

GUARANTEED!

Kellogg's Corn Flakes must always be uniformly high in quality. They are sold with the personal guarantee of W. K. Kellogg: "If you are not more than satisfied, return the empty red-and-green package and we will refund your money." Made by Kellogg in London, Ont.



Kellogg's for quality

SAVE TROUBLE! SAVE TIME!

ZEBRA LIQUID or PASTE STOVE POLISH

MARTYR TO STOMACH TROUBLE!

Now enjoys her meals

You may think your stomach is a very bad actor, but listen to this letter from a Chester, England, woman, who lived for months on one invalid food, and was in despair:

"Maclean Brand Stomach Powder is a very good remedy. I have been a martyr to indigestion which gradually developed into acute stomach trouble. I have tried every known remedy without permanent success. I have taken 8 bottles of Maclean Brand Stomach Powder and the result is great, for I now can eat anything I like."

Maclean Brand Stomach Powder, new to Canada, is the famous formula of an eminent Stomach Specialist of London, England. Used especially by leading English hospitals to treat stomach trouble, indigestion, dyspepsia, flatulence, heartburn, and acidity.

At your druggist's. Be sure to get the genuine Maclean Brand Stomach Powder with the signature, "Alex. C. Maclean." Never sold loose. Only in plainly marked, handy size bottles, 75c, powder or tablets. Sole Canadian distributors, Rigo Agencies, Toronto.

Former New York Mayor Interested in Quebec Mines

Considerable new U.S. capital will come into Canada for mining development work in Northern Quebec gold fields as a result of a special meeting of Canadian and American interests held in Montreal, Stanley Siscoe president of the Stanley Siscoe Extension Gold Mines Limited and director of Siscoe Gold Mines Limited, second largest gold producer of the Province of Quebec, announced, adding that first payments in this regard will be made during the coming week.

Hon. Judge John P. Hylan, former mayor of New York from 1910-1925, author of "Gold—Its Control Over Nations and Men," Mr. Siscoe said, will visit the city towards the end of the month, together with other members of the American group he is representing in the capacity of chairman of the advisory committee of the Stanley Siscoe Extension Gold Mines. The latter corporation is developing valuable properties in Northern Quebec.

Since the rapid advance in the price of gold from a normal value of \$20.67 an ounce to over \$31 an ounce, Mr. Siscoe said American financial interests have manifested a keen interest in the progress towards production of leading Canadian gold properties. He believed that the influx of \$1,000,000 new capital is but a forerunner of other similar developments in the very near future.

WANTS ROADS MADE WHERE THEY WILL BE PRODUCTIVE

The Goldthorpe correspondent of The New Liskeard Speaker writes last week as follows:—"Our new road is not as yet paved—in fact it is not quite ready for paving—but we now have three trucks hauling crushed rock and hope soon to have a real road. And just while we think of it, why cannot the powers that be send up a few hundred of those men working on that luxury called the Trans-Canada highway and make roads where they would produce something."

Some Pleasing Ways for Serving Cheese

Vegetables and Cheese Casserole, Cheese Custard, Chinese Rarebit, Cheese Souffle Recipes.

A lady who says she reads The Advance from first page to the last each week and is particularly interested in the recipes published in these columns from time to time, recently sent in the following clipping from The Toronto Mail and Empire, the article and recipes being written by Ann Adam for the Toronto newspaper. There is no comment from the friend of The Advance in sending in the recipes, and none is given here in passing them on. The clipping is as follows:—

Cheese at Any Stage is Good Food

When you find that you have lost track of the last part of a package of cheese or that there is a snubby end of a cut of nippy Canadian cheese that has gone dry when it has been out of sight and out of mind—don't feel that there is any waste implied.

Small dry pieces of cheese can be used to give a piquant touch of flavour to a dish of vegetables—just grated over the top of a casserole and sprinkled with paprika; or grate the cheese and melt it in an otherwise finished creamed sauce.

