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GAIN WEIGHT

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Most people who suffer, either occasionally or chronically from gas, sourness and indigestion, have now discovered disagreeable diets, patent foods and the use of harmful drugs, stomach tonics, medicines and artificial digestants, and instead take a teaspoonful or four tablets of Bisurated Magnesia in a little water after meals with the result that their stomach no longer troubles them, they are able to eat as they please and they enjoy much better health. Those who use Bisurated Magnesia never dread the approach of meal time because they know this wonderful anti-acid and food corrective, which can be obtained from any good drug store, will instantly neutralize the stomach acidity, sweeten the stomach, prevent food fermentation, and make digestion easy. Try this plan yourself, but be certain to get Bisurated Magnesia especially prepared for stomach use.

TIMMINS MAN BEREAVED BY DEATH OF HIS MOTHER

The Sudbury Star Wednesday of last week says:—The death occurred at St. Joseph's hospital on November 15, after a lengthy illness, of Bessie Peacock, wife of Henry Peacock, of Garson, at the age of 62. Mrs. Peacock was one of the oldest residents of the Garson district, having come with her husband 22 years ago to take up life on a farm. She was born in England, where she was married, and came to Canada 23 years ago, spending a year in Oshawa and the remainder of her life on the farm near Garson. An interested church worker, her whole life was actuated by motives of charity and her demise is mourned by all who knew her. She is survived by her husband, five sons, Thomas, of Sudbury, William, Harold and Fred, of Garson, and Andrew of Timmins, and two daughters, Mrs. A. Patton, of Coldhurst, Alta., and Mrs. Kate Mazzie, of Sudbury. The funeral was held on Monday afternoon at 1:30 from deceased's late home to the Good Shepherd Anglican Church at Garson, where Rev. Canon C. C. Simpson officiated at the funeral service. Mrs. Peacock was laid to rest in the Good Shepherd cemetery, which was formerly a part of her farm and which she donated several years ago together with land for the church site. The pall-bearers were: Messrs Arthur Lye, John Bell, William Spoor, William Thorburn, John McLean and Tal Rogers."

Port Arthur News-Chronicle:—Three hundred million tons of lignite in the district north of Cochrane are indicated; transforming Ontario's problem from one of finding fuel into one of proving how this kind may be used with advantage and economy.

The Canadian Legion in the Porcupine

By the Secretary-Treasurer

The comrades no doubt missed last week's letter but owing to the extra work brought about by the new system, something had to be let slide. Anyhow in future I will try and not let the Legion news slip. To carry out the new system we have to sort of arrange matters where there will be no duplication of work. The whole of the member's master cards have to be gone over and the comrade's name, number and address typed on the side instead of the end. The address was missing in the first place. Then those members who have failed the Legion had to have their cards sorted out and sent back to headquarters. Then the comrades who had transferred had to have the same done with their cards. Then members who were paid up to March 31st had to have their master card stamped and their membership card sorted out and posted. This all means work. The secretary-treasurer will now have to carry all his master cards and membership cards to each meeting, so if a member pays up he can get his membership card. Here's how the membership card system works out. All members who are paid up to 31st December 1930, cannot have their membership card until the quarter ending March 31st has been paid. On March 31st new cards will be issued, and these will end March 31st 1932. A member paid up to Dec. 31st 1931 cannot claim his card until the quarter ending March 31st, 1932, has been paid, as the Legion year ends March 31st, instead of December 31st. Of course the members have their receipts which are the only outward sign (beside the badge) that they belong to the Legion. So every one hang on to their receipt forms.

