

Enjoy the Best Tea  
**"SALADA"  
 TEA**

What Better Than Ice  
 Cream on a Warm Night?

Isn't it the Right Dessert for Hot Weather? Automatic Refrigerator will Provide All Kinds of Mousses, and There are Many Other Less Expensive Dishes.



(By Edith M. Barber)

Nothing tastes better for dessert on a warm night than ice-cream. Of course you know what store in your neighbourhood offers your favorite ice cream which may be bought in so many flavours. You may like to serve a chocolate, caramel or crushed fruit sauce with this ice-cream.

If you have an automatic refrigerator you will, of course, like to make a frozen dessert with its help from time to time. For this you will need special recipes, as it is not possible to get a smooth mixture with the use of a recipe whose directions call for turning in a freezer. All kinds of mousses which are made with flavoured whipped cream can be made successfully in your refrigerator.

There are also a number of other recipes which are not quite so rich, but which give satisfactory results. Perhaps the easiest and least expensive are those made with the base of sweetened condensed milk. I can make them in my own refrigerator without stirring, but refrigerators differ and you may find it necessary to beat the mixture when it is half frozen. The time which frozen mixtures take also depends upon the type of refrigerator. If you have a cold control, two hours is usually long enough, otherwise you will have to allow four to five hours.

**Vanilla Ice-Cream**  
 1 cup condensed milk  
 3/4 cup cold water  
 1 1/2 teaspoons vanilla  
 Salt  
 1 cup cream, whipped  
 Mix milk and water, and vanilla and salt. Fold in whipped cream. Turn into freezing trays and freeze three to four hours.

**Variation**  
 Peppermint ice-cream: Substitute a mint flavouring for vanilla and colour with green colouring.

Burnt almond ice-cream: Fold in one cup macaroon crumbs and freeze.

Coffee ice-cream: Substitute strong coffee for the water.

Chocolate ice-cream: Melt 2 squares of chocolate in double boiler. Add condensed milk and water. Stir until thick and smooth. Cool, add whipped cream and one teaspoon of vanilla.

Strawberry ice-cream: Substitute one and one-half cups strawberries for vanilla and reduce the water to one-half cup. Crush the strawberries very fine.

**Apricot Ice-Cream**  
 3/4 cup sweetened condensed milk  
 2 cups water  
 1/4 pound dried apricots  
 1/4 teaspoon lemon extract  
 1 cup whipping cream

Cook apricots in one cup water until tender. Blend together sweetened condensed milk, one cup water and one-half cup liquid drained from apricots. Chop apricots and add with lemon extract to mixture. Chill. Whip cream to custard-like consistency and fold into chilled mixture. Pour mixture into freezing pan. Place in freezing unit.

**Strawberry Delight**  
 1 1/2 cups (1 can) sweetened condensed milk

3 tablespoons lemon juice  
 1 cup crushed strawberries  
 1 cup vanilla wafer crumbs  
 18 vanilla wafers

Thoroughly blend sweetened condensed milk, lemon juice, and crushed strawberries. Stir until mixture thickens. Place in six sherbet glasses alternating layers of strawberry mixture and crumbs, leaving topping of crumbs. Push three whole wafers into mixture around sides of each sherbet. Chill. Top each sherbet with a whole berry if desired. Serves six.

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Port Arthur News-Chronicle:—In a Port Arthur theatre this week was shown a picture, closing with a love scene in a pastoral setting, the romantic couple driving off with a horse and buggy, the young man, driving, on the left. There were many young men and women of like age in the theatre. Wonder how many of them knew whether the driver was in the proper seat?

Premier Wants Col. Lang to Continue with T. N. O.

Word from Toronto last week says that Premier Hepburn is very anxious that Col. Mac Lang should not be a candidate in the coming Federal election in South Temiskaming. Instead, the premier wants Col. Lang to remain as chairman of the T. & N. O. commission. This is one thing at least in which the North will heartily agree with Premier Hepburn. Col. Mac Lang has done excellent work for the North and for the T. & N. O. and there is general hope that nothing will occur to change this happy condition.

