WHAT'S THIS FOR?

Sybilla Spahr's remedy. It's the BEST for treating sore throats, coughs, bronchitis, bronchical asthma, tonsil ills and kindred diseases. Try it, it's GOOD. Timmins, South Porcupine, and Schumacher, Druggists.

WHY BUILDING GOOD ROADS IS PAYING INVESTMENT

The following is an editorial from the last issue of The Sudbury Star, and is well worth consideration:-

Canadian Legion, B.E.S.L.

Atten-Shun Lost Reward

Many patrons will lose their identity at the

McIntyre Hall, Schumacher

Friday, October 31st

Some will be rewarded with prizes for the Best

Costumes and some one will get the valuable

Lucky Door Prize

Jimmy McFadden's Club Royal The Ladies' Auxiliary, Canadian

The Admission will be \$1.50 per couple (including

tax) 50 Cents Extra Lady

The Profits will Help the Legion to Help Many who Cannot Help

DANCING FROM 11 TO 3

Will Supply the Latest Music for

the Dancing.

The

definitely.

Masquerade Ball

Will supply Refreshments, second

to none in the Country.

MONITOR TOP

guarantees

Dependable, quiet

operation always

TIMMINS BRANCH 88

"The province of Quebec believes in good roads. In 20 years Quebec has roads.

spent \$120,000,000 on road improvement and maintenance, and is now spending about \$15,000,000 a year. There are about 2,000 miles of hardpaved roads; the building programme contemplates adding 1,000 miles within the next few years, and there are some 11,500 miles of gravel and macadam

"The roads department has been keeping tab on the American tourist traffic, whose volume isg overned largeyear of depression

rists entering Quebec in eight months; Oct. 31st. Hallowe'en Night. Good can only do light work. What a blessspent is hard to estimate, it is easy tumes, also a lucky door prize. This better circumstances will devote their millions-a pretty good dividend on an So everyone get out their best mas- rades and their families. "The Legion

"Are good roads worth while? There's he answer.

in Canada for the coming fall and winand producers who as exhibitors at the Royal do much by their unswerving example to establish steady confidence in Canadian agriculture, the management points out that "despite dry weather conditions in several places, Canadian feeding stuffs are in more than average volume. The hay crops everywhere are considered satisfactory and in some parts exceptionally good." The message is extremely optimistic and reveals that the directors of the Winter Fair are making plans for an even greater exhibition this year.

North Bay Nugget:-It is estimated that drinkers in the United States pay some \$2,848,000,000 yearly for bootleg liquor. What a dry country!

The Canadian Legion in the Porcupine By the Secretary-Treasurer

ly by the quality of roads. This year, two more that the fee was not paid. years of service for King and Country. to September 1, 22 out of 30 entry ports At our general meeting next Monday Here is where the Legion steps in and reported the entry of 334,459 American these comrades can come forward and sees that at least their comrades and automobiles driven by tourists, an in- pay the fee and be initiated. We ex- their families have something to eat crease of 21 per cent, over the number | pect another record night on Oct. 20th | and a roof over their heads. in the same period of 1929—and this in as there are several comrades that have spite of the fact that 1929 touched the not been initiated yet. There will be fund this winter, and the relief com peak of prosperity, while 1930 was a the usual social hour after the meet- mittee will have lots of work. In some

ladies get behind a movement they sure other wars. So, when the canvasser

on that date, an offer which we are boast indeed thankful to accept. The ladies tagging will be supplied with refresh- \$25.00 cash for the 1st; \$15.00 cash for ments as a day on the streets tagging the second; and \$10.00 cash for the

along with the Legion. This includes Our worthy honorary member, F. M Scouts, Cubs, Guides, Red Cross and of a window display for a week to display Timmins Citizen's Band again will head sell. I expect to have a number on Legion, an association that we are proud | branch and readily shows his appreciabe on parade and Bandmaster Cherry Porcupine. expects to have an addition of fifes In addition to the ladies, the presichurch, so there is no excuse for keep- there will be no rush orders this year. ing away. So let's show a parade of The executive committee as a whole

have these ex-soldiers of the Italian of the wreaths. Army (our ally in the great war) with us on this occasion.

