

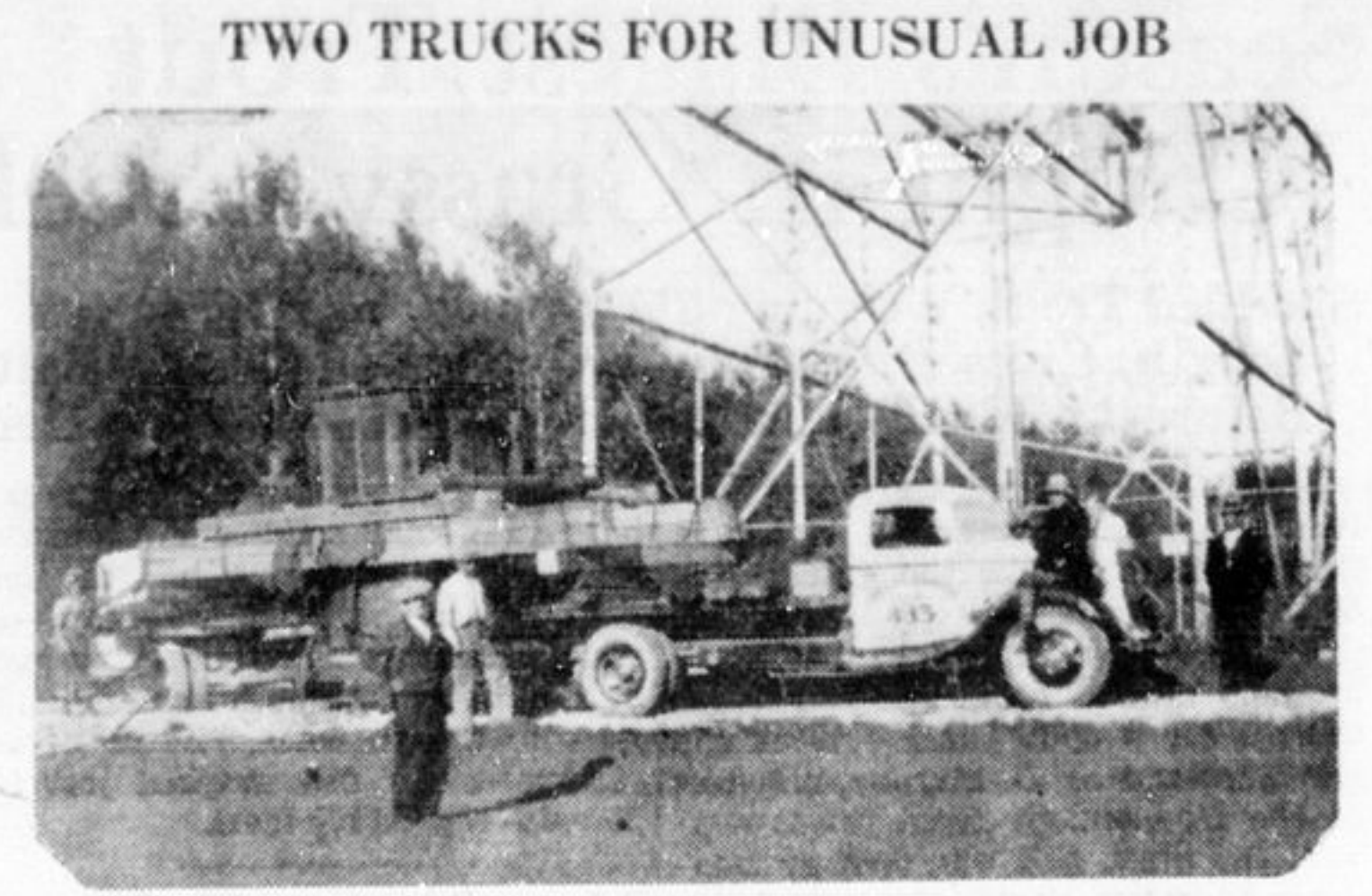
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TWO TRUCKS FOR UNUSUAL JOB

When the Town of Cochrane wanted this transformer moved a mile and a quarter recently, it made a real problem for the movers. This is the way the nine-ton piece of equipment was handled by Vansickle Transport of Timmins. The rigging shown between the two trucks above weighed three tons and the total length of the business was 42 feet.

When the Young Girl Entertains Friends

Helpful Hints for the Parties for the Girls of the Family.

(By Barbara B. Brooks)

No little girl can begin to entertain too early. Being a charming hostess may be born in some of us, but most people have to practice a bit before they entertain gracefully. Mothers should start the social training of their girls by letting them invite their friends in often for tea or light refreshments on the lawn during the long summer afternoons.

It is important that these affairs be kept informal. Children may so easily become constrained if there are too many elders around or if everything is too party-ish. They should learn to look on parties as a time when they can be naturally gay with congenial people rather than as stiff, ceremonial occasions.

