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CANADA DRY

"The Champagne of Ginger Ales"
in handy home packages

Interesting Chapter on
Fruits of the Tropics

Some Thoughts Brought Forward by a Boat Trip to the West Indies and Points West. Edith M. Barber, Culinary Expert, Writes on Tropical Fruits.



(By EDITH M. BARBER)
Those of us who have journeyed back and forth between American and European ports have taken for granted as our right the variety of foods which appear daily on the menu. On my recent trip, however, to the West Indies, I was probably more impressed because of the fact that this is the scene which first burst upon that daring little group of adventurers who found the other half of the world.

As we passed Santa Domingo, where Columbus and his crew first set foot upon the soil of the New World, I was thoroughly enjoying the tropical fruits, some of them new to me. What they must have meant to those voyagers af-

ter their diet of salt meat, moldy biscuits and brackish water! As we rocked lightly on the Caribbean and—some of us—complained of rough weather while lying in deck chairs, I thought of how those cockleshells of the fifteen hundreds must have rolled in the trade winds.

On the boat, we had our choice among the strawberries, raspberries, blackberries, blueberries, apples, pears, and cantaloupe of the temperate zone and of the juicy pineapple, the spicy mangoes, the meaty avocados and the bland papaya of the tropics. Later on I shall have more to tell you in regard to the variety of the other fruits which are to be found in the tropics.

The meats and vegetables on the boat table are as varied as are to be found at any large hotel. The same is true of the fish. You may adventure, if that word can legitimately be used to-day, amidst all the comforts of home.

Papaya Cocktail
24 papaya or melon balls
1 cup well seasoned tomato cocktail sauce
6 sprigs mint
Arrange chilled papaya or melon balls in cocktail glasses, cover with sauce and garnish with sprigs of mint.
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Perth Courier:—At the age of four and a half years the average child has a vocabulary of 2,000 words. The permutations and combinations of questions a child can ask with these words is infinite.

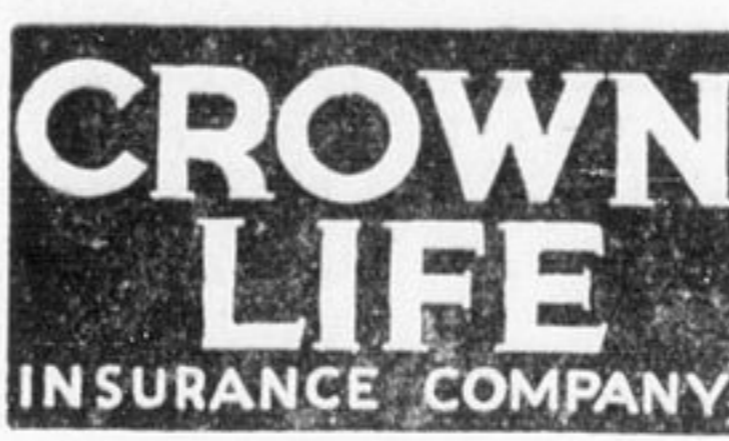
Another Film Being Made of the Dionnes

Present One to Show Summer Scenes in Contrast to Winter Ones in "Country Doctor."

Another motion picture is being made at present of the quintuplets. The cast is much the same as in "The Country Doctor," the film that was by many considered as a gross misrepresentation of Canada and conditions in this country. This new film, however, is to be filmed altogether in summer scenes, while "The Country Doctor" was made amid winter scenes. The new picture, like the other one, is being filmed by 20th Century Fox Films Corporation. There are 32 in the Hollywood party now at Corbell for the work of filming. The production is being directed by Norman Taurog. The new film is to be called "Reunion," but the plot of the picture is being kept a close secret. Jean Hersholt, Dorothy Peterson, Rochelle Hudson, Robert Kent and Slim Summerville are among those in the new cast, as is also John Qualen, who took the part of the father in "The Country Doctor." In the new picture, as in the first one, scenes showing the famous five Dionne girls will be a special feature of the film.