The Legion in full strength will be a sight worth seeing and the additions to the parade will show a display of

loyalty second to none in the Dominion. We have ordered a special fine day from the weather man for the church parade so let's hope he will fill our order. I might add that we will be pleased also to have our worthy honorary members with us on this date and on November 11th as we are proud of the support given by these worthy gentlemen.

I received our honorary members cards and badges this week. They are of a new type which require no stamps. The badge is smaller than the regular badge but nevertheless it is a badge that the holder may be proud to wear, a badge that shows an association with the Canadian Legion.

We were able this week to again do considerable relief work that had to be quick and the Legion showed how quick | member but I mentioned to the Central | it could be in these matters. It seems Branch that I felt sure the transfer deplorable to think that any returned was only temporary. soldier should be in want and children case. The poor children do not rea- in the Porcupine. Spread the spirit vanish. lize the situation; they do not realize around, keep it awake with a view to that when daddy is out of work, that having every ex-soldier in the Porcuthere is nothing to get food with. And pine a member of Timmins Branch 88, the poor mother, what is her plight? Canadian Legion. She knows not where to turn, and often

CLAIM AGAINST CITY FOR

LOSS FROM TOURIST CAMP

(From The Simcoe Reformer) North Bay Board of Trade has an unusual claim on its hands. It comes glee these days. There has been an from Carroll E. Beatty of Detroit and exceptionally good run of herring for he wants to be recompensed for loss by nearly a week and the fish have been robbery while staying at the motor particularly good to two men at least. fireproof.-Renfrew Mercury. camp where he raid fifty cents a day On Tuesday afternoon Dr. N. W. Rogers for accommodation. Mr. Beatty took and E. A. Williams forgot business his action on the advice of the Ontario worries and spent three hours on the Motor League after he had written the bay off the Raikes property. Their Provincial Police at Toronto and fail- catch totalled more than 100. A few ed to get any action. It is argued that days previously the same two gentlemen if it is the intention of a town or city did even better work. The jeweller to make a charge for the use of its managed to haul in 164 while the docmotor camp without providing police tor was only some twenty or thirty fish protection, the fee should be with- behind. "It's great sport," they said. drawn. This Mr. Beatty is apparently "You can catch two on one hook, no fool. He states in his letter that they're so thick, and they are nearly as this complaint "should be made some- big as whitefish." one's very definite business," if Canadian towns and cities wish to protect be watched with interest.

Sudbury Star- From now on deer having regard for their own safety are St. Mary's Journal-Argus:-New York predicts that by 1980 men will have advised not to wear caps, hunting is said to be showing a constantly de- discarded shirts. Which causes the coats, trousers and boots, and not to clining birth rate. May be they are local cynic to remark that those who

or crouch by a runway.

This week we had an application sickness comes along at the same time form from Comrade Daigle, and one or What a burden to carry after giving

of these cases the comrades cannot do "Figuring only three persons to a The next event will be our dance at manual labour; in many cases, they are car, this meant 1,000,000 Aemican tou- Schumacher in the McIntyre hall on burnt out by the rigours of war, and and while the amount which each prizes are promised for the best cos- ing it is to-day that the comrades in to see that the total ran into tens of pleasing event should be well supported. time to help there unfortunate cominvestment of \$120,000,000. In fact, it querade costume and don't miss this Helps Many" is no lie, and the cases may almost be said that the American event. As the display cards state, that one sees at times sure make one tourists lured to Quebec by scenery, cli- there will be "Lords, Ladies, Witches thankful that they have health, mate, historic associations and good and Maidens," and perhaps we will be strength and employment. To see roads are paying the entire road bill of able to add a butler, baker and sand- these poor families bravely fighting against hunger, shows the spirit of the Nov. 1st will be tag day for poppy | bull dog breed, the spirit that won the campaign and we are not to do this by war. One good thing they have the halves this year. With the assistance Legion fighting with them in their hour ROYAL DIRECTORS OPTIMISTIC of the Ladies of the Auxiliary of the of need. Some of its members, who are Canadian Legion and the Ladies of not afraid to again shoulder responsi-The Royal Winter Fair directors are the Daughters of England, who have bility, shoulder another burden with the optimistic about agricultural conditions so kindly consented to help us, we ex- same thoroughness as they shouldered pect a record tag day, as when the the country's burdens in the late and see it through. It will be a lucky citi- call to canvass for wreaths just stop zen who misses being tagged on that and think a moment; think what these date, so save all small change and an canvassers represent; think what the odd bill or so for tag day, Saturday, soldier did in the wars of the Empire; annually brought out for exhibition and dig down in your pocket, dig The Order of Moose have kindly of- deeply, and remember the words: "Give fered the Moose hall for headquarters and ye shall receive" which is no idle

