HOT MEALS DURING LENT

SHREDDED

WITH HOT MILK APPETIZING INVIGORATING

SATISFYING

Made in Canada with Canadian Wheat THE CANADIAN SHREDDED WHEAT COMPANY, LTD.

Skin Loveliness Easy to Have. Famous Vegetable Pills Better

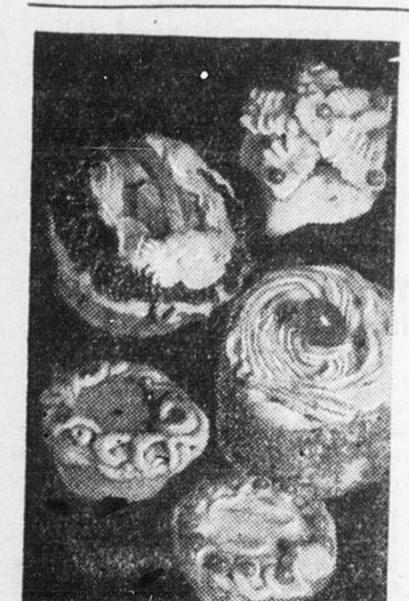
than Creams Miss E. T. has proved it. She says: "Carter's Little Liver Pills will do more to keep the complexion clear than all the face creams I have used." PURELY VEGETABLE, a gentle, effective tonic to both liver and bowels Dr. Carter's Little Liver Pills are with-

out equal for correcting Constipation.

Acidity, Biliousness, Headaches and In-

digestion. 25c. & 75c. red pkgs., every-

where. Ask for Carter's by NAME.



SMALL CAKES* made with Magic, win First Prize for Mrs. Jeanne McKenzie



een rov standby," volunteers Mrs. . Jeanne Mc-Kenzie, of Toronto, winner of three first prizes at the 1931 Canadian National

Exhibition. "In fact, I wouldn't think of using any other baking

"I make all my cakes with Magic. If I didn't, I am quite sure I never would have won so many prizes. Magic gives all baked foods an extra fine quality of flavor and texture that lift them out of the ordinary class."

Magic Baking Powder is used exclusively by the majority of cookery experts, dietitians, and housewives throughout Canada. In fact, Magic outsells all other baking powders combined!

Mrs. McKenzie's Prize Recipe DELICATE CAKE

34 cup butter

2 teaspoons Magic Baking Powder Whites of 6 eggs 3 cups pastry flour 1 teaspoon almond

Cream butter and add sugar. Sift flour and baking powder together several times. Add flour and milk alternately to the butter and sugar. Then add egg whites beaten very stiff. Add almond extract. Bake half of batter in small fancy cake moulds in moderate oven at 375° F. for about 20 minutes. Pour other half in layer cake tins and bake in moderate oven at 375° F. 35 to 40 minutes: when cool, cut in fancy shapes with cookie cutters. Decorate as illustrated with icing, chopped nuts, candied orange peel, jelly, cachous, maraschino cher-



FREE COOK BOOK - When you bake at home, take advantage of the attractive recipes in the Magic Cook Book. Write to Standard Brands Ltd., Fraser Ave. & Liberty St., Toronto, Ontario.

London Times on the

Famous British Newspaper Shows How Canada and Other Parts of the Empire are Affected by Slave Labour in the Soviet.

The London, England, Times is fa mous for the information and abilit behind its editorials and the influence of its opinion on world affairs. In a recent editorial "The Thunderer," as it was once called, touches on the Russian root of the matter showing clearly that business with the Soviet Government Russian competition can not be allowed come to a common understanding with if men are to remain free, for its whole regard to their commercial relations scheme of business is founded upon the with Russia and the credits by which equivalent of slave labour. The edi- Russian trade aand Russian industrial torial is as follows, and it is well worth development are financed. But reading and studying:-

to purchase a large quantity of Rus- monopoly to set rival industries and sian timber, and the representations on rival nations bidding against one anthis subject made by the timber indus- other to secure its orders. Softwood Buying Corporation, Limited, as best they can. Our own country is on the trans-Canada highway and 40 400,000 and 500,000 standards of Rus- them. sian timber, at a price with which it growing trade in Western Canada.

spirit in which the Government are of the Soviet monopoly. preparing for the Ottawa Conference.

Future Empire Arrangements "It would be quite inconsistent with the assurance given to the House of Commons that the Government would enter into no negotiations with foreign countries which would be likely to prejudice future arrangements with the rest of the Empire. In any case very strong public indignation will be aroused by the projected contract: The conditions in which much of the Russian timber is cut and transported have created a widespread demand that its importation into this country should be prohibited until those conditions have been drastically improved, and it would be sheer folly to allow a promising industry in one of the Dominions to be crushed by the wholesale dumping of the produce of Russian convict labour. The Government will be expected to deal firmly with this menace, and to seek the necessary powers if they do not already possess them.

