

Oven Meal Means Good Dinner in Quick Time

Actual Cooking Requires a Little More Time but Less Time for Preparation. Results will be Found Very Satisfactory, and No Time Wasted.



(By Edith M. Barber)

An oven meal is sometimes a good choice for the busy housekeeper who must prepare her dinner or supper in short order. While it sometimes takes a little longer to do the actual cooking, if your dishes take a short time to prepare, your total time will not be long. The menu I am suggesting is:

- Vegetable Soup
- Toasted Cheese
- Scalloped Tomatoes
- Celery Salad
- Peach Shortcake

You can get a very good vegetable soup full of flavor and meat stock and well-cooked vegetables which is hearty enough to satisfy us for an otherwise meatless meal. The toasted cheese which I am suggesting is an old family recipe of my own which needs besides the utensil in which it is cooked only a fork in its preparation. I am also giving you my favorite recipe for scalloped tomatoes than which nothing can be better when they are properly prepared. The large amount of bread used with them will make them so hearty that you may leave out potatoes if you like, although you may bake potatoes at the same time if you wish. While the cheese and the tomatoes are baking you will prepare your celery salad and get your shortcake ready to go into the oven. You may make up the dough for the shortcake or you may use satisfactorily and as a time-saver one of the mixtures which need only the addition of milk.

I am sure I have told you before that in making the shortcake I divide the dough into two parts and take one-

half, spread it with salt and pepper and cover it with the rest of the dough which has been patted or rolled to fit the lower layer. When you combine the crust with the berries you will find that you can lift the upper layer easily and will not need to split the hot cake with a fork.

Toasted Cheese.

- 1-2 pound fresh cheese.
- 1 teaspoon salt.
- 1-2 teaspoon mustard.
- Paprika.

- 1 egg.
- 1-2 to 1 cup milk.

Cut the cheese in small pieces, place in a greased pie pan. Sprinkle with the mixed salt, mustard and paprika. Break the egg over this. Add enough milk to cover. Bake in a moderate oven, 350 degrees F., ten to fifteen minutes until the cheese is melted and a slightly brown crust is formed. Serve at once.

Order of Preparation.

- Light oven.
- Prepare cheese and bake.
- Prepare tomatoes and bake.
- Prepare salad and chill.
- Prepare shortcake and bake.
- Open can of peaches.
- Open can of soup and heat.

Scalloped Tomatoes.

- 6 slices of bread.
- 2 tablespoons butter.
- 1 can tomatoes.
- 1 sliced onion.
- 3 cloves.
- 1 tablespoon sugar.
- 1 teaspoon salt.
- Pepper.

Cut bread in cubes and brown slightly on all sides in butter. Put into greased baking dish and pour over it the tomatoes and seasoning. Bake in a moderate oven, 375 degrees, half an hour. Taste for seasoning and add more salt if necessary.

Celery Salad.

- 1 head of lettuce.
- 2 stalks of celery.
- 1 minced onion.
- 1 teaspoon salt.
- 1 teaspoon mustard.
- 1 teaspoon of sugar.
- Pepper.
- Paprika.
- 1-2 tablespoons of vinegar.
- 1-3 cup salad oil.

Prepare lettuce and cut through centre in six pieces. Mince celery and onion. Mix seasonings and sugar. Add vinegar and stir until well mixed. Add oil, beat until thick. Add celery and onion and pour over lettuce.

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Hollinger Drilling on Gold Properties Near Oba

The Northern Miner last week says: "Hollinger Consolidated Gold Mines, Ltd., this week landed a diamond drill on optioned gold properties near Oba that present a rather intriguing prospecting interest. For some years the existence of narrow high grade gold showings in the area about five miles southeast of Oba has been known and intermittent exploration has been carried out. Last fall interest was re-created through the finding, south of the narrow vein system, of what are identified as rhyolite tufts of 20 and 30 ft. wide, from which some general channeling and grab samples gave high returns. Some of the promising groups of claims are, starting from the west, the Jubroy group, next east the Taylor group, then the Trowse group, then the Glick, and then the Stewart-Culbert. It is the Taylor, Trowse and Glick holdings which Hollinger has taken over under option. No systematic surface sampling has been done by Hollinger, owing first to the winter conditions and lack of preparation of the ground for sampling, then again to the fact that pieces picked up here and there gave indicative results, and the further fact that diamond drilling seemed the only immediate method of prospecting and testing the worth of the showings. A. F. Brigham, Hollinger's consulting engineer, recently visited the area and laid out a plan of campaign. The jumping-off station is Langden. Joseph Errington, heading a small group of Toronto mining men, has for several months had a surface gang looking into the situation on the Jubroy group, which they control. Some good assays have been had. This surface work is continuing."

