For COLDS

LETS to break up my baby's colds," writes Mrs. Wilbert Colquhoun, Sturgeon Falls, Ont.

"When I see a cold coming on, it is to BABY'S OWN TABLETS that I turn," writes Mrs. Robert Greenhorn, Philipsville, Ont.

Mothers everywhere report in like vein of the safe, sure results that follow the use of BABY'S OWN TABLETS in treating children's colds, teething troubles, simple fevers, disordered stomach, colic, constipation. 25 cents.

Dr. Williams' BABY'S OWN TABLETS

"HAD CONSTIPATION SINCE BIRTH OF MY FIRST CHILD"

Then Mrs. King Discovered ALL-BRAN

We quote from her voluntary letter:

"I have suffered from terrible constipation since the birth of my first child - 9 years ago! I have tried everything and nothing had any lasting results. Very reluctantly I tried your 'ALL-BRAN' with no faith in it at all. Much to my surprise, I have not had to take any medicine since starting to use ALL-BRAN, 4 months ago."- Mrs. Doris Eyre King (address furnished upon request).

Laboratory tests show ALL-BRAN contains two things which overcome constipation: "Bulk" to exercise the intestines; vitamin B to help tone the intestinal tract.

The "bulk" in ALL-BRAN is much like that of leafy vegetables. Inside the body, it forms a soft mass. which gently clears the intestines of wastes.

Certainly this is more natural than taking pills and drugs-often harmful. Two tablespoonfuls daily are usually sufficient. If not relieved this way, see your doctor.

ALL-BRAN also supplies iron for the blood. At all grocers. In the red-and-green package. Made by Kellogg in London, Ontario.

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At a time when people think

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Life Assurance is the best and

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of securing it.

Ask Road to Connect

Feature of Value in the Way of Avoiding Direct Relief Touched on. Sudbury Sees Value of Connecting Road.

began to urge this roadway and since be utilized for the purpose. vocating the completion of the Sud- blc. tachewan, McArthur and Porcupine. relief this winter." The remarks by Mr. Bradette are made the occasion for an editorial by The Bradette's speech The Sudbury Star

"The proposed plan to connect Sudbury with the Porcupine gold camp by Man Charged with Robbing North Bay highway gained support from an unexpected quarter this week when J. A. Bradette, of Cochrane, Liberal member for North Temiskaming, urged upon the Bennett government the necessity grounds that by providing work, not ference to the robbery.

SERVICE

BUILDER'S SUPPLIES

Sudbury - Timmins construction of a highway east of Cochrane, connecting the Ferguson highway with the Quebec boundary, and the construction of a road between Sudbury and Timmins.

"There is much to be said for Mr Bradette's argument against direct relief. While expenditure on such pub-There was a time when The Advance lic works as roads is naturally more was advocating a roadway from Sud- costly, the fact is that a few years fat figure bury to Timmins passing through sev- hence the country will be crying for eral very promising mining fields. At just such a road as the one he is adthat time Sudbury did not seem to be vocating. The work of building the fully aware of the value of such a road | road will be done sooner or later, and to the North Land. A couple of years there seems to be no reason why the ago, however, Sudbury board of trade surplus labor now available should not fast

then Sudbury has been a strong sup- "While Mr. Bradette was urging exporter of the idea, visioning the general | tension of roads in Northern Ontario, advantage of the work. At present to it is interesting to note that the same the value of the work as a develop- matter was the subject of discussion ment factor and an added attraction at a meeting of the Ryan Ward Rateto tourists, there has been added the payers' Association, where objection thought that such a work would re- was taken to the principle of shipping lieve the necessity for considerable re- men from Sudbury to Kenora at conlief expenditures as there would be siderable expense to the government enough men employed on the cons- and the municipality, when the same truction work to be a valuable factor men might be usefully employed on in relieving unemployment. In recent road construction at points where the months Sudbury has been active in ad- cost of transportation would be neligi- bright eyes, clear skin, cheerful viva- key."

