

**Is Your Joint Painful?
Inflamed or Swollen?**

For swift sure action science gives you Joint-Ease. Just rub it in—good—you'll enjoy its comforting action as pain disappears—swelling goes down and all distress vanishes—it's a wonderful emollient—must help you or money back—generous tube 60c—all druggists—made in Canada.

Joint-Ease

A cup of Salada Green tea invigorates and refreshes

"SALADA" GREEN TEA
'Fresh from the gardens'

Our Want Ad. Column Brings Sure Results

Now try this interesting

MAGIC MENU



Look for this mark on every tin. It is our guarantee that Magic does not contain alum or any harmful ingredient.

Miss Lillian Loughton, Dietitian of the Canadian Magazine, suggests this attractive Luncheon Menu. You'll find it just as appetizing as it sounds. Try it. Of course, like many other good things, it's very easy to make up.

- LUNCHEON MENU
Cream of Celery Soup
Chicken Salad In Tomato Rings
Fresh Rolls
Preserved Peas
"Magic" Date Cookies*
Chase & Sanborn's Coffee

Miss Loughton says: "My successful baking results are due in large part to the freshness, uniformity and consistent high quality of Magic Baking Powder. I recommend "Magic" for all recipes calling for a baking powder. Even a beginner can use it confidently."

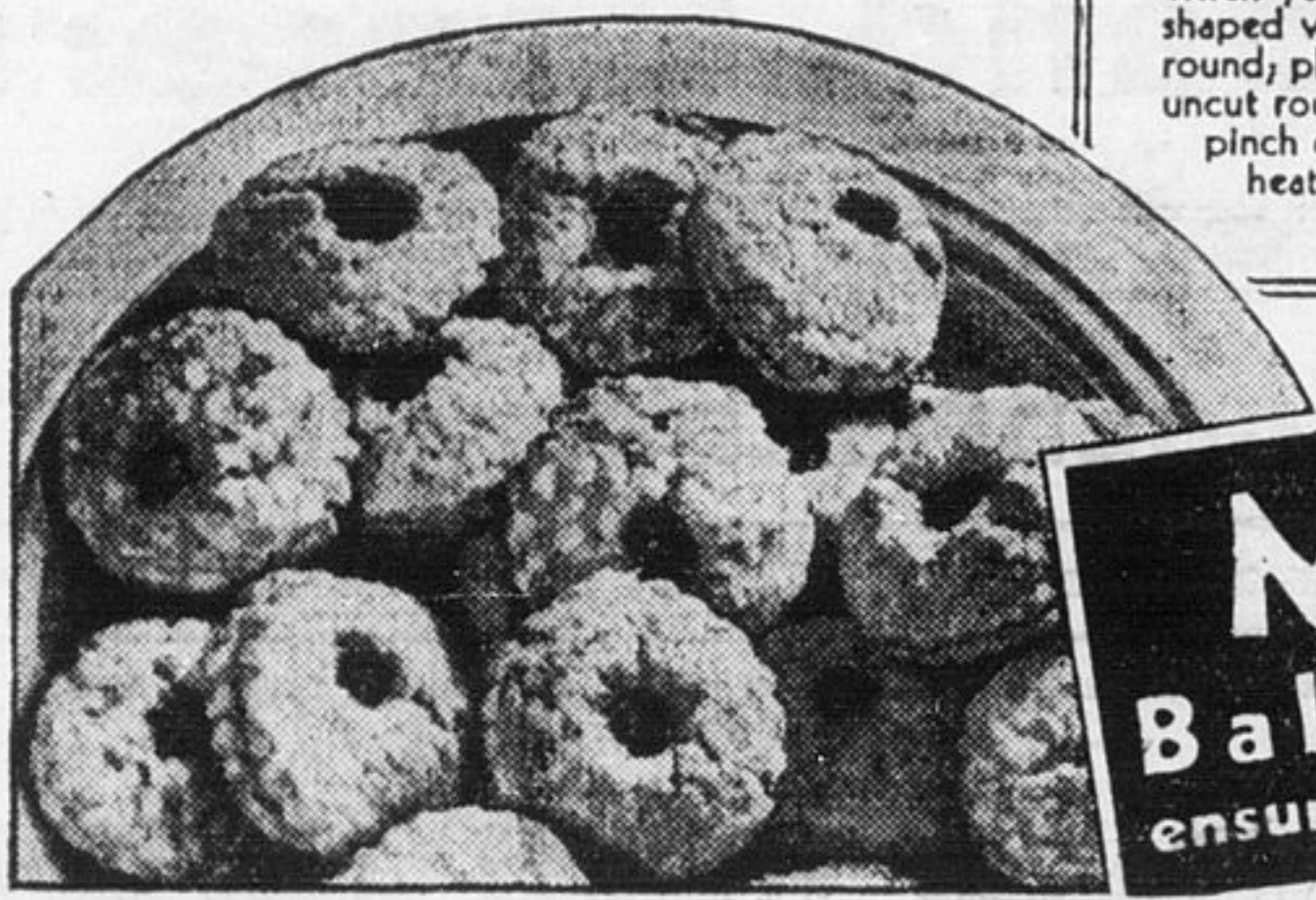
Try Miss Loughton's Recipe for "MAGIC" DATE COOKIES