Quebec Production of Gold Showing Increase

The production of precious metals in the Province of Quebec was greater during the month of December, 1934, than for the same month in 1933, according to the report for that month issued by the Provincial Bureau of Mines. The month's output was equivalent to \$1,329,650 with gold valued at \$35 an ounce. Noranda, Siscoe and Beattie were the main producing mines.

The gold output for December, 1934, was 37,990 ounces against 32,087 ounces in December, 1933, while silver production in December, 1934, totalled 45,761 ounces compared with 36,651 ounces during the same month of the previous year.

Asbestos production dropped in December, 1934, compared with that of December, 1933. The figures were 10,616 tons against 17,172,336 tons. Other mineral statistics were: Clay products December, 1934, \$27,287 in value against \$22,475 in December, 1933. Lime, 9,762 tons in December last year compared with 9,813 tons in December the previous year. Cement, 38,849 barrels in December, 1934, against 45,898 barrel in December, 1933.

For the last quarter of 1934, gold, silver and copper were higher in output than during the same period in 1933. The figures are: Gold, last three months of 1934, 104,993 ounces compared with 100,662 ounces in last quarter of 1933; silver, 128,944 ounces in last quarter of 1934 against 113,864 in the same period in 1933; copper, 20,477,946 pounds for the 1934 last quarter against 17,788,629 in the 1933 period.

"Wirephoto" Now Connects 24 Cities

By "SHAKES"

There were days when newspapers relied entirely on mail service for their readers. At the time George Washington resigned as president of the United States, The Times of London first heard the news when a ship docked at a London wharf.

Those were the days when rumours could drift for weeks, perhaps months. Disasters occurred and relatives of those who might be in danger had long anxious waits before news could be brought through.

The telegraph came. Immediately newspapers seized upon it as a quick means of conveying news from one centre to another and even to-day a large part of the telegraph companies' revenue comes from newspapers. Wire news flashes across continents in the twinkling of an eye.

The first transatlantic cable brought Europe and America infinitely closer together. Again the newspapers fostered the growth of an invention that encircled the globe with a network of heavy wire.

After the war wireless became a public institution and newspaper communication with out of the way places was improved.

Photographs, wirelessly across oceans have become common things of the day, but that process is an expensive and still somewhat unsatisfactory one. Its use is limited to only the most important "breaks" of the year.

But now, in the United States, there has been developed by Associated Press an amazing system of transferring by wire from one end of the country to the other, photographs of national importance or interest. On January 1st, 1935 the "Wirephoto" service connected 24 centres in the United States, serving 39 cities.

That was the day of the big Alabama-Stanford football game at the Rose Bowl, Pasadena. Newspapers in the east carried pictures of the game in their evening editions at the same time the game was being played 3,000 miles away. And the newspapers defy the public to tell the difference between photos transmitted by wire and those that come by mail in the ordinary course of events.

So the transmission of photos by wire

may be classed with the transmission of news by wire in years gone by.

The outfit that covers the United States costs a million dollars a year to maintain or about \$35,000 for each newspaper that is connected in the network, in addition to the purchase of actual equipment and the hiring of special men to look after it.

Briefly, the way the thing works is this: A photograph is taken in San Francisco. The plate is developed and a print made. The print is fixed to a cylinder about 12 inches in diameter which is made to revolve at a speed of about 100 revolutions per minute. While it is revolving light is played on it. This light is reflected from the surface of the photograph in varying strengths corresponding to the light and dark portions of the picture. The beam of light that is reflected from the photo travels horizontally at the rate of about an inch a minute, which means that every hundredth inch of the photograph is "scanned." The varying light is transformed into electrical energy of varying strength through the use of a photo-electric cell similar to that used in talking picture machines and that current is received at all the stations in the newspaper offices that subscribe to the service.

