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CURLERS SHOWN FINEST HOSPITALITY AT KIRKLAND

The Roving Reporter writing in The Northern News last week says:—"One of the curlers who took part in the Northern Ontario Curling Association's annual bonspiel here a couple of weeks ago was given an agreeable surprise toward the end of the competition. He had been playing a quartet of other curlers, and after the battle he cordially invited his opponents inside to have lunch. Tasty roast turkey sandwiches flavoured coffee, and other good things to eat and drink, had been duly prepared with relish, and the host stepped up to the counter with the intention of paying the bill. "How much is it?" he asked. "Why," the counter man replied, "You don't have to pay for this. It's on the house." The curler was genuinely surprised to learn of this. And he was even more surprised, it was apparent, when he learned that such had been the practice ever since the "spiel opened at the first of the week. "A fellow's money certainly ain't any good here," he reflected, as he voiced his appreciation of the type of hospitality offered the visitors by the local curling club."

CURIOS STORY OF A MAN AND A WOMAN, FROM PALESTINE

(From London Observer.)—The following curious story comes from Palestine. An Englishman living in Danzig in pre-war days married a local girl. In 1914 he returned home to join the British Army, leaving his wife behind. He kept up a regular correspondence with her, but one day letters ceased to arrive. It appears that the wife had heard that her husband had been killed in action, and she left Danzig with her child and joined the Red Cross. A little later her husband was informed that the party with which his wife had been working had been destroyed. The war over, the Englishman drifted to Palestine and settled down there, marrying again and having a child by his second wife. Three months ago he fell seriously ill and was taken to the hospital, where he found the face of one of the nurses strangely familiar. She was none other than his first wife! Immediately on his recovery the Englishman took steps to remedy the situation, his "second wife" receiving an orange grove in compensation for his mistake.

Public Must Help to Conserve Wild Duck

Game Sanctuaries and Research Believed to be Needed to Maintain Wild Duck Life in the Dominion of Canada.

The idea suggested by the writer of the following article is one well worth the closest attention and support. For the best success in conserving game the support of the public is a vital necessity. With public support almost anything can be done. Without public support the way will be difficult indeed. It is in the way of rousing and maintaining public opinion that fish and game associations and rod and gun clubs do their most helpful work. D. W. Kelly, writing in The C.I.L. Oval for February says:—"How often have your thoughts strayed to those pleasant days spent on river or lake hunting duck, and to those fleeting seconds when a flight swerved swiftly down over your decoys as you crouched in breathless suspense in your duckblind? When you think of those thrilling moments do you ever pause to consider the fact that modern conditions are unquestionably affecting our wild duck, and that a policy of game conservation supported by the public of this country is essential if we are to perpetuate and increase our wild life.

"Our Federal and Provincial Governments are actively engaged in conserving our wild duck resources, but is public consciousness fully awakened to the necessity of supporting governmental endeavours? Are our hardware, sporting goods dealers and sportsmen considering the problems involved, and lending their support to this movement? "It is true that there are to-day many associations of Canadian sportsmen which are making persistent efforts to conserve our wild game. Those who are most familiar with the situation, however, realize that there are many theories to be proved, and that we lack much essential information on many phases of wild duck life which can only be supplied through the cooperation of sportsmen all over Canada. It is not sufficient to generalize and to legislate restrictive laws; constructive thinking and action are necessary to solve the problems. Restrictive legislation, of course, is necessary, bag limits and seasons are essential, and game wardens must police the hunting regions, the problems, however, are greater than these. It is essential that the sportsmen of Canada unite to study and initiate a well-defined policy of conservation based on a greater knowledge of our wild duck, and the conditions that deplete their numbers.

Canada has been so remarkably fortunate in her heritage of wild duck that only a few discerning sportsmen have been actively pointing out the destructive effects of industrial progress, expanding farm settlement and the drainage of lake and sloughs on our wild duck. As a result of the severe droughts in certain regions of the Canadian West in 1929, 1930 and in the Fall of 1931, however, which caused a serious decline in number in some sections of the country, more sportsmen are becoming interested in the necessity of a widespread public support of a vigorous policy of game conservation.

The drainage of marshes and sloughs to secure a little more land for agricultural purposes—in many instances suitable for growing hay only—has seriously affected the hatching of young duck. One notable instance is the effect of lower water in Lake Manitoba as a result of dredging the Fairford river. As the great breeding marshes almost dried up, thousands of duck were forced to other parts of the country. Furthermore, the low water has affected the entire agricultural area in that vicinity by reducing the subsoil moisture, which has caused a drought on the Portage plains and much poorer crops in a district which was known as the "Garden of the West." At one time a number of fishing communities thrived on the yearly catch of fresh water fish taken from the waters of Lake Manitoba. Now, however, fish have almost disappeared from the lake, and some of these communities have dwindled down to a few families.

