



# Red Horner

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## There's No 'Bad Luck' in Cake Making and Baking

It's all a Matter of Knowing How, Says Noted Food Expert. A Good Way to Test Cake Batter. A Standard Cake Recipe. Boiled Frostings.



(By EDITH M. BARBER)

Have you ever heard a woman sigh, "Oh dear, I have had bad luck with my cake today?" I always feel sorry for a woman who makes that kind of a remark because I know what good materials have probably gone into the cake and how much time she has spent for nothing. I also know that she need not have had "bad luck" because there is really no such thing in cake making and baking. It is all in knowing how.

Here are a few of the "hows": Use cake or pastry flour when possible. In case bread flour is used the mixture may be slightly thicker and may need a little extra liquid. Sift flour before measuring.

Cream the butter and sugar thoroughly to make the texture of the cake fine.

As eggs differ in size and as flour differs in power to take up liquid it is not possible for a recipe to be absolutely accurate so far as liquid is concerned.

It may be necessary to add more liquid to make a batter the proper thickness. To test a cake-batter for thickness: If the batter breaks at the edge of the spoon when held above the bowl it is too thick. If it runs all the way down without breaking it is too thin. If it breaks half-way between the spoon and the bowl it is just the right thickness. If yolks and whites of eggs are beaten separately, the texture of the cake will be light. If they are beaten together, the texture will be closer, but the cake will keep moist longer. If only the whites of the eggs are used, the cake will be fluffy and delicate. If only the yolks are used, the cake will be rich and moist.

Although the use of generous quantities of butter and eggs produces a rich cake with good keeping qualities, the amounts may be lessened if the cake is to be eaten at once.

Divide the time for baking into three parts. First part: The mixture should rise. Second part: The mixture should finish rising and begin to brown. Third part: The mixture should finish browning and shrink from the sides of the pan. To test for a thorough cooking, touch the centre lightly with the finger, and if the crust does not recede back from the oven and "listen." When completely done there will be no ringing sound which is characteristic of a baking mixture. If it is not done, it may be returned to the oven at once and left for a few minutes with the fire turned out. This test does not apply to sponge-cake nor to angel-food.

I am giving you one standard cake recipe. You may change this by adding spice or other flavourings.

### Standard Layer Cake

- 1/2 cup butter or other shortening
- 1 cup sugar
- 2 eggs
- 2 cups cake flour
- 3 teaspoons baking powder
- 1/2 cup milk
- 1 1/2 teaspoon vanilla

Cream the butter well and beat in the sugar gradually. Beat the egg yolks and stir into the creamed butter and sugar. Mix and sift the flour and baking powder together and add alternately with the milk, beating well with each addition. Beat the white of the eggs stiff and fold into the batter. Flavour and pour into layer cake pans. Bake in a moderate oven (375 degrees F.) twenty-five to thirty minutes. When cool, put chocolate frosting between and on top of the layers.

### Boiled Frostings

- 2 cups sugar
  - 1 cup water
  - 3 egg whites
- Boil the sugar and water until when tested it will hang from the spoon by a long thread (238 degrees F.). Pour it over the beaten whites. Beat well and place the bowl in hot water. Beat until fluffy. This frosting will not run.

### Soft Chocolate Filling

- 4 squares chocolate
- 1 cup sugar
- 1/2 cup cold water
- 1 1/2 cups milk
- 5 tablespoons flour
- 2 tablespoons butter or other shortening
- 1 teaspoon vanilla

Cut chocolate into four or five pieces and put with water in saucepan. Stir over direct heat until smooth. Add sugar and milk and bring to the boiling point, stirring constantly. Mix flour with water and add slowly to the first mixture, stirring until thickened. Remove from the fire; add butter and vanilla. Cool and spread.

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## ANNUAL CONGREGATIONAL MEETING UNITED CHURCH

The annual meeting of the congregation of the Timmings United Church will be held on Monday evening, Feb. 3rd, at 8 o'clock. All members and friends of the congregation are asked to attend this meeting.