"Important as are the issues raised by the proposed timber contract, they are only part of a much larger question which the British Government, and other Governments as well, will have to face in the near future if our economic life is to be saved from a very serious danger. There are various opinions about the Five Years Plan, and about the degree to which it is succeeding or failing. But on one point there is and can be no difference of opinion. The organization of the whole production and commerce of Russia under the control of a single monopoly confronts the rest of the world with a problem of unparalleled magnitude. With the natural resources of one-sixth of the earth's surface to exploit, with a population of many millions of the most patient and long-suffering people in the world to supply labour, with an oligarchical Government absolutely ruthless in their treatment of this labour and of every one who stands in their way, the directors of this monopoly constitute a force in the world's markets with which individual producers and traders must prove utterly un-

able to cope. World Cannot Compete "A Government monopoly which makes all trade the business of the State, which controls all industries and all labour conditions, as well as all dis-

ribution, within its borders, is able at any time which suits it to sell at prices with which the rest of the world cannot possibly compete, and can thus force its competitors out of business. It may prove in the end to be too large for human direction, but for the moment it is a real and growing peril. The dislocation of markets affecting every grain-producing country, not least our own Dominions, which was recently caused by the dumping of Russian wheat, the present menace to the timber industry in Canada and in the Scandinavian countries-these are only faint foretastes of what may be expected in the near future in every department of production if other countries do not find some method of regulating their trade with this gigantic amalgamation.

"There can be no question of boycotting Russia, or of impeding her economic development, or of dictating to her the form this development shall take; but it is rapidly becoming urgent for every country whose citizens are doing trade with Russia to see that their trade does no injury to its own national economic interests. This Menace of Russia not a case of private trade between the nationals of one country and the nationals of another, which is generally better left to look after itself; but individuals and private firms, each naturally intent on private and imme diate gain, trading with a huge State corporation controlling immense resources, and able to play off individual traders against each other and the traders in one country against those in Dropping Men from

Must Reach Common Understanding

Soviet as it affects Canada in the mat- "There can be no really effective soter of timber and other countries in lution of this problem until the Gov- Last Week Saw 2800 More Men Let Out various lines. The Times goes to the ernments of all the countries doing would be difficult at any time to reach "The Dominion Office and Board of an international agreement on such Trade spent much time in considering a subject, and it is doubly so at present the situation created by the negotia- when economic distress and economic tions of a group of timber importers rivalry make it easy for the Soviet

try in British Columbia. Mr. Thomas | "No general agreement, it may be sent a reply to Mr. Ferguson. No taken for granted, will be reachedofficial statement has been issued by Possibly, indeed, no serious effort will either of the Government Departments be made to reach one—until the threat or by the timber merchants; but the to the trade of the rest of the world facts of the case have been set out in has become so clear and so menancing time with the Dominion Government in the correspondence columns of this that every one will recognize the ne- reference to the continuation of the journal during the past few days and cessity of a common understanding to road camps in Northern Ontario after have not been contradicted. It is un- meet it. In the meantime individual March 1. The Dominion Government derstood, in short, that the Central countries must deal with the situation is contributing 59 percent. to the work is discussing a contract with the Soviet peculiarly vulnerable to the Russian percent, to other relief works on roads authorities for the purchase of between methods and peculiarly affected by in Northern Ontario. An arrangement

is impossible for free labour to compete, labour in the forests, and of the State cessarily be decreased from time to and it has been claimed that the con- farms and factories controlled by the time tract, if concluded, will practically ruin monopoly, are dumped in huge quanti- "On February 15, approximately 3,the timber industry in Scandinavia and ties in our markets to the detriment of 500 men left or were let out and towill inflict a serious setback on the our own producers and of producers in day approximately 2,800 men either quit other countries which are good friends or were released. In making these re-"It is further alleged that, in order and customers of ours; and the credits ductions the Department is allowing the to facilitate the transaction, approaches obtained by their sale are used for the men to go who have been longest in the have been made to the British Govern- most part not to purchase goods in camps and as some of these men have ment to induce them to give some sort this country giving employment to Bri- now had employment for four and even of undertaking that there would be tish workpeople, but partly to finance five months they have accumulated no tariffs or preferences to the Domin- agitation aimed at the overthrow of some means and are in a position to ions which would interfere with the our Empire and our social order. We take care of themselves until work fulfilment of the contract. That alle- have, indeed, a most-favoured nation opens. Men who have been in the gation seems incredible. Any such un- clause in our commercial agreement camps for three months are being furdertaking, however informal, would with the Soviet Government; but it nished with transportation at the reclearly be out of harmony with the works only one way, to the advantage duced rate obtained by the Govern-

