



The Best in  
**DAIRY PRODUCE**  
Finest for Cooking

When making your next cake or pudding, use Timmins Dairy Pasteurized Milk and see how much better it tastes.

Pasteurization had added to the fine flavour and health-giving qualities of our milk so that we may offer it to you and know that you are getting the best.

**Timmins Dairy**

Phone 935

Timmins

**The Canadian Legion in the Porcupine**

By One Interested in their Welfare

The Convention is Off Since last Thursday events have moved rapidly in Legion circles. The agitation coming from Sudbury for a provincial convention has been called off, but not before Dr. Downe, president of the Sudbury branch, got an earful and also an eyeful. It appears that he received a letter from Capt. Jules Ferry (and hence the earful) and this contained an invitation to visit the "Dismissals Committee" in their stronghold at the Parliament Buildings, Toronto, (this being the eyeful). What he witnessed evidently has given him a change of heart. In an article of some length in The Sudbury Star, Dr. Downe, raps all and sundry. In one paragraph he says: "Efforts of the Sudbury branch to secure a provincial convention of the Legion to discuss the matter, did not meet with the favour of other branches only a few expressing support of the motion." Later those not expressing support get their knuckles slapped by the statement:—"But in the meantime we must adopt the "wait and see" attitude of the majority of the branches of our so-called fighting men's organization and trust that everything will be all right eventually." He gives Premier Hepburn some hard hits and Jules Ferry gets the final knockout by the statement:—"It is regrettable that so many branches are not conversant with the true facts, that the Provincial Command is allowing the Legion to become a political football." Having got all this off his chest the despatch says:—"Acting on this invitation of Captain J. J. Ferry, I met the Dismissals Committee in Toronto and was thoroughly informed of their work and probable results from same. My impression of the committee was that they are conscientious and sincere in their efforts. They will review the history of each dismissed man and reasons for dismissal and will present the data obtained to the government with their recommendations." Then he becomes ho' under the col-

**More About Medical Treatment**  
The following was inserted with every pension cheque received here this week. The notice clears up quite a few points regarding who is able to take advantage of Free Medical Treatment. It says:—"Pensioners are entitled to such free treatment as the Medical Officers consider necessary to help the disabilities which have been found to be related to military service. The department does not make decision as to service-relationship, that is to say, as to who is a pensioner—The Canadian Pension Commission decides that point and all inquiries on entitlement to pension or on amounts of pension received, or on any other pension matter, must be made direct to the District Pension Medical Examiner, who address for this district is given as "D" District, Christie Street Hospital. Ex-soldiers who are not pensioners are not entitled to medical treatment. Application for Treatment should invariably be made to the Chief Medical Officer at the nearest District Office who will give the pensioner advice about local arrangements. Pensioners should not move out of their home district or travel abroad without first communicating with their District Chief Medical Officer and before receiving adequate information and advice—otherwise conditions dangerous to the pensioner may arise which could not be covered by Departmental arrangements.

**Things Missing and Other Questions**

1. A sketch party—"Oh, where, oh where did that car go?" Ask Louie he might be able to solve the puzzle.

2. Has anyone seen the dominos? They were supposed to be on hand, they were, but one set only, and even that had one missing. Ask Fred.

3. Where are the bridge players? No comments on this one, but ask Bill.

4. Who took the manuscript from our scenarios bag, while on a trip to Toronto recently? Has Martha got it or will it be produced near Kirkland Lake? Page the steward for this one.

5. Who will win the big fight? Dingley says he's raring to go. Parsons says he's open to act as second for anyone. Austin has not signified his intention of acting as referee. Again will Louie put up the other \$90?

6. Will a sick comrade ever forget the bottle of Sisto tonic? and again will he ever get that money? Ask Harry.

These and several others are well worth trying to answer, but if in doubt, see yours truly,

W. A. Devine, Box 1428.

**Confederation Life to Have Four Conventions in 1936**

In celebration of the 65th year of its establishment, in 1871, the Confederation Life Association, head office, Toronto, one of Canada's oldest and largest life insurance companies with branch offices in many other countries, announces four field staff conventions in 1936—one for Eastern Canada, one for Western Canada, one for Great Britain, and one for Cuba, Mexico, Central America and the West Indies. The Eastern Canada convention will be held at St Andrews-by-the-Sea, New Brunswick, and the Western Canada convention at Jasper Park Lodge, Alberta. The period of production qualification is the 1935 agency business year, and representatives may bring their wives to conventions by doubling this year's minimum production required.

New York Life:—He's the luckiest man in the world—he has a wife and a cigarette lighter, and both of them work.

Mr. G. H. Thompson, President of the

Confederation Life Association, said:

"The major feature of the report was

recommendation of a chain of high-

powered, commission-owned stations

across Canada, at an initial cost of \$5,-

000,000, spread over five years.

The commission now recommends that as

conditions do not warrant the \$5,000,-

000 expenditure, a start be made by the

establishment of new stations to complete the nation-wide covering, the

estimate being \$1,000,000.

This programme would mean new

equipment and increased power for the

commission's existing stations, and the

erection of new stations at strategic

points now insufficiently covered.

In the maritimes, in some sections of

Quebec, many sections of Ontario, large

areas in Saskatchewan and some parts of

Alberta and British Columbia, the

commission's programmes cannot be

brought into local sets.

The government is understood to be

giving the recommendations serious

consideration, and it is understood that

the nationalization policy will be con-

tinued with no possibility of abandon-

ment."

**Nature Builds Your Body—but you supply the materials.**

Health suffers if you run short of iron.

Your food and drink are the only materials Nature gets to maintain bodily strength and well-being. But the tragedy of modern foods is their shortage of iron. Sooner or later this has an effect upon the health. It causes, at first, a run-down condition and simple anaemia; then develops into serious ailments, if not checked.

This was shown to be true in a group of forty-five people whose blood was examined by a competent authority. In all cases the blood was thinner and paler than it should have been, due to the shortage of iron. The authority who conducted the tests recorded the exact amount of the shortage for each person, then put every one of them on a 30-day treatment. The preparation he gave them was Dr. Williams' Pink Pills (called pink because they have a pink sugar coating). In one month he examined their blood again and found that the red corpuscles and the iron had definitely increased in every case.

This test is a demonstration of what this fine old remedy can do for you, if . . . as is likely . . . you need iron.

Wouldn't you like to feel really strong and vigorous again? Wouldn't you like to eat well, sleep soundly, take a keen interest in life around you . . . ? Then put yourself on a 30-day treatment with Dr. Williams' Pink Pills.

Directly you begin taking this reliable old preparation, the reconstructive process will start. The blood will grow richer . . . will carry more vitality . . . and your own feelings will react pleasantly. Old aches and of days will give way to new vigor and brighter outlook on life. You will know once again the joy of possessing that priceless treasure . . . health! Full size 30H.

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