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Organize Boys' Band at South Porcupine

South Porcupine Glee Club Invited to Timmins. Other South Porcupine News

South Porcupine, Ont., Nov. 7th, 1936. Special to The Advance.

A boys' band, under the direction of Mr. G. Welch, is organized and we hope will do well. They meet on Friday in the township hall, and already eight boys have joined. Mr. Ship has presented a silver trombone as a start towards instruments.

The Glee Club are invited to join with the Timmins Club on Monday night in Timmins at their usual meeting. The South Porcupine Club is doing quite well and it will be interesting for the two clubs to note each other's progress.

In our account of the funeral of Mrs. L. J. Bennett, mother of Mrs. McQuarrie, of the Panour, and Mr. Al Bennett, of Powell avenue, the following addition should be made: Mrs. Bennett, aged 71, came originally from Fort Coulogne in the Ottawa Valley, and lived for some time in Washago before coming North. Two married daughters predeceased her, and 15 grandchildren and one grandchild survive her in addition to her three children.

The following is a complete list of the flowers sent:—From Jack Regan; Mr. and Mrs. Duggan and Flossie; Mr. and Mrs. W. W. Wilson; Margaret, Earl and Reg; Arthur and Emily Durocher; the Smith Family; Mr. and Mrs. G. M. Longworth and Family; Mr. and Mrs. George Pirie; George and Nellie Helmer and Family; Irene and Osie Boves; Mr. and Mrs. Ken Furrell and Family; Fanny, Leslie and Baby; K. J. Connelly and Family.

Mr. Sydney Thomas, of Dome Extension, is suffering from a severe attack of tonsillitis.

Little Fern Helmer who has been suffering from a heart condition for some time, is leaving on Monday for special medical treatment in Toronto. Her father and mother will accompany her. We sincerely hope that she will quickly improve in health and return soon.

Mrs. R. Mitchell, of Dome Extension, returned from Toronto on Wednesday.

Mrs. Brown, of Duparquet, is visiting her parents, Mr. and Mrs. R. Brinton, for a week or two. Mr. Brinton, who has been confined to his bed for months, shows little improvement in his condition.

Mrs. Wells, Mrs. J. Gibbons and Mrs. Fox, of Toronto, are guests at the home of Mrs. T. Gibbons, Bloor avenue.

Wedding on Friday at South Porcupine

Miss Gladys Gibbons and Mr. Donald Millar United in Marriage

South Porcupine, Ont., Nov. 7th, 1936. Special to The Advance.

The wedding took place on Friday afternoon, November 6th, of Gladys, only daughter of Mr. and Mrs. T. Gibbons, of South Porcupine, and Donald Millar, eldest son of Mr. and Mrs. Millar of Ansonville. The United Church was prettily decorated for the occasion with roses and baby mums in bronze and mauve, and Dr. Fraser performed the ceremony.

The bride looked very lovely as she came in on her father's arm dressed in a beautiful bridal gown of white brocade satin cut on princess lines, with a train. Her embroidered net veil was caught to her head in a coronet of orange blossoms. She carried a shower bouquet of pink sweetheart roses, fern, and lilies-of-the-valley.

Her bridesmaid, Miss Evelyn Millar, sister of the bridegroom, made a very charming picture in a gown of forget-me-not blue chiffon, made with high ruffled neckline, and full lines, with picture hat of cream colour, and touches of pale pink. She carried a shower bouquet of American Beauty roses.

Mr. John Gibbons, of Noranda, only brother of the bride, performed the duties of best man at the ceremony, while Messrs. J. Wells (Bonyon), Ed. Edgcombe and W. Sybil acted as ushers. Mrs. F. Reynolds played the wedding music.

Present at the ceremony besides a full church of townsfolk and well-wishers were:—Mr. and Mrs. Millar, of Ansonville, and children; Mr. and Mrs. Hodgins, of Matheson, grandparents of the bridegroom; Mrs. J. Gibbons, of Toronto, grandmother of the bride; Mrs. Fox, of Toronto (aunt of the bride); Mrs. Wells, of Toronto, and Mrs. W. Gibbons.

After the ceremony guests and relatives returned to the home of the bride's parents where a buffet lunch was served. The house was prettily decorated with mums, and the bride's table, with a very beautiful bride cake, was trimmed in bridal fashion with pink roses.

The bride's mother received the guests, attired in a very beautiful gown of tropical blue transparent velvet, with accessories to match, and wore a corsage of Tullman roses.

