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It's the very food of youth! Just whole wheat with nothing added or taken away. Ready cooked, ready to eat. Yes, ready to serve in many delightful ways . . . with milk or cream, with fresh or preserved fruit.

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SHREDDED WHEAT

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ANY MORE ENTRIES FOR THE SUNFLOWER COMPETITION?

(From The Sudbury Star.)

The sunflower contest is on. Up in Timmins, J. Hallam has a flower nine feet two inches tall with 29 blooms, and one nine feet tall with 35.

Charles McGuire, Draper street, Toronto, is proud of his sunflowers. He has one five feet tall bearing 75 blooms one eight feet tall with 50 blooms, and one nine feet high with 60 blooms.

So far, nothing has been heard from the sunflower growers in the Sudbury district.

Try The Advance Want Advertisements

GNAWING PAINS IN STOMACH

Gas, Heartburn, quickly relieved by formula of English Stomach Specialist NOW OBTAINABLE IN CANADA

The English medical profession and English hospitals have had remarkable results from a new scientific formula for Acidity, Indigestion, Dyspepsia, Heartburn, Flatulence, Gastritis and stomach troubles generally.

A nurse writes: "My patient has derived great benefit from your stomach powder. She has been a martyr to acidity and indigestion for years and was afraid to eat anything. But now thanks to your stomach powder she is able to eat anything."

The actual formula of an eminent London, England, Stomach Specialist, this exceptional remedy is now available to Canadians. It is called Maclean Brand Stomach Powder. Try it!

At your druggist's. Be sure to get the genuine Maclean Brand Stomach Powder with the signature, "Alec. C. Maclean". Never sold loose. Only in plainly marked, handy size bottles, 75c. powder or tablets. Sole Canadian distributors, Rigo Agencies, Toronto.

Bears Numerous in District Near Here

One Settler Planning to Make Killing of Bears Causing Annoyance at His Homestead. Man Meets Big Bear in Berry Patch

Bears are reported as numerous all through this district and several encounters are reported with bears by residents of the area. It is a fact that no serious damage has been done by any of the bears. The yarns about youngsters being killed or hurt by bears is all nonsense. No person, child or adult, has been injured by any of the bears in the district, though some encounters have been reported. Usually, it appears the bear travels as fast the opposite way as the person meeting bruin does in the one direction. A settler, last week came unexpectedly upon a bear and there was a double breach of the speed limit. The settler was picking berries. So was the bear. "The bear she push her nose through the bushes and look at me," said the settler. "I said what the you do here, eh?" Then I throw the pail full of berries I pick square in the face of that bear. He pull back his black nose quick, yes! I do not see what else he do. I too busy watch my own legs make nice big long tracks. I get home all right. Guess the bear get home too. He live the opposite way to me maybe! Also, maybe, I go back some other day for my berry pail perhaps, too."

Other settlers have noticed bears around and are getting tired of their depredations. One settler says that three bears are making their home on his property and one of these days he is going to go out with his gun and lots of ammunition, and it will be just too bad for those three bears. The bears raid the berry patches, as well as eating anything and everything, except cast iron, that they find around anywhere. Bears have a great bump of curiosity. They may be called 'moopy' and this is one reason why they are decidedly unpopular around the settlers' places.

Arcadia Gold Mines Active on the Triplex Property

Writing in the current issues of Loney's Mining Report, El Loney says: "To a request for further information on the reported deal whereby Arcadia Gold Mines, Limited, has assumed control of the property in South Porcupine area formerly known as the Triplex Mines, A. M. Bilsky, of New York, general manager, has replied as follows: "Triplex shares are exchangeable on the ratio of two Triplex for one Arcadia. A. R. Smith is the secretary-treasurer of the Triplex Gold Mines, Limited, 201 Commercial St., Worcester, Mass. U.S.A. Arcadia Gold Mines, Limited, the present owners of the property formerly owned by the Triplex Gold Mines, Limited, are now active at the property and reports will be issued from time to time regarding same."

The next regular meeting of the Timmins town council will be held on Monday, Sept 11, commencing at 4 p.m.

Set New Air Mark



Mlle. Helen Boucher French aviatrix, pictured at the Orly Aerodrome, near Paris, after she had set a new world's altitude record for women. The 23-year-old flier soared to a height of 20,000 feet (nearly four miles). She was in the air less than an hour and a half.

Navajo Indians Show How to Kill Off Grasshoppers

The following from The Christian Science Monitor of recent date is well worth careful reading, showing, as it does, his ingenuity helps out in hard places:

"American Indians are much in the spotlight these days. Taciturn the red man may be, but he is matching his economy of words with economy of taxpayers' money."

