

BOVRIL

when you feel tired
PREVENTS
THAT SINKING FEELING

In Agony from Sheer Weakness

Mrs. Spurgeon Dawson firmly believes she would not be here today if she had not taken Dr. Williams' Pink Pills (tonic)

"When my children were small," writes Mrs. Spurgeon Dawson, Wolverton, Ont., "I was so weak and run down I could not walk across the floor without fainting. Even the slightest exertion was too much. Days were spent in agony from sheer weakness, and nights were made fearful through sleepless hours.

"It seemed as if nothing whatever would help me. . . . Dr. Williams' Pink Pills were recommended, and after taking twelve boxes I found strength returning and my stomach able to handle food again. I had not known what a meal was for months."

"What would you give to be able to cast aside your weakness and substitute vigorous physical strength? That is exactly what many men and women have been

"Found Strength Returning"



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fuel oil. Backed by a written guarantee for 5 years.

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Silent Glow Burners are already installed in 100,000 homes—more than all other burners combined. Come and see it demonstrated. \$50.00 up.



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Mr. Geo. Brodeur 19 Montgomery Ave. Timmins.
Mr. P. P. Sicard 33 Fifth Ave. Timmins.

You'll like this tempting

MAGIC



MENU

Look for this mark on every tin. It is a guarantee that Magic Baking Powder does not contain alum or any harmful ingredient.

Keep a copy of the New Magic Cook Book handy and you'll never have to worry about thinking up suggestions for attractive meals. Here, for instance, is a delightful menu selected at random from the dozens of interesting recipes it contains.

DINNER MENU
Cream Française Soup
Orange and Cheese Salad
Swiss Steak
with browned potatoes
Muffins—Caramel Pie
Almond Cakes*
Chase & Sanborn's Tea or Coffee

