

BE BEAUTIFUL

By ELSIE PIERCE
FAMOUS BEAUTY EXPERT



LYDA ROBERTI poses in the new Tahitian print bathing costume that promises to be the rage this summer at all the resorts just as it is now along the smart Florida shore and at Malibu Beach in California.

HINTS FOR THOSE SOJOURNING IN THE SOUTH

Here we are warning most readers about winter winds and what to do as precaution against their harsh influence; and along comes an acquaintance back from a short stay in the south, reminding us that the fortunate ones who have flown south with the swallows need a little precautionary advice too.

I am told that some foolish young things who take a quick cruise to Miami, Havana or Bermuda, are evidently eager to impress those up north with the fact that they have been away for some time. They therefore make every effort to acquire a deep, dusky tan—the kind of tan that says "I've been south for a long, long stay." Exposing the skin to such sunning at a deep tan will be acquired in such a short time is not only foolish, it is actually dangerous. As for the effect on the skin, it is bound to become coarse, leathery and so dry that a parchment-like wrinkling may be the result.

It seems to me that a light tan should be sufficient. And such a tan can be acquired by the very same programme of exposing the skin to the sun for ten or fifteen minutes a day.

Even then, the skin should be protected with an oily cream foundation so that it may become tanned without becoming burned. The hair, too,

should not be exposed to the sun for a prolonged period. For if it is, it will become dry, bleached (streaky and patchy) and straw-like. I have known hair to actually crack and break from dryness due to over-exposure.

The Eyes

Speaking about protection we must not overlook the eyes. A sun shade or sun glasses are very advisable. Oil around the eyes is a wise thing to keep the skin from taking on premature wrinkles due to squinting.

Oil on brows and lashes is a good thing too. It helps to keep them smooth and silky. It preserves their sheen and prevents their becoming bleached out by the sun. It is really surprising how brows and lashes bleached out by the sun detract from the expression on a face.

Hands should have their share of cream and oil, too. Otherwise they may become dry, chapped and discoloured.

If you are sojourning in the south, do tan with a little discretion remembering that when you go north again the chances are a gardenia white complexion will be the vogue with winter rainments, or even with spring attire.

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That Body of Hours

By James W. Barton, M.D., Toronto
Reassure in Heart Conditions

A few years ago an individual with a heart murmur was advised to rest as much as possible as it was thought that any sudden hard effort might be fatal. However it was found, particularly during the war, that just as a pump that leaks can still pump the necessary amount of water, so also can a heart with a leaking valve pump the necessary amount of blood. Thus to-day patients with a heart murmur, due to a leaking valve, are permitted to do a reasonable amount of work or exercise.

Patients with other forms of heart disease such as irregularity, extra beats, too rapid, have however been warned to be "very careful" with the result that many have "lost their nerve" and are afraid to make an effort of any kind.

How to have a "Happy" Stomach

Are you sick and tired of having a stomach that acts up—that doesn't take kindly to good, wholesome food? Then bring your stomach to time. Don't take drugs. They are dangerous and habit-forming. Just follow the Andrews' Rules of Health. Eat moderately. Sleep plenty. Exercise regularly. Breathe all the fresh air you can. And keep yourself in healthy condition with a purifying, energizing glass of Andrews' Liver Salt taken about twice each week while it is still deliciously bubbling.

This last rule is quite as important as all the others. What Andrews does is to exert a definitely beneficial effect on the stomach lining. It soothes the digestive organs and strengthens the whole process of digestion and waste elimination.

Don't let your stomach boss you. Learn to enjoy a sound digestive system and good, hearty meals by following the Andrews' Rules. You will feel better—much better and healthier—from the day you begin. Get Andrews' Liver Salt from your druggist. In tins, 35c and 60c. Extra large bottle, 75c. Sole Agents: McGillivray Bros. Limited, Toronto.

Missing Cat Travelled Over Four Hundred Miles

"Has anybody seen our cat?" This strange hue and cry was set up a few days ago from the Port Arthur freight shed of the Canadian National Railways. One of the members of the official rat-catching staff was missing! Sugar was being loaded that day for Winnipeg and all the cats had turned up but one. Peter was absent. Peter's absence meant a great blow to the rat-catching staff and no doubt brought joy to the ranks of the rodents. Finally one of the clerks decided there was a chance that Peter was in the car of sugar. Word was sent to Winnipeg and on the arrival of the car, it was opened, and out popped Peter! Over four hundred miles in a freight car and no rats to catch. Peter was both cold and hungry on arrival. He was taken in charge and has been returned to Port Arthur, where he will no doubt be quite content to resume his rat-catching and confine his travelling to the floor of the freight shed.

Marker Numbers for the Year 1935 in Ontario

From This List You Can Tell Where the Outside Car Comes From. Timmins Given Numbers KN 251 to KP 800.

Table listing marker numbers for the year 1935 in Ontario, categorized by letter (A-Z) and region (Toronto, Hamilton, etc.).

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THE WAY TO ENJOY A HOLIDAY

Plan the financial side of next year's holiday this year. Open a savings account at the nearest Branch of Imperial Bank of Canada. Start today. Save regularly.

