# WHAT IS CONSTIPATION?

It is Not Brought About in a Day. Nor Can It be Over- Camp Near Toronto Raided. Search come in a Day.

by causing violent action of the intes- at South Porcupine at Pearce's.

The intestines consist of a winding [tinal muscles, may secure the expulsion tube about twenty-six feet in length. of this waste. But later moisture is re-Constipation is delay in the passage of absorbed from the intestinal tube back waste matter through this tube. The into the tissues to restore the balance waste matter which is discharged to- the bowel muscles become exhausted lay should have been discharged yes- constipation returns, and the wast matter again becomes hard and dry.

and stomach and purifies the blood. the balance of the winding builds up the whole system, creates a ships and towns. intestinal tube. Laxatives and cathar- healthy appetite after driving the poitics, by drawing moisture into the tube son out of the system. Sold in Timfrom the surrounding body tissues, or mins at The Goldfield Drug Store and

#### SMALLER SYNDICATES ARE NOW EXEMPTED FROM ACT | too rigid, and do not provide the small

Mining syndicates with capital not for financing. exceeding \$35,000 will not have to register under the Security Frauds Act. according to an order-in-council passed by the Ontario government and anty Fraud: Act.

proved by the Security Frauds branch, other one was southbound.

which regulations they have held are

Two motor cars collided on Friday morning on the crest of a hill on the Ferguson highway, about 41 miles north nounced by Hon. W. H. Price, acting of North Bay. Both cars were badly guns, found, but information continues influence of liquor. premier. The order has the approval smashed but no one was injured. One to be given the police in regard to of Hon. Charles McCrea, minister of car was driven by J. Kravitz, Ottawa, drilling with rifles and also that child- being drunk in charge of a car and the of cars to convey everyone comfortably mines, mining promoters and prospec- and the other by Prof. C. R. Wason, ren are being taught communistic doc- three accused were sentenced to jail to and from the picnic grounds. The tors generally, and Col. George A. Toronto. The cause of the collision Drew, commissioner under the Securi- has not been given out. The provincial police made an investigation of the ac-Col. Price explained that formerly cident. Both the cars had to be towed Club in the Hollinger Recreation hall given in these columns. The other two which they made enough to defray the all such syndicates had been forced to North Bay for repairs. The Kra- was a very attractive event on Saturday were Victor Roy and Robt Leask, each expenses of the prizes for the sports to have their prospectuses rigidly ap- vitz car was going north, while the night, with all attending having a good of whom was given a ten-day term at and still have a balance left over.

## Communists Said to be Drilling Below

for Guns, Red Flags, Etc., Not Successful. Police in District to Co-operate.

Labour League Benefit Society on the being drunk in charge of a car.

## Sentenced for Being

It has been the custom of The Adof all those convicted of being drunk in charge of a car. There is so much danger to the public in the attempt of anyone under the influence of liquor Last week, following direct informa- to drive an automobile that the offence tion given to the police to the effect is looked upon as a particularly serithat alleged communists were openly ous one. The number of accidents in drilling at a camp they had on the Ontario in connection with motor cars land Lake, are renewing acquaintances Rouge river near the city, the provin- is simply appalling. Many of these in town cial police showed activity in regard to accidents occur, despite the greatest the Reds and their work. The claim care and skill on the part of drivers. made that Toronto has made it too It is essential therefore that every hot for the alien agitators and so they | possible means be used to frown upon | Wyoming. have moved out to neighbouring town- unnecessary risks, such as occur when men under the influence of liquor at-Among the raids carried out by the tempt to operate cars. Believing that ronto provincial police following the reports publicity has a restraining influence of drilling with guns was a search of in the matter The Advance has given the children's camp of the Toronto the name of each one found guilty of banks of the Rouge river. The police times great pressure has been placed demanded all red flags, guns, commun- to try to avoid this practice in some mining man with proper opportunities istic accessories of any kind, etc. A particular case. None of these atpile of suspicious looking tins was tempts has been successful, nor will by fire last week. found. The police were leary of these they be. The Advance believes that tins which might easily have been every lawful means should be used to bombs, but actually were described as impress upon all the seriousness of atroofing tar. There were no flags or tempting to drive a car while under the Golden City, has been generally ac-

Last week there were three cases of The day was fine and there were plenty Through the omission of a sentence sports were entered into with zest. The in the report of the police court cases senior girls class of the town school The dance by the Cornish Social only the name of one of these men was ran a booth during the afternoon at Haileybury.