So, I would advise all members who can and will include the quarter ending March 31st, 1932, when they send their next year's dues. Then they will be able to lift their new card when it is issued after March 31st, 1931. There have been several cards posted to members who are paid in advance of March 31, 1931, and these cards are marked. This card expires March 31st, 1931. There is no need to get the wind up as I hold the master card which shows when their dues are paid up to; and as soon as I get the new cards, they will go out to the members who are paid up to March 31st, 1932. Our Provincial Command are not going to lose anything in future. Talk about a Scotchman being tight! Why, they put our friends from the land of the thistle in the shade, when it comes to being tight. I think they have been mixing with some of our Eastern

We had another lady member added to our branch last week, Comrade Mrs. E. J. Pullen, of South Porcupine. Mrs. Pullen sent me a letter received from Beatrice G. Ward, secretary to Lady Londonderry, as follows:—"Lady Londonderry is so interested to hear that you have been asked to join the Legion. It is a great compliment to be asked to join the Legion." These words should be a great stimulus towards the joining the Legion by many more ladies who have done their bit for the Empire in the days of war. The next event is the Chicken Stag on Friday this week, November 29th. Everyone come and patronize this event. The proceeds will go towards our three Christmas trees that we are holding in the Porcupine. We have secured a car-load of the best chickens that money can buy for this event. The Oddfellows' hall will be the scene of operations, and the whole affair will be handled by the entertainment committee.

Our next dance will be on December 3rd at the McIntyre Hall. This same brand of refreshments will be handled by the Ladies' Auxiliary and the music by Tommy Stephens' orchestra. There will be the usual lucky door prize.

We have been able to do considerable relief work this last two weeks thanks to our relief fund.

I would also like to draw the comrades' attention to the cheap subscription rate of The Legionary. I have four comrades already who have taken advantage of this special price and would like to make the list 20 before I send it away.

I would also like to draw the comrades' attention to the last quarter, 1930. The dues for this quarter are now due and good standing really means paid up to date. We have some comrades in arrears for the third quarter—not many—but I am again reminding them that they cannot owe the third quarter's dues and be classed as in good standing for the Christmas Tree. Time is short, so hurry up and pay these arrears, as Dec. 6th is the last date we take names for the Christmas Tree. Remember all books for the Christmas Tree close Dec. 6th and they will not be reopened again. All members and their children entitled to be at the Christmas Tree will be given a card—a special souvenir which will be their admittance to this event, and the hall will be stated on the card that they have to attend. No Cards, No Admittance! Let this be quite plain to everyone. Excuses will not be tolerated, as we have done our part in giving fair warning to all. Now it's up to the members to do their part. The address to send dues to is P.O. Box 1059, or they can be left with the president at his office. So accept this as a last warning and don't get peeved if you do not heed the warning before December 6th. There is no excuse at all. Members sick can notify the secretary-treasurer, who will attend to these cases and see a card is sent, so outside of the sick, or out-of-work-members that can produce evidence that they were out of work long enough not to be able to pay the \$1.00 or \$2.00 dues, let's see the dollars roll in as dollars mean cards and cards means Christmas Trees. Don't let the kiddies suffer for the few paltry cents that it takes to be a member paid up in the Canadian Legion.

I might also add that we take the pleasure in welcoming back to the branch Comrade H. R. Channen. We are always pleased to welcome an old member back to the branch, and let's hope the good Legion spirit shown by Comrade Channen will be an inspiration for many more old ex-members of the Legion in the Porcupine.

—The Secretary-Treasurer

Port Frances Times:—It looks like a miniature winter.

Results of the Ladies' Bowling Games to Date

The following are the results of the Ladies' Bowling, Nov. 13th:—

RAMBLERS

C. Brough	145	170	161	476
I. Cook	178	175	134	487
C. Pecore	196	194	188	578
E. Roy	154	122	117	393
R. Dubien	116	146	136	398
Totals	789	807	733	2323

T. B. C.

A. Isnor	273	129	133	535
G. McAskill	111	176	142	429
L. Mascioli	155	177	111	443
M. Norlock	160	126	136	422
A. Perreault	124	157	123	404
Totals	823	765	645	2233

Rambler wins 3 points.

MOOSE

M. Eyre	94	85	131	310
E. Brennan	166	141	165	472
M. Donaldson	105	136	141	382
D. Hocking	141	71	139	351
A. Byck	148	157	266	571
Totals	654	590	842	2066

O. F. F.

V. Robinson	182	124	149	455
K. Monaghan	150	108	102	360
H. Brown	124	148	132	404
E. Brown	178	115	151	444
L. Goulet	139	143	98	386
Totals	773	638	632	2043

Each team wins 2 points.