If her daughter is under ten, probably mother should plan and serve the refreshments. This insures their success. But if the young lady is in her teens it will be fun for her to do her own planning, with a little help on the serving. Nothing elaborate should ever be attempted, for that will take the pleasure out of it for the young hostess. She mustn't be made to feel that this is anything more difficult than the many times she and Judy have eaten fresh rhubarb from the garden, or borrowed apples from mother's kitchen to take on their private picnics in a vacant lot. The entire spirit of a young girl's entertaining should be one of impromptu hospitality. If this carries over into her grown-up entertaining, she will be a lucky girl and that rare person, a good hostess.

A suitable menu for these afternoon get-togethers is given below. It is simple and very dainty, and reflects the coolness of a terraced garden. Serve it buffet or plate style.

- Radiash Roses
- Ripe Olives
- Sandwiches of Cream Cheese on All-Bran Apricot Bread
- Cucumber Sandwiches
- Chilled Assorted Melon Balls with Mint Sprigs
- Iced Tea Punch or Orange Juice
- All Bran Apricot Bread
- 1 cup chopped dried apricots.
- 1 1/2 cups sour milk or buttermilk
- 3 tablespoons shortening
- 1/2 cup sugar
- 1 egg.
- 1 1/2 cups all-bran
- 2 cups flour
- 2 teaspoons baking powder
- 1/2 teaspoon soda
- 1/2 teaspoon salt
- 1/4 teaspoon nutmeg
- 1/2 cup chopped nut meats.
- Soak chopped apricots in milk about 15 minutes. Cream shortening and sugar thoroughly; add egg, beat until creamy. All add bran, apricots and milk. Let soak until most of moisture is taken up. Sift flour with baking powder, soda, salt and nutmeg; combine with nut meats; add to first mixture, stirring only until flour disappears. Bake in greased loaf pan with waxed paper in the bottom, in moderate oven (350 degrees F.) about 1 hour and 10 minutes. Yield: 1 loaf 4 1/2 x 9 1/4 ins.

Tea Punch

1 cup sugar
6 whole cloves
1/4 teaspoon cinnamon
3 cups water
1 cup orange pekoe tea
1 No. 2 can pineapple juice
1 1/2 cups orange juice
3/4 cup lemon juice
3 cups water or ginger ale
Simmer sugar, spices and 3 cups water together for 3 minutes. Strain and add the tea. Chill and add fruit juices and water or ginger ale. Garnish with a thin slice of orange and a fresh or Maraschino cherry. Serves 12.

Olympic Finishes Decided by Camera

By Shaks

One thing they never did find out about the original Olympic games was how they decided who won the races. There must have been close races in those days of sport just as there are at modern Olympics. Probably they just ran another heat to break what appeared to be tied races.

But modern inventive genius has solved that difficulty too. There is now no such thing as a dead heat. Just as electric timing devices have made it possible to record hundredths of seconds in the dashes, so has the camera method of recording race finishes ruled out the old dead heat.

First used in the United States, the camera idea has been much improved by the Germans, until it reached a point at this year's Olympic games never attained before. At Berlin, it was possible to see a race on the screen just five minutes after the finish. Slow motion makes the racers glide along. A fraction of an inch between runners can be seen clearly for the German cameras are really artificial eyes.

Like the movies at the Palace recently in which a train appeared to rush out of the screen, so do the films of Olympic games appear. Two lenses look at the race while it is being run. When the films are combined and special spectacles worn, the left eye sees what the left camera took while the right eye sees what the right camera took. To give that illusion of third dimension on the screen. Thus there can be no mistake about seeing the race exactly as it occurred.

The camera was used more than once at Berlin and results announced by eye-witnesses had to be altered. There could be no kick when a runner himself could see that inch or so behind an opponent he probably believed he had beaten.

And speaking of high-speed photography, the New York Times recently reproduced a photo taken with an exposure of one-one hundred thousandth of a second! It showed humming birds clustered around a dish of honey. Their wings, beating at the rate of 60 times every second, appeared motionless! It was the first time anyone ever "saw" how a humming bird's wings actually are while it was hovering.

Savannah Morning News.—After they get through revising the League of Nations, its nice buildings will come in handy for the Lake Geneva Yacht Club.

The Canadian Legion in the Porcupine

By One Interested in their Welfare

The popularity of this column has been fully proven during the past few weeks. Your correspondent has been besieged with post cards and letters from those on the pilgrimage and I am giving interesting pieces from each for the benefit of my readers. Among those from whom communications were received were—Comrades S. Tiley, Jack Farrar, Fr. O'Gorman, Comrade Dcwise and another old friend of mine, (wishing I was with him at Vimy, again). The members at the club and myself take this means of expressing our thanks for these little reminders of France. One of the best received was from our old friend Comrade Dcwise. The letter is more or less of a diary, and gives information which several have asked about.