"The use of motor boats which leave an oil film on the water is also killing large numbers of duck in many sections. In addition, one must not minimize the great depletion wrought by their natural enemies, especially the crow, which destroy thousands of young duck and eggs yearly. This bird has propagated greatly in recent years, and, consequently, is causing more damage than in past years. When one considers the great destruction from these causes it is not difficult to understand that shooting is a small factor in comparison.

"It has been estimated that between seventy and eighty percent of the wild duck killed in Canada are raised in the regions from the Great Lakes to the Rocky Mountains. Recognizing that the protracted droughts in some districts would cause a serious shortage in the future, the Dominion Ammunition Division of Canadian Industries Limited conducted a survey last year which elicited some very interesting information, especially one vital fact that has not hitherto been generally accepted by sportsmen. This was the value of that wide virgin country in Northern Alberta, Saskatchewan and Manitoba, in conserving our wild duck life. It was very definitely established that they breed in large numbers right up to Fort Simpson, over a thousand miles north of Edmonton. Many traders and Indians, most of whom were not aware of the droughts in the south, reported that more duck were seen in that part of the country in 1930 and 1931, and what is almost as vitally important, many of them volunteered the information that more young duck were hatched in those regions than in any of the previous ten years.

"An examination of the map shows a tremendous area from Edmonton, Alberta, north to Fort Simpson, and from the Rocky Mountains eastward to Northern Manitoba, where untold numbers of duck may be hatched. Moreover, the country is unaffected by severe droughts such as are experienced in the southern district in these provinces. It is, indeed, encouraging to establish the fact that in this spacious country in the north, duck may find refuge and the proper environment in which to live and hatch their young.

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a general basis for co-operating with the Ontario Government with a view to reducing taxation, which in turn will necessarily require lessened expenditures.

1.—Taxes on Business Corporations should not be at such a level as to handicap Ontario industry in competition with that of other provinces.
2.—The public domain should be conserved so as to greatly increase the revenue therefrom.
3.—As increased taxes are caused by demand for more expenditures, such demands should cease at least for some years and let the ability to pay taxes catch up on the demand for taxes. The public should co-operate with the Ontario Government in the endeavour to balance the provincial budget by refraining from demanding public expenditures properly payable out of revenue and encouraging reductions in current expenditures.

The Committee plans to issue further bulletins in due course dealing with many other phases of the situation.

Light Puddings Cap Substantial Menus

Just as the Nobby Little Hats will Crown the Mode in Dame Fashion's World, so These Puddings will Crown the Table.

A reader of The Advance has kindly sent in the following recipes which she thinks will interest many readers of The Advance. She says the article is from the "Home" page of The Mail and Empire. The article reads as follows:—

Light Puddings
Seven days in the week may not mean seven puddings—but in the average family, will call for several anyway. Naturally, you have favorites. Puddings the family like. Puddings you like to make. Puddings you have found particularly economical or saving on your time when you have a busy day.

Comes the dawn—of a day when to make any of the old familiar bores you, however. That is the day when we would like you to scan this group of recipes, and see if there is not something amongst them which appeals to your sense of culinary adventure. You will find sturdy puddings, our Indian pudding, for instance, and you will find light ones—a soufflé made with bottled grape juice, your own or commercial product; the prune tapioca.

Brown Sugar Pudding.
2 cups light brown sugar.
2 cups boiling water
2 heaping tablespoons cornstarch
1 cup walnut meats broken into small pieces.

Bring sugar and water to a boil. Thicken with cornstarch which has first been moistened in a little cold water. Cook in a double boiler until it is thick. Just before taking from the fire add nutmeats. Serve cold with whipped cream.

Baked Indian and Apple Pudding.
Stir 1 cup yellow cornmeal into 1 quart of scalded milk. Cook in a double boiler for 30 minutes, then add 1 teaspoon each of salt and ginger, and 1 cup molasses. Pour into a buttered earthen baking dish, and bake for 1 hour, stirring occasionally. Add 2 cups apples, cored and cut in (1) eighths, and bake, without stirring, for 1 hour or longer, or until firm. Serve with cream.