IMPERIAL BANK OF CANADA

HEAD OFFICE: TORONTO
TIMMINS: SOUTH PORCUPINE
H. C. SCARTH, Manager
F. E. COOPER, Manager

Several Jail Terms at Police Court

(Continued from Page One) on the T. & N. O. will spend thirty days in jail at hard labour. He had taken refuge for the night in the boiler room at the yards and had been found in the coaches more than once. A young married man of Timmins was ordered to pay his wife four dollars of the \$12 a week he claimed to be earning. The order followed the ruling by the magistrate that the separation agreement signed by both husband and wife was not binding owing to the fact that there was a verbal agreement not included in the document. A charge of dog stealing was dismissed as the case apparently got into the wrong court. It was ruled as a dispute to ownership and should be a civil case. The dog in question is a huskie and one of the persons claiming ownership produced a photograph showing the animal hitched to a sleigh. It is said to be worth \$25. **May Order Court Anywhere** A case under wives' and children's maintenance act will be heard in court next week. Counsel for the defence raised the question of the right of the summons to be issued for the Timmins court instead of the South Porcupine one, as the parties all lived in Schumacher. The magistrate pointed out firmly that he could decide what cases should be heard at any court in his district and that if it were more convenient to have Schumacher cases here, he would order the cases heard here, despite objection. A second objection as to whether a justice of the peace could issue an information under the act or not was not fully decided. The argument was mainly about the definition of "magi-

Special Bargain EXCURSIONS

TO ALL STATIONS IN WESTERN CANADA
Going Dates: Daily March 1 to 14
Return Limit: 30 days
One Cent Per Mile Good in Coaches Only
Sleeping Car Privileges Passage Tickets also on Sale Good in:—
(a) Tourist sleeping cars at approximately 11c per mile, plus regular berth fare.
(b) Parlor and standard sleeping cars at approximately 12c per mile, plus regular seat or berth fare.
Stoppers granted at Port Arthur, Ont. and all stations west thereof.
Full particulars from any agent
Canadian Pacific

Funeral Yesterday of Chester Paterick

Polish Choir Pays Special Mark of Respect at Funeral of Young Miner who Lost his Life Last Week.

The funeral of Chester Paterick, 21-year-old Hellinger miner who was killed in a fall of loose on Saturday, was held from the Church of the Nativity on Wednesday morning at nine o'clock. Rev. Father Gabriel officiated. During the ceremony, the Polish choir rendered some sacred songs as a mark of respect. A large number of Timmins citizens attended both the funeral services at the church and the burial at the Roman Catholic cemetery. Prior to the funeral service the body was at the home of Alex Peters, 45 Sixth avenue, where many of the young man's friends paid their last respects to him. North Bay Nugget:—Use of castor oil in a plane motor gives it virtually silent operation, but don't hope for the same effect when you give it to the 10-year-old son. Ohio State Journal:—Those 200,000 square miles of territory in Antarctica which Admiral Byrd has claimed for the United States may be referred to as the nation's frozen assets.

SATISFACTION

Prompt, Courteous Service

When you take milk from Timmins' modern dairy you are assured that the product you are receiving is the best and purest that research and modern methods can produce. It is ideal for your child as well as you. It produces the best results in cooking.

Timmins Dairy

Phone 935 Timmins

CHIP COLLINS' ADVENTURES

By WILLIAM RITT and JACK WILHELM

WE'RE TIED, THE GAME'S ALMOST OVER AND IF WE GO INTO OVERTIME WE'RE SO TIED WE'LL LOSE.

BRAXTON [?] REYFORD [?]

CHIP INTERCEPTS A REYFORD PASS... THE TIMEKEEPER RAISES HIS GUN.

IT'S A MILE AWAY... BUT HERE GOES.

THE GUN!

BRAXTON WINS!

WHY THE LUCKY?

GOOD!

BRAXTON!

CHIP, YOU WERE BEATING WONDERFUL AGAINST REYFORD (REYFORD) 19-17. NOW GOES INTO THE FINALS TO MEET EITHER PAYNE OR LAKE-SIDE SO CHIP AND MERRY GO TO THE PAYNE-LAKE-SIDE GAME.

CHIP, YOU WERE VERY LUCKY. I MUST HAVE HAD FOUR LEAF CLOWNS ALL OVER MY UNIFORM.

TONIE 3000 PAYNE VS LAKE-SIDE SERIAL FINA

LED BY ITS STAR, SPEAR, PAYNE SMOTHERS LAKE-SIDE

THE GAME TURNS INTO WHAT IS LAUGHINGLY CALLED A COMEBY. PAYNE GUFFAW! IT'S WAY TO A 14-10 WIN!

DON'T WORRY BRAXTON WILL SHOW THEM THAT WE'RE A WHISTLE STOP AND THAT THEY ARE THE 20th CENTURY LIARERS GOING THROUGH!

IN ABOUT A MINUTE WE GO OUT THERE TO BATTLE PAYNE FOR THE STATE CHAMPIONSHIP. BUT FIRST I WANT TO TELL YOU SOMETHING...

TO EVERY TEAM, TO EVERY COACH, COMES SOMETIME, SOMEWHERE A GAME THAT WILL WIN ABOVE ALL OTHERS. THIS IS THAT GAME FOR US.

BUT THERE'S SOMETHING BIGGER THAN WINNING... IT'S DOING YOUR BEST, WHICH YOU'RE ALWAYS DOING. SO, WIN OR LOSE, BOYS, I'M FOR YOU.

WE'LL SHOW 'EM!

WHERE'S THAT PAYNE GANG?

BRAXTON A.A.

BRAXTON A.A.

BRAXTON A.A.

BRAXTON A.A.