> We are offering prizes this year of is certainly hard work without a little third; for the best decorated window in the Porcupine, that is decorated with On Sunday, November 9th we are goods supplied this year from the Vetholding a monster church parade. All craft Shops in Toronto, for which the military, units are asked to parade Canadian Legion is the sole distributors.

> the St. John Ambulance Brigade, Boy Burke, has kindly consented to give us course the ladies of the Auxiliary. The the wreaths that we are canvassing to the Legion church parade and I'm sure display before this letter appears in we are glad of the support of the band. print. The kindness of F. M. Burke The band are wholeheartedly with the is greatly appreciated by the local of. The Legion Bugle band will also tion of what the Legion is doing in the

> with the bugles on this occasion. The dent and myself will also take any fifes have been ordered and will be orders for wreaths. The canvass for here before this letter appears in print. wreaths ends on Wednesday next Oct The parade will be split so as all de- 22nd, and delivery of the wreaths will nominations can attend their own be made by the end of October. So,

> parades this year, a parade headed by are attending to the poppy campaign the good old Union Jack, a parade of this year and the orders and all busiloyal subjects and good citizens of the ness will be handled by the secretarytreasurer of the branch. Special forms The Italian ex-soldiers are expected have been printed for the canvassers to join us on that date, also on Nov. and cheques can be mailed direct to 11th, and I'm sure we will be glad to the secretary-treasurer upon delivery

Foppy Day will also be under the control of the executive, who will render the ladies who have so graciously consented to help us every assistance. So we can look forward to a record poppy campaign, as when the executive committee gets busy in this Branch they do not do things by half, and every one can be sure of courtesy and assistance at all times.

In conclusion don't forget the general meeting Oct. 20th, and as a reminder I will state that those comrades who owe the 2nd and 3rd quarters' dues have only 15 more days left before they are struck off the roll of the Canadian Legion, a roll that all ex-soldiers should take pride in and never allow their names to be struck off for the paltry sum of \$1.00 per quarter.

I have just had a letter from Central Branch, Toronto, who ask for the transfer of Comrade Elphick. We are sorry indeed to transfer this valuable

-The Secretary-Treasurer

GETTING TWO HERRINGS ON THE ONE HOOK AT BARRIE

(From The Barrie Examiner)

Many local fish "fans" are in their

the husbands giving up their jobs.

go about on two legs, or carry a gun building the buildings so high that the continue to flirt with the stock market General Freight and Passenger Ager stork can't fly over 'em.

Why Not Sheep-Raising for the North Country?

Reference has been made previously

in these columns to the suggestion of Hon. John Martin, while Minister of Agriculture, that settlers in this country would meet with the best success if they took up specialties. Hon. Mr. Martin was speaking at Englehart on he occasion he made this suggestion and there was very general recognition of the force in what he said. The special lines he mentioned were poultry and cattle raising. At the time The Advance thought that sheep-raising might well be added to the list. Some Calls will be heavy upon our relief years ago a gentleman on a farm near Charlton made a great success of sheepraising. The arguments against sheep in this country are all upset when the industry is considered with shepherds as a necessary feature. In connection with the idea of sheep-raising in this country, it is interesting to read an item sent out this week by the Ontario Department of Agriculture. This item, under the heading, "Rainy River Fa-

mous for Lamb Production," says:-There is possibly no section of Ontario that has a higher percentage of good sheep and a lower percentage of poor sheep than has tht District of Rainy River. Sheep raising there has increased greatly during the past five or six years. Through the efforts of the Department, purebred sires have been introduced over this period of time and this, coupled with educational extension work, has made it possible for the sheep breeders in Rainy River weigh 120 and feel like a new woman." District to market a very high percent- This from a letter-millions of runage of choice lambs.

