

Adolphe DesRoches
 who was associated with the Metropolitan Life Insurance Company for the past twelve years.
Announces the Opening of a
General Insurance Agency
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 National Life Assurance Co. Ltd.
 5 Elm Street South, Timmins Phone 1677

December Report of Moneta School

Honour Roll of the Moneta Public School for Month of December.

The following is the December honour roll for Moneta public school:—
 Names arranged alphabetically.
 Sr. IV—N. I. MacLeod, teacher—Chaimers Hudson, Elsie Kuchan, Jean Loader, Barbara May, Lido Omiccioli, Verna Palmer, Rose Parisi, Pearl Shub, Leona Sparling, Helen Thomson.
 Jr. IV—Room 3—J. P. Anglin, teacher—Alcea Gallino, Mary Gedde, Alice Giovannelli, Dorothy Jean Herrington, Marcella Lionello, Beatrice McGillis, Ernest Oriand, Jimmie Parisi, Enzo Persichini, Helen Stock.
 Room 7—F. MacDonald, teacher—Sr. III—Jean Archer, Dino Bardiero, Leo Bertola, Ross Church, Helen Crispin, Annie D'Alessandre, Adolph De Luca, Rosa DiMinin, Bernard Derigo, Hart Drew, Robert Fraser, Daphne Gay, Daisy Greaves, Gwen Jackson, Kenneth Morgan, Mike Onica, Mario Pellizari, Ruth Pooley, Leslie Thrasher, Bert Turcotte.
 Room 10—Sr. III—D. McCluskie, teacher—Dina Casinato, Bert Engley.
 Jr. Third—Nina Loretta, Frank Palmer, Agnes Thompson.
 Room 12—Jr. III—Ellen MacKenzie, teacher—Nancy Bertolo, Irene Borland, Alma Boyce, Kathleen Cooke, Dino Dominico, Daniel Dorigo, Annie Gommiero, John Grydzchuck, Margaret Hooker, Anthony Hudson, Lloyd Jackson,

Irene Mascarine, Diane Muzzin, Beryl McQuarrie, Ella Petricola, Vivian Pezzetta, Albertine Richard, Teresa Torlonie, Cyril Warner.
 Room 6—J. V. McCung, teacher—Sr. II—Bruno Brazzoni, Harriet Dean, Victor Dorigo, Rose Filippino, June Gedde, Helen Oriand.
 Room 9—E. Connor, teacher—Jr. II—Tremaine Banks, Anne Buttery, Dorothy Cole, Mary Cunik, Genesis Di Marchi, Virginia DiMarchi, Helen Ferrari, Yole Filippino, Alfio Guarada, Hugh Guild, Corinne Haystead, Beulah Houle, Lola Kyle, Valentino Luccantonio, Violet McKinnon, Gerald Mackey, Arido Masearin, Viekko Niemi, Billy Ramsay, Sonya Rajesky, Betty Rinn, John Ryan, Constance Springham, Paul Stringer, Aurora Toffanello, Lena Tolevi, Bonita Wood.
 Room 2—F. M. Thom, teacher—Frank Kemko, Jessie Tesluk, Oia Dean, Melva McIntyre, Mike Bodnaruk, Beryl Crispin, Louis Moro, Questa Brain, Rosie Vaccino, Alice DiMarchi, June Knott, Billy Richards, Norma Moro, Florence Harris, Otavio DiMarchi, Italo DelCol, Egddio Morello, Gordon Clement, Secondino Petricola, Harold Rutherford, Catharine Luccantonio, Hazel Cripps, Flora Miglorianzy, Valerio Bellini.
 Room 2—First Class—M. Richardson, Class A—Murray Ball, Danie DeMarchi, Howard Hicks, Robert Holmes, John Kriak, Ida Nickel, Wilfred Thrasher.
 Class B—Doris Archer, Enes Baratto, Mildred Borland, Pearl Harry, Lillian Hirschfeld, Millia Jackson, Kenneth Langdon, Mildred Richards, Barbara Storms.
 Room 11—Jr. I—H. E. Prettie, teacher—Helen Ewanuk, Yvonne Joliceur,

Betty McDivitt, Rosemand Rinn.
 Room 4—S. Draganoff, teacher—Sr. Pr.—Egidio Dedone, Enzo Dorigo, Elmer Hall, Gino Luccantonio, Clara Ricci, Jean Ross.
 Room 4—Jr. Pr.—I. Andrews, teacher—Stanley Holson, John Johnson, Mary Luccantonio, John Pezzola, Eileen Robinson.
 Room 1—A. Murphy, teacher—K.P.—Myrna Ball, Eileen Barlow, Christine Belanger, Norma Bendo, Gwyneth Springham, Rolf Stange, Joan Venner, Billy Whitney, Betsy Wood.
 Room 1—G. Honeywell, teacher—Bobby Bosada, Jack Hines, Margaret Jones, Louise Wheeler.