### Drunk in Charge of Car South End and Dome Pienic on Saturday Countryman and Violet Hedges. Men's

vance invariably to publish the names Event of United Church Sunday Schools Very Successful and Pleasing. Other News from South Porcupine.

> South Porcupine, June 28th. Special to The Advance.

Mr. and Mrs. A. Kincaid, of Kirk-The Continuation School assistants,

Misses McPhail and Lucas, left last week for their homes in Uxbridge and Jessie Hamilton is spending her va-

cation with her grandparents in To-Mr. B. Smith is back to town after a

holiday in the South. Mrs. O. Spiers and her brother, Mr. Ralph Smith, are motoring to Huntsville this week to visit their mother who is ill in the hospital there. Their father lost a fine nine-roomed house

The annual picnic of the Dome and

town United Church Sunday Schools

held on Saturday last at Jack's beach, ceded the most successful on record.

Marion and Marjorie are leaving this week for a visit with her sister, Mrs. Miller at Charlton. Mrs. Coffey and Mrs. Clark looked after lemonade which was provided for all ning to motor to Kirkland Lake for the those present. Mrs. Purdy and Mrs. big firemen's tournament there on July Hueston supervised the booth and the 1st prizes while the sports were in charge of Rev. L. Hussey, Messrs Purdy, J week is reported as the best yet between McCaffrey and H. Richmond. There

J. McCaffrey, Chas. McInnis, F. Purdy,

G. McIntosh, W. W. Wilson, W. An-

drew, J. Ostrom, R. Ledson, F. E.

Cooper, Dr. Summerville, F. Hepburn,

Paice. In the sports for the races of

four-year-old and five-year-old tots

each contestant got candy. The prize

winners were:-Girls, four years, 1

Jean Purdy; 2, Beulah Lang (Dome)

boys, four years, 1, Bob McIntosh; 2

Jack Jay (Dome) girls, five years, 1

Olive Hill; 2, Lois Countryman (Dome)

boys, five years, 1, Eddie Syvret; 2

garet Foster; 2, Lois McLeod; Mrs.

Coffey's Class (town), 1 Clara Lindross;

2, Aileen Purdy; Mrs. Libby's Class

(Dome), I, Helen Munro; 2, Clarice

Curtiss and Lyn Beard; Mrs. Andrews'

(town), 1, Betty McIntosh; 2, Fern

Helmer; Mrs. Hamilton's Class (town),

Rev. Hussey's Class (town), 1, Ray

Montrose; 2, George Young; Mrs. Hues-

ton's Class (town), 1, Viola Laffin; 2

(town), 1, Annie Michaluk; 2, Celia

Charlie Ayre. Junior girls' three-

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Reduced 10° a pound

PALAWAN BLEND

55c Now 45°

Eatonia BLEND

65c Now 55°

Again we pass on to our

customers a saving on two of

our most popular blends of

Tea. Always good value-

now doubly economical. Buy

Timmins and Dome. The town boys was a splendid turn-out of parents as are busy practising. Dome's games for well as children and the response to this week are out of town, one of them the appeal for cars made by Superbeing booked for Kirkland. intendent Purdy and Mr. B. Saunders The football games in the schedule was particularly gratifying. Among for this week are also out of town, those offering conveyances were:-two trucks from George Helmer; cars from H. Doran, G. Countryman, H. Richmond, R. McWilliams, Jr., F. H. Hall

King Cup series at Timmins grounds on day, July 15th. Saturday next. The following Saturday the return game of the King Cup series will be played on Dome grounds. On Tuesday next Dome and Timmins M. Varker, L. Cameron, F. Young, Miss play a league fixture on Dome grounds. The Dome Athletic Association are

Brown. Senior girls' three-legged race,

Annie Michaluk and Alice Ayre. Dome girls' three-legged race, June

dash, 1, H. Richmond; 2, J. Baxter (J.

