

## Fruits and Vegetables Taking Place of Tonics

In Other Words Sulphur and Molasses and Other Old Reliable Medicines, Including Sassafras and Camomile Tea are Being Supplanted and Menus Shaped to Meet the Needs.



(By Edith M. Barber)

Spring days once upon a time demanded spring tonics. Sulphur and molasses, sassafras and camomile tea, rhubarb and soda were among the usual doses. Perhaps they were necessary in a day when fresh fruits and vegetables were unknown during the long winter.

To-day we have less need for spring tonics, but at the same time a real craving for refreshing fruits. Rhubarb, although I suppose technically a vegetable, is used as a fruit. Its flavour is full of tang and its lovely colour tempts us.

Rhubarb takes such a short time to cook that it makes a practical dessert for a quick meal. Enough may be cooked at one time for this purpose and for serving for breakfast a day or so later. The cooked sauce may also be used for shortcakes or brown Betty and as a filling for tart shells. Rhubarb tapioca is a dessert which the family will probably like. It can be used as a foundation for a fruit compote with sliced oranges, diced pineapple or sweet cherries.

Just a word about preparing rhubarb. The tender, young stalks, which are always to be found in the market, should not be scalded or drained before cooking. This method may apply to the old-fashioned pie plant in the latter part of the season, when the stalks on the garden plants are thick and full of acid. For the young rhubarb, which is

at its best just now, simply cut the stalks into one-inch pieces, put them into a double boiler or a baking dish, add sugar, about one-fourth as much sugar as you have fruit, cover and let cook until tender. No water will be needed, and the colour will be even more intense than it is in the raw fruit.

**Fresh Rhubarb Refrigerator Cake**  
1 1/2 cups sweetened condensed milk  
1/4 cup lemon juice  
1 cup unsweetened stewed fresh rhubarb  
24 vanilla wafers

Blend together sweetened condensed milk and lemon juice. Add prepared fruit. Line narrow oblong pan or spring-form cake pan with wax paper. Cover with fruit mixture. Add layer of wafers, alternating in this way until fruit mixture is used, finishing with layer of wafers. Let stand in refrigerator for six hours or more. To serve, turn out on small platters and carefully remove wax paper. Cut in slices and serve plain. Serves eight.

**Quick Meal**

Scalloped Crab Meat  
Baked Potatoes  
Carrots With Lemon Butter  
Cucumber Salad Stewed Rhubarb  
Coffee

**Method of Preparation**

Light oven  
Scrub potatoes and bake  
Scrub carrots, slice and cook  
Prepare rhubarb and cook  
Prepare sauce for crabmeat, mix and bake  
Make salad  
Make coffee  
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### Facial Treatments Being Given at Burke's Drug Store

Miss R. S. Gillies, special Vita Ray representative, is at Burke's main drug store, and will continue there all through the week. She is demonstrating the Vita-Ray beauty aids. A limited number of complimentary facials will be given to customers. Any ladies interested would do well to phone 7 for appointment.

Providence News:—There's no need this year for politicians to set out to stump the country—it's already stumped.

## BE BEAUTIFUL

By ELSIE PIERCE  
FAMOUS BEAUTY EXPERT



It is the daily beauty care, night and morning, that will keep one's skin soft and smooth and chin line as firm and molded as the lovely MARY BOLAND'S

CLEAR CUT CONTOUR AND SOFT SKIN BEAUTY ATTRIBUTES WORTH STRIVING FOR.

Irene Rich has become an ideal of the modern mature woman of America. Certainly she has given us a newer, saner standard, worth working for. I saw her in Hollywood a few years ago and more recently saw a picture of her with her two lovely daughters. It would be exaggeration to say that they look like triplets. They don't. But it isn't exaggerating one bit to say that the Mother becomes more charming year by year.

She puts tolerance and good naturedness on top of the list of requisites of a truly lovely woman. In fact, she says after that not much matters. And these qualities are certainly written in her face. There's an alive quality in her face, too. Her eyes always sparkle with interest and her face always wears a subtle smile.

She has managed to keep a "figure" that the majority of young ones might

well envy. Just enough rounded curve. No suggestion of scrawiness, however. But more than her figure, it seems to me her skin and contour are establishing new standards of beauty for the woman who frankly, and proudly, admits to forty.