Market lamb fairs have been held in the district for a number of years when between 300 and 400 lambs are and market purposes. On August 20th last a representative shipment of lambs was made to Winnipeg. These were graded and sold as follows: 183 first-grade lambs averaging 851

lbs. in Winnipeg sold at 81 c. per pound 10 heavy lambs averaging 1001 lbs sold at 71 c.

20 third-grade lambs averaging 79 lbs. sold at 6c.

In addition to these, 96 ewe lambs exhibited at the fair were sold for

breeding purposes. There will probably be twenty carloads of lambs shipped from the district before the season is over. The breeders of this section have been fol-

lowing the practice of marketing their lambs when ready and, by having their lambs dropped in March and April shipments have been going forward to the Winnipeg market during July, August and September, before the big rush of lambs comes on the stock-yards

Sheep breeding in the Rainy River District has filled a great need. Clover hay is produced in abundance and the market for this has usually been not very remunerative. These sheep carried through in good condition and the farmers, by following the practices is irritated, digestion is delayed and of dipping, docking and castrating, coupled with the use of good purebred sires largely of Oxford and Shropshire breeding have produced a product second to none in the public markets.

IT IS WELL THAT THERE ARE MANY SUBSTITUTES FOR WOOD

It is reported that nearly all Ottaws Valley lumberman will curtail their operations in the woods this winter owing to still having heavy stocks in their piling yards. One can readily pensive to take and is the most efficredit the report, for with so many substitutes being found for wood in these days it is not in the same demand t once was. Asbestos shingles are driv ing cedar shingles from the market People are building houses of concret blocks rather than frame structures No longer is plank employed in the building of sidewalks. There are substitutes galore for wood these days, and if by that a slackness comes to 1 and 2, between Montreal and Vanlumbering operations there is the com- couver, daily, operating through sleeppensation of new industries.

It is well that these substitutes have came upon the market before the land was denuded of forest. Cutting o trees has gone on without the planting of new ones. Our policy with regard to forests has been a wasteful one. thought was taken of the future. They Through sleepers operated between Everyone during this campaign do do things in a different way in Euro- Toronto and Timmins, also between hungry in these days. But it is the their utmost to spread the Legion spirit pean countries, where forests never Toronto, and Rouyn and Noranda, Que.

> In the last quarter of a century the Railways Station at North Bay. woodman's axe and fire have taken an immense toll of the Canadian forests It is not long ago that logs and square timber were coming down the Bon- trains use Canadian Pacific Railway nechere. Today there is no square tim- Station at North Bay. ber floating even in the Ottawa River. All that Renfrewites see of square timber today is what passes through here by rail from Egan Estate. And only one lumber firm is cutting it.

Happy is this country in being able to find substitutes for wood, especially so since many of the substitutes are

FALL FAIRS FLOURISH

Despite depressed economic conditions and a season marked chiefly by prolonged drought, the community fall fairs throughout Ontario generally re- 17 and 18 for points east, west, north port unprecedented attendance and splendid showings of agricultural produce. As an individual instance the annual fair in the village of Caledonia, in Haldimand County, drew a patronage of 10,000 people, a record for all to Cochrane on Sundays. time. From almost every fair similar | Mixed Service daily except Sunda Toronto Mail and Empire:-The reports have been received, indicating between Cochrane, Island Falls, Jct the tourist trade business. It is North movement to weed out married women the rural residents of Ontario are tak- Fraserdale and Coral Rapids. North Bay's next move and the answer will from fucrative positions will be ing an even keener interest and pride bound, leave Cochrane 8.30 a.m., ar promptly met, in some instances, by in their own industry than ever before. rive Coral Rapids, 2.55 p.m. South

Sudbury Star- Booth Tarkington

A General Meeting

Timmins Branch No. 88 CANADIAN LEGION Will be Held in the

Oddfellows' Hall

Monday, Oct. 20th

at 8.30 sharp ARREARS AND DUES CAN BE PAID. NEW MEMBERS WILL BE INITIATED.

There will be the usual Happy Hour after the Meeting.

AUSTIN NEAME, President A. E. MORTIMER, Sec'y.-Treas.