BUSINESS GIRLS CLUB

R. McCarthy	131	116	177	424
M. Boyd	175	187	91	453
N. Stevens	169	104	120	393
R. Hawkins	136	78	92	306
V. Reilly	100	99	104	303
Totals	711	584	594	1879

N. B. B. O.

G. Everett	167	122	116	405
M. Morrison	167	178	136	481
B. Huckerby	136	146	126	408
J. Bogle	240	146	166	552
M. Arscott	162	149	136	447
Totals	872	741	680	2293

N.B.B.O. wins 4 points.

KIWANES

I. Pierce	93	141	120	354
G. Fogg	113	114	106	333
C. Lang	94	143	107	344
L. Montgomery	96	71	98	265
A. Tomkinson	149	203	159	511
H. Darling	155	155	155	465
Totals	645	672	638	1855

Y. P. L.

A. Verner	176	149	147	472
L. Slotnick	121	177	179	477
R. Verner	142	156	111	409
E. Platus	111	138	100	349
S. Slotnick	175	103	128	411
Totals	725	728	665	2118

Y.P.L. wins 4 points.

The following are the scores of the Ladies' Bowling for Nov. 18th and 20th:

O. F. F.

V. Robinson	117	207	129	453
H. Kelly	106	130	131	367
E. Brown	44	76	120	240
L. Goulet	172	97	103	372
H. Brown	142	127	199	468
D. Watts	79	79	79	237
Totals	581	640	638	1859

Y. P. L.

A. B. Verner	177	152	113	442
S. Slotnick	195	172	177	544
R. Verner	97	116	89	302
E. Platus	151	154	87	392
L. Slotnick	225	121	205	551
Totals	845	715	671	2231

Y.P.L. wins 4 points.

Y. P. L.

A. B. Verner	172	104	147	423
S. Slotnick	168	278	121	567
R. Verner	115	124	110	349
E. Platus	124	116	139	379
L. Slotnick	116	166	210	492
Totals	695	788	727	2210

BUSINESS GIRLS CLUB

J. Lang	83	84	71	238
P. Kennedy	132	134	117	383
R. Martin	89	48	163	300
R. Hawkins	126	124	114	364
N. Stevens	53	79	78	210
Totals	483	469	543	1495

Y.P.L. wins 4 points.

MOOSE

M. C. Eyre	119	134	197	450
A. Byck	143	132	140	415

D. Harrison	136	76	150	312
D. Hocking	161	93	125	379
E. Brennan	159	91	191	441
Totals	718	526	753	1997

RAMBLERS

I. Cook	152	164	180	496
E. Roy	127	196	127	450
C. Pecore	157	134	141	432
V. Roy	119	113	232	464
R. Dubien	131	135	184	450
C. Brough	144	144	144	432
Totals	686	773	745	2204

Each team wins 2 points.

T. B. C.

A. Isnor	66	88	138	292
E. Terry	71	113	113	297
M. Norlock	143	154	118	415
L. Mascioli	134	166	145	445
A. Perreault	140	131	121	392
G. McAskill	127	121	248	516
Totals	554	666	643	1863

O. F. F.

V. Robinson	173	153	80	406
H. Kelly	92	92	92	276
Totals	740	630	723	2093

N.B.B.O. wins 3 points.