- | | |
|---------------------------------|-------------------|
| 3 cups rolled oats | 1/4 teaspoon salt |
| 2 1/2 cups flour | 1 cup brown sugar |
| 3 teaspoons Magic Baking Powder | 1/2 cup lard |
| | 1/2 cup butter |
| | 1/2 cup milk |

Put rolled oats into a bowl. Sift flour, baking powder and salt and sugar together; add to oats. Melt butter and lard, add to dry mixture with milk. Mix all together, roll, cut with round cutter and bake in moderate oven.
Fill with following mixture: 1 pound chopped dates, 1 cup brown sugar, 1 cup hot water. Cook well and put between cookies.
Or finish cookies as illustrated. Have filling ready when you make cookie dough when cookies are shaped with small cutter, cut centres from half the round; place a spoonful of the thick date filling on uncut round, put the open ones over the filling, pinch edges together well and bake at moderate heat.

BUY MADE IN CANADA GOODS

MAGIC Baking Powder
ensures better baking results



Port Rowan News:—When the News began publication here 38 years ago, an ox sleigh brought wood from some bush farm in North Walsingham, but the snow was very deep here that winter, and the slow ox team impeded the traffic of horse sleighs that could not pass the oxen because of the drifts, so the owner of the oxen withdrew them from the road. Now the horse teams find they are impeding the trucks. The truck will probably be the crown of fast going for freight on country roads, for it would seem like sacrilege to pile a load of wood on an aeroplane.

HINTS FOR TREATING THE ATTACKS OF INFLUENZA

(Aymer Express)
While the medical authorities give assurance that there is no existing flu epidemic in Ontario at the present time, much sickness prevails in practically every locality. The symptoms very much resemble influenza with the difference that after effects result in jaundice in many cases. The advice given is to keep your feet dry, as damp feet are never conducive to good health. Be properly clothed, but too much clothing is also bad. Do not wear heavy underclothing indoors, and put on a light overcoat when going out. The reverse is far better. Keep proper air movement in offices, buildings and homes, but avoid drafts. It is always best to call a physician, but if home remedies are used drink citrus juices such as lemonade or orangeade, also hot milk, cocoa and chocolate and remain in bed until the cold has entirely disappeared.

Huntingdon Gleaner:—Thirty-seven years ago Walter W. Jarvis, 66, of Malone, N.Y., and David Knight, 65, were stranded on the western plains of Canada. Jarvis loaned his companion \$50 in order that the two could go to Montreal. They separated and recently Knight surprised Jarvis by walking into his florist shop and settling the debt.

for NEURITIS
One thing that helps is to warm a dish, pour in Minard's. Then rub the liniment gently in.
Pain eases off!