In referring to the matter a despatch last week from Toronto says:—

"Col. Malcolm Lang, chairman of the T. & N. O., will not be a candidate in the Dominion election if Premier Hepburn can persuade the doctory Halleyburian into withdrawing from the fight, it was reliably reported.

"The two are said to have had a conference yesterday and this morning it was rumoured that Premier Hepburn urged Col. Lang to remain as chairman of the T. & N. O. and forego his federal aspirations. The prime minister is anxious, it is said, to retain the present chairman of the provincially-controlled railway in that post.

"The reason for Premier Hepburn discussing the situation is said here to be due to the success which has attended the T. & N. O. operations during the past eight months. Net and gross earnings of the road are reported to have been the highest in five years and the initial efforts to secure new business is credited by the government to the aggressive policies instituted by the board's chairman.

"Demands for a new convention in certain parts of the Temiskaming riding were seized upon by Queen's Park, it is said, to induce Col. Lang to withdraw from the fight.

"Col. Lang, according to report, indicated a desire to contest any new convention and flatly declined to withdraw as a Liberal candidate at this time. The matter is understood to have been left in abeyance for the time being.

"The T. & N. O. chairman left Toronto last night, and may discuss with Dominion leaders the suggestion of Premier Hepburn that he withdraw from the Temiskaming campaign."

SEEKING NEW HOME WHERE TAXES ARE NOT TOO HIGH

According to despatches from Barrie in Toronto newspapers W. H. Wright, of the Wright-Hargreaves and other Kirkland Lake mines, is at present seeking a new place of abode. He is quoted as saying that he is going to find a country where he will not be taxed seventy per cent. of his income or be bothered as in this country with people trying to sell him something or make him do something he doesn't want to do. When he finds that sort of a country, so the despatch suggests, he is going to move there and live happily ever after.

MOUNTIES HAVE MYSTERY OF MEAN MAN TO SOLVE NOW

A bed of geraniums around the statue of Queen Victoria on Parliament Hill just west of the Parliament Buildings at Ottawa was stripped by unknown miscreants who drove up with a truck late Saturday night and cleaned it out. Gardners employed by the Department of Public Works discovered the theft and reported it to the Royal Canadian Mounted Police who patrol the grounds.

Port Arthur News-Chronicle:—Chicago is establishing a theatre for the deaf. Perhaps those youngsters who screech and whistle at critical moments could be induced to attend.

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**CANADIAN NATIONAL**

When the Aeroplane Came to Ville Marie

Interesting Account of a Day at Quaint Hamlet on Lake Temiskaming "on the Quebec Side.

Out of the 136 pages of interesting material in the remarkable annual number of The Northern Miner issued last week, The Advance hunted first for "Grab Samples." Many old-timers of the North would do the same, as well as others who may not be old-timers but have a special love for true humor. And this is what the "Grab Samples" column held in that special number: "Ville Marie," the quaint Quebec village across the lake from Halleybury:—

"Ville Marie, that quiet transplantation of old Quebec into the Northern regions on Lake Temiskaming fronting on the Cobalt area, which has managed by some sort of magic to retain its quaint bucolic character while mining has excited its Ontario neighbours, has on many occasions contributed to the amusement of the people from across the big lake. Sunday, in Ville Marie, is a holiday as well as a holy day and in the tranquil summer weeks many Sundays are devoted to entertainment of the country folk, the villagers and the visitors.

"Time was when one reached this picturesque village by steamboat from Halleybury or New Liskeard, when roads were very sketchy affairs on both sides of the lake and when it was necessary for venturesome motorists to ferry across the Ottawa River at North Temiskaming in order to reach the narrow sand roads on the Quebec side and so down to the old village, established some 70 years ago by the pioneering missionaries.