The Completed Trip

To clip the letter from Comrade Dcwise would only spoil its fine style. So for this week The Advance will let him be the correspondent. Here is the diary of "My Trip to Vimy"—

Our train from Timmins, etc., was nearly two hours late at Montreal. In fact, we drew in at the time the ship was due to sail.

However, they waited for us and I do not think anybody missed the boat.

The two C.P.R. ships pulled out first and we kept her in sight all across the Atlantic.

There were 1035 passengers on board the Ascania according to the printed list but I think there were more on board than this.

We had a great reception passing Quebec saluting guns from the old fort and fireworks and the Falls of Montmorency illuminated. Also a steamer with a band on board came alongside and played us the old Legion songs.

The Comand treated us very well and we had practically the run of the ship, only a small portion being reserved for the cabin passengers.

"Cook's" representatives were on board and they were surely busy men.

The Legion served out berets and about Monday they began their call over and the supply of detailed information from each party leader. A small badge to both men and women was handed out and a card divided into sections, each representing a night's lodging, a meal, a bus drive, etc.

We were warned about the correct length of our medal ribbons and ladies on board were in great request to make the necessary alterations.

The sea was wonderfully quiet and only one day a little spray wetted our decks forward and aft.

The last day the ship slowed down somewhat and did not enter Havre until the early morning of July 25th.

An amusing and interesting feature

of the train journey occurred at Arras where we drew up, and while waiting, the Antwerp crowd drew up on the same platform; the huge crowd of Canadians mingled with much hand-shaking, etc.

There were 32 motor omnibuses waiting for us at Lille and we divided into two parties, one taking the Battlefields drive and the other the war billeting areas. The writer was in the first party and we went direct to Ypres, entering through the Lille gate which is just as we saw it, but it is a pity they allow the historic walls to be defaced by election posters.

Try them together.

NATURE'S MOST PERFECT Cereal AND CANADA'S CHOICEST Fruit

ENJOY crisp, golden-brown Shredded Wheat tomorrow morning—with sun-ripened, luscious peaches—swimming in rich, wholesome milk or cream. Shredded Wheat is 100% whole wheat—nothing added—nothing taken away. It helps give you energy and vitality... keeps you on your toes. Because it supplies Nature's vital food essentials. Order Shredded Wheat and peaches for breakfast.

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.
Niagara Falls, Canada

12 big biscuits in every box

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I cannot close this feature without extending sincere sympathy to the relatives and friends of our popular comrade "Jim" Bown, who died last week. He was always willing in all work for the branch and had maintained a very close touch in all activities. Jim will be much missed by his fellow comrades. His motto, like the organization's was "Service." He gave his freely and generously.

—W. A. Devine, Box 1428

THIS MUST SURELY BE THE FAMOUS HALF-AND-HALF, EH?

Have you heard about the English Shakespearean actor who condescended to ask for an extra film part as a full-blooded Indian at \$60 a week? The director said he would give \$30, which the actor indignantly spurned. But the pangs of hunger were strong, and he saved the day thus:

"Very well, I'll take the part at \$30. But I'll only act as a half breed!"

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Irene Dunne and Allen Jones in
"Show Boat"

MONDAY & TUESDAY, AUG. 24-25
William Powell and Rosalind Russell in
"Rendezvous"

WEDNES. & THURSDAY, AUG. 26-27
Nino Martini and Genevieve Tobin in
"Here's to Romance"

FRIDAY & SATURDAY, AUG. 28-29
James Cagney and Pat O'Brien in
"Ceiling Zero"

Goldfields

MIDNIGHT SHOW Every Sunday at 12.01 (midnight)

THURSDAY, AUGUST 20th
Warner Oland and Irene Hervey in
"Charlie Chan in Shanghai"

FRIDAY & SATURDAY, AUG. 21-22
Helen Broderick and Hugh Herbert in
"To Beat the Band"

MONDAY & TUESDAY, AUG. 24-25
Dick Foran in
"Treachery Rides the Range"

WEDNES. & THURSDAY, AUG. 26-27
Jimmy Allen and Katherine DeMille in
"Sky Parade"

FRIDAY & SATURDAY, AUG. 28-29
Rochelle Hudson and Paul Kelly in
"The Country Beyond"

OUSTED FROM CONVENT, NUNS DEMONSTRATE LOYALTY TO SPANISH PEOPLE



SPANISH NUNS, OUSTED FROM CONVENT, GIVE SALUTE OF LOYALTY TO GOVERNMENT

Although ousted from their convent and placed under guard, this group of nuns, wearing civilian clothes, demonstrate their loyalty to the Popular in Madrid.