MINARD'S
"KING OF PAIN"
LINIMENT

Rich Finland Mine Found by Accident

Workers Excavating for Canal Discover Boulder Rich in Copper. Geological Formation in Finland Similar to Canada.

One of Europe's richest copper mines, located at Outokumpu, Finland, was described to the convention of the Canadian Institute of Mining and Metallurgy last week at Ottawa by Dr. E. L. Bruce. The mine, which is owned and operated by the Finland Government, was discovered accidentally by the uncovering of a copper-laden boulder.

While digging a canal in Central Finland workers brought to the surface a large boulder which geologists said was foreign to the immediate territory and must have been carried there by a glacier. The boulder was so rich in minerals that efforts were made to trace it to its source, where it was hoped the mother lode would be found. Dr. Otto Trustedt, of the Geological Survey of Finland, was placed in charge of this work.

After exhaustive study of the geological nature of the immediate country, a plan of campaign was struck. It was decided the glacier had carried the particular boulder and others that were discovered subsequently, away from the point of origin in fan-shaped course. By a study of the glacial scratches left on rocks, the general direction of the iceflow was determined.

Drilling operations were utilized in plotting the fan-shaped course to its starting point. Just when success seemed to be imminent, the Government appropriation to cover the cost of the work was practically to the near exhausted. With practically the last dollar of the fund, however, the mother lode was found deep below the surface. The mine in 1929 returned a profit to the Finnish Government of \$500,000.

Similar operations in determining the location of mines might be utilized successfully in Canada. Dr. Bruce told the convention of mining men. In some respects the geological characteristics of Canada and Finland were similar. The method to be successful he said, required careful examination of boulders, exact plotting of ore fragments and an accurate regional geological map so that the origin of unusual or characteristic rocks might be located.

Huntingdon Gleaner:—Because he told the judge that he had had a drink before driving his car into a telephone pole, A. W. Yager, 61, of Omaha, was released from a reckless driving conviction. It's such a relief to have somebody tell the truth that I'll let you go," Judge Rhoades said. Yager's employer at a wagon factory declared he was a good worker.

February Report of Moneta School

Standing of the Pupils in the Various Classes at the Moneta Public School for the Month of February, 1931.

- The following is the honour roll for February of the Moneta School:—
Sr. III—Miss MacLeod, teacher—Olive Veinotte 90, Grace Ramsay 88, Isabella Thomas 87, Rita Mitchell 84, Bobby Haines 83, Charlene Hodgins 83, Kathleen Veinotte 82, Ruth Hultinan 79, Fanny Feldman 78, Frank Prefasi 78, Vanda Candusso 77, Ninfoo Delvillano 77, Ethel Bateman 76, Archa Della-Vedova 75, Murray Stewart 75.
Jr. III—R. R. Beatty, teacher—Rosie Baratto 90, James Bateman 84, Esther Sveen 80, Joe Torlone 79, Edith Sinclair 76, Elvira DeLuca 76, Fernand De Luca 76, Kenneth Morrison 75.
Sr. II—Miss MacDonald, teacher—Neil McLaren 83, Mary Mestro 82, Eugene Sherriffs 82, Eufrenzia Gollachuck 82, Albena Boychuk 82, Arnold Black 81, Herbert Langdon 81, Aileen Hultman 78, Lloyd Baudin 78, Rita Turner 77, Nick Ponchuk 76, Mamie Mascioli 76.
B.—Wilford Mason 84, Lawrence Felmatte 80, Hilda Ross 79.
Jr. II—Miss Prettie, teacher—A.—Helen Knott 81, Mary Bennett 77, Doris Glaiser 76, Bruce Houle 76.
B.—Lui Degilio 78, Christine Becohy 78, Francesco Pontello 77, Leono Gollachuck 76, Leo Bandiero 76, Esme Hooper 76.
First Class—Miss Connor, teacher—Vasco Candusso 81, Peter Spada 80, Mary Degilio 78, Mary Hunt 77, Rose Parisi 76.
Sr. Pr.—Miss Carter, teacher—A.—James Knott 79, Algo Omiccioli 76, Irvin Dimock 76, Charlie Ansara 75.
B.—Donald Ramsay 78, Normand Mascioli 77, Louisa Ferrari 76, Norma McIntosh 75, Max Ryan 75, Leona Sparling 75.
Jr. Pr.—Miss Hughes, teacher—A.—Edna Smith, Dorothy Eddleston, Audrey Benson.
B.—Roland Murphy, June Tomkinson, Clifford Harris.
C.—Gladys Roy, Charlie Palmer.
K.P.—Miss Weston—A.—Arvid Sveen Marjory Coules, James Colborne.
B.—John Mellinckuck, Florence Stewart, Victor Shirriffs.