"In the morning at Ville Marie there were the usual religious exercises and perhaps a special pilgrimage to visit the grotto set in the side of the hill behind the church. In the afternoon there was likely to be a game of baseball or horse racing in the dusty sports field. Frequently Ontario lads ventured over to try their luck in the ball field and their fathers came to bet on the running horses, of which there were half a dozen or so in the North. These race meets were extremely informal, usually providing some highly amusing incidents.

"One Sunday a group of young Halleyburians took a ball team across on the steamer, which also carried several harness horses, a number of the betting fraternity and a crowd of spectators. As an added attraction there was an airplane visit promised. This was about the first plane to come into the North and it was an object of intense interest to all hands. It had been operating from the park field at New Liskeard, taking up venturesome souls at \$10 per soul for ten minutes. The old crate was strung together with bits of haywire and it creaked and groaned but nobody noticed little things like that up North at the time. By the way, the pilot had a broken arm in a sling, a circumstance which should have provided a warning but did not.

"The Ville Marie sports field was hot and dusty; the Ontario lads found themselves one man short and through one of their players who spoke French they managed to secure a Ville Marie outfielder. The races ran concurrently and it was quite a job to keep track of all that went on.

"In the middle of these festivities the airplane arrived and made a landing in the ball field, temporarily suspending the game. The crowd left the side lines, ran across the track down which the horses were thundering and some of the excited citizens narrowly escaped injury. The pilot got a great welcome, the crowd closing in on the stationary plane, feeling the wings, peering into

the cockpit and in general behaving as people who have not previously seen a plane do. Meanwhile a shower of French broke over the pilot and mechanic, who could only nod and smile.

"The horsemen naturally resented this intrusion and held up the races. At this juncture a habitant farmer drove down the track to the judges' stand, in a buckboard, with his wife and several children packed away. There was an excited colloquy in French and much laughter from the bystanders. However, some agreement was reached, the farmer drove his rangy and wild looking nag behind the grandstand, from where he emerged presently pulling an old high wheel, iron-rimmed sulky. He was entered in the next race. This was a farce. That old nag had been some race horse in his day and, scenting battle, he pranced and caroled about the track, scattering the other horses and generally making a big to-do about his comeback. At last the judges got them straightened away and that old farmer's nag made the rest of the slickly-groomed horses look like milk wagon devotees. He won his heats with the greatest of ease, to the vast amusement of the Frenchmen who had apparently been tipped off to the trick and who had bet against the Ontario money.

"Presently the crowd returned to the plane, which showed some signs of life. The pilot motioned to the crowd to keep away from the propeller and shepherded them back of the machine. He then got in, turned on full engine and gave the people such a blast of dust that the field thereabouts was invisible for a matter of minutes. The crowd could be seen emerging from the cloud, the men and women brushing their black Sunday clothes from which spurts of dust arose. Considerable forcible French language was used but the pilot was well out of hearing.

"With the departure of the plane the horse racing and the ball game were resumed. At the end of the seventh inning the game was tied and another inning was proposed and agreed to. But the Ville Marie man, the ringer for the Halleybury team, refused to take the field. He talked volubly to the captain who could not understand a word. Finally a bystander clarified the situation. The fielder was through for the day; he had to go home and milk the cows.

"To-day Ville Marie has a railway and motor roads; it has turned its attention to the mineral possibilities of its own hinterland, where gold has been found in promising quantities. Many of the youth of ten years ago are now gone farther north into the Amos and Rouyn country, where they have learned about mining, but all the while keeping an eye on a likely section of land for a homestead. Ville Marie will see them again when they return to pick up a beribboned bride, to drive on their wedding day frantically about the town, heading a procession of decorated and hooting motor cars."



**That  
 Body  
 of  
 Hours**

By James W. Barton, M.D., Toronto  
 The Organism Causing Colds May Travel Many Miles

A ship may touch at a port for or to deliver freight, and a few days after the ship leaves an epidemic of colds or other infectious ailment breaks out among the inhabitants of the port; yet not a single passenger or member of the crew has been ashore.

