



# Roads! Roads! Roads!

Frost action will soon be at its worst, road beds are soft and very subject to damage.

Unlawful overloading will not be allowed. The abuse of roads by a few, causes great inconvenience to many.

District co-operation in the protection of the roads will result in district benefit.

Pneumatic-tired trucks with carrying capacity of three tons or over are limited to half load and speed of 20 miles per hour. Horse drawn vehicles capacity one ton, 250 lbs. per inch of tire.

Penalty for overloading is a fine, or imprisonment, or both. Permits may also be suspended.

Traffic officers will be on duty in this district to check speed and weigh trucks.

Your co-operation to prevent unlawful and unnecessary abuse of the roads is earnestly solicited

#### DEPT. OF NORTHERN DEVELOPMENT

A. T. HAMER, District Engineer

25 26 27 28 29 30 31 32

## Now Milling 55 tons Daily at Local Mine

Gillies Lake - Porcupine's New Mill Units Broken in and Performing Well.

Two new milling units installed recently at the Gillies Lake-Porcupine mine are now well broken in and have given a good performance. Total milling rate is now about 55 tons per day and little difficulty has been encountered in keeping it at that figure. The old ball mill, which works best at about 28 tons per day, is still in operation.

The company will within the next few months install another battery of milling units to bring the daily ore treatment up to at least 100 tons per day. At present, concentrates are being stored but it is planned to purchase a 50-ton Denver oil flotation cell as soon as possible. Concentrates from the cell will be run through an amalgam process and the residue will be stored until such time as it is thought advisable to install a cyanide process.

#### McINTYRE DRILLING AT GILLIES LAKE, QUEBEC

The Northern Miner last week says: "H. S. Robinson, exploration engineer of McIntyre Porcupine Mines, was at Gillies Lake, northwestern Quebec, last week laying out a diamond drilling programme for the Rangeley-Wolson claims, which McIntyre has optioned. Surface exploration of a limited nature returned medium grade ore indication over widths up to two feet in a 200-ft. length. Check sampling by the prospectors, original optionee, and McIntyre showed the occurrence to be attractive. It is expected that couple of drill holes will be completed before the break-up."

## Using Maple Syrup in New and Better Recipes

More Ways than Using with Griddle Cakes and Waffles. Makes Piquant Sweetener of Many Food Delicacies for the Table.

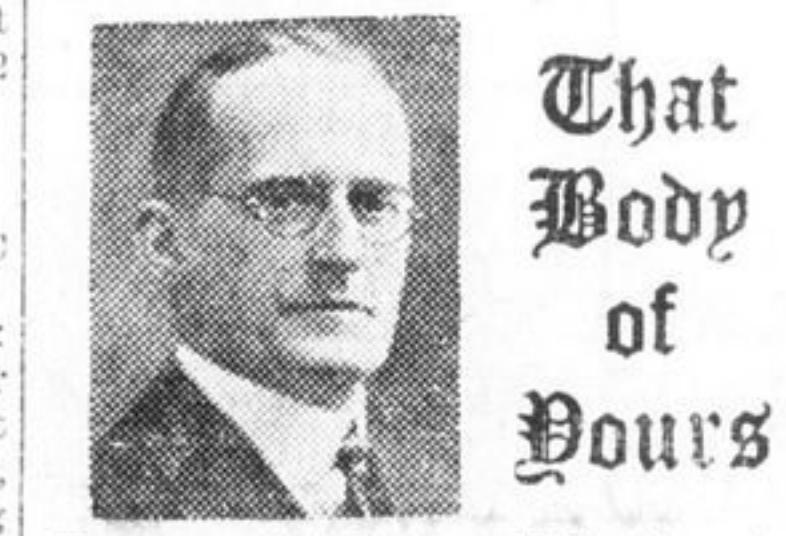


(By Edith M. Barber)

There is nothing in the world more real fun than to be in the maple grove country during maple sugar time. The first warm days of spring set the sap running in the trees, from which it is collected daily and then boiled down to the familiar syrup and sugar.

Nowadays this is done by scientific methods, which make the products consistent in quality. In some of the Northern New England States, and part of New York, the syrup and sugar making have assumed the proportions of a real industry.

While, perhaps, the most popular use of syrup is its accompaniment to waffles, the most popular cakes or biscuits, it also makes a delicious flavouring for cakes, puddings and breads. When syrup is used, instead of cane sugar, one cup of syrup will replace the other for sweetening, but one-third less liquid should be used with the maple syrup. If maple replaces cane sugar, a cup of shavings, which do not pack down like cane sugar, will equal the latter in sweetening power.



By James W. Barton, M.D., Toronto

#### The Cause of Pain in Angina Pectoris

As so many individuals have died from angina pectoris while engaged in such a "safe" exercise as golf, it might well for us to ask why this small amount of work or exercise should cause the severe pain under the breast

Maple sugar is used most advantageously in the following recipes:

**Maple Pudding**  
4 tablespoons cornstarch  
1 tablespoon sugar  
1/2 cup cold water  
1/2 teaspoon vanilla  
1 pint scalded milk  
1 egg white  
1/2 cup maple syrup  
1/2 cup nuts.