Mrs. Fox, aunt of the bride, was gowned in amethyst velvet with hat and accessories to match.

Mrs. Singleton, aunt of the bride, who assisted the hostess, was gowned in wine-coloured chiffon.

Many beautiful gifts, too numerous to mention, were received by the happy pair, some from the children at Golden City school (where the bridegroom is principal) being noted.

The bridal couple will live in Golden City, in a new house built for them on the highway near the bridge, and the best wishes of all will go with them in their new venture.

The bride is one of our own town girls, who grew up among us, attended our schools, and has made for herself a host of friends among all classes.

We wish them both the best of luck in their voyage through life together.

Is This the Limit in the Worst of Chain Letters?

To the average thoughtful person the chain letter is always silly, or worse. A new one told about chain letters was in the "Chronicle News Bits" of The Huntington Gleaner last week. It was as follows:—

"A woman living in London is believed to have started the chain of 'kiss letters' which are now plaguing Vienna. Many men are receiving these letters daily. They are asked to send similar letters with a kiss within 48 hours to any young women they like. Here is a copy of one of these letters: 'This kiss-chain was started two years ago in London and must not be interrupted by you if you do not wish to challenge fate. Pass on this kiss, which is sent you by a young woman among your acquaintance, to ten girls you like, explaining to them that they each have to write similar letters to ten young men. Thus the whole of mankind shall kiss each other. World peace will, consequently, be a matter of course.'

All Should Observe the Two Minutes of Silence

Every proper feeling suggests the universal observance of the two minutes of silence on Armistice Day, Nov. 11th. It is a tribute to the dead—the brave and gallant dead—the dead who gave their lives for others. In this connection The Barrie Examiner last week had an editorial note that deserves more than just passing consideration. The Barrie Examiner says:—

"Speaking to the Kiwanis Club on Monday, Mr. Brynner said that the thing which impressed him most on Armistice Day in London, England, last year was the way the two minutes of silence was observed. The streets were all alive with noise and bustle but when the 11 o'clock gun sounded, there was an immediate cessation of traffic, drivers got out of their vehicles and stood with bared heads, a hush fell over the whole city and was unbroken during the period of silence. Unfortunately there has not been the same hushed silence in Barrie on these solemn annual occasions of remembrance. Nearly every year, motorists and truck drivers have been heard driving along, heedless of the solemnity of the time. Whether due to thoughtlessness or indifference, it is to be hoped this sort of thing will not be heard next Wednesday on Remembrance Day."

SALE - - LADIES' SHOES

Ladies' Shoes

Trim-looking ties and pumps in navy, brown and black. High or Cuban heels. Marked low for this week only.

Sale Price **1.95**

Blachford

Blachford Arch-Grip and Clinic Health Shoes in fine conservative models. Also very modish hand-turned pumps and straps. Values to \$8.50 and \$10.

Sale Price **3.95**

Opens Tuesday And Continues This Week Only

50 PAIRS PUMPS & TIES AMAZING VALUE

Smart styles in black and brown, high and Cuban heels, brown, high and Cuban heels, pers. All sizes.



\$1.59 pair

REED BLOCK Pine South Timmins

Better Shoes

Sturdy brogues and Gore pumps with lots of chic, in black or brown. Suede, kid and combination of the two. Special

Sale Price **2.79**

Overshoes

Seldom can you buy Overshoes at a reduced price. Here is a real opportunity. Just 50 pairs of Wool Jersey Overshoes, 2-dome style to clear at

Sale Price **1.79**

VOGUE SHOE SHOP

British Industries Fair for Next Year

Some Particulars of Events at London and Birmingham, England.

The Advance is indebted to His Majesty's Trade Commissioner, 67 Yonge Street, Toronto, Ont., for the following reference to the 1937 British Industries Fair to be held next year at London and Birmingham. These particulars will be of special interest to many readers of The Advance:—

Latest reports concerning the 1937 British Industries Fair, which will be held in London and Birmingham from February 15 to February 26, show that already six months before the fair, last year's figures for exhibiting space have been broken.

The Department of Overseas Trade announces that already no fewer than 1222 United Kingdom firms had applied for 568,930 square feet of exhibiting space in the sections of the fair to be held in London, whilst 290,000 square feet of space has already been applied for at Castle Bromwich, Birmingham, where the engineering and hardware section of the fair will be held. For the fair held this year 2458 exhibitors were allotted 823,111 square feet of exhibiting space.