There is no question but that the epidemic was caused by the arrival of the ship, and you may wonder how a cold could be transferred without those on the ship coming in close contact with the inhabitants of the port. Recent experiments have shown that the organism causing the common cold along with the organism of pneumonia, scarlet fever and septic (poisonous) sore throat, will live for more than forty-eight hours suspended in mid-air. During this period they might easily be carried for many miles.

According to Dr. W. L. Holman, Professor of Bacteriology, University of Toronto, the exact cause of the common cold has never been found. The organism cannot be distinguished under the lens of the most powerful microscope that man has been able to produce so far.

"We carry a certain amount of the poison or virus of the cold around with us all the time, but it is only when our system receives a shock such as a rapid change in temperature and moisture in the atmosphere when we step out of our homes on a winter's day without the precaution of donning enough heavy clothing, that our resistance is lowered and the virus of cold has the opportunity of getting in its work."

It is admitted that keeping the body or the blood warm enables your disease fighters in the blood (the white corpuscles) to fight harmful organisms more successfully, but more than heat is required to prevent colds. Thus if we eat too much and have too much acid in the blood, cold or other organisms can attack us more successfully. Thus taking Epsom salts to rid the bowel and blood of wastes, and using baking soda or other alkali to make the blood more alkaline, and also making the patient perspire is considered the best treatment for the common cold.

Keeping the home too hot and too dry will also irritate the lining of the nose and throat and cause head colds. Remember, then, that we have in us and about us the organisms of the common cold. We may avoid the symptoms by watching diet and intestine, and also the temperature and moisture of our homes, offices or factories.

**BEE HIVE**  
 GOLDEN  
**CORN SYRUP**  
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**BE BEAUTIFUL**  
 By **ELSIE PIERCE**  
 FAMOUS BEAUTY EXPERT



MONA BARRIE, lovely Australian screen actress, starts digging in her Hollywood garden at the first sign of a lilac, dogwood or cherry blossom. But she protects her hands with gloves. And you should too.

**GARDENING A GRAND HOBBY, BUT SPECIAL HAND CARE IS NECESSARY.**

It would surprise you how many Hollywood celebrities who could easily afford to employ professional gardeners prefer to get down to earth themselves. They may employ gardeners or handy men to do the heavy work and landscaping but when it comes to digging and planting, it's a hobby that any number of screen stars wouldn't be without.

It's a hobby that is worth cultivating and if you have a back yard or several acres go to it. Now is the time. And you'll get a much pleasure out of watching the first little flower pop up and smile at you as in the seedling.

But please do give your hands the necessary care and precaution against scratches, discoloration and general roughness. The excuse, "I've been digging all day," won't excuse sand-paper skin. Not these days. The modern woman may work all day at various and sundry tasks but evening finds her fresh as a daisy and her hands white as her lovely lily.

**Wear Gloves**  
 It's quite the fashionable thing to wear gloves indoors while doing household tasks and outdoors of course, particularly when gardening. Heretofore the objection to gloves has been their clumsiness, weight and the fact that the hand felt hampered and stiff in them. The beauty urge must certainly

have made itself felt these many years because now we have special gloves for the purpose that are light and easy on the hand, so much so that you do not know there's a glove there. And what splendid preservers they are! If you like the rubber gloves to wear when doing washing of one kind or another, there are lovely pale pink ones. They're paper thin yet strong, flexible as can be and use your favourite cream underneath. The cream softens the skin, the gloves keep it that way. A grand duo.

Then there are soft lambskin gloves with special cream treatment to soften and whiten the hands while protecting them and we understand that women wear them for housework and gardening as well as for golf, driving, horseback, tennis and similar sports.

**Soap and Almond Milk**  
 Just how hand conscious the beauty world has become is indicated by the fact that one of our leading manufacturers has a superfine hand soap, soft, fragrant and conveniently curved to fit the hand. The same house of beauty offers a milk of almonds, that promises to keep springtime hands soft and smooth as silk. Not hard to hand yourself beauty these days.