**In Profile**

Few middle-aged women can stand the profile test for it shows up any contour imperfections quite sadly. The picture I referred to above shows Irene Rich and her two daughters in profile. And in that respect they are literally "sisters under the skin." Her facial outline has preserved all its clear-cut, youthful outline. No sign of sagging or wrinkles or hollows.

**Not Difficult**

Keeping the skin soft, silky, fine-textured with that alive youthful quality that poets refer to as "bloom" is not really a difficult task. It is rather a daily task. And that goes double for keeping the contour firm, the chin single. One has to begin building for beauty from within. Eat well, sleep well, drink enough water, take some outdoor exercise, keep the body functioning properly. Sound health is the best beauty insurance. From that, one should begin when one is about 20 or 25, no more, to give the skin a daily creaming to keep it soft and lubricated lest wrinkles form prematurely. Add to that a toning treatment with skin tonic or astringent, an occasional tie-up and a few chin and neck exercises. That is all. Now isn't it simple?

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### Youngsters to Hold Bazaar for Charity on June 6th

A group of young girls under the name of the Busy Bees Girls' Club are holding a bazaar on Saturday, June 6th, from 2 to 6 p.m., at 101 Kirby avenue, Timmins. The proceeds of the event to be given to charity. In previous years these girls, on their own initiative, presented somewhat similar events, and made money that was given to worthy charity. Home-made food, hand-made articles, toys, etc., chiefly the work of the girls themselves, will be on sale at the bazaar. Youngsters will be delighted with this junior bazaar and older people will no doubt also be interested in the pleasing event.

### Some Further Samples of Amusing Slips and Errors

(From "The World's Best Jokes," by Lewis Copeland)  
Bigotry is having two wives at one time.  
The chief cause of divorce is marriage.  
The principal parts of the eye are the nose and the beam.  
The hardships of the Puritans were what they came over in.  
The American Government finally decided to put all the Indians in reservoirs.  
Woman is the animal which possesses the greatest attachment for man.  
In order to keep milk from turning sour it should be kept in the cow.  
The single tax is a tax on bachelors. The Moratorium is the largest ocean liner.  
The only article of clothing worn by Ghandi is the sariolin.  
An omelet is a charm worn around the neck in India.  
Fiction are books which are fixed on the shelves and cannot be removed.  
Chicago is almost at the bottom of Lake Michigan.  
Golcondas are boats on the canals of Venus.  
A planet is a body of earth entirely surrounded by sky.  
A psychiatrist is a doctor with mental disorders.  
A millennium is an insect with many more legs than a centennial.  
Toronto Globe:—Mussolini plans to take a census of Ethiopians. Sounds as if some Italians would get jobs for life.

## Costumes Come from Mexico for Recital

Also Real Dutch Shoes from Holland for Children's Dress Ball by Pupils of Margaret Easton.

One of the special features of the dance recital and children's dress ball in the Masonic hall, Timmins, on Thursday and Friday evenings, June 11th and 12th, and Saturday afternoon matinee by special request, will be the very attractive Mexican dance by two of the young pupils of Miss Margaret Easton. These youngsters will have real Mexican costumes for the dance. The costumes are not only Mexican in style and detail but were actually made in Mexico and sent here for the occasion of the dress ball.

Costumes, by the way, will again be a special feature of the annual dance recital and children's dress ball by the pupils of Miss Margaret Easton. There will be Scottish costumes, Spanish costumes, Dutch costumes, and other national costumes, while the fancy costumes for specialty dances also promise to be alone worth the price of admission. The Dutch shoes for the dances have been brought all the way from Holland, because they are perfect for the purpose.

Last year the Scottish costumes attracted much favourable comment and this year they will be equally attractive. Last year pipers of the Porcupine District Pipe Band added to the delight of the recital by their pipe music. This year the pipers will actually play for the Scottish dances, the pupils being trained to do their Highland numbers to the strains of the pipes. Mrs. Dr. Boutin will play the piano accompaniments for a majority of the dances, while Paddy Quinn will supply the music for the tap dance selections.

Two special features about the recital and dress ball may be noted here: Comedy dancing will be one outstanding feature, one little lady being unusually clever in this line; the other extra special is a "Mickey Mouse Parade," and this is sure to be a particularly popular number.

Tickets are now on sale for the event and may be secured from Miss Easton or her pupils.

### Scholarship Offer by Toronto Broker

Will be Open to Northern Ontario Students. Value of Scholarship is \$400.