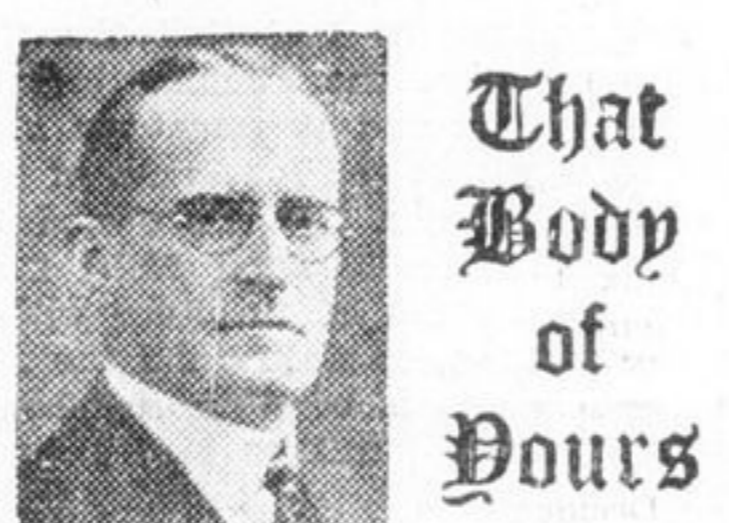
Growing needs of a growing family are best protected by a Crown Life Family Income Benefit



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"Small sections of the present road are fine but these few sections are short; each one encourages a motorist to accelerate up to 35 miles an hour and over that for a few miles; then it is screaming brakes and a bumping and jostling at 10 miles an hour or less over accumulation of holes, ruts and ridges until the inevitable happens; springs snap, rear ends of cars operate under strains they never were intended to bear and the first garage reached has a new customer who must wait until those ahead of him have been attended to."

"The cry from the North for one good trunk road is more than justified; but there should be as strong a cry from points south, east and west of North Bay; people living east, south and west of North Bay have just as much interest in seeing a good road from North Bay into the northland, but they're certainly not very articulate about it."



By James W. Barton, M.D., Toronto

Making Sure that the Hearing Aid Will be Satisfactory.

The sympathy of everybody goes out to the blind and rightly so, and no one objects to tag days, to taxes or other needed expenditures for the comfort of those deprived of sight.

Many thoughtful people in all countries are likewise giving thought to the needs of the deaf, or the "hard of hearing" as this condition is now perhaps more correctly named.

This in Great Britain there is the Committee of the National Institute for the Deaf, 105 Gower Street, London, W.C., 1, and in the United States the National Society for the Hard of Hearing, Grand Central building, New York City; both organizations are putting forth every effort not only to bring an increased degree of hearing to the deaf, or partly deaf, but are trying to protect them from buying hearing aids that are unsuitable for their particular "orn or degree of deafness."

In The Practitioner, Dr. Phyllis M. Tooke Kerridge states that the following advice might be given to a patient going to see a dealer to try a hearing aid:—

1. Take a friend with you and listen to a voice you know as well as to the voice of the demonstrator.
2. Move about with the instrument on.
3. Switch the battery on—if it is an electrical aid—and listen when nobody is speaking, both when you are sitting down and moving.
4. Try more than one make of the type of instrument you like best.
5. See that the ear-piece fits really comfortably. They can easily be adjusted to suit your requirements.
6. Try a large ear-piece as well as a small one.
7. Insist on a home trial without obligation to purchase.
8. When at home listen to general as well as individual conversation.
9. See how long the battery (if the battery type) lasts and calculate the cost of upkeep.
10. Do not wear a new instrument for too long at first. You will probably make your ears tired, and therefore seem more deaf.
11. If, after trial of an instrument, you can hear satisfactorily with it and procure one, and afterwards are not able to hear with it or there seem to be unusual noises present, do not conclude you are getting deaf or that the instrument is no good. Send it to be overhauled. A simple repair or a new part is probably all that is necessary."

Of course if the hearing aid is being used for a trial for any length of time it would be only fair to pay the dealer a small rental if no purchase is made.

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Toronto Telegram:—Many a going concern is going in the wrong direction.

Poison Ivy Plant is Menace for Campers

How to Recognize Poison Ivy and How to Treat the Poisoning.

During the summer months a large number of people suffer from poison ivy infection. Some people are particularly subject to this poisoning. When trips to the bush, camping, etc., are at their height the danger from poison ivy is very noticeable. There are cases of it in the North, as well as in the South. The prevalence of the pest this year has prompted the Ontario Industrial Accident Prevention Association to give the matter special study. The association is also this year paying considerable attention to the menace of automobile accidents, the danger of drowning accidents, and other risks apart from the usual industrial accidents. The Industrial Accident Prevention Association has issued the following bulletin on poison ivy.