Funeral at North Bay Last Week of Mrs. Ellen Malyon

The funeral took place on Wednesday of last week at North Bay of Mrs. Ellen Malyon, mother of Russell Malyon, of Timmins. The funeral services were conducted on Wednesday afternoon, Dec. 16th, at the family residence, 99 Fourth avenue, west, North Bay, by Rev. G. Stanley Packham. The pallbearers were:—A. Haskins, D. McLachlan, B. Biggs, W. H. Beattie, J. C. Thompson and W. Finch. Interment was made at Terrace Lawn cemetery, North Bay.
 The late Mrs. Malyon died on Dec. 14th, after a lengthy illness, surviving her husband, the late Charles James Malyon, by only a few months. Mrs. Malyon first became ill in May of this year and it was necessary then to take her to the Civic hospital at North Bay for treatment. She was in the hospital at the time of her husband's death last August, and though she recovered sufficient after that to leave the hospital, it was found necessary for her to return to hospital again.
 The late Mrs. Malyon had been a resident of North Bay for over a quarter of a century. She was born in London, England, in 1879, and lived in that city until 1908. In the latter year she married and came to Canada, taking up residence in North Bay, where she continued her residence until her death. Among the near relatives surviving are one daughter, Mrs. Ivor Iles, Kitchener, and three sons, Ernest, of Sault Ste. Marie, Russell, of Timmins, and Norman, of North Bay.

Good Health Depends Upon an Adequate Diet

Vitamin C. Taken in Liberal Amount Will Overcome Simple Anemia. Vitamin B-G Essential in the Treatment of Pernicious Anemia. Importance of Proper Diet Emphasized.

"Nutrition intimately concerns the welfare of man and his place in future history will depend in no small part upon what he decides to eat." This statement was made before members of the American Dietetic Association in Boston recently by Dr. George R. Minot, Professor of Medicine at Harvard University and winner of the Nobel Prize for Medicine in 1934.
 According to Dr. Minot, an adequate diet throughout life will often prevent illness. In the long-time studies that