Cheese is too important a food product not to merit deliberate inclusion in meals. As a meat substitute, or to carry on as meat does in a meal where the latter is lightly represented, cheese is of very great value. So cut quite regularly on interesting and varied uses of cheese as a nutritious part of regular meals.

We include some dishes here that give cheese varying importance—sometimes on the side of flavour, sometimes on that of substantial nourishment.

- Vegetable and Cheese Casserole**
- 1 cup cooked or canned vegetables
 - 1-2 cups scalding milk
 - 1 cup soft bread crumbs
 - 1-4 cup melted butter
 - pimientos, chopped
 - 1-2 tablespoons chopped onion
 - 1-2 cups cheese
 - 3-8 teaspoon salt
 - 1-8 teaspoon pepper
 - Dash paprika
 - 3 eggs
 - 1 tablespoon chopped parsley
- Pour scalding milk over the bread crumbs. Add butter, pimientos, parsley, onion, grated cheese and season. Then add the well-beaten eggs. Put the vegetables in a well-greased loaf pan, and pour the milk and cheese mixture over them. Bake about 50 minutes in a slow oven of 350 degrees F., until the loaf is firm. Servings, 6.

- Cheese Custard**
- 2 cups bread crumbs
 - 1 cup grated cheese
 - 2 cups hot milk
 - 2 tablespoons butter, melted
 - 1 teaspoon salt
 - 1-8 teaspoon cayenne
 - 2 eggs
- Mix bread crumbs and cheese. Add milk, butter and seasonings. Add eggs, well beaten. Turn into a buttered baking dish; over-poach until firm.

- Chinese Rarebit**
- 1 cup boiled rice
 - 4 well-beaten eggs
 - 4 tablespoons milk
 - 2 tablespoons butter
 - 1 1-4 teaspoons salt
 - 1 teaspoon Worcestershire sauce
 - 1-2 teaspoon pepper
 - 1 cup cheese
- Saute rice in butter, add the eggs with the milk, and cook slowly. When nearly thick enough, add salt and pepper. Worcestershire sauce and the cheese grated. Just allow the cheese to melt. The mixture should be of the consistency of thin scrambled eggs. Serve on toast or crackers.

- Cheese Souffle**
- 1 cup cheese
 - 2 eggs
 - 1 cup milk
 - 4 tablespoons flour
 - 4 tablespoons butter or shortening
 - 1-2 teaspoon salt
 - Pepper
- Make a white sauce of milk, flour, fat and seasonings. Add cheese and beaten egg yolks and stir until cheese has melted and the yolks are set. Fold in stiffly beaten egg whites. Pour into a buttered dish or buttered individual moulds, and set in a pan of hot water. Bake 15 minutes in a slow oven, 300 degrees F., or until egg white is set and serve at once. It begins to fall as soon as removed from oven.

- Cheese Fondue**
- 1 1-2 cups milk
 - 2 cups soft bread crumbs
 - 8 eggs
 - 1 1-2 cups grated cheese
 - 1 teaspoon salt
 - 1-8 teaspoon pepper
 - 1-8 teaspoon paprika
 - 1 tablespoon melted shortening
- Pour milk over bread crumbs. Add beaten eggs, cheese, salt, pepper, paprika and shortening. Mix well. Pour into greased individual baking dishes and bake in moderate oven, 350 degrees F., 20 to 25 minutes.

FOUND THE ADVANCE GAVE GOOD RESULTS FOR FIRM

J. B. Broughton, head of the firm of J. B. Broughton & Son, Riverdale Gardens, Montclair, was a visitor to Timmins last week. The Riverdale Gardens is a large and growing business in flowers, shrubs, etc. The business of this firm in the Porcupine camp continues to increase in pleasing way. Mr. Broughton agreed with practically all who have used advertising in The Advance in saying that this newspaper certainly brought results. A recent advertisement in these columns brought many orders and enquiries and next season Mr. Broughton intends to profit still more by advertising earlier and oftener.

Baltimore Enterprise:—In Turkey, a woman never sees her husband before marriage. In America she doesn't see much of him afterwards.