N. O. S. A. President Writes New Branch

President Lacasse Congratulates McIntosh Springs on Organization. Details Aims of the Northern Ontario Settlers' Association.

Last week The Advance received a note from Jos. Lacasse, president of the Northern Ontario Settlers' Association, saying he was enclosing a copy of a letter he had that day written to the newly-formed local of the South Cochrane Settlers' Association. This letter is as follows:

Kapuskasing, March 5th, 1931
Dear Mr. President: I am pleased to read in The Porcupine Advance that McIntosh Springs has led the way in forming a settlers' association. Please accept my best congratulations because you have taken a great stride toward improvement of the settlers' welfare.
Our association is progressing rapidly and is making a real success in the following aims:

To further the interests of the settlers by fostering mutual understanding.
By encouraging the study of farming and home-making questions in order to increase the efficiency and comfort of the settlers and their families.
By promoting social intercourse and the study of social and economic questions through the holding of debates and lectures.
The dissemination of literature, the establishment of libraries, and other means of elevating the standards of living in rural communities.
Our motto is: Equality for all; preference for none.

I wish to inform you that we shall be holding a meeting in Kapuskasing on March 10th and I extend a hearty invitation to you to attend this meeting.
I am sure that South Cochrane Settlers' Association will spread rapidly.
Might I suggest to you that such an organization involves a tremendous amount of work and much patience, courage and will power.
I hope to have the pleasure of meeting you and others of your association who can come out on the tenth.
Yours very truly,
Jos. Lacasse.

Simcoe Reformer:—Captain Malcolm Campbell recently established a new world speed record for automotive travel when he covered a mile at Daytona Beach at a speed of 245 miles an hour, thereby smashing the record of his fellow-Englishman, the late Sir Henry Seagrave, who covered the same distance at a mere rate of 231 miles an hour. Yet they say the Englishman is slow.
Port Arthur News-Chronicle:—Recent experience in Northern Ontario proves that distance is not a guarantee of mineral wealth. Some of the very best finds that have lately been reported have been in the heart of a country that has been under prospecting for many years. In fact, right in the mines that are operating have new discoveries been made. It is so with McIntyre and Hollinger, where large increases have been made in the ore reserves by probing of sections that had been casually looked over several times.

JAIL BREAKING ROBBERS GIVEN HEAVY SENTENCES

At Barrie last week Magistrate C. Jeffs sentenced Alexander Manson, 19 years of age, Leslie McLeod, 21, and William Moore, to twelve years in the penitentiary with hard labour for their part in a robbery with violence and jail-breaking. The previous Saturday the young men had escaped from the Barrie jail the turkey there, as well as the governor of the jail and his wife being beaten up rather badly in the procedure of the men escaping from custody. The fellows made a complete get-away but were re-captured three hours after their escape. They were making their way south when the police swooped down upon them. The robbers used the car owned by the governor of the jail as a means of escape. On the jail-breaking charge the three were sentenced to seven years each, the sentences to run concurrently with the twelve-year terms. It is said by the despatches that the young men were not much affected by the severe sentence. "That will be easy to laugh off" one of them is quoting as saying.