"I Was So Skinny-Now Feel Like New Woman"

COD LIVER EXTRACT TABLETS

After the flu and nervous breakdown pounds-McCoy's helped me-I now down, scrawny women need McCoy's -rich in health and weight building elements-60 tablets 60 cents at any druggist anywhere-just ask for Mc-

WIFE, GAS, SCARE MAN IN DEAD OF NIGHT

"Overcome by stomach gas in the dead of night, I scared my husband badly. He got Adlerika and it ended the gas."-Mrs. M. Owen.

Adlerika relieves stomach gas in TEN minutes! Acts on BOTH upper and fool with medicine which cleans only PART of bowels, but let Adlerika give stomach and bowels a REAL, cleaning and get rid of all gas! On Sale at The Goldfields Drug Co.

Acids in Stomach Cause Indigestion

Create Sourness, Gas and Pain. How to Treat.

trouble, indigestion, sourness, burning, gas, bloating, nausea, etc., are due to an excess of hydrochloric acid in the stomach. The delicate stomach lining food sours, causing the disagreeable symptoms which every stomach sufferer

Artificial digestants are not needed in such cases and may do real harm. Try laying aside all digestive aids and instead get from any druggist some Bisurated Magnesia and take a teaspoonful of powder or four tablets in water right after eating. This sweetens excess acid and there is no sourness purposes. It is used by thousands of people who enjoy their meals with no more fear of indigestion.

TEMISKAMING AND NORTHERN ONTARIO RAILWAY

TRAIN SERVICE

The Continental Limited, Trains Nos er between Cochrane and Toronto. These trains use Canadian National

Railways Station at North Bay. Trains Nos. 46 and 47-Through service daily, between Toronto and Timmins, also, to Rouyn and Noranda, Que., operating Parlour Cafe Car Ser-No vice between North Bay and Swastika These trains use Canadian National

Trains Nos. 17 and 18-Daily except Sunday Service between North Bay and Cochrane, operating through sleeper between Timmins and Montreal. These

Local service between Cobalt, Fountain Falls and Silver Centre, Monday Wednesday and Saturday

Connections at Earlton Jct., for Elk Lake, daily except Sunday,

Connections at Englehart for Charlton, daily except Sunday Connections at Swastika, daily, with

The Nipissing Central Railway for Kirkland Lake, Larder Lake, Cheminis Rouyn and Noranda, Que., and intermediate points. Connections at Porquis Junction daily

for Iroquois Falls. Improved service on the Porcupine

Branch making close connections a Porquis Junction with trains Nos. 1, 2 and south. This service will be in ad dition to trains Nos. 46 and 47 and will will enable those desiring to conven iently make round trip from Timmin

bound leave Coral Rapids 8.30 a.m. ar

rive Cochrane 2.30 p.m. See current timetable or apply any T. & N. O. Railway agent for full

A. J. PARR,

North Bay, Ont.

THE Monitor Top-just look at it-A scarcely bigger than a hat box—yet it is one of the greatest triumphs of modern Sealed air-tight within the Monitor Top is the entire mechanism that will operate a General Electric Refrigerator year in and year out-quietly and dependablywithout a thought or worry on your part. So trouble-free is the General Electric Cerete La Calabilla Refrigerator that it never even needs to be oiled. So quiet is it you can barely hear it . . . and it remains quiet in-

Every day the General Electric Refrigerator will save you money. For a few cents a week it will provide the safe, dependable refrigeration that preserves foods, safeguards health and prevents waste. And the Monitor Top is designed to give a life-time of economical, troublefree service.

At your finger tips is a freezing regulator for making of frozen desserts and extra ice cubes. The All-Steel cabinet is as rugged as a safe . . . it is easy to keep clean inside, outside, top and underneath.

Ask the nearest dealer to demonstrate the many other advantages of the General Electric Refrigerator. ER-220C

EASY TERMS ARRANGED General Electric Refrigerator dealers are in a position to offer exceedingly reasonable terms, well within the average family budget.

GENERAL & ELECTRIC ALL-STEEL REFRIGERATOR

Canada Northern Power Corporation, Limited

Controlling and Operating

NORTHERN ONTARIO POWER COMPANY, LIMITED NORTHERN QUEBEC POWER COMPANY, LIMITED GREAT NORTHERN POWER CORPORATION, LIMITED

Guaranteed by CANADIAN GENERAL ELECTRIC CO., Limited