Steamed Date Pudding.
Cream 1 cup butter
Add 1 cup molasses
1 cup milk
1 pound stoned and chopped dates, mixed with 2 cups stale bread crumbs
1 teaspoon soda, and
1 teaspoon each of clove, salt, cinnamon and nutmeg, mixed and sifted with
1 cup entire wheat flour.
Turn into a buttered pudding-tin and steam for three hours. Serve with creamery sauce.

Grape Juice Soufflé.
To one pint grape juice, add two tablespoons granulated gelatine, and beat until gelatine is dissolved. Strain and cool. When mixture begins to stiffen, beat in the stiffly-beaten whites of four eggs, and fold in one cup stiffly-beaten cream. Turn into molds and chill.

Coffee Soufflé
Beat one pint cold coffee with one tablespoon gelatine and 1 cup sugar. Pour into the slightly-beaten yolks of two eggs, and cook over water until thickened. Remove from fire, add one teaspoon vanilla, 1 teaspoon salt, the stiffly-beaten whites of two eggs, and allow the mixture to cool. As it begins to stiffen, fold in one cup stiffly-beaten cream. Mold and chill.

Prune Tapioca.
Cut into quarters pieces that have been slowly stewed with sugar and a little grated lemon peel, and pour over the fruit, when cold, the following: Soak a cup tapioca in one pint of water for two hours, then cover with rich milk and cook until tender.

JULES HAD GOOD JOB SURE! HE WAS THE BOSS CARPENTER

(From The Northern News)
Cobalt.—All this happened some years ago.
He was of French-Canadian extraction, and we will call him Jules, for that was not his name. He had been working on the carpenter gang of one of the mines for some years, but about two months before the date of this story he had quit.
Meeting him on the street one night, one of the office staff of the mine said to him, "Why, hello Jules, I haven't seen you for a long time. Where have you been?"
"Working," said Jules, "I have a good job now. I'm boss carpenter at the" (naming one of the smaller mines).
"Why, that's fine," replied the other. "How many men have you got working for you?"
"Oh, just myself," said Jules.

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HOW THE VICIOUS CIRCLE KEEPS UP ITS EVIL CIRCLES

A friend of The Advance has handed in the following from an Old Country paper touching on the vicious circles referred to so often in The Advance since the present depression got under way:—
The craze for economy, carried too far, leads in a vicious circle, as the following lines show:
When someone stops buying, someone stops selling;
When someone stops selling, someone stops making;
When someone stops making, someone stops working;
When someone stops working, someone stops earning;
When someone stops earning, someone stops buying.
Think about it, you economists!



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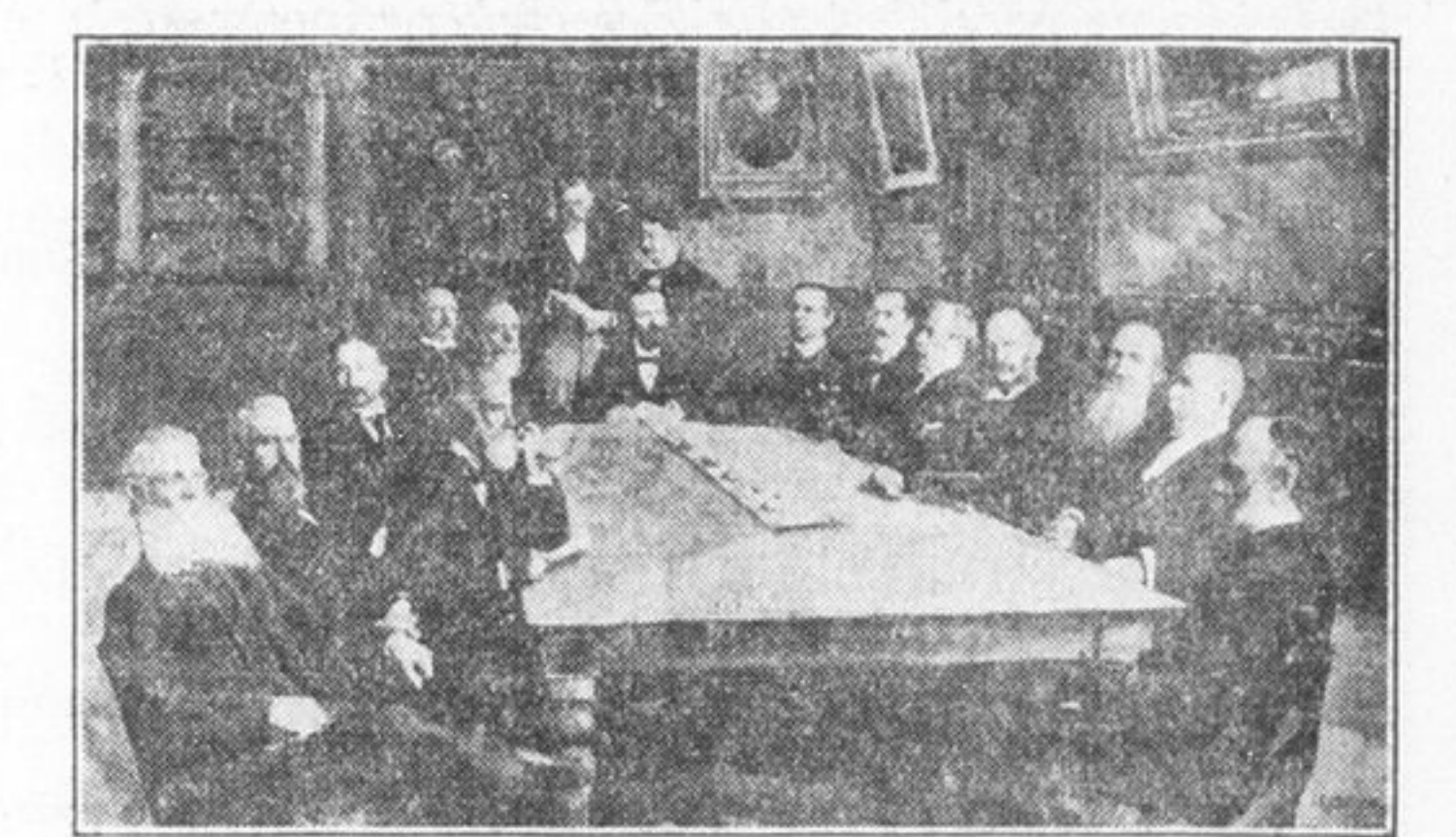
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Little Stories of Big Results