Last week The Advance made brief reference to a new scholarship for students in the North. After the article appearing last Thursday in The Advance was printed, further particulars were received, and accordingly the accompanying summary is given here-with, as the generous award is of particular interest to the North:—

The Hon. Dr. L. J. Simpson, Minister of Education, has announced the establishment of a new scholarship in the School of Practical Science, University of Toronto, as the result of a gift made by H. R. Bain, of the local firm of Bain, Fuller & Company.

The scholarship, which will be awarded each year for a period of five years, is of the annual value of \$400, represented by a payment in cash of \$200, and the remission of fees in the Faculty of Applied Science to the extent of a similar amount.

It will be tenable for a period of one year, and will be awarded to the candidate prepared in a secondary school of the districts of Northern Ontario who has obtained the highest standing in the nine papers of honor matriculation required for the admission to the Faculty of Applied Science.

The Minister expressed warm appreciation on the part of both the department and the university of the generosity of Mr. Bain in making possible the establishment of this scholarship. Dr. Simpson also expressed the hope that Mr. Bain's contribution might make it possible for students of Northern Ontario to obtain training as engineers who otherwise might be deprived of that opportunity.

### Cochrane Protests the Amalgamation of Terminals

The Cochrane Northland Post last week has the following:—"Vigorous protests against the rumored amalgamation of the T. & N. O. Terminal facilities with those of the C.N.R. here in Cochrane will be forwarded by the town council and the board of trade, as a result of a meeting held here on Thursday. The meeting, which was a joint gathering of the town council and the council of the board of trade, after discussing the various aspects of the rumored move, decided to ask both bodies to individually forward protests in regard thereto. It was the consensus of opinion at the meeting that the town of Cochrane had reasonable grounds for protest in view of the fact that various financial obligations had been assumed by the municipality in order to provide necessary services, such as roads, schools, sidewalks, water, sewage, etc., for the use of those employees who would, by the amalgamation move be either transferred from town or else to go on relief. In view of the number who would probably be affected by such an amalgamation, it was felt that the protests could not be too strong as it would prove, if carried out as rumored, a very serious blow to the town.

Toronto Star:—With the season of maximum traffic at hand, the time has come to emphasize once more the folly of taking a drink before a drive or, to put it another way, taking a drive after a drink. The safe way to take a drive after a drink is to call a taxi.

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## The Household by Lydia Le Baron Walker

SOMETHING NEW IN EVENING BAGS AND HOW TO MAKE THEM



The completed bag is held in the hands of the woman in evening dress. Around this you will find diagrams that are also directions for making the bag.

A smart novelty in evening handbags, and one which has an appeal for every woman who sews, because she can fashion it herself, is the bag with ruffled corded edge. By consulting the illustration you will see the bag in its completed perfection, and also pattern diagrams and dimensions to simplify the making. The bag that the woman in the interesting evening gown is holding, is made from sections shown at the upper left and across the lower part of the picture. There are two views of the bag which are marked "top" and "end" which illustrate the way these appear.

#### Materials

When making the "bag use delicate silk or satin for the outside. The inside should be white silk. The colours in these novelty bags are in pastel tones, such as pale blue, pink, orchid, green, etc. It adds a note of unity to a costume when the bag is in the same colour as the evening dress. The tint may be lighter but it is not to be of a different hue. For instance, if the frock is of greenish blue, the bag must be also, or it can be white throughout.

#### Fastenings

Zipper fastenings are used; but, if these are not available, strap and snap fastenings can be made as substitutes. Or, cord loop buttonholes and buttons, covered with the material of the outside, may be used. Round crystal buttons are also suggested, either in clear glass or glass tinted to the same tone as the bag material. The advantage of zipper fastenings, apart from their pronounced fashion, is that they secure the opening so absolutely that contents of the bag cannot slip out.

#### Working Directions

The size of the outside when 14 inches by 10 is good, although larger bags can be made if preferred. This makes a bag ten inches wide and seven inches deep when the completed section is folded through the centre (along dotted lines). A strip of the silk or satin three inches or three and one-half inches wide is slightly gathered over a soft heavy cord, which comes for covering, or a roll of cotton batting or wadding can be used instead of the cord. This is put between the wadded back and front of the bag. Make the side and top portion either in one piece as pictured, or in three pieces, one straight section with zipper fastenings down lengthwise centre, and two triangular end pieces. Seam straight ends of triangles to ends of strip fitted with fastenings. Position

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