## Process Perfected for Aluminum Kitchenware

Japan has perfected a process for prevention of corrosion in aluminum kitchen utensils. The process consists of the application of certain chemicals electrolytically to the utensil which turns it a dark greenish-brown in colour. Japan obtains most of her raw aluminum in the shape of ingots, slabs and grains chiefly from Canada, Norway, France and Switzerland, with half of the total supplied by Canada, according to the Industrial Department of Canadian National Railways. Scrap aluminum comes mainly from the United States and British India. The Japanese turn this raw and scrap aluminum, in addition to domestic production, into kitchen utensils which are fast displacing iron, and aluminum foil, also into war material. While Japan is endeavouring to produce her own raw aluminum from bauxite brought from the Dutch East Indies and from Manchurian clay, it is still insufficient to meet the demand of her aluminum industry so she has to depend on foreign sources of supply for the raw product.

## Deplores Tendency to Soak Rich Folks

James Y. Murdoch Delivers Logical Address to Board of Trade, Toronto, This Week.

The "present tendency to soak the rich" was strongly condemned by James Y. Murdoch, K.C., retiring president of the Toronto Board of Trade, at the annual meeting at Toronto on Monday.

His address, which criticized "political interference in business" and proposed that every citizen of voting age should pay direct taxes, was warmly praised by following speakers. It was proper, they said, that the Board of Trade should speak plainly and not mince matters.

"Remember," said Mr. Murdoch, "it is the so-called rich man or the energetic, ambitious, rising young man who develops our resources or creates new industries and thus new employment. Without encouragement to this class of citizen, how can we prosper and pay our debts?"

"What encouragement are these builders of Canada being given by our Government leaders? Is not all incentive being strangled by a continuously rising trend of taxation, including increasing succession duties, and by political interference in business rather than business-like management of government?"

"Could we blame these constructive builders if they should decide to retire from active participation in business and even leave the country, as some have already done, and spend the remainder of their lives with their wives and families free, or much more free of business worries than if they continued doing their part in building up Canada?"

It was only human, the speaker continued, to feel resentful when some authority took away from a man more than he felt should be taken, and then wasted it.

Mr. Murdoch argued that if the railway problem were left to independent, experienced men with absolute freedom from political influence, the people of Canada would soon begin to feel some relief from this serious burden.

"As to unemployment relief—what real constructive step is being taken by our governments?" he asked. "We are told that a commission will be appointed to investigate this, but in the meantime, how many millions of dollars is it going to cost the Canadian people

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and why, pending such report, cannot our civic, provincial and Dominion leaders absolutely divorce this great problem from political considerations and place it in the hands of independent administrators with jurisdiction over areas sufficiently small to enable them to keep in touch with the relief recipients, so that their needs and conditions may be fully understood and properly cared for, but with due regard to the ability of the taxpayers to meet the cost?"

"I have the greatest faith in the future of Canada, but when I see how personal enterprise in basic and industrial activities is either being killed or deadened by governmental interference, by the terrific load of taxation and by the continual injection of actions based on political consideration, instead of the exercise of true statesmanship, then I am forced to realize in my own mind that the expansion of the country for the benefit of your children and mine is being delayed, and how long the delay will be no one can say."

Every citizen of Canada should pay some direct tax to Dominion and Provincial Governments in order that they might have impressed upon their minds when asking governments to make expenditures that it was not from some mysterious pot of gold the money would be drawn, but that it was being taken from their own pockets, said the speaker.

## Chrysler Co. Believes in Wide Distribution of Work

"We do not believe that the automotive industry should be huddled in one town or one corner of Canada. It has been our policy to buy as much as possible from Canadian owned and operated sources of supply, thus distributing the labour employed in building our cars among a large number of cities and towns. There are 35 or more places in Ontario and Quebec where we obtain supplies and parts," said Jno. D. Mansfield, President of the Chrysler Corporation of Canada Limited in an

address to the Chrysler regional and district sales managers from all over Canada at Windsor.

"This policy of buying various parts from other manufacturers results in the direct employment of probably 2,000 men and women at widely separated points. I think it would be a fair statement to say that nine or ten thousand people outside of Windsor get their living from the operations of the Chrysler Corporation of Canada, Limited."

"The wide distribution of purchasing power thus brought about is, I believe, good for Canada and good for us. It is our intention to continue this purchasing policy."

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## BE BEAUTIFUL

By ELSIE PIERCE  
FAMOUS BEAUTY EXPERT



MAUREEN O'SULLIVAN'S beauty message is "Simplicity is the keynote of beauty." She proves it by posing in a simple but lovely evening gown of lace with a contrasting sash fashioned of fuschia colored chiffon velvet.