At the receiving end, possibly New York, carefully adjusted equipment picks up those little variations of current and reverses the process. There the electric current is transformed into light by the use of the photo-electric cell. This time the light is played on a negative rolled on a cylinder. This cylinder is moving at exactly the same rate of speed as the one at the sending end and the beam of light moves across it horizontally at exactly the same speed as the "scanning" one at the other end, so producing variations of light and dark that correspond exactly to the ones on the original photo.

The negative is developed, a print made and there you have a copy of a picture taken just a short time ago in "Frisco."

A typical day on the "Wirephoto" network brings in more than 50 photographs from all parts of the nation. Miami, New York, Buffalo, Kansas City, Los Angeles and Detroit may all contribute to the picture news in a single day. Readers thousands of miles away see those photos just as soon as readers in the city where the event took place.

Soon it will become a common feature of the newspaper and the public will begin to expect it just as they expect cable news.

To date, no Canadian newspaper has been able to subscribe to the service but undoubtedly at a later date when it has proven itself, we may look for the development here.

Time to See Doctor if You Can't Smile

Writer of Letter Picks up Some Amusing Incidents Around Town and Passes Them Along.

Timmins, Ont., Feb. 11th, 1935. To the Editor of The Advance, Timmins.

Dear Sir: Grandmother used to say: "If you can't laugh then it is time to see a doctor." I have seen and heard things around town just lately which have caused me to smile and I thought perhaps you would care to hear about them.

Yesterday I was walking up Fourth avenue and I saw a lady and her little girl coming down. The little girl was slipping and sliding all over the sidewalk, and the lady said: "Keep on your feet! You see that doggie over there, he doesn't slip and slide all over the street."

The little girl looked for a minute and then replied: "Well mammy, the doggie has teeth in his feet; I haven't." On the way down Third avenue I saw a lady and her little boy talking to a friend. The friend looked intently at the boy for a while and then said: "Some day that boy will break some girl's heart."

The boy looked up with a very serious face and said: "Gosh, I mustn't do that. My mammy gives me a licking when I break my toys."

Then I saw a little girl with a doll which someone gave her for a Christmas present. She is very proud of this doll, but when I saw her she was awfully serious. I asked her to tell me what was puzzling her, and she said: "My friend says that when I die I shall go to heaven. Is that true, Mr. Doling?"

"Why," I said, "I hope so." She thought about it for a while and then she exclaimed: "Whatever shall I do with my dolly?"

Then when we feel the need of a laugh my wife and I remind each other of the first letter that we sent home from here. We came to this town in November and everything we saw was novel. When we wrote to the folk at home we told them that this was the most humane town that we had ever seen. It was a great surprise to us to see the council had dog kennels all over the town for the dogs to crawl into out of the cold. It was not until spring came that what we took for dog kennels were really coverings to keep the fire hydrants from freezing.

I remain Yours most sincerely, A. J. Doling.

Plans are under way at present to establish a Y.W.C.A. at Kirkland Lake.

News! Salada Tea

now has a blend for every purse
Yellow Label
28¢ - 1/2 lb

BROWN LABEL • 33c 1/2 lb.
ORANGE PEKOE • 40c 1/2 lb.

All leaders in their class

V. H. Emery to Direct Kirkland Lake Gold

Dr. J. B. Tyrrell Drops Active Management, retains the Presidency of the Company.

The many friends of V. H. Emery, formerly on the Hollinger staff at Timmins, and recently living in Toronto where he has carried on his profession as a consulting engineer, will be interested in the following which appeared in The Toronto Globe on Tuesday of this week:

Dr. J. B. Tyrrell, who for the past five years has acted in the dual capacity of President and Managing Director of Kirkland Lake Gold Mines, Limited, informed The Globe last night that he has resigned as Managing Director, and on his recommendation, V. H. Emery for the past few months consulting engineer for the company, has been appointed to the position.

Mr. Emery along with Prof. Stanley Graham of Queen's University, completed an exhaustive examination of the Kirkland Lake Gold property last year, and in their report recommended

a programme of extensive exploration on the upper levels, recent results from which have yielded considerable measure of success.

While relinquishing active direction of the mine, Dr. Tyrrell will remain as President and will continue to be active in its interests.