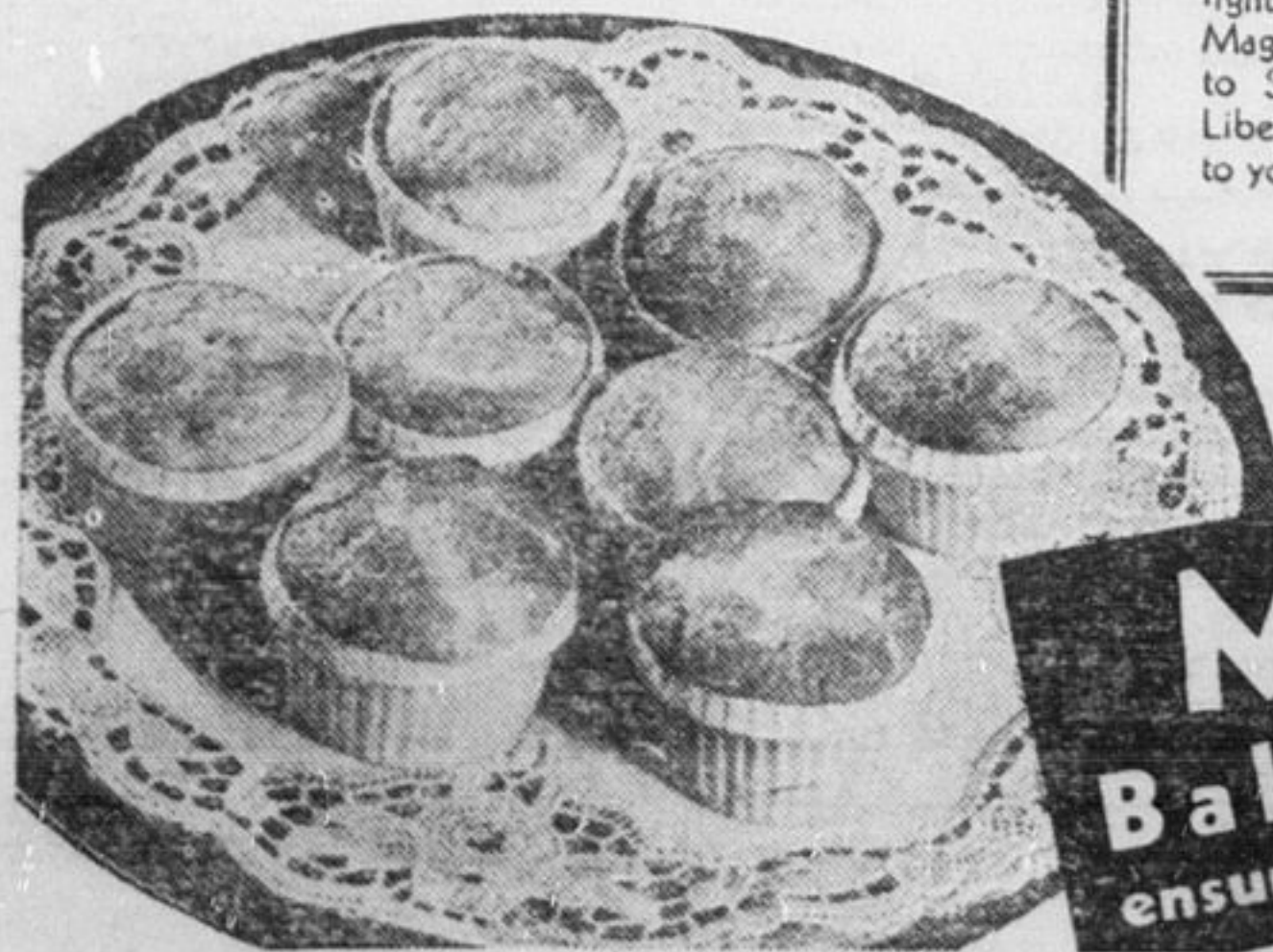
Try this Recipe for
*ALMOND CAKES

1 cup butter 1 1/2 cups flour
1 cup sugar 2 teaspoons Magic Baking Powder
1 cup milk 1 cup almonds, blanched and cut in pieces
2 eggs

Mix ingredients in order given, and bake in individual cake pans, or small paper containers, as shown in the illustration.

This recipe together with those used in the Magic Menu, and dozens of other equally delightful ones, are all listed in the New FREE Magic Cook Book. If you bake at home, write to Standard Brands Limited, Fraser Ave. & Liberty St., Toronto, and a copy will be sent to you.

BUY MADE-IN-CANADA GOODS



MAGIC Baking Powder
ensures better baking results

Asks for Definite Stand on the Trans-Canada Road

An editorial article in The Northern Tribune last week says:—
"Premier Henry hesitates even yet to announce a decision of the route of the trans-Canada highway through the middle section of Northern Ontario—whether it is to proceed from Hearst to the head of Lake Nipigon and thence down the east side of that lake to Port Arthur, or to follow the shore of Lake Superior from Sault Ste. Marie to the lakehead cities. He rather suggests that his government has its hands full for the present building the sections already delineated east of North Bay and east from Kenora. Yet he now announces that a third highway will be built from Toronto to Hamilton. Quotas of unemployed from Old Ontario are being sent North to man the highway camps, in conjunction with unemployed men in the North. Much disappointment is being expressed by southern municipalities that the drafts of men are smaller than expected, leaving a considerable surplus of workless men in the older communities. It is almost evident, even before the highway plan is put into operation in the North, that it will not take care of even the North's unemployed, and that it will have to be extended long before winter is over. The logical thing is for Mr. Henry to quit the temporizing of his cabinet over the highway route, borrow a leaf from Sir James Whitney's bold biography and announce a decision that will clarify the whole situation.

"As sure as the sun shines Northern Ontario is destined to grow amazingly. Depressions may come and go, halting its forward stride; but no political or economic developments can hold the North back. Consistent with its growth will be the spread of highway systems, linking its cities, towns hamlets and agricultural settlements together. The trans-Canada highway will be only a part of this extensive road system; but it is indeed vitally important that it shall be a harmonious part, plotted so that feeder highways and other lesser roads north and south of it will bear a proper relation and perform their part in opening up this vast area alike for residents and tourists.