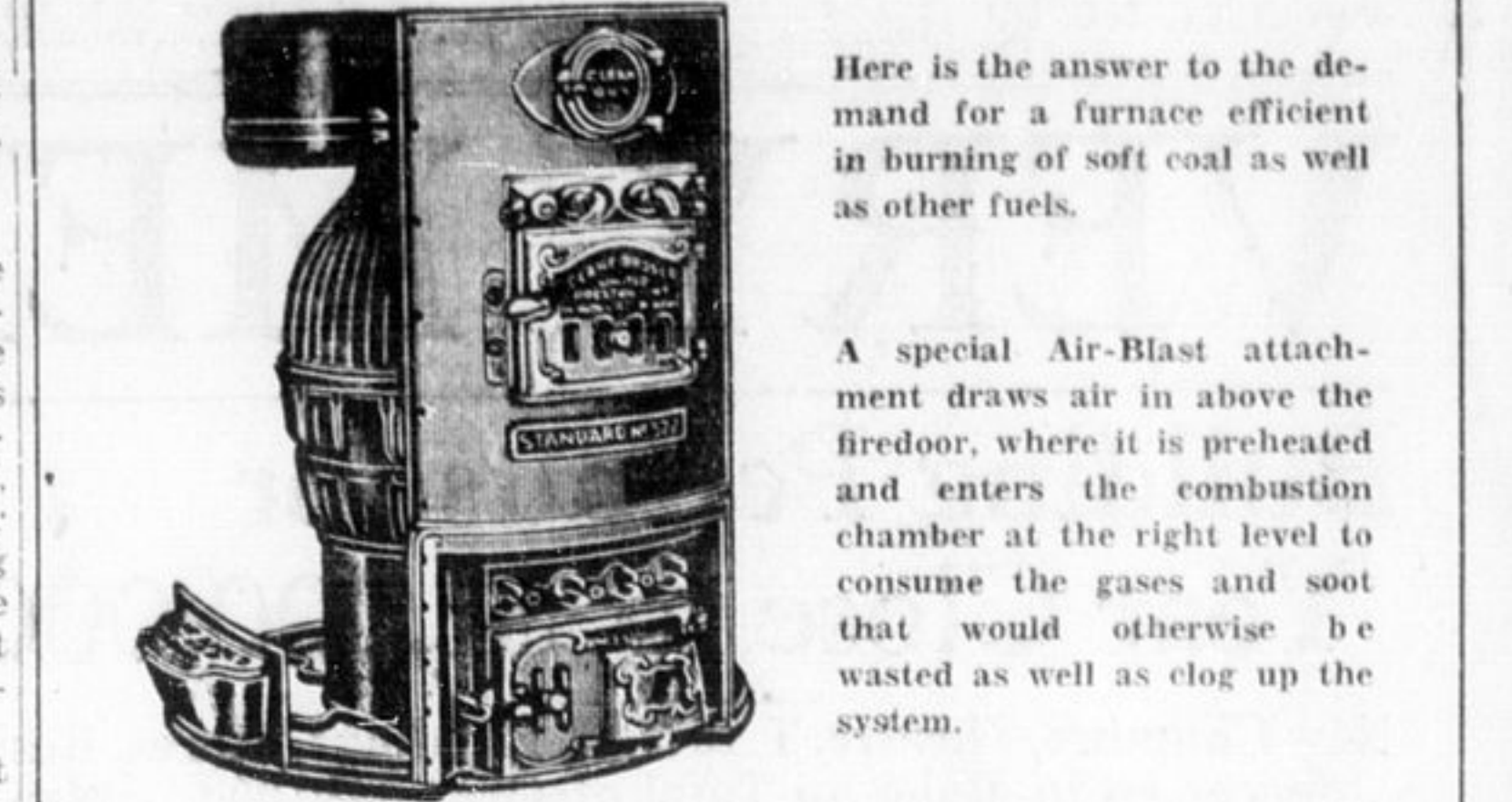


(By Edith M. Barber)

B is found in muscle meat, eggs, rice polishing and yeast, which need an unknown gastric digestive factor to make them ready for the body. When this factor is lacking, there is danger of pernicious anemia. It may be supplied, however, by liver, kidneys and other organs. At present this disease is being treated not only by an increase of these foods in the diet, but by liver extract taken by the mouth or through hypodermics.
 According to Dr. Minot, the first cause of any type of anemia is a deficient diet.

- Liver Dumplings**
 1/2 pound calves' liver
 1/2 cup soft bread crumbs
 1 tablespoon minced onion
 1 tablespoon melted fat
 1 teaspoon parsley
 1/2 teaspoon salt
 Pepper
 1 egg, slightly beaten
 5 cups stock
 Grind liver fine and mix it with the bread crumbs. Sauté the onions in the fat in a skillet until delicately browned. Add the liver mixture, parsley, salt and pepper. Add the egg and mix well. Drop the mixture by teaspoonfuls into the hot, but not boiling meat stock. Cook slowly ten to fifteen minutes and then serve with the soup. To make dumplings which may be shaped in balls, add one-half cup additional bread crumbs.
- Squash Scuffle**
 2 cups mashed squash
 1 cup cream or thin white sauce
 Salt
 1 teaspoon grated onion
 Dash of nutmeg
 3 eggs
 To the squash add cream or sauce, salt, onion and nutmeg. Add egg yolks, slightly beaten, and fold in stiffly beaten whites. Set in a pan of hot water and bake in a moderate oven (375 deg. F.) 40 minutes. Any other mild vegetable may be used in place of squash.
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The Clare All-Cast Furnace



Here is the answer to the demand for a furnace efficient in burning of soft coal as well as other fuels.
 A special Air-Blast attachment draws air in above the firebox, where it is preheated and enters the combustion chamber at the right level to consume the gases and soot that would otherwise be wasted as well as clog up the system.

The large Combustion Chamber gives ample space so necessary when burning soft coal. Walls are corrugated to provide more radiating surface and prevent cracking.

Other features and equipment include Wide Feed Door; Deep Ash Pit; Large conveniently located Waterpan; Scraper and complete Damper Control Equipment; Individual Grate Bars and Direct Draft Damper.

The Clare All-Cast Furnace is in every way a first class heating unit at a very moderate price. Come in and get full particulars.

Visit Our Showrooms
Smith & Elston
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 71 Third Avenue, Timmins Phone 327