Improvements at Olympia
The fair in London in 1937 will have the advantage of the new Earl's Court building which is claimed to be the largest and most thoroughly equipped building in the world; the sections of the fair to be housed at Olympia next year will benefit from the improvements which are being carried out there (at a cost of \$1,250,000).

New buildings at Olympia include a six-storeyed service garage to hold 650 cars. Alterations are being made in the Empire hall, which will add greatly to the convenience alike of exhibitors and buyers. Escalators to all floors will replace the central stairways and a glass roof of the most recent design is another of the many improvements. A covered way from the railway station to a new vestibule to the Addison Road entrance is being built.

Among the trade sections which will be accommodated at Olympia next year are fancy goods; pottery and glassware; stationery and printing; jewellery, silver and plate, etc.; leather and leather goods; toys and games; sports goods; chemicals and druggists' sundries, etc.

12 Acres of Floor Space
Novel opportunities for effective display are offered by the new Earl's Court exhibition building, where the textiles, furnishing fabrics and floor coverings, furniture and foodstuffs sections will be housed. Here also will be the official exhibits by the governments of the Dominions, India and the Colonies, which have hitherto been accommodated at Olympia. Earl's Court has 12 acres of floor space; of the ground floor's six and a half acres, two and a half are unbroken by pillars. There is room on the ground and first floors, even when they are occupied by exhibition stands, for 40,000 people to move about with ease.

The area allotted to the textiles section is equal to any previous textiles section of the fair. Lancashire textiles will be given every help and it is proposed to group their products in a special section. The fashion theatre, so popular a feature at the White City, is planned at Earl's Court where the corridors between the stands converge; it will be the centre of the textiles display. In design, lighting, and arrangement the fashion theatre will be equipped with every modern device to enable British fashions to be displayed to their fullest advantage.

Special facilities for rapid and direct transport are provided at the new Earl's Court. Six railway lines run to an unloading station under the building, and motor lorries can be raised bodily on giant lifts to the exhibition floors; in short, it will be possible to run direct from factory or warehouse to the display site. There are escalators at all entrances and good lifts distributed at convenient points. The building outside is circled by a roadway 50 feet wide.

Restaurant, accommodation, kitchen equipment, and car parking are all generously planned and incorporate the most modern features. Ventilation is designed to eliminate draughts and to secure a constant supply of fresh air at an even and comfortable temperature.

Birmingham's Progress
At Castle Bromwich, Birmingham, applications for indoor space have broken all previous records. A striking commentary on the development of the Engineering and Hardware section, which is organized by the Birmingham Chamber of Commerce in close collaboration with the Department of Overseas Trade, is given in the following figures:—The exhibiting area at Castle Bromwich in 1920, the year of the inception of this section of the fair, was 85,000 square feet, whereas this year nearly 290,000 square feet of exhibiting space was occupied, the frontage of the stands measuring more than 11 miles.

The improvement of the existing amenities at Castle Bromwich for exhibitors and buyers, for example, the dining rooms, buffets, exhibitors' guild, group car parks, and the road approaches are all to be considered.

News in the Exhibits
Press forms for the use of the Press Information Service which supplies news of the fair to the general and trade press, at home and abroad, are being issued to exhibitors. They are asked to give information on such new, improved or adapted products as are being marketed or exhibited for the first time; to give, where they can, details of any new design or new process illustrated in their goods, and to show where an article or its packing has been specially adapted to meet overseas needs.

Any challenge to foreign competition represented in the exhibit, details of general trends in design, and information concerning anything unusual in the winning of raw material are sought for the purpose of attracting public interest to a particular display and to the fair as a whole.

The British Industries fair of 1937 should be a real reflection of the United Kingdom's striking trade recovery.

Changes in Programme at Goldfields Theatre

There are some changes in the programme at the Goldfields theatre, as previously published. One of these is that "Charlie Chan's Secret," will be shown one day only—Wednesday of this week. On Thursday the picture will be "Song of Happiness," the Russian picture with English titles. This Russian picture is also for the one day only—Thursday. Next week there is another change. On Wednesday, Nov. 18th, the picture will be "Public Menace," for the one day only. On Thursday, Nov. 19th, the picture will be the French picture, "Sans Famille," for the one day only.

Toronto Mail and Empire:—There are people of such a hopeful nature that they are bitterly disappointed when they fail to hold a winning ticket in the Irish sweep.