How to Recognize it
Poison ivy is a plant of low bushy growth usually, but sometimes trailing in the leaf mould, and occasionally climbing up fences and to quite a height on trees. Among the more constant characters by which it may be known are its leaves, which are arranged in threes after the manner of those of the strawberry, but unlike them, are quite smooth and firm to leathery, with the edges sparingly coarse-toothed. In these respects they are somewhat like the leaves of Virginia creeper, which are however, borne in fives. Early in the summer inconspicuous clusters of small white flowers arise from the axils of the leaf, and are followed, on some plants, by round whitish fruits about the size of a pea, fleshy at first, but later firm and dry, in which condition they may be seen all through the following winter.

How to Treat the Poisoning
The treatment most widely recommended is to dab the affected parts with a 3 per cent. solution of potassium permanganate. The stain left by this solution disappears after a time or may be removed slowly by soap and water. Once the infection has appeared all rubbing should be avoided, and care taken to localize infection by painting iodine around the edges of sores, and by using compresses soaked in a solution of some cooling substance (baking soda, boracic acid solution, etc.). Avoid dusting dry baking powder or boracic acid on oozing sores, as they seal them over with a hard crust, thus aggravating conditions, while frequent exposure to air relieves them. Your druggist will supply any of these solutions. In serious cases a doctor should be called.

Northern Roads Need Much More than 'Trying Courtesy'

In an editorial article last week The Halleyburian made reference to the condition of the roads of the North, joining this reference with a comment on the campaign of the Ontario Department of Highways which has been featuring courtesy among drivers as a remedy for the increasing number of motor accidents. As The Halleyburian points out something more than courtesy is needed in regard to Northern roads. The article in The Halleyburian says:

"Although the 'Try Courtesy' campaign of the Department of Highways is to be highly commended as leading to an improvement in motor transportation, something more than courtesy is needed on Northern highways before driving a car will be either a pleasure or a safe means of getting from one point to another. Not since the building of the Ferguson Highway have motorists had such just reason for complaint as this summer. The whole stretch has been practically left without attention and as a consequence is rapidly becoming something like the old corduroy roadways in the province. Not only is the 'washboard' condition getting worse and worse, but the roadbed is getting cut up into 'pitch holes' in many places, making driving a continual risk to life and limb, to say nothing of wear and tear on the machinery."

"To the layman it would appear that the authorities are being 'penny wise and pound foolish,' as there can be no doubt that the longer the roads are allowed to go without attention, the greater the cost of eventually repairing them. That they must sometime be brought into something like a satisfactory condition goes without saying. In this age of motor transport—the North Country, which produces such a great proportion of the wealth of the province, cannot be left to its own devices entirely. Vast sums are paid in license fees and gas taxes, apparently far out of proportion to the amounts returned in road improvements, and while we have no faith in any talk of secession from the older part of Ontario, it surely looks as though the North Country could be forced, for its own protection, to take some measures to remedy the present conditions."

STEEPLEJACK FALLS 140 FEET BUT PRACTICALLY UNINJURED

Huntingdon Gleamer:—While painting the steeple on the top of the 'Hall of Justice' in Los Angeles, Charles England, steeplejack, fell 140 feet before he saved himself by grabbing a rope. He was back on the job again next day, but due for more misfortunes. Carrying an acetylene torch, he set his trousers afire and had some busy moments putting out the blaze. Not long after that, a pulley fell, hitting him on the head. All such mishaps are regular incidents in the life of a steeplejack, he claims. The most extraordinary happening in his career was when a woodpecker lit on his shoulder while he was painting a steeple and began a tattoo on his head.

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I NOTICE THE DIFFERENCE TOO HONEY—NOW MY SHIRTS ARE REALLY WHITE!

PRINCESS PURE SOAP FLAKES

BE BEAUTIFUL
By **ELSIE PIERCE**
FAMOUS BEAUTY EXPERT

Iceed Tonic Spray Makes Delightful Summer Facial

To look rested and refreshed through the hot summer months spray with iceed tonic. HELEN WOOD poses in an attractive negligee after the prescribed afternoon nap.

The modern trend is definitely the tonic over the gauze. Then run an ice cube over the gauze, over the eye-brow facial. Still, it is only feminine pads and under the chin. Lie down in a darkened room. If you don't fall asleep repeat the ice rub and tonic spray a few times; but the chances are you'll doze off before long and when you awake you'll find your skin and your eyes the fresher and clearer.

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Child Health Conference at Schumacher, Aug. 21st

The Child Health Conference will be held in the basement of the Public School, Schumacher, on Friday, August 21st, from 3 to 5 p.m. Mothers with their babies and pre-school age children are invited to attend.

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