"It is the height of absurdity for any sane Canadian to pretend that the best interests of Canada, of Ontario, or of the North would be best served by running the trans-Canada along the southern land fringe—the rocky shore of Lake Superior—as a one-sided street, and that the North's feeder highways of the future must cross the height of land and pass for hundreds of miles through uninhabited country in each case to tap into the national road. All the ballyhoo in the world will not dissolve the specious unsoundness of such a proposal. The politicians have merely, thus far, flinched from the threats of reprisals made by the lower regions in the event that their inordinate ambitions are thwarted in this particular. "Building a highway along the shore of Lake Superior will not induce population to flow there, because there is no economic footing for them on these bleak rocks; and American tourists, after all, haven't got Canadian votes! The provincial premier should realize that if he will make up his mind on the national highway route, and get work under way between Hearst and Port Arthur as rapidly as possible, he will be making an end to distracting importunities. The whole province will feel relief that the issue is settled, and business interests will materially benefit."

Some of the Depressions in the Years Now Passed

In view of the pessimistic outlook of many people at the present time, the following editorial item from the last issue of The Simcoe Reformer should be of interest, and also, perhaps, of some value:—
"Gloom-spreaders and pessimists are not peculiar to this era alone. Even some of the leading statesmen of Britain were numbered among the prophets of despair, we learn from an address by a leading official of the Canadian Chamber of Commerce. He gives the following quotations:—
"William Pitt said: "There is scarcely anything around us but ruin and despair." Wilberforce, in the early 1800's said that he "dared not marry, the future was so dark and unsettled." Lord Grey, in 1819, "believed everything was tending to a convulsion." The Duke of Wellington, on the eve of his death (1851) thanked God that he would be spared from seeing "the consummation of ruin that is gathering about us." Disraeli (1849) said that "in industry, commerce and agriculture there is no hope." Queen Adelaide said she had only one desire, "to play the part of Marie Antoinette with bravery in the revolution that was coming to England." Lord Shaftesbury (1863) said that "nothing could save the British Empire from shipwreck."
"But Britain lived, and she is living today, and we look to her to lead the world out of the chaos in which civilization finds itself today."

Interesting Scrap Book Sixty-Three Years Old

Scrap books have gone out of fashion though many people still continue to keep them and to gather and preserve much interesting data that might otherwise be lost. An old scrap book is always of interest and one sixty-three years of age is naturally deserving of special notice. Chief H. Jones has a scrap book started in 1868. Of course, he did not start it himself, never thinking of anything like that at that time, but securing possession of this scrap book and holding on to it for its value in information and as a curio. Various efforts have been made by different people interested in historical matters to secure this scrap book, but the closest Chief Jones has come to losing it is in the present instance when he has kindly loaned it to The Advance.

This scrap book is an old account book. On page where the clippings do not cover the accounts underneath show that William Smith purchased quite a bill of goods from the owner of the book. All the accounts were charged in pounds, shillings and pence. Hay was charged up at 11 shillings and 10 pence. There were 180 lbs. of flour charged at 18 shillings. One sheepskin was entered at 3 shillings and 9 pence. There was an entry of one pound, five shillings, "cash on account," and another similar item for more than double that amount. "Lumber for Thos. Smith" is entered at 10 shillings. "To one bull," is extended to 2 pounds, 12 shillings and 6 pence.