An All-Weather Recreation

NO rain checks issued for billiards. You can enjoy a game night or day in any weather, any season of the year—and never tire of this greatest indoor pastime, especially when played on our modern Brunswick equipment.

Steven's Amusement Parlours

Phone 280 Timmins, Ontario

FIRED REVOLVER AROUND VILLAGE OF FOSS MILLS

Mike Belensky was charged before District Magistrate McCaughey at North Bay last week on a charge of carrying offensive weapons dangerous to the public. He entered a plea of not guilty. The accused, who is Polish was formerly an employee of the Fassett Lumber Co. at Foss Mills, and it is said that enraged because he claimed the concern owed him money he went to the mill last week and threatened the office staff with a gun. There was a struggle in the office during which the revolver was discharged the bullet piercing an empty chair. In the tussle Belensky managed to escape from the building. Later he is said to have shot at other targets round the village and also entered the school house where an attempt was made to frighten the teacher and her pupils. The man was arrested at the Continental hotel, North Bay after provincial police learned of the shooting around.

Only 8 Out of 546 Ready to Accept Work in Bush

The following rather startling article is from last Wednesday's issue of The Sudbury Star:—

"In Sudbury there are 546 heads of homes on relief. They have a total of 2,124 dependents, all of whom are also dependent upon the city of Sudbury and the government for their livelihood."

"Recently the city received a request for 300 men to work in the woods at \$20 a month and board."

"Yesterday Employment Agent A. E. Woods endeavoured to round up a crew of 12 experienced bush workers from the list of 546 heads of homes on relief. He succeeded in getting eight."

"Admittedly, there are any number of bush workers on relief, but none of them will accept a job, though the pay of \$30 a month and keep for years past has been the standard scale for bushmen."

"The majority of the men approached refused to go, giving no other reason, except that the pay—the same that bush workers received before the depression—was not high enough. One man, The Sudbury Star was told, demanded a written guarantee that the relief given his family would not be reduced, and none of the money he earned would be taken to support his family, before he would consent to go."

"The motion of the welfare board authorizing an adjustment is your written guarantee that your family will not be taken off relief." Relief Officer S. C. Manson told him.

"I want it written out on paper," he demanded.

"Meanwhile, P. J. McAndrew, proprietor of a private employment service, reports that he has been sending an average of 20 men a day to Nicholson Siding for Austin & Nicholson, and to points along the C.N.R. for the Pine-lands Timber Company. Unlike the government employment office, Mr. McAndrew is not restricted to selecting his men from those on relief."

"I have not had any trouble getting men," he said. "I can secure all the experienced bush workers required in short order." He sent 20 more men to Nicholson Siding today.

HIGH DISTINCTION GIVEN TO PIONEER NORANDA SURGEON

Dr. E. W. Lindlater, of Rouyn, received a notable distinction last week being given the degree of F.A.C.S. (Fellow of the American College of Surgeons) at their twenty-third clinical congress held at Chicago. Dr. Lindlater is the only surgeon in Northern Quebec holding this degree. Dr. Lindlater was the first surgeon in the Rouyn camp, going there by airship in May, 1925. At the time there were only 80 people at Noranda.

Try The Advance Want Advertisements

GOLD RANGE HOTEL

First Ave., Schumacher

New Rates
Room and Board \$36.00 per month.
Meals from 30c up

You will be pleased with the ROOMS, MEALS AND SERVICE HERE

GIVE US A TRIAL

Fauquier Settlers Return to Windsor

Five Men on the "Back-to-the-Land" Plan Curse the North, but Leave Their Families on the Farms.