McCaffrey was making splendid time

in this race when he shied at some of

the nice things the ladies were calling

out to him and took a header to the

ground). Ladies' dash, 1, Miss I. Mc-

Gavin; 2. Mrs. Purdy. Water race (a

combination of swimming and wad-

ing), 1, Cecil Helmer; 2, Maurice Lon-

dry. Tug-of-war, married men vs.

single men, was won by the latter, but

in the softball game of married vs

single men the score was 12-7 in favour

of the benedicts. Lunch was partaken

of at four o'clock for which wonderful

appetites had been worked up. A

pleasing feature of the day was the in-

terest the men of the camp took in

Messrs Harry Montgomery ("Monty")

and Reg. Countryman are leaving this

week on Friday for an extended holi-

day. They go by motorcyale to To-

ronto and Winchester to visit their peo-

ple, then are sailing on July 8th for a

trip to England, Ireland and the con-

tinent. The boys have been planning

the trip for some time and their

friends this week are happly wishing

them "bon voyage" and warning

"Monty" to be sure to get back in time

Mr. and Mrs. Thorpe and family, of

Haileyoury, spent the week-end as the

guests of Mr. and Mrs. George McDon-

Mrs. A. Ewing and daughters, Shirley,

A large number from here are plan-

The tie game in box lacrosse last

nell's at the Dome Extension.

for hockey.

making the picnic a success.

planning their usual big day for Dome employees on July 1st. Free lemonade and circus ice-cream is being provided for the children of employees. The list of sports includes a long series of events for men, women and children.

In the police court this morning there was one high-grading case for Tommy Houston. Miss Carne's Class which the plea of "guilty" was made (Dome), 1, Lois Countryman; 2, Evelyn and a sentence of three nomths impos-Jay; Miss Paice's Class (town), 1, Mar-

> Mr. and Mrs. Hugh Boyle and two daughters of North Bay were the guests of Mr. and Mrs. F. Reynolds. Miss Wenger, superintendent of the Porcupine Presbyterian hospital,

Class (town), 1, Bob Pearce; 2, Douglas holidaying in Toronto. Deacon; Mr. Crozier's Class (town) Miss Beatrice Brinton is visiting her 1, Harry Pyke; 2, Bill Lowry; Mr. sister, Mrs. F. Brown at Smooth Rock Baxter's Class (Dome), 1, Ralph Mit-

chell; 2, Jim Curtiss; Mr. Clark's Class | Falls. The Anglican Sunday School has closed for the months of July and Au-

1, Irene Deacon; 2, Dorothy Couch; On Saturday afternoon last the Women's Auxiliary of St. Paul's Anglican church held a tea at the home of Mrs. W. Fairhurst. It took the form of a Stella Brown; Mrs. Purdy's Class strawberry festival and was very much Spitz; Mrs. Hussey's Class (Dome), 1, enjoyed. The door prize was won by Jean Munro; 2, Dorothy McGinn. Miss Gladys Hermant. A special prize a fine pyrex pie plate was won by Mrs. Wheelbarrow race, boys, under 12, Bob-J. Alexander. This prize had very by Pearce and Bill Lowry; wheelbarrow race, over 12 years, George Young and kindly been donated by Mr. Cantor. Mr. H. Duggan, Mr. F. Labelle and Mrs. MacMillan, of Kirkland Lake, legged race, Viola Laffin and Stella spent the week-end at Mr. Duggan's

> There were quite a number of pupils here who took the Toronto Conservatory of Music examinations which were held in Timmins this week.