The Board of Directors of the Mutual Life of Canada in 1897, many of whom were on the Board when the first annual meeting was held on February 5th, 1897.

AT the first Annual Meeting of the Company in 1871 the President made the following remarks:

"We were led to entertain the project of establishing a Life Assurance Company, based upon purely mutual principles, believing it highly desirable that the benefits of Life Assurance should be extended as widely as possible and at the cheapest rates compatible with safety to the assured."

With the passing of time the prophecies made in 1871 regarding the Mutual Life of Canada have come true. How well the Company has succeeded in fulfilling the object of the founders and the extent to which participation in the entire surplus earnings of the company has reduced the net cost of protection is revealed by our policy results of which these examples are typical.

If you need insurance, for protection or investment, consider the outstanding results of Mutual Life of Canada policies and share in the success of the Company by becoming a policyholder. Use the coupon, today.

Policy No. 175
In 1873 this policyholder bought an Ordinary Life Policy for \$1,000.00 on which he was to pay a premium of \$18.90 every year.
He arranged, however, to leave his mutual premiums with us to apply against these premiums.
What happened as a result of his investment?
He has enjoyed sixty years of protection, for which he paid an average of \$7.03 per year. His policy is now worth \$848.90 in actual cash, which is \$427.22 MORE THAN HE PAID IN PREMIUMS.

Policy No. 3310
This policyholder, in 1876, bought an Ordinary Life Policy for \$1,000.00, on which he paid a premium of \$18.40 yearly, leaving his dividends to accrue.
What happened as a result of his investment?
In 18 years his dividends mounted up to the point where they were sufficient to prepay all future premiums. He had paid in only \$331.20. He has had full protection for 57 years. He has received \$459.86 in cash dividends since his policy became paid up, and in addition his policy today has a cash value of \$609.65. While it remains in force he will receive a cheque each year for his share of the surplus earnings of the Company.

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- Cakes and Puddings
- Cake Icing
- Chocolate Fudge
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To Make One Cup of Cocoa with Fry's
Mix one half to a teaspoonful of Fry's Cocoa with sugar to taste. Add three teaspoonfuls of cold milk and mix into a smooth paste. Pour on boiling water or water and milk brought to the boil. Stir briskly while pouring.

To Make "Hot Chocolate" with Fry's
Take one heaped teaspoonful of Fry's Cocoa with an equal quantity of sugar to each cup. Mix into a paste with 3 teaspoonfuls of milk. Pour on hot milk stirring all the time. Put mixture thus obtained into a pan and bring to boiling point.

FRY'S COCOA

Other FRY Products—Fry's Premium Chocolate (unsweetened) and Fry's Chocolate Syrup

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