At least one Toronto newspaper is making considerable copy out of the fact that three of the men who went from East Windsor, and two sons of one of the three, have returned to East Windsor from Fauquier, condemning the "Back-to-the-land" plan and saying few good words about the North Country. It is an interesting commentary upon their stories of hardship and starvation in the North to note that these men left their wives and families behind them. If conditions were as the men are said to claim it seems decidedly hard on the families to be left behind to face the terrible situation alone. A certain or uncertain Toronto newspaper in referring to the return of the supposedly would-be settlers to Windsor calls the North, "the land of promise," and places the phrase in quotation marks. "They were 14 months up there," says this Toronto newspaper, where they knocked the last icicle off their beards in May and where sometimes the frost is in the pumpkin in July. Only there is no pumpkin, even in containers."

On the same authority the returned settlers are telling of "harrowing experiences," "tales of privation, desperation and semi-starvation," and so on. One of the men left a wife and four young children to keep on facing it all alone. Another of the two left eight children and a wife, and the third man left behind his wife and his eight children. The East Windsor settlement is about five miles from Fauquier. There are 105 families in the settlement and one of the returned settlers says that 102 of them are on government relief to-day. How they can be on government relief and still be starving to death is difficult to understand. The stories told by the returned settlers at East Windsor are to the effect that the country is so affected by frosts that crops can not be raised and vegetables can not be grown even to provide for the families themselves. One of the men admits he reported he raised some oats, "three tons from three acres," but that he could not sell the oats. They tell of one man with 40 acres plowed, 20 acres in hay and with cows, bull, a few sheep, a large comfortable dwelling and suitable barns, "yet he can't eke out a living because he can't sell his produce." The pulpwood business is condemned as useless because the jobbers pay only \$3.00 per cord for the pulp. Another complaint is that it always takes two weeks to get a doctor from Cochrane "and then the patient is either better or dead." All sorts of special details are given, all of them reflecting more or less on the country and on the back-to-the-land plan.

It would be well if the Government could find some method whereby these stories could be definitely settled one way or another. When the mayor of Windsor some months ago visited the North and presented a list of the same kind of grievances, Hon. Wm. Finlayson made very complete and effective reply. It seems to be necessary for him to make reply again. Special attention has been given this group of settlers from East Windsor. It is unthinkable that their story should be true after all that has been done to assist them, unless they have failed to do their part. There are, of course, two other alternatives—they may be so unsuited for the life of pioneers that the trouble may rest in the fact that they should never have been allowed to take up the life. Or it may be that they would sooner talk than work. Everyone in the North knows that the settler here has a hard time. The most of them, however, would think they were fortunate indeed if they were receiving all the assistance given to those going on homesteads on the back-to-the-land plan.

Sudbury Alderman Says "Lock up the Relief Office"

The following is the editorial reference made last week by The Sudbury Star to the fact that bushmen at Sudbury refused to accept work at usual wages, preferring to continue on city relief:—

"And they all forthwith began to make excuse."

Yet, not all—all but eight.

The eight are those on relief in Sudbury who were willing to accept regular employment in the lumber camps when it was offered them. The excuse-makers are still satisfied to live upon the public.

A government employment agent appealed to several score jobless men on relief this week in an effort to secure 12 men for work in the bush. About one in a dozen showed any inclination to work. The rest declined to accept the offer.

One went so far as to demand a written guarantee from S. C. Manson, city relief officer, to the effect that the relief payments to his wife and family would not be reduced because of his acceptance of a steady job.

Disinclination of some men receiving relief to take advantage of opportunities for employment is likely to become more and more a knotty problem for the welfare board and its officials unless some drastic steps are taken. The attitude of many on the question of again entering some gainful employment, even though it may not be at top wages, is jeopardizing the position of conscientious men on relief.

One begins to wonder if the ultimate solution will not be the adoption of Alderman J. D. McInnes' suggestion that the lock be turned in the door of the relief office.

Nit: "I keep thinking this is Thursday."

Wit: "Why this is Thursday."

Nit: "I know it, that's why I keep thinking about it."