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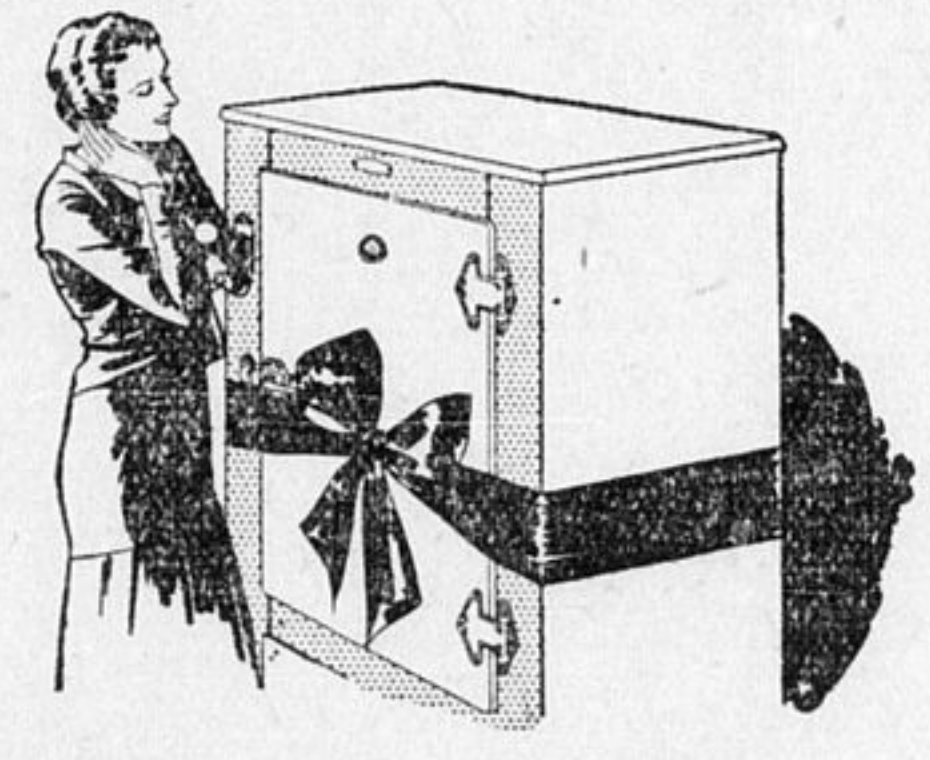
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Let us show you all that it will mean to her to have the benefits of the famous "Cold Control," the Hydrator, the Quickcube Ice Tray and a cabinet of Porcelain-on-steel inside and out. And let us show you, too, how easily any model can be bought on special Christmas terms. Stop in today.

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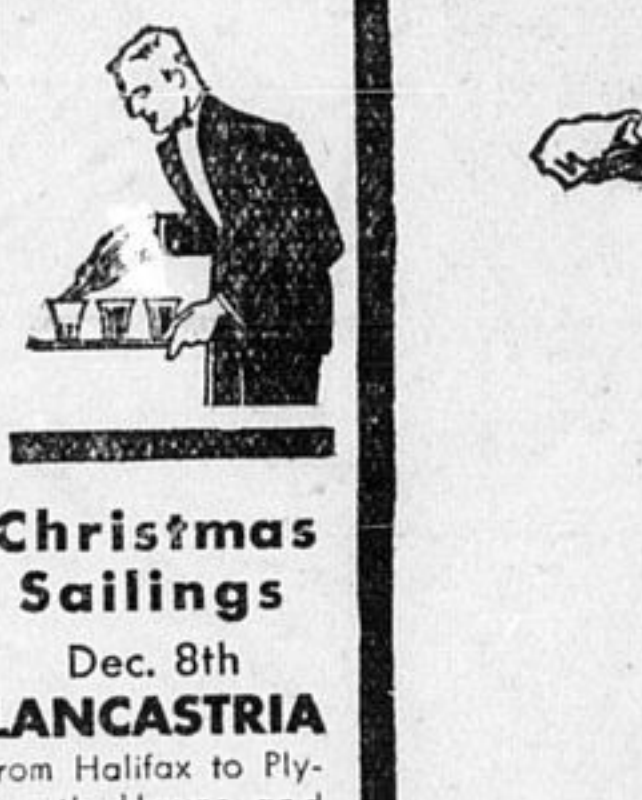
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*This fact was revealed in a recent Dominion-wide investigation.

Look for this mark on every tin. It is our guarantee that Magic Baking Powder does not contain alum or any harmful ingredient.



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