Mr. T. J. Wright is home from Otta-

### CHAUTAUQUA TENT TO BE ON

tauqua coming to Timmins July 11th | priest at Hearst. tion of the Chautauqua was not men- music for the day. tioned before was because it was not definitely arranged. Now, however, it may be said that the Chautauqua this year, as last, will be held in the big Neat, cool sanitary appliance. No ly, now it may be said that the chief thing to remember about the Chautau-Central public school grounds, that Toronto.

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## SPECIALS

CHEMIST AND DRUGGIST

	Bayer's Aspirin 2	20
	Colgate's Tooth Paste 1	80
	Nestle's Food 7	
	Dodd's Kidney Pills . 4	10
	Gin Pills 2	
		90
i		30
	Pompeian Face Pow-	
		50
	Listerine Tooth Paste 2	
	Baby's Own Tablets . 1	
	Carter's Liver Pills . 1	
		90

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FOR CONSTIPATION Take Bedtime Pills 25 Cents

season tickets are now obtainable, and Dome playing Timmins team on Thurs- that the dates are Monday, July 11th, day in league fixture and then playing Tuesday, July 12th, Wednesday, July McIntyre team in a first game of the 13th, Thursday, July 14th, and Fri-

## St. Jean Baptiste Day at Moonbeam

Celebration of Anniversary Event at Moonbeam, West of Cochrane, on Sunday. Some Present from Timmins.

Reference was made in The Advance last week to the observance at Timmina of St. Jean Baptiste Day. The event here was observed as a holiday occasion under the auspices of the Canadian Club in town. It was an unusually interesting occasion and attracted a great deal of attention. On account of Wednesday being a half holiday, it was feltthat this would be a convenient day for the celebration here, the stores generally being closed. Accordingly the observance of the St. Jean Baptiste holiday was celebrated here last Wednesday. There were many unusually fine floats and the other features were equally pleasing. It may be recalled that there were many here from out-

side points for the occasion. On Sunday of this week the people of Moonbeam, which is west of Cochrane some miles, also celebrated St. Jean Baptiste day. The weather for the day was just as near perfect as can be expected in the North Land. Word from the North suggests that the Moonbeam celebration was particularly pleasing and impressive. There were large numbers present at Moonbeam for the day. Some of the visitors came from as far away as the Pagwa River and from the town of Timmins on the south. Moonbeam never had as large a crowd of people as were in evidence for the St. Jean Baptiste occasion this

At 10 o'clock in the morning His Lordship Bishop Hally, of Hearst, conducted open air mass. After this, games and sports were enjoyed. These sports included baseball and practical-CENTRAL SCHOOL GROUNDS by every other kind of outdoor sports. Addresses were also a feature of the "There have been some interesting day, the speakers including:-Bishop articles in The Advance in the last two | Hally, of Hearst; Jos. A. Bradette, or three weeks in regard to the Chau- M.P.; and Rev. Fr. Simon, the parish

to 15th but where is the event to be | The procession was an extra special held?" asks a reader of The Advance one, the floats and decorations pleasthis week. He suggested that all other ing all who saw them. The Cochrane information was indicated, except the band was in attendance and under the most important, that is, where to find leadership of that very able bandmasthe Chautauqua. The reason the loca- | ter, A. Croasdale, furnished excellent

### RUPTURE

tent, which will be erected on the Cen- springs, wires or hard cruel pads. tral public school grounds. According- Weighs only 3 oz. Complete comfort, day and night. Worn by Doctors, Nurses, Ministers and Men and Women in every walk of life. Inexpensive. qua this year is that the programme is Free booklet and chart sent in plain reported as especially good at every envelope. Write the Hyde Hernia Bek session, that the tent will be on the Company, Dept. TA-2, 2 Toronto Street,

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Aylmer No. 2 29c AUSTRALIAN PEACHES IXL Brand. 22C No. 2 tin ..... MUSTARD Jolly Good Brand

12c OLIVES Eglonia Stuffed Manzan-18%-oz. 43c Bottle. PICKLES Grimsby Brand Sweet

Mixed 24c TINTED NAPKINS (Perkin's) 50 in a 2 for 25c DIXIE CUPS

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