—Exchange

EDWARDSBURG CROWN BRAND CORN SYRUP

The economical and delicious table syrup

A nourishing sweet for the whole family

THE CANADA STARCH CO. LIMITED, MONTREAL

Searching for Lost Balloon Between Sudbury and Here

Frank A. Trotter, of Akron, Ohio, one of the pilots who was wrecked on Sunday, Sept. 3rd, in the Thor Lake district, north of Sudbury, in an international balloon race event from Chicago, is back in the Sudbury district with the idea of searching for his balloon, Goodyear IX. He and Mrs. Trotter motored from Akron to Sudbury.

At Sudbury he explained that his purpose was not to salvage the balloon. That was considered about impossible or impractical. What is really sought is the outfit of instruments that was with the balloon. Their value is estimated at around \$2,000. The bag was also equipped with two parachutes worth \$600 each.

Recently, Alec Bailey, veteran Thor Lake bushman, with directions given to him by Trotter endeavoured to find the wrecked balloon, but saw no sign of it. It is believed to be 20 miles north of Thor Lake.

For six miles from where it crashed Trotter and his pilot, Ward T. Van Orman blazed a trail through the woods.

"If we pick up that trail, we'll be all right," Trotter stated.

WOLVES NUMEROUS IN THE DISTRICT AROUND LISKEARD

Reports from New Liskeard say that the farmers in Hudson township are again heavy losers through the depredations of wolves. One farmer had so many sheep killed recently by wolves that the flock was reduced to only five and he thought it the better plan to sell these before they too fell victims to the wolves.

Let Us Know Your Next Move



This van specially built for Ferguson Highway Subway

11 Main Street East NORTH BAY ONT.

KLIM FULL CREAM MILK IN POWDER FORM

CHILDREN THRIVE ON IT

COUPON

Canadian Milk Products Limited, Yardley House, Toronto

Please send me free booklet "Your Child's Health."

Name _____

Address _____

New York Life—Bridegroom: a bachelor who gives up good quarters to take a better half.

IT NEVER PAYS TO TAKE CHANCES WITH DOUBTFUL BAKING POWDER. I USE AND APPROVE MAGIC. IT IS ALWAYS DEPENDABLE.

MAGIC BAKING POWDER

SAYS MISS ANN ADAM, popular writer of food articles for the Home Service Bureau of the Canadian Home Journal

—costs not quite 1/4 of a cent more per baking than the cheapest inferior baking powders. Why not use this fine-quality baking powder and be sure of satisfactory results?

"CONTAINS NO ALUM." This statement on every tin is your guarantee that Magic Baking Powder is free from alum or any harmful ingredient.

Made in Canada

MAGIC BAKING POWDER

—costs not quite 1/4 of a cent more per baking than the cheapest inferior baking powders. Why not use this fine-quality baking powder and be sure of satisfactory results?

"CONTAINS NO ALUM." This statement on every tin is your guarantee that Magic Baking Powder is free from alum or any harmful ingredient.

Made in Canada

WILL YOU HAVE A Guaranteed MONTHLY INCOME at her age?

She is free . . . She can travel . . . The narrow routine of a "dependent relative" will never place the stamp of age upon her. She is alert, wanted, part of the life around her.

Because

At 30 she began to buy a Mutual Life Pension Policy . . . her investment grew as she shared in the profits of the Company . . . now she receives a monthly cheque and will receive it as long as she lives.

(\$10.90 saved monthly from age 30 to 65 will provide a pension of \$50 monthly for life at 65. Annual dividends may be used to reduce the \$10.90 payments or increase the pension. Pensions can also start at 50, 55 or 60.)

MUTUAL LIFE Assurance Company OF CANADA

Established 1869 WATERLOO ONTARIO "Owned by the Policyholders"

I am interested in your Pension Policy to help me become independent.

Name _____

Address _____

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Messrs Sullivan & Newton, C.L.U.,
District Managers
P. A. MACAULAY, GOUGH P. LYND
Timmins, Ontario

BE KIND to their eyes



ONLY the best light is good enough to guard the eyes of young and old. So beware of "bargain" bulbs, and play safe with genuine EDISON MAZDA LAMPS.

Choose EDISON MAZDA LAMPS

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CANADIAN GENERAL ELECTRIC CO., LIMITED