"Only the other day the Menominees showed their sturdy self-reliance by refusing a grant of \$30,000 from the federal emergency relief funds, respectfully but firmly informing the administration that up in their Wisconsin reservation the tribe was able to build up their own roads."

"Now comes a despatch out of Washington realising an exploit by Navajo Indians employed in a civilian conservation camp at Shiprock, N.M., which smacks of positive genius strongly savored with humor. Grasshoppers there had become more than a passing nuisance. Alfalfa fields disappeared overnight, melons and peaches were vanishing."

"An appeal to Washington brought \$1,400 to help out the intruding grasshoppers. And what did the resourceful Navajos do with the money? They bought turkeys—1,100 young ones. These they herded in localities where the grasshoppers most abounded. When the turkeys had gobbled them up in one spot the thrifty Navajos led the birds to other desolate spots."

"Results: the grasshoppers were no more and the turkeys waxed exceedingly plump. Melon fields and alfalfa meadows have been considerably saved. And the boys in the C.C.C. camps thereabouts are already thinking of Thanksgiving Day, when the long table will groan beneath the weight of many turkeys accompanied with all the trimmings. Incidentally, enough will be left to start another flock for 1934."

"Again the red man points the way. Loud has been the criticism—often justified—of many demands for funds to be expended on prospects which obviously yield nothing in return. The Navajos of New Mexico achieved the purpose for which the emergency relief was given and by their ingenuity turned the taxpayers' money into a useful paying investment."

To Develop Murray Bros. Claims in Pas District

Elbow Lakeshore Gold Mines Syndicate has been formed to develop a group of 14 mining claims at Elbow Lake in The Pas district of Manitoba, staked in 1920 by the Murray Brothers. On the completion of financing, the company will proceed with a programme of development and plans to install a 25-ton mill. A large tonnage of high-grade ore is said officially to be available on the property. A bulk sample of two tons of ore has been sent to the Department of Mines, Ottawa, for test purposes.

Work done to date consists of deep trenching and test pits. A tunnel has been driven into the hillside for about 30 feet and a shaft is down 50 feet.

The company's circular gives no definite ore tonnage or values on its own statements. Those of private individuals are mentioned.

At the time of its discovery, the Murray find created tremendous furore by reason of the extensive high grade showings. Big widths were exposed. Later, the theory was advanced that the main showings were of flat-lying veins, or sheets, lying almost on their side on surface. Recommendations to look for the parent vein has been made L. F. McNaughton, M.E., (formerly with Trethewey) says it is quite obvious that the veins or sheets are angular or feeders from a main ore body.

A great deal of spectacular gold is visible on surface.

It is hoped that the proposed mill will recover about \$150,000 gold from known exposures. A likely spot for a main vein in a river bed will be drilled this winter. Colin M. Bartram is on the syndicate committee, along with Dr. N. J. Maloney, M.P., George E. Bunting, J. Bonfield Marion and W. McNaughton.

Interest is Revived in Sesekinika Area

Several Properties Report as Likely To Resume Operations at Once, One Producer, the Lakeland, For This Year.

At the present time there is special interest in several mining areas in the North, sections that have not had opportunity to prove themselves. One of these is the section around Bourke's Station and Sesekinika, lying about midway between Swastika and Ramore. For this section, Bourke's Station and Sesekinika on the T. & N.O. Railway, are the stations used. In the past few months the progress made by the Lakeland Gold Mines as Bourkes has attracted general attention to the area. It is confidently expected that the Lakeland will enter the list of producers this year and this will mean a great impetus to interest in the other mining propositions in the area. Discussing the revived interest in the Sesekinika and Bourkes area The Northern Miner last week says:

Prospects in Sesekinika.
Prospects of renewed activity in the old Sesekinika Lake district are improving as interest in the development of gold prospects there increases. This section, including most of the township of Maisonneville, was the scene of a wild rush just as the war broke out in 1914. Prospectors had worked up from Kirkland Lake, staking Grenfell township and their operations finally included Benoit to the north of Maisonneville and a number of other townships nearby. East of Sesekinika Lake a number of rich but comparatively narrow veins were found on the Smith-LaBine, Maloff and a number of other locations. Tellurides in quantity were uncovered, for perhaps the first time in Ontario, and prospectors held out for big cash payments until interest lagged when financing gold properties became difficult in 1915 and 1916. As a result large scale exploration was only carried on at a few places.