Two Years for Mean Theft and Slander

Man Said to be from Timmins Sentenced in Kirkland Court.
 (From Kirkland Northern News)
 Castigated by the magistrate for "attempting to slander this woman" with a pack of lies in pleading not guilty to a purse snatching of which His Worship found him guilty, Philippe Morin, Timmins bush worker, was sentenced to two years in Portsmouth Penitentiary yesterday on a charge of "robbery with violence."
 Morin snatched the purse of a local woman early Tuesday morning as she was walking home down Prospect avenue. In getting the purse which contained \$10 in bills and numerous personal effects, among which was a small bottle of perfume found on Morin, the accused struck the woman in the face and kicked her.
 It was brought out in the prosecution by Crown Attorney Jack Robinson, of New Liskeard, that the victim is in a delicate condition at the present time.
 Morin, said the complainant, was so intoxicated she had difficulty keeping her feet. He picked her up when she fell, he claimed and had never seen her before.
 Delivering judgment, Magistrate Atkinson said he had not the slightest bit of doubt on her story and that he was positive Morin was lying in his manufactured alibi that she had been drinking.
 Constable Hugh Fulmer, who tracked Morin to the place where he was arrested on the very clear description given by the woman, said "that is absolutely incorrect," when recalled by the magistrate and asked "did this woman show any signs of being drunk?"
 Chief Constable Shane said he had known the family for three years, when he went in the box on his own request definitely to clinch the case against Morin by refuting his story. He stated positively that from her general conduct the lady would not be drinking on that night.
 Morin talked French to her first, the complainant said, approaching her as she walked down the middle of the road near the Bellevue Hotel on her way home to Premier avenue.
 "He kicked and punched me," she said, "and when I started to shout for help he took my purse and ran."
 It was her very complete description of the man, including a cut under one eye which was bleeding, which enabled police to make positive identification when they came to the end of tracks in the fresh-fallen snow from the scene of the assault.
 She positively identified Morin as the

This Newest
"GENERAL ELECTRIC"
Radio
TOPS THEM ALL FOR BIG VALUE

HERE'S PROOF that General Electric Radio gives you money-saving value for 1937. Check the great array of exciting features offered by this G-E five-tube Console . . . at the amazingly low price of \$89.50. Then go to your G-E dealer's for a demonstration. You'll be convinced that General Electric is today's smartest buy.

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- **G-E Magic Tone.** "Believe your own ears" . . . and you'll agree that General Electric brings you the most realistic, true-to-life reception.
- **Modern Cabinet Beauty.** You'll be proud to own this new G-E Radio . . . with its distinctive modern lines, and lovely walnut finish.
- **Easy Tuning.** The new Edge-Lighted Dial . . . with individual band indicator . . . enables you to tune in short wave or standard broadcasts, easily and quickly.
- **New Permaliners** maintain factory alignment . . . improve foreign reception . . . and keep your radio always at "concert pitch".
- **Music-Speech Control.** One setting gives you the best music reproduction . . . the other ensures clarified speech.
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BE BEAUTIFUL
 By **ELSIE PIERCE**
 FAMOUS BEAUTY EXPERT



ANITA LOUISE does not permit her blonde hair to become dull and lifeless. She keeps it gleaming and shining with daily brushing and brightening rinses.

Egg Shampoo for Hair That Has Been Coarsened by Summer.

This season of year usually finds most heads a bit the worse for wear and exposure—there's a general tendency to dryness, harshness and a brittle quality.
 A series of egg shampoos will do much to cleanse and soften the hair. The whites of the egg only for blondes; the entire egg for brunettes. The entire egg may be used for light haired individuals also if it is followed or used in conjunction with rinse or bleach.
 The first step is washing the hair with a good bland soap, preferably in liquid or jelly form. Rinse thoroughly in tepid water. Beat whites and yolks separately, then fold together as you would in making a cake. Two eggs usually are sufficient, three if hair is thick. Eggs have to be fresh each time of course. Add a half glass of warm water. Cover head with mixture. Massage thoroughly. Rinse very thoroughly. Dry by hand.
Overbleached Hair
 Hair that has been badly bleached, whether by chemical bleaches or by the sun will benefit by the egg shampoo described above.
 Light hair that has become very dry and brittle as a result of frequent bleaching treatments, particularly when white henna is used, may be treated to a combination bleaching treatment and egg shampoo. This treatment as given in some of the finest salons consists of a combination of a light, antiseptic mineral oil, peroxide and ammonia. The oil actually takes the place of the white henna, the peroxide and ammonia become the bleaching agents. This

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 She positively identified Morin as the

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 . . . and if your list is still long, it's time to bring it in to Pic Holtze where every gift problem is easy to solve.
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 Watches
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CHRISTMAS & NEW YEAR'S

NEW Low RAIL FARES

*FARE AND A QUARTER FOR THE ROUND TRIP
 Good going Wednesday, December 23 until 2 p.m. Sunday, December 27. Return limit to leave destination not later than midnight, Monday, December 28, 1936.
 Also good going Wednesday, December 30 until 2 p.m. Sunday, January 3. Returning to leave destination not later than midnight, Monday, January 4, 1937.

*FARE AND A THIRD FOR THE ROUND TRIP
 Good going Sunday, December 29 until Friday, January 1 inclusive. Return limit to leave destination not later than midnight, Friday, January 3, 1937.

What more appreciated Gift than a prepaid railway ticket for a journey anywhere in Canada or United States? Ask about this convenient plan.
 Tickets and complete information from any agent.

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