bury-Porcupine highway and many "Resolutions have been flooding the opportunities have been taken to fur- government, of late, urging continued ther the campaign to induce the gov- work on the trans-Canada highway as ernment to take up the matter. Last a means of unemployment relief. Last week The Advance printed a report year's experience should have been from Hansard of the address by J. A. enough to convince administration au-Bradette, M.P. for North Temiskaming, thorities of the impracticability of this on the unemployment question. In his plan except on a contract basis. There address to the House of Commons it are many more important and useful touched on the necessity for a road Canada highway and these should not between Sudbury and Timmins and be overlooked in any plan the governserving mining camps like Sudbury, ment may have under consideration Shiningtree, Gowganda, Elk Lake, Ma- for alleviating distress through indirect

the occasion for an editorial by The Sudbury Star. In referring to Mr. Says Robbed Bank to Get Money for Girl

Bank has Flowery Story for the Newspapers. Said to Threaten Police

Sam Ayonb, who is held at North of co-operating with the provincial Bay on a charge of robbing the branch government, among other things, in of the bank of Montreal at that city financing the construction of the high- on Nov. 26th, and who is under treatway. Approximately, the discussion oc- ment for gun wounds received in a curred during a debate on the question battle with police who attempted to of unemployment. Mr. Bradette cri- arrest him, last week gave a rather ticized the system of direct relief on the flowery interview to the press in re-

only was a necessary service rendered. All the money stolen from the bank but the moral effect was greater than was recovered by the police, and Ayoub Try The Advance Want Advertisements by doling out actual charity. The two was under arrest a few hours after he had gotten away with the hold-up.

"It must have been the devil that prompted me. I don't know why ? did it," is one of the expressions quoted as being said by Ayoub when a reporter North Bay. Ayoub, who is 26 years the police. old, formerly lived at Sudbury, and Ayoub remained conscious and dewhen interviewed in the hospital Ayoub | fiant while being transported to North told a Sudbury reporter many details Bay police station. At first he reabout his life and actions. The Sud1 fused to tell name or address. bury Star reporter was informed that to get money for a girl he is said to asked. have brought from Kirkland Lake to Sudbury a week before the robbery. The girl was left at Sudbury while Ayoub went back to North Bay.

to rob a bank?" Ayoub was asked. "I wasn't hard up, I was foolish," he

who arrested him, and who was himself wounded twice. Police say he also threatened to "get" Austin Lariviere, "Too well," he replied. That's the of Miller's sawmill, at Yellek, who advised police that Ayoub was in the vi- know every town in the north country.

bery while armed, and wounding a Lake and another at Sudbury at one police officer in the execution of his time." duty. The loot was all recovered.

when he became lost in the bush outside North Bay, Ayoub said.

the street. I was not in a hurry. I soon.' took my time. Then I went down behind the telegraph offices and over you even thought of having supper," behind the old Pacific Hotel (now The the reporter reminded him. "Yeah, I Nugget Building.)

"I crossed the tracks and walked on until I got out of the city into the bush. When I got in the bush I sat down to rest. I lost my way when I tried to go on. I must have walked about 13 miles in that d - d bush. I didn't get out until about 6.30 or 7 bery charge at Kirkland Lake. The o'clock. I was right at a lumber camp so I went in and bought my supper. It was this stop at the Lumber camp held up and robbed the Sylvester Bros. that gave the police their first clue to the robber's whereabouts. About o'clock they received the tip from Lariviere. Every constable was mobilized and converged on Yellek from North Bay and Sturgeon Falls, but by the time they reached the camp Ayoub

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som all the natural attractiveness that these?" they possess; every morning they take a half-teaspoonfull of Kruschen Salts in a glass of warm water before break-

They do this every morning-without missing one-for "it's the daily dose that takes off the fat." When Kruschen is taken daily, every particle of poisonous waste matter and harmful acids and gases are expelled from the system.

At the same time the stomach, liver, kidneys and bowels are toned up and the pure, fresh blood containing Nature's six life-giving salts is carried to every organ, gland, nerve, and fibre of the body, and this is followed by "that Kruschen feeling" of energetic health and activity that is reflected in city, and a charming figure.