"With a country in which all buying



This one-sided agreement should

be propmtly denounced. In the interests of our balance of trade, of our economic stability, and of our trade with the Dominions and with those countries which are willing to trade with us on an equal footing, the Government should set about devising a trading relationship with Russia which Saturday when Magistrate Atkinson will be less dangerous to our national interests, and which will ensure that the money spent on British purchases district jail at Haileybury since Wedfrom Russia shall at least be used to nesday, after a formal charge of theft pay for Russian purchases from Eng-

Frans-Canada Road

on This Work. Most of Them Have Had Four Months' Work, Says Government.

approximately 2,800 men either quit or possession. were let out of work on the trans-Can- On the other hand, Nardini claimed ada highway last week, in line with he had secured the logs from the the Ontario Government's policy of Wyandoh mine property and that he decreasing the number of men employed had built the stable on a right-of-way

opment pointed out in a statement | Montreal river to Cobalt. Nardini althat the men had worked for four or leged that the younger McGarry had five months, and had accumulated taken the logs and lumber, had used some means to take care of themselves for some time.

Work Will Continue

The statement went on to say "negctiations have been going on for some has been made that the work will con-"The products of the gangs of forced | tinue but the number of men must ne-

On Six-Hour Day.

the Spring months, a change was made today and men working in the basis. Up to date, this work has been on an eight-hour basis so that this will effect a saving of approximately 25 percent. The wages will remain at the same rate, namely 30 cents an

"The men in the camps have all been told that the staff must be reduced steadily as the work is in the nature of unemployment relief.

"At the time the work was started in the Fall, the men and the municipalities were given to understand that there would be at least three months' work, and it must be expected that there will be a steady return of State the promise of most-favoured- these men to their homes during the

Charged with Stealing Stable but Acquitted

A dispute over a stable, which its builder valued at \$25, and which he accused John McGarry of stealing, was dismissed in police court at Cobalt on ruled the matter was one for the civil courts. McGarry had been held in the had been laid against him by Augusto Nardini, who claimed ownership of the

The building, however, was located on the claim of Joseph McGarry, father of the accused, according to his sworn testimony in court, and he alleged further that the logs of which it had been constructed had been taken from his property. While he knew Nardini had built the stable. McGarry said, he had raised no objections at any time, nor A despatch from Toronto says that had he made any effort to disturb his

owned by the power company in con-The Department of Northern Devel- nection with its pipe line from the wood. He swore McCarry had admit- the owner.

as great an area part of them to build a woodshed and ted taking the stable, but accused had as possible and to continue it over had sawn up another part for stove said he did not know the identify of



You need the extra nourishment that FRY'S COCOA gives

You know how warming and comforting a cup of FRY'S Cocoa is. That's more than a passing sensation. It's the outward sign of the lasting inward benefit you're getting—the extra nourishment. An ounce of FRYS has an energy value even greater than bread, beefsteak, or eggs. FRY'S is the cocoa with the chocolaty flavour -the most economical food-drink you can buy.

J. S. Fry & Sone (Canada) Limited, Montreal, Que.

ONE of the many pleasant

things about the new Pontiac Six is

how easily it is controlled. The

Syncro-Mesh transmission makes gear

shifting effortless - and quiet. With

Pontiac's free wheeling, the clutch is

unnecessary in changing to second

and third speeds. Then, too, the car

steers on roller bearings, while large

brakes and tires bring you to a quick,

easy stop. You'll find the Ride Con-

trol located conveniently on the

dash. With this, you can instantly

adjust the shock absorbers for dif-

Many other handy features, such as

the floor-button control to dim the

headlights, will please you. Of course,

the narrow windshield pillars and the

large rear window also help the

We could tell you a great deal more,

but why not try these things for your-

self? We have a car waiting for you

to drive. Right now we're in a posi-

tion to give you a good allowance on

your present car-GMAC time pay-

ments will take care of the balance.

ferent loads, roads and speeds.

FRYS

COCOA

Write for free

Made by the oldest Cocoa and Chocolate House in the world

Took ahead-open a Bank of Nova Scotia Savings Account now

A time will come when you will need money for a business investment or some other special purpose. A Bank of Nova Scotia Savings Account lays the foundation for a fund to meet such emergencies and protect you in your old age. Regular saving paves the way to future independence. Enquiries are invited at any of our branches.

Interest compounded half yearly

THE BANK OF NOVA SCOTIA Capital \$12,000,000; Reserve Fund \$24,000,000; Total Resources \$265,000,000

Timmins Branch: W. S. Jamieson, Manager



TIMMINS, ONTARIO

Listen to General Motors' broadcasts of all Maple Leaf Hockey Team's home games from CFRB or CFCA at 9 p.m.