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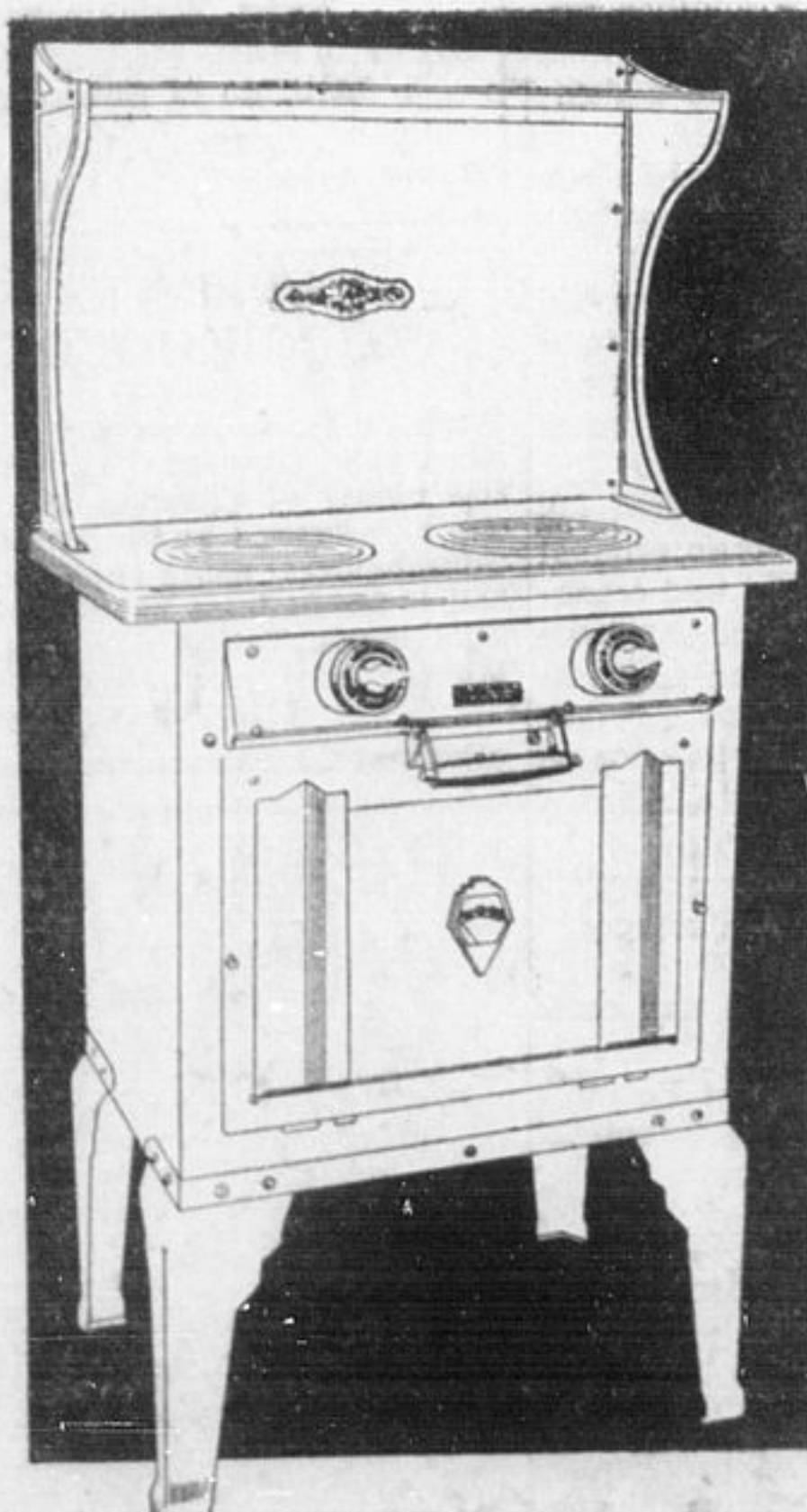
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