The scrap book is devoted entirely to newspaper clippings in regard to Upper Canada College and the legislation establishing high schools and collegiate institutes to supersede the grammar schools. There are articles from The True Banner and Wentworth Chronicle (published at Dundas, Ontario); The Hamilton Times; The Hamilton Spectator; The Toronto Leader; and, of course, The Toronto Globe, for anything of importance and value from an educational viewpoint would not be overlooked at any time in its history by The Globe. The last clipping in the scrap book is from The Globe of Dec. 25th, 1869, and it sums up the situation in the usual capable way of The Globe. In part, this editorial says:—"For two sessions a parliamentary committee has been sitting to investigate the condition of Upper Canada College, with a special view to the discovery of alleged abuses connected with the institution. What has been the result? This, at any rate, that no case has been made for its breakup, and little in the shape of any proof of any of the many charges brought against it." The Globe proceeds to point out that it stands just where it did when the discussion commenced; that any abuses should be remedied, but that the institution should be continued for its undoubted value and benefit. "We have not been the indiscriminate admirers of everything connected with Upper Canada College," concludes The Globe, "but we are sure it has done and is doing a good work, and that now in ordinary fairness it ought to be allowed to pursue its way in peace. It is a very cheap and easy cry to declaim against the monopolies of Toronto, and the groching character of the chief city of Ontario. Such a cry may well be allowed to expend itself unnoticed. We wish no undue advantage to Toronto, but shall be glad to see other central places put as far as possible on an educational level with it. In the meantime, for the sake, not only of the youth of Toronto, but of the province, we think this clamour against Upper Canada College should cease, and be succeeded by a much more respectable agitation for higher education at convenient central points all through Ontario."

NEW MINISTER ARRIVES FOR KASPUSKASING PRESBYTERIANS

The Northern Tribune last week says: "Rev. Chas. N. Cameron of Edinburgh, Scotland, has arrived in Kapuskasing as permanent minister of the local Presbyterian Church. He is a graduate of Edinburgh University in arts and theology, and since his ordination has spent some time in British Guiana."

Teachers' Bowling Scores Week of September 30th

The following are the Teachers' Bowling scores for Sept. 30th:—

A TEAM	
F. MacDonald	129 169 298
M. Tackaberry	141 163 304
H. White	92 112 204
E. Connor	141 133 274
Sub.	112 113 225
Total	615 690 1305
B TEAM	
M. Morrison	133 148 281
M. Barr	122 145 267
J. Harris	143 98 241
W. McKelvie	99 161 260
M. Thorburn	90 149 239
Total	587 701 1288
C TEAM	
J. Bogle	200 170 370
V. McKinley	125 141 266
I. Eime	111 234 345
G. Hughes	163 88 251
K. Carter	155 163 318
Total	754 796 1550
D TEAM	
G. Rogers	141 171 312
G. Everett	112 194 306
N. MacLeod	124 112 236
E. Blyth	172 84 256
E. Ohlman	123 127 250
Total	672 688 1360
SUB. TEAM	
M. Bramwell	95 59 154
M. Brownell	112 113 225
E. Dempsey	138 91 229
F. Peters	134 145 279
H. Prettie	88 127 215
G. Doherty	75 89 164
Total	642 624 1266

Standing of teams:—A-6; B-1; C-8; D-3.
Highest single—I. Sims, 234.

Report of Superintendent Children's Aid, September

The following is the report of A. G. Carson, superintendent of the Children's Aid Society for the District of Cochrane, for the month of September: Applications for children for adoption: 1
Complaints received: 35
Investigations made: 33
Interviews: 45
Children involved (apart from shelter): 36
Mail received: 44
Mail sent out: 41
Children brought to shelter not wards: 5
Children in shelter: 28
Court attendance: 4
Juvenile court cases: 2
Children sent to Industrial School: 2
Official warnings given: 2
Mileage travelled: 1956
Unmarried parents cases: 1
Adoptions completed: 1

FIRST FREIGHT SHIPMENT MOOSE FACTORY TO TORONTO

The first shipment of freight from Moose Factory since the T. & N.O. Railway completed its extension north of Cochrane reached Toronto this week. It consisted of 8,000 pounds of furs valued at approximately \$160,000.00.

Sudbury Star:—The New York judge who declared that a man is master of his own home reflects little credit upon the wisdom of the judiciary.

Welland Tribune:—A plan outlined by a son of Hugo Stinnes, the great German industrialist, offers the proposal that European disarmament be exchanged for remission of the American war debts. There are several other details embodied in the Stinnes presentation, but the disarmament clause is the most striking.

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TEA
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Pure cow's milk—concentrated—nothing but water removed.
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