### IRELAND'S GIFT TO HOLLYWOOD MISS MAUREEN O'SULLIVAN AND HER BEAUTY SECRETS

A typical Irish Colleen, sweet and winsome, with the laughing blue eyes for which her country is famous—that's Maureen O'Sullivan. Her entrance into Hollywood sounds like a fairy tale. "The luck of the Irish" brought her a chance to become an actress, when she least expected it. She had been attending school in Dublin, London and a finishing school in Paris. Outside of a few amateur theatricals, she had never thought of an acting career. But Frank Borzage was in Ireland, searching for a certain type to play opposite John McCormack in his first all-talking picture. Maureen read of this quest and suggested to her best girl friend that she submit her photo, never dreaming that she might be considered. Luck and Fate stepped in. A boy friend invited her to a party and Frank Borzage was there; asked her to make a test; went to her father who was a major in the Connaught Rangers of Ireland. He offered to pronounce the test a failure if a screen career for the girl would make her father unhappy. But her father believed in allowing other people to live their lives, so he gave his consent. Upon reaching Hollywood (so the story goes) Maureen and her mother discovered that in their excitement they had left their trunks on a pier in Ireland!

### Relaxation

When told of her special beauty secret, I was especially pleased, because it is something I have mentioned ever so often to readers. Maureen keeps her bright eyes bright by placing pads dipped in witch hazel over the lids, relaxing for ten minutes. That is a splendid treatment when one is tired. Lie down in a darkened room.

A natural devotee of sports and naturally slender, she finds that tennis and horse-back riding are sufficient exercise to keep her slyph-like without tabooring potatoes, whipped cream and chocolate cake. In fact, she cannot get her fill of these.

### Brilliant for Naturally Curly Hair

And here's a hint for those of you who have naturally curly hair and find it hard to manage. Miss O'Sullivan sprays brilliantine on her dark brown curly tresses every night, setting and arranging it. This helps to keep it in place. A weekly tar shampoo keeps

her hair healthy and silky. With her fair skin, Maureen O'Sullivan uses a light shade of powder and medium lipstick. No eye make-up, for those laughing, bright eyes of hers. She prefers navy for street clothes, black for evening. Her special message to my readers was: SIMPLICITY is the keynote of beauty. And what utter charm there is in the theory and in its advocate!

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## Canada Making Recovery from Depression Effects

Intimation that Canada is working its way out of the depression period was given by S. J. Hungerford, President of the Canadian National Railways, in an address delivered before the Canadian Construction Association, at the annual banquet held recently in Hamilton. In commenting upon the upward trend shown by construction statistics, Mr. Hungerford said: "It is most encouraging to find in annual reports and statistics that the entire construction industry in Canada has regained something of its former activity. This is evidenced by the fact that in what we regard as an average year, we handled upwards of ten million tons of construction materials. This increase in construction activity is more important, however, in that it clearly indicates that we are gradually working our way out of the depression, which has held us in bondage for so many years."