That Body of Hours

By James W. Barton, M.D., Toronto

Eating More Than Three Meals a Day
As youngsters, returning from school at 3:30 or 4 o'clock in the afternoon it was our custom to eat a slice of bread and butter spread with brown sugar, if available, or white sugar otherwise. On this supply of "starchy" food we went out and played until the evening meal.

Were we ready and hungry for the evening meal despite this "extra food between meals?"

We were!
At a large university between the hours of 4 and 4:30 in the afternoon as many as 600 to 800 chocolate bars are sold every day.

Does this extra food interfere with the appetites of these students when the hour of the evening meal arrives?

It does not.
What happens is that this extra starchy food at mid afternoon gives the individual strength with which to play. As a matter of fact this much food—a chocolate bar, a banana, a slice of bread and butter with sugar—is really all used up in supplying the energy to play and the youngster or student does not feel weak or tired, but just naturally hungry when the evening meal time arrives. It is interesting therefore in reading "Diet and Physical Efficiency" written by Drs. Howard W. Haggard and Leon A. Greenberg, Yale University, of their experiments in giving food more frequently—five or six meals a day—instead of the regular three meals a day. They made tests on youngsters, college students, factory workers, and others and were able to prove that during the period immediately after eating the individual was able to perform more work—making shoes, riding a stationary bicycle or other work—than while the stomach was empty. They showed that the working was at its

lowest point immediately before breakfast.

These research workers believe "that the quantity and the quality of food have received a great deal of attention in recent years, but that the distribution of diet in time has not received the attention it deserves." They have been able to show that on the same amount of food the output of work of factory employees may be as much as ten per cent greater by the five meal a day method than by eating the usual three meals a day.

This is an object lesson to those who eat a very light breakfast and a very light lunch. Instead of waiting to eat a large meal in the evening a little "snack" at 11 a.m. and 4 p.m. should produce more working ability.

Are you bothered with colds three or four times a year? Have you ever stopped to consider the consequences? Send for Dr. Barton's illuminating booklet, THE COMMON COLD, the ailment that receives so little attention yet may be as dangerous as being attacked by a hungry lion? Ask for Booklet 104, enclosing ten cents to cover the cost of mailing. Be sure to give your name, full address, and mention the name of your newspaper. Other Dr. Barton booklets, EATING YOUR WAY TO HEALTH (101), WHY WORRY ABOUT YOUR HEART? (102) and NEUROSIAS (103) are also available at ten cents each. Address the Bell Library care of The Porcupine Advance, 247, West 47th Street, New York City, N.Y.

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ITALY HAS BRIGHT IDEA

(Detroit News)

A child psychologist tells a British league for peace it is barbarous to give military playthings to the impressionable child. Besides, Italy does it much better. At an age when the bambino would be playing with toy soldiers he is one.

North Bay Nugget:—With such names as McCool, Reynolds, Duff, Troy and Rankin enrolled in the Trapper executive, the "good old days" appear to be returning.

PAY DAY SPECIALS

SUGAR 10 lbs. for	59c	FRUIT CAKE 2 lbs. each	27c
SILVERWOOD MILK 2 tins for	17c	CORNED BEEF per tin	15c
RASPBERRY AND STRAWBERRY JAM in 32 oz. jars, each	29c	TOMATO JUICE Clark's 5 tins for	27c
SLICED PINEAPPLE, 2 tins for	25c	POTATOES per bag	1.89
RASPBERRIES 2 tins for	35c	BULK TEA per lb.	49c
PEACHES, 2 tins for	35c	LAUNDRY SOAP 10 bars for	29c
BISCUITS, Assorted 2 lbs. for	29c	COOKING ONIONS 10 lbs. for	29c

MEATS

T-BONE STEAK, per lb.	29c
SIRLOIN STEAK, per lb.	29c
BOILING FOWL, each	63c
BACON, BY WHOLE OR HALF, per lb.	27c
PORK CHOPS, per lb.	22c
16" BIRCH, per cord	\$3.50
16" MIXED WOOD, per cord	\$2.25

FRANK FELDMAN

110 Pine Street South Phone 130

We Wish to Express Our Sincere Thanks to the Schumacher Fire Dept. and others

Who helped fight the serious fire that destroyed our plant; mill last Friday morning.

Through their courageous efforts the spreading of the fire to other valuable buildings and stock was prevented.

Feldman Timber Co. Ltd.