Constables Joseph Belanger and John Pilgrim, of the North Bay force went to a point about three miles east of Sturgeon Falls with instructions to walk back towards North Bay along the railway track. They had gone between three and four miles, when three miles west of Meadowside they encountered a man in the darkness. The law and the fugitive were within a few feet of eoch other before either knew it.

The man turned out to pass the police when Constable Belanger grabbed him. "Just a minute, what is your name?" he asked.

Ayoub, police elaim, answered by shooting twice, one bullet piercing Constable Belanger's side and the other grazing his forearm. Then his gun jammed. Constable Belanger clinched with him. Officer and man were so closely intertwined that Constable Pilgrim feared to shoot. For an instant they parted, and Constable Pilgrim shot, the bullet grazing Ayoub's right side. His second shot pierced Ayoub's left hand, the bullet entering his hip

A third shot, aimed at his head struck the back of his neck at the left! side and passed out through the cheek. Despite his wounds he again attempted to escape and Constable Belanger grappled with him again. Suddenly Ayoub collapsed in the constable's arms, and the two men rolled down the embankment into the ditch. Searching him, officers say they found two revolvers and an automatic. One of the revolvers belonged to the bank.

"You have me dead, and I have all interviewed him at the hospital at the money," Ayoub said, according to

"You've got me and you've got the the wounded prisoner robbed the bank money; what more do you want? he He did not complain of pain. Only

once he said his hand hurt. "I'm shot but I've got my man," was the way Constable Belanger reported "Were you so hard up that you had the capture to Chief William Clarke. "Boys, I congratulate you," said the

prisoner defiantly. "Why did you pick out the Bank of "I'll get you if I ever get out," he Montreal?" he was asked as he lay on s said to have threatened Constable his hospital cot. "I don't know. No Joseph Belanger, one of the constables special reason. I just went in there and thought I'd hold it up."

"Did you know the city very well?" trouble, I knew this town too well. I I had four stores: one at Ansonville, Ayoub faces two charges; bank rob- one at Iroquois Falls, one at Kirkland

"Where did you go between 12.15 and His escape was delayed several hours 7 o'clock when you came out at the lumber camp for your supper?" "That's the guy that squealed," Ayoub "I just walked out the door and down flared. "Somebody will get him pretty

"The police knew your name before

suppose so," he answered, some of his anger subsiding. "Everybody knows me, even the chickens in the backyards know me. That's the trouble." In addition to the two charges at North Bay it is understood that Ayoub will be required to face another rob-Kirkland Lake police are of the opinion that Ayoub is one of the two men who store at Kirkland Lake on Oct. 25th, and escaped with over \$600.00 in cash and cheques. Ayoub was questioned after the Kirkland Lake robbery and when the police were looking for him again for further questioning it was found that Ayoub had left town. At the time Ayoub was questioned his friend, Fred Lauzon was placed under arrest. The police were not able to establish a case against Lauzon in connection with the robbery but they were able to show that he was a vagrant, and on the latter charge he was sentenced to three months. Chief of Police Shane at Kirkland Lake is quoted as saying that a charge of robbery while armed is now to be laid against Ayoub in connection with the Sylvester store robbery. In that robbery two men wearing masks entered the store and while one covered the clerk with a gun, the other scooped up all the cash he could get his hands on in the cash register. Chief Shane says Ayoub travelled under several aliases, including the name of Secord, Essa and Fraser. He was a frequenter of poolrooms, according to the Kirkland Lake chief, and had not been working for

Ottawa Journal:-The reason that Niagara Falls is so popular with honeymoon couples, so we are told, is that in the Iroquois language it means "Place of the neck."

Say! Talk About Howlers! **How About These Ones?**

vance has published lists of "howlers," as they are called, usually supposed to during the war, as saying:be the work of schoolboys at examinations. There is always interest in these and a demand for more. Indeed, the demand for new ones seems to exceed the supply. However, a reader sends Here is the method they are follow- in the following with the query, "You ing to barish fat and bring into blos- talk about howlers? What about

> "These are as follows:-In making a cake the person should beat the white of an egg until stiff. A widower is a man who has a dead

The Duke of Clarence, according to his usual custom, was killed in battle. Thomas Cranmer was a college student who translated the Old Testament into the New Testament.