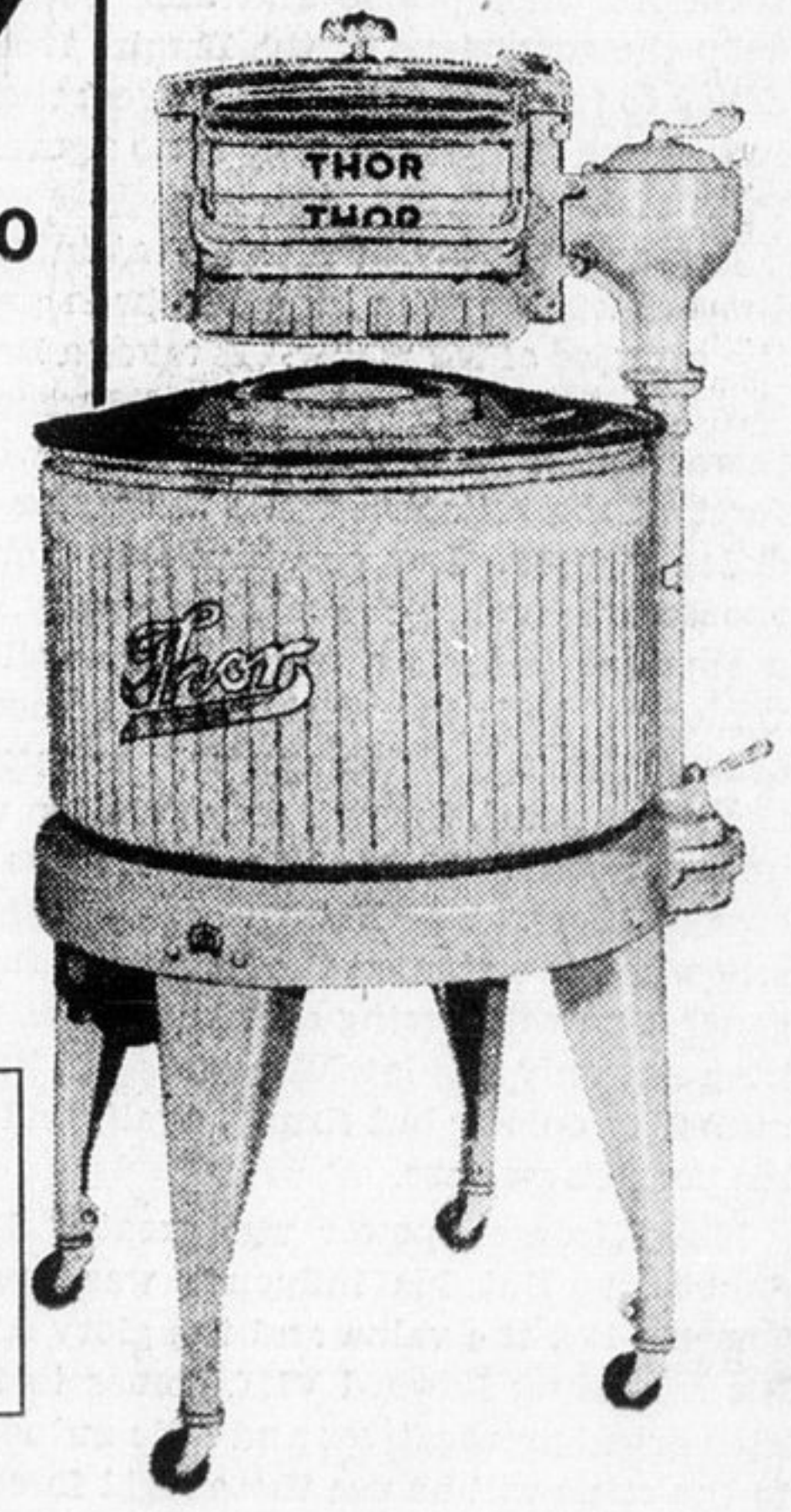
Mr. Hungerford outlined briefly the vital importance of the construction industry to a comparatively undeveloped country such as Canada, with its immense field of natural resources as yet untouched, and drew attention to the necessity for improved facilities whereby the national wealth may be developed and manpower secure further opportunity to be utilized. He found that the building of the railways was one of the greatest construction efforts and paid high tribute to the pioneer railway men who overcome every obstacle in completing the network of roads which now provides the main arteries of a nation-wide transportation system.

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## 46<sup>th</sup> ANNUAL REPORT

**1935 Shows Decided Upward Trend for The Excelsior Life**

OPERATING only in Canada (but with 42 Branches and Agencies from Sydney to Victoria), the 1935 business of The Excelsior Life Insurance Company reflects still better Canadian business conditions as well as the results of the progressive, forward-looking policy of this Strong Canadian Company. Look at the following figures:

<p style="text-align: center;"><b>New Insurance 38% Higher Than 1934 Total (Paid-For Basis)</b></p>	<p style="text-align: center;"><b>Total Insurance Increased to \$92,313,319.48 at December 31st, 1935</b></p>
<p style="text-align: center;"><b>Gain in Assets to \$20,167,180.69 the highest in history of the Company</b></p>	<p style="text-align: center;"><b>Payments to Policyholders During 1935 totalled \$2,114,521.57 76% to living Policyholders</b></p>

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The EXCELSIOR LIFE

ALEX. FASKEN, K.C., President  
A. C. GALBRAITH, General Manager

For information, consult:  
**PERCY YOULTEN**  
District Supervisor  
Gordon Block, Pine Street North

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