"My resignation was simply for the purpose of taking the heavy burden off my hands," he said, "and giving it to a younger man."

Mr. Emery it is understood will continue to make his home in Toronto.

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That Body of Hours



By James W. Barton, M.D., Toronto

Treatment for Convulsions or Spasms

One of my early recollections is that of watching my young brother in his high chair and noticing that his eyes were rolled upwards and his body stiff and jerking.

My mother apparently noticed it at the same time and within a few seconds the youngster was stripped of his clothing and was being held in hot water in his little bathtub. It seemed only seconds again before his body relaxed and his eyes were back to normal. I have never forgotten this little drama.

It may be that some one in your home may take one of these "convulsions" and it would be well to know just what to do.

Dr. Josephine M. Kenyon in her book "Healthy Babies are Happy Babies" says:

"In a convulsion your aim is twofold—to relax the muscle twitchings and to prevent the child from hurting himself. In a convulsion there is a stiffening of the body, the eyes roll upwards, the feet and hands may be clenched or jerk irregularly and there is always a loss of consciousness."

"Put the child on a soft surface where he cannot fall off. Do not let the head or arms hit the walls or sides of the bed. If the teeth are clenched and the tongue within the mouth, nothing need be done, but if the jaws are working it will be safer to slip a folded end of a towel or clean handkerchief between the child's teeth so that the tongue will not be bitten. Do not use a small object or he may swallow it or choke."

"Prepare a warm bath and put your elbow in its to test its warmth—it should feel only comfortably warm. Slip off the child's garments and immerse him in the tub, holding him carefully. Leave him in the bath not over five minutes, then wrap him in a dry bath towel and warm blanket and put him down to rest. The bath towel will absorb the water and when it is damp slip it out and leave him wrapped in the blanket. Keep him warm and let him sleep as long as he will."

I believe that these simple directions which anyone can follow should prevent mothers and others from doing unwise things in their anxiety to do something in a hurry to relieve the convulsion or spasm.

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Born on Monday, Feb. 11th, 1935 to Mr. and Mrs. Chas. Hoimes, 413 Pine street, south, Timmins a son

To Tea or Not to Tea, That is the Teasing Question

(From Toronto Telegram)

No amount of questioning will ascertain how many wives of cabinet ministers are absent themselves as a matter of principle from the tea given by the chataleine of Government House. Not without intruding on the privacy of the ministerial domiciles, can be learned how many of them are governed by the thought that as wives of ministers they are bound to accept the social dictation of Premier Hepburn. Doubtless the question has been threshed out over the breakfast cups and a decision reached that will permit the ministry to present to the world a front of domestic solidarity.

But the question to tea or not to tea has not been confined to the better half of Mr. Hepburn's cabinet. Wherever ladies get together the subject has been discussed from various angles. Mrs. Fred Stevenson, wife of the president of the National Labor Council, for instance, has said, "I do think that the money spent on these affairs could be put to much more useful purposes."

Whether Mrs. Stevenson does not believe in circulating money among dress-makers, waitresses, taxi-drivers, shopmen and others does not appear, nor in what way she thinks the money could be more beneficially expended.

It is easier to understand the view of Mrs. John Munro, wife of the treasurer of the Toronto District Labor Council, who has said, "I am in favor of holding these luncheons because I think they provide work, but I have never had any interest in them." If it were possible to wipe out all social usages in Toronto it would no doubt result in considerable savings to people who can afford to spend, but it would be at the cost of people who cannot afford to lose their wages.

Purpose of the Federal Unemployment Insurance

In an editorial note last week The Barrie Examiner says:—"Some criticism is heard of the Federal Unemployment Insurance plan on the ground that it will not help those now out of positions. The measure is not intended to do this, as should be very obvious to anyone. Its object is to provide for present work, and for those finding jobs with improvement of business, so that the burden of unemployment may not be increased. Had such a scheme been adopted in the days when industry was flourishing, the contributions would have been scarcely noticed by those providing the funds and a reserve of millions would have been available to assist in taking care of those thrown out of work by slackened trade when the depression hit the country. Ways will have to be found to relieve the present unemployment situation, but in the meantime the proposed insurance plan should do much to prevent conditions becoming further aggravated."