Mining Industry Called Stabilizer

Influence of Mining on General Business Referred to by Hon. W. A. Gordon. Other Interesting Notes from Mining Institute.

The Canadian mining industry has exercised a stabilizing influence upon the country during the adverse economic conditions to an extent exceeded by practically no other single business, Hon. W. A. Gordon, Federal Minister of Mines, told the annual convention of the Canadian Institute of Mining and Metallurgy. Canada he said, is emerging from the period of depression, due to her own efforts and without injury to any other country.

In welcoming the 300 mining men to Ottawa, Mr. Gordon assured them the industry had the support of the Federal Government. It was the institute's thirty-second annual gathering, and delegates were present from every Province.

In his Presidential address, Dr. J. S. Delury, Mining Commissioner of Manitoba, reviewed the institute's growth since 1898. The forging ahead of Canada as a gold producer, he said, had been one of the bright spots of last year.

The awarding of the institute prizes for 1930 occupied a period of the morning session. This included the award of the Bruce Gold Medal to Horace Freeman of Montreal for his work in fostering the pyrite industry of Canada.

The view that water power was a competitor of coal was hardly correct, F. W. Gray, assistant to the General Manager of the Dominion Iron and Steel Company at Sydney, N.S., told the miners' association. Water power is more nearly complementary than competitive, he said. The Noranda plant, operated by water power, was a user in worthwhile quantities of coal from Sydney. The same could be said in respect to the electrical developments in the St. Maurice and lower St. Lawrence districts. The developments of gold, copper, silver and other

UNDER THE MANAGEMENT OF POWER CORPORATION OF CANADA LIMITED
Canada Northern Power Corporation, Limited
Common Dividend No. 7
NOTICE is hereby given that a Dividend of 20c. per share (being at the rate of 80c. per annum) has been declared on the no par value Common Stock of CANADA NORTHERN POWER CORPORATION LIMITED for the quarter ending March 31st, 1931, payable April 15th, 1931, to shareholders of record at the close of business on March 31st, 1931.
By order of the Board,
L. C. HASKELL, Secretary.
January 27th, 1931.

mining in Central Canada helped the coal mines of Cape Breton.

Mr. Gray was the chief speaker at a luncheon on this opening day, Wednesday of last week. He suggested that the mining men should be called in to advise the Government on the great problem that no coal is found in Central Canada. It was a political heritage, he said, which had come down from Confederation. It is 1,800 miles from the most westerly point coal is found in the East to the most easterly point coal occurs in the West. In that great stretch, farther than from Paris to Moscow, no coal is mined, with the single exception of the lignite deposits in Northern Ontario.

The gold miners were "sitting on top of the world," he said. The mining industry as a whole in Canada had had a very good year, everything considered.

Taking the place of the old divining-rod, an electrical apparatus that determines the type of minerals lying under the earth's surface, was described to the institute today in a paper written by two brothers, C. and M. Schlumberger, and presented by E. G. Leonard. In its general effect the method consists of measuring the electrical conductivity of the rock formations and from this determining the mineral characteristics of the area.

Discussing the threat to Canadian copper producers by competition from the Rhodesian fields, Professor W. G. McBride of McGill University today said that this was not so serious as alarmists would picture it.

Professor McBride said that "unless Canada can rival Northern Rhodesia or unless another producer of this magnitude be found within ten years, both highly improbable, there would be an actual shortage of copper by 1939."

Northern Tribune:—Every town, village and hamlet along the O.N.R. line should realize its common identity of interest in the matter of the highway route with the interests of every other centre, and insist that we should for the present at least get the straight road to the North end of Lake Nipigon.

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Spray into cracks and crevices... it drives them out... another shot kills them. Guaranteed.
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If you have looked forward to McLaughlin-Buick ownership—insect, and drive, a McLaughlin-Buick Series 8-50 Straight Eight. At \$1290 (at factory, taxes extra)—it is a Straight Eight almost every motorist can own!

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