a further which arrangement is according to oldtime custom. This pattern can be

Tesselated Rug for crochet or knit-

tertwining strands, and also directions | "And they said I was nuts!" for using the braid for rugs and pur-Braided rugs have a precision of poses other than ruggraft. Price a dime.

Silver Certificates

Mr. Reid would go farther and have the minister of finance take over all ilver and issue silver certificates. It would mean added employment, he declared, and would not disturb the country's credit. "That could be done in Canada if we had the intestinal fortitude," Mr. Reid declared.

At the time of the abdication, Mr. Canadian silver coins bearing the Dunning said, steps had been taken image of King George VI, may be in to mint coins with the image of former King Edward VIII. It then became necessary to start all over again and recently approval had been given to the image prepared of the present King. There was some doubt of the Martha Louise Black, Conservative dies being received in time to mint member for the Yukon, wife of the George VI coins before the coronation former Speaker of the House, urged the but every effort was being made to get

The dollars minted for the silver jubilee of King George V had been issued to the number of 743,000 and were available at all bank branches. They had been popular, more particu-Mrs. Black said she realized the gov- larly in the silver mining districts.

Conservative Leader Bennett observed that the fact large silver coins were not minted in greater quantity was due more to the unwillingness of the people to circulate them than to the unwillingness of governments to

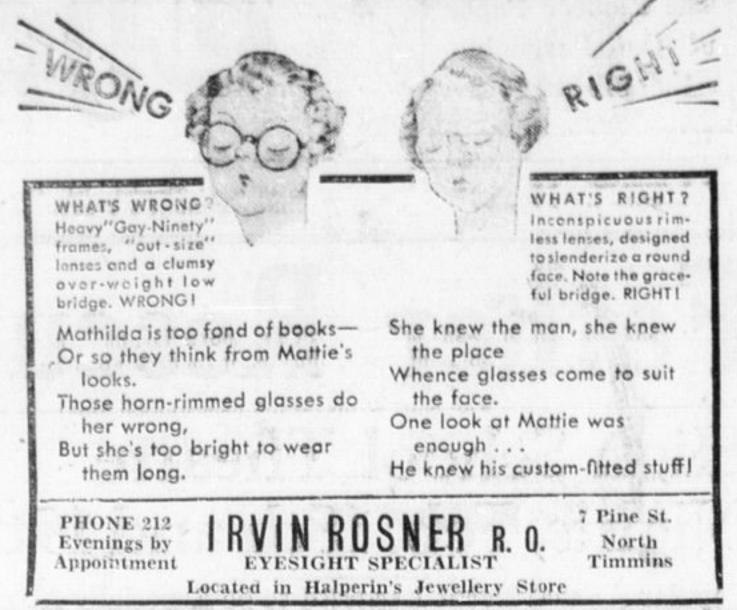
Suspension of Hamill to be Lifted on Feb. 20th

According to word from North Bay last week, W. A. Thompson, secretary of the N.O.H.A., has announced that the suspension against "Red" Hamill, of the Copper Cliff Juniors, for an alleged assault on Victor Vergil, Scollard Hall player, after a game at North Bay on Feb. 2nd, will likely be lifted on February 20th.

This leaves the Copper Cliff player inactive for the concluding southern junior group at Sault Ste. Marie on Feb. 15th, but will free him for the

association group playoff. Another announcement credited to Secretary Thompson is to the effect that Temiskaming, holding a bye in the N.O.H.A. Junior series, has withdrawn. This will leave Copper Cliff an unobstructed route to the association playoffs, which will bring central and northern group winners into conflict for the right to represent the N.O.H.A. in the provincial playoffs.

Try The Advance Want Advertisements



93rd Birthday of New Liskeard Lady

Timmins Cake for Event.

(From New Liskeard Speaker) Mrs. David Littlejchn, New Liskeard's oldest lady, celebrated her 93rd number of friends and neighbours regard to the matter:called to visit and have tea and a piece of the lovely birthday cake with the anthem that will rival the famous "Co-93 candles, a gift of her granddaughter. a joyous day for this grand old lady, who was born in the early years of Queen Victoria's reign.

Born in Devonshire, England, on February 3rd, 1884, Mrs. Littlejohn's maiden name was Priscilla Kent, eldest daughter of the late John and Mary Kent, who came to Canada in the year 1857, seitling in Pickering township In 1905 they again started pioneering Patterns for the following rugs, of in this district where they were deeply

Mr. Littlejohn, prominent in Casey or readily set to music." quest directed to Lydia Le Baron Wal- township council and school boards, died on December 13th, 1920, shortly Tandem Coach—A smart design of a lafter the family took up residence in

New Liskeard. There are five generations living four of whom were represented at this anniversary. Five daughters, three sons 28 grandchildren, 45 great-grandchildren and five great great-grandchildren are her delight in her advanced

Many beautiful gifts and loving messages were received from all over Canada and the United States.

Perth Courier: They say ex-Kaiser Wilhelm goes around the woodshed now Braided Rug-developed in 4-strand chuckling to himself and exclaiming

About Rotary Contest for Haileybury Songs

In recent issues The Advance has had references to the contest sponsored by Grand-daughter the Haileybury Rotary Club. This con-Makes Beautiful Birth- test is for the best song that will do for Haileybury what the "Cobalt Song." and the "Porcupine Song" did for Cobalt and Timmins. Last week The Advance had several requests for particulars in regard to the Haileybury contest. In each case The Advance sugbirthday at the residence of her daugh- gested writing direct to the Kotary ter, Mrs. Wm. Jelly, Rebecca street, on Club at Haileybury. However, here is a Tuesday, February 3rd, when a large paragraph from The Haileyburian in

"Haileybury may in time have an balt Song" if efforts being made by the Mrs. Lorne Jenkins, Timmins. It was local Rotary Club bring the hoped-for results. The club announced some weeks ago that a prize of five dollars would be given for the words of a suitable song that could be set to music and in time made popular at all local gatherings and the results so far were presented at the regular meeting on Monday, in the form of three attempts to win the prize. Two of the contributions were sent in from New Liskeard. while the other was a Haileybury writer.

"While all three of the songs submitted showed that their authors had aken considerable pains, it was decided not to close the contest for the time, as it was hoped that other writers would be coming forward with entries length and should be such that they can either be sung to some popular air

YOUR BODY'S

It has so many functions that if unhealthy in action, multitude of ills result.

Yes! It's your liver that affects your digestive tract, kidneys, blood, skin, muscles, intestines and certain glands—including reproductive glands. If it's sluggish you may suffer headaches, nausea, indigestion, constipation, backaches, yellow skin and other ills. So keep your liver active Use Fruit-a-tives, the famous remedy that contains extracts of fruits and herbs-that works with nature to stimulate the liver. the proper flow of bile. Fruit-a-tives cleanse the intestinal tract, tend to purify the blood of poisons and acids. Their tonic effects help bring new life and energy. Start Fruit-a-tives today. And be sure to get genuine "Fruit-a-tives" - don't accept

Here is Bachelor Anthony Quail Anxiously Reading His Latest Mail He Got So Tired Washing His Clothing He Weakened and Wrote a Letter Proposing Marriage to a Lass in the Old Home Town He's Wondering Now If She's Turned Him Down If so, He's Doomed as a Washday Slave For Bachelors Had No Other Way.

Ah! But Now

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Seven-pound capacity stream-lined, ribbed tub. Six

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