Abraham Lincoln was born in little log cabin which he helped his

Robert Louis Stevenson got married and went on his honeymoon. It was then he wrote "Travels With a Don-

Identify "Dido." Dido means the same, and is usually represented by Dido marks.

An incinerator is a person who hints bad things instead of coming right out and tellng you.

A metaphor is to keep cows in. Strategy is when you don't let the enemy know that you are out of am munition but keep right on firing.

by Manhattan Dandy. A super-saturated solution is a solu- search of a certain address. She was too highly of them.' tion that holds more than it can hold. having difficulty finding it, but it was

What would you do in the case of a apparent that she was looking for the an invaluable blessing to thousands man bleeding profusely from a wound funeral parlor because she was carrying of young women, by creating an abunin the head? I would put a tourniquet a parcel in her hand-a parcel that around his neck. For fractures. To see if the limb is

broken, wiggle it gently back and forth. A mugwump is a bird that sits on a fence with its mug on one side and its wump on the other.

Sudbury Star:-The town of Timmins though scarcely out of its 'teens, presents an example of modern ratepayers dream. Not only has the municipality paid its way through the depression so far, but the debenture debt has been reduced by \$300,000 in the last four years. In 10 or 12 years more, if this record is maintained, the entire debenture debt of the town will be wiped

CANADA PAID ITS OWN WAY FOR THE WAR AND SUPPLIES

In a recent issue The Northern On a number of occasions The Ad- Miner quotes Sir Thomas White, who was Minister of Finance for Canada

"One thing the people of Canada should thank God for and that is that Canada financed her part in the war from her own resources and that at the end of the war the government of Canada owed not one dollar to the government of the United States or that of any other nation. It would be particularly humiliating if Canada as next-door neighbor, were obliged to go hat in hand to Washington to ask deferment of payment of a war debt pending reconsideration of its terms, and suffer a rebuff. This is at least a mercy for which we should be duly thankful."

To this The Northern Miner adds the comment:-

"Canada, it could be added, paid its own way in the Great War, paid its own soldiers, paid for their ammunition and supplies. It loaned large sums to the allies, and has long since written off some of the debts and forgotten them."

DESCRIBING UNDERTAKERS' PLACE AT KIRKLAND LAKE

The Northern News last week says:-'Undertaking is a serious profession but there are times when even the undertaker gets a smile out of life. In a town not so far away from Kirkland Denver is below the "o" in Colorado. Lake the following incident is vouched different person. I have since taken a The revolution in India is being led for. A woman, eyeing the doorways on course of these Pills each spring, to

a certain street, was apparently in build up my blood, and I cannot speak obviously contained a floral wreath. She eventually came to the undertakers and knocked on the door. When it was opened she timidly asked, "Is this where the dead people live?"

Ottawa Journal:-With Christmas approaching, it's time to forget the past

Bathroom Scales

are expensive. Take Slendor Tabiets and you won't need scales. Slendor Tablets are a new English formula (a vegetable), containing no thyroid. They rid you of excess avoirdupois safely, and sanely.

THREE WEEKS' TREATMENT \$1.50

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Druggist Timmins

Mrs. Lunt Tells How She Learned That Dr. Williams' Pink Pills Benefit Growing Girls.

Felt Like Different Person

"I swear by Dr. Williams' Pink Pills." writes Mrs. M. Lunt, Brandon, Manitoba. "When I was in my teens had anaemia

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Pills. In three months I felt like a

Dr. Williams' Pink Pills have proved dant supply of new red blood cells. Carried to every part of the nervously exhausted system, this rich plood revitalizes and rebuilds it in a truly wonderful way. ALL run-down conditions are similarly benefitted by these Pills. Try them. At druggists, 50c package.

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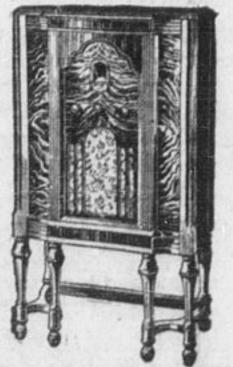
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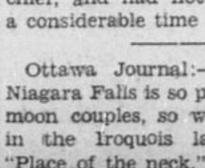
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