Mix cornstarch with cold water; add to scalded milk. Stir until smooth; add the sugar, syrup and salt. Cook fifteen minutes. Remove from stove, add vanilla and nuts. Fold in stiffly beaten egg white. Serve with custard sauce or whipped cream.

#### Maple Tea Cakes

1 cup maple sugar shavings.  
1/2 cup fat  
1 egg

3 teaspoons baking powder  
1/2 teaspoon salt  
1/2 cup sugar  
1/2 cup milk  
2 cups flour

1/2 cup finely chopped English walnuts

Cream the sugar and fat and add the well beaten egg. Sift the dry ingredients together and add alternately with the milk. Bake in small muffin tins in a moderate oven twenty minutes.

#### Maple Syrup Cake

1/2 cup sugar  
1/2 cup maple syrup  
2 1/2 cups flour  
3 teaspoons baking powder  
Salt

1/2 cup fat  
1/2 cup milk  
3 egg whites

Cream the sugar and fat together. Add the syrup and stir well. Add the milk and flour alternately. Fold in the beaten whites and stir and bake in an oiled pan 30 minutes in a moderate oven. When the cake is baked and cool, place it in an inverted cake pan and cover with boiled maple frosting. (Copyright, 1935, by The Bell Syndicate, Inc.)

bone that is known as angina pectoris. As a matter of fact, any sudden emotional disturbance, particularly anger, can bring on the same pain even if the individual is sitting or lying down.

And an attack of angina pectoris often follows the eating of a heavy meal. There has been some controversy recently as to whether or not a lack of oxygen in the blood causes the pain in angina pectoris. However it has been learned that in testing individuals for the air service, when the artificial process is used which renders the blood deficient in oxygen (as would occur at great heights), there is the same picture on the electrocardiogram as is found with angina pectoris.

As further proof that lack of oxygen causes the pain in angina pectoris is that attacks of angina pectoris can be brought on in those who are subject to them by having them breathe air that is deficient in oxygen.

Thus a deficiency of oxygen in the heart muscle has been shown to be the cause of the pain in angina pectoris.

The little blood vessel that supplies the heart muscle itself with blood is about the size of a goose quill and anything that narrows this vessel or partially blocks it will cause less blood to go to the heart muscle and pain results.

The main cause that leads to a narrowing of this blood vessel and thus to a lessening of the amount of oxygen to the heart muscle is a hardening or thickening of the muscular or elastic walls of the artery; hardening of the arteries as it is called.

Emotion may cause a spasm in this blood vessel and thus cut down the blood supply with its oxygen, and also cause pain.

Any effort—exercise or work—uses up oxygen and thus effort can bring on the attack.

It is evident, therefore, that coming to a complete standstill on the street is the most suitable treatment in the event of an attack of angina pectoris, since such action, by not using up any oxygen, gives the heart a chance to accustom itself to the deficiency in oxygen.

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## Death of Father of Mrs. Tom Coulson

Cable from Scotland on Saturday Tells of the Passing of James Guthrie at Glasgow.

Mrs. Tom Coulson, 86 Hollinger Lane, Timmins, was notified by cable on Saturday morning of the sudden death of her father, James Guthrie, at his home in Glasgow, Scotland. Mr. Guthrie was 78 years of age at the time of death and had been in good health until the time of his death. He passed away in his sleep on Saturday morning. This is the second bereavement suffered by Mrs. Coulson in the last few months, her sister dying very suddenly just about Christmas time. For this reason the sad news of the sudden death of her father came as a severe shock.

Chicago Daily News.—Peter Witt of Cleveland asserts that the electric trolley car will be a thing of the past within five years. Of course, Mr. Witt may be wrong. But five years is a long time in this era of quick change, and Peter Witt knows his street cars.

## Expect Big Crowds to See Quintuplets

Government to Have Serious Problem in the Matter. Tourist Literature Features the Quints.

What is to be the attitude of the guardians and the government in regard to the Dionne quintuplets? Are the youngsters to be on exhibition for the gratification of the curiosity of bunches of tourists? If Premier Hepburn thought that it was "shameful" to have the parents on the public stage will he agree to the children being made an exhibition attraction for tourists? On the other hand it is said that bushels of literature has been issued with the Dionne quintuplets mentioned as a special attraction. The tourists certainly are justified in believing that they will be allowed to see the famous five children if they take the "sidetrip to Callander where the Dafoe hospital is located." If tourists are refused admission to see the quintuplets after all the publicity, what will be the effect on the tourist trade and goodwill? What arrangements will be made for the tourists and the public to see the quintuplets? It is questions like these that Dr. A. R. Dafoe, Judge Valin and Oliva Dionne, the guardians, will have to consider and submit to Hon. David Croll, who likely in turn will have to abide by the decision of the premier.