One Producer This Year.
Included in this area is the Lakeland which officials expect to bring into production this year. Prior to the successful development of this group the district had been pretty dead following the pulling out from the Smith-LaBine of the Bennett mining group after considerable expenditure. Chas. LaBine, one of the original owners of the claims, and now president of Eldorado Mines, visited the section last week and intimated to The Northern Miner that he expected the property to be reopened on a working option basis. Representatives of mining capital were then negotiating for a deal and Mr. LaBine anticipated that one would soon be arranged. "There is some rich gold ore in the Sesekinika district, and I fully expect to see considerable action there soon," he said.

At the Lakeland Gold shaft sinking has been completed to the new 875-foot level, providing three more levels to develop. It is expected that the main vein will be cut at these horizons in a few weeks and then a final decision will be made as to the size of mill to be erected. In the meantime plans for a 100-ton structure have been pretty well prepared in anticipation of a continuation to the new levels of the ore developed to date.

Others To Start Up.
The probability of other groups neighboring Lakeland starting up is reported, but nothing definite has been announced. Years ago there was considerable activity in the five-mile stretch west from Lakeland to Bourkes and beyond. Bourkes Mines, near the station bearing that name, remains idle, but there is talk of a deal being made to reopen it. At the time the property was developed, and work went to a depth of 400 feet, some splendid ore was encountered and it was generally conceded to have possibilities of becoming at least a small mine. Just how extensive the good ore was found to be was never definitely set out. Selected test shipments ran in the hundreds of dollars. The company raising financing money got into difficulties and eventually the property reverted to its original owners, chiefly a settler named Oscar Anderson. In 1916, when the original discovery was made that started a wild staking boom that was hampered somewhat by the fact that the discovery is in a farming section, the Anderson, as it was then called, was one of the show spots of the district with a rich surface showing carrying coarse gold and tellurides.

Several attempted to develop the narrower, but in places quite rich veins northwest of Sesekinika Lake, with the largest scale operation on the Smith-LaBine. Work there was carried to a depth of 500 feet. Shallow shafts were sunk on the Maloff and other groups nearby also.

East of Sesekinika Lake, work has been spasmodically carried on at several points. The old Lightning River Gold



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Mines did considerable exploration on a group near Wegewimok Lake, but the most persistent operation has been the Golden Summit, on which work has been carried on from time to time since 1916. At present, drifting is being carried on at the first level, 100 odd feet, but as the plant is of limited capacity new equipment will have to be installed before development can be carried much farther. The vein being explored, while narrow, carries in places quite a lot of visible gold.

Around Sesekinika one hears of a number of properties both to the north-east and to the east of the lake involved in deals that, if gone ahead with, would mean their exploration.

South of this section, in Grenfell township, are a number of other groups reported as probable scenes of activity in the near future. At present Kirkland Consolidated is the most interesting operation, particularly as a decision has been made to carry to greater depth the development of a vein in which some very high grade sections have been found on surface and at the 60-foot level.

Blairmore Enterprise:—Many a fish would be living happily today had they only kept their mouths shut.

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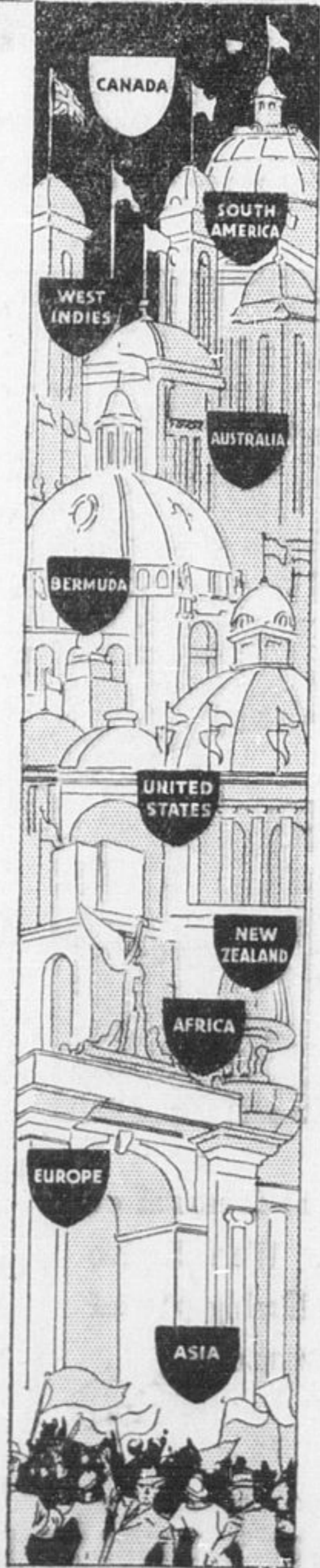
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