One despatch from Toronto this week discusses the matter, in part, as follows:

"For some time tourist publicity sent out in large quantities about this time of year to the United States by the government has recommended a visit to Callander or Corbeil, and as a result it is expected that thousands of visitors from all parts of Canada and the United States, will arrange their itineraries upon the suggestion of the Travel and Publicity Bureau of the Ontario government.

"It is beginning to be appreciated that such publicity, amounting to an invitation to see the quintuplets, is sure to be a great magnet, but it is only with the season fast approaching that it will be determined how to handle any large volume of visitors at Corbeil.

"While the publicity sent out by the Travel and Publicity Bureau merely draws attention to the presence of the Dionne Hospital, 12 miles south of North Bay, the fact that it is given prominence in tourist propaganda, will undoubtedly be interpreted by prospective tourists that the Dionnes will be "at home" to them when they visit Corbeil.

"If tourists drive a long way to see the quintuplets and then are turned away without a glimpse of the youngsters, it is a matter of some concern whether they will be favourably disposed to Ontario.

"The possibility of charging an admission fee to the hospital may also be a matter of some contention among the guardians. While Hon. Mr. Croll has been out of town over the weekend, it is reported that he is opposed to charging visitors any substantial sum to see the quintuplets on the grounds that it would have a tendency to cheapen them as a drawing card and would not be in their interests as minors.

"Mention of the quintet which made Corbeil and environs famous is even contained in the stock letter accompanying requests for road maps sent to the Parliament Buildings. One of the routes recommended to tourists includes the following: 'If desired you may also go to North Bay and on to the Temagami Forest Reserve. A short drive off the main highway, 12 miles south of North Bay, will take you to the Dafoe Hospital, where the famous quintuplets live.'

"There is little doubt that with thousands of such references being sent out to prospective tourists, that North Bay, Callander and all surrounding localities will reap additional trade this summer because of the proximity of the Dionnes. How to satisfy these visitors and at the same time preserve the prestige of the little ladies in the way outlined in the preamble of the bill is a problem already perplexing government officials."

## Open Letter Issued to Premier Hepburn

One of the Ordinary Bondholders of Quebec Power Co. Gives his Side of the Situation.

The Advance last week received the following letter for publication:—

74 Pricefield Road, Toronto,  
April 9th, 1931.

The Hon. Mitchell F. Hepburn,  
Prime Minister's Office,  
Parliament Buildings, Toronto.

Dear Sir:—I am one of the bondholders in the Quebec Power companies and to that extent, no doubt, biased in my views.

I bought these bonds, as many another did, because I was told that they were based on contracts made, practically, with the Ontario government. We all thought then that the word of the Ontario government was about as reliable and sound a security as you could get. Now we find that we should have done better, to invest in a speculative mine. Because the government finds its agreements inconvenient at the present time it is treating them, as the Germans treated their promises in 1914, as mere "scraps of paper." Who is likely to trust the word of the government again? Not I certainly when I should have been safer putting my money into speculative stocks. Thousands of other people must be thinking

## Have you Tried?

# DURHAM CORN STARCH

Product of the St. Lawrence Starch Co. Limited, Port Credit, Ont.

Another Concert by Welsh Miners' Choir on April 29

Those who heard the concert given by the Welsh Miners' Choir in the Oddfellows' hall some weeks ago will be pleased to know that the choir is presenting another concert in the same hall on Monday evening, April 29th, commencing at 8 p.m. sharp. Those who missed the event some weeks ago should make a special point of being present for the evening on April 29th. The Welsh Miners' Choir has been especially generous in giving its services to all worthy causes in the camp, and as the Choir is a particularly well-balanced and pleasing choral group any event by this organization is very worthy of the attention of music-lovers. Thus from every standpoint there should be a large attendance at the Welsh Choir concert in the Oddfellows' hall on Monday evening, April 29th.

Try The Advance Want Advertisements

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**Friedman's**  
DEPARTMENT STORES LIMITED

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—Savings for men and for young men



## THE SUITS.....

This is planned to save you money on Easter clothes. Single and double breasted models in blues, tans, grays and oxfords. Tailoring is of the highest calibre, so are the fabrics.

\$12.95 to \$19.50

## THE TOPCOATS....

Raglans, wraparounds, single and double breasted with the plain back or half-belted back. Quality for quality, these coats at this price are greatly superior to any other coats in town at this price.

\$9.50 to \$21.00

## The Shopping Centre of the North

**Friedman's**  
DEPARTMENT STORES LIMITED

Satisfaction Guaranteed or Money Refunded

### Presenting A PARADE OF FASHIONS FOR EASTER

What you'll wear and how you'll look will be answered here to-morrow, in our first Easter showing.

### COATS

Both sports and dress types, in colourful array.

**\$7.95 to \$29.50**

### DRESSES

Gay prints, new sheers, in a complete authentic collection. All sizes.

**\$2.95-\$16.50**

### SUITS

From man-tailored types to dressy suits for afternoon wear

**\$6.95-\$29.50**