

Health for all the family



WARNING—Insist upon Ovaltine and refuse mere mixtures of food ingredients which claim to equal it. These have not the food value and cannot give the health protection which Ovaltine so abundantly provides.

EVERY member of the family, from tiny tot to grandparent, should drink delicious Ovaltine regularly as a source of health, strength and vitality.

Ovaltine is a remarkable concentration of ripe barley malt, selected eggs, creamy milk and purest cocoa. It contains all the food elements and the vitamins essential to perfect health. Ovaltine is a wonderful meal-time and between-meal beverage, and taken before retiring it is the world's best "night-cap" to ensure sound, natural sleep.

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TONIC FOOD BEVERAGE
Builds-up Brain, Nerve and Body

At all good stores in 50c, 75c, \$1.25 and special family size \$4.50 tins; also served at soda fountains.

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ECONOMICAL

YOU can have the smartest styles — greater comfort, with exceptional quality — and yet actually save money, by wearing Dack's Shoes year in and year out.

There is no better leather made, and no better materials produced, than are used in Dack's Shoes.

This is why prominent men in all walks of life — in all parts of Canada and United States — wear Dack's Shoes.

They know that complete satisfaction is assured, and that they can order by mail with confidence, as their measurements are kept on file for future reference.

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Shoes for Men
(From maker to wearer)

Dack's
73 King St. West
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COLD WEATHER COMING

Within all too short a time cold weather will prevail, bringing with it changed automobile driving conditions. Even sub-zero temperatures, however, are being combated today by leading automotive engineers. One of the latest improvements which banishes the bog of extreme cold has just been announced by Oldsmobile engineers. By means of a newly-designed oil pump they have eliminated the possibility of engine oil "freezing" and necessitating placing the car in a warm garage until it is "thawed out." Engine oil does not actually freeze, Oldsmobile engineers explain. What does occur is the freezing of water vapor contained inside the engine, and this prevents the oil from flowing. The possibility of this occurring in the Oldsmobile engine has now been obviated by the new type oil pump, which has been given very thorough tests.

PIGEONS

("Peter Simple" in the Morning Post) Conflicting emotions move me when I read of the resumed offensive on the pigeons of the city which has been undertaken on the orders of the city corporation. The pigeons are to be killed not plucked. I like these pigeons. They lend to London something of that historic air which is threatened by new buildings. But none can exceed me in respect for the august corporation. It is, indeed a troublesome dilemma, impaled on either horn. I welcome the optimism of the woman who for years has purveyed food to the birds at St. Paul's. She is confident that the pigeons will not disappear from the scene. So perhaps, I may discreetly support the public-spirited motives of the corporation, with the comforting inner knowledge that the pigeons permitted to survive will carry on the tradition.

SAYS THE MAN KILLED NEAR COBALT WAS A FORMER M.D.

Investigation by Provincial Police Suggests Interesting Story in Life of Man Recently Killed Near Cobalt.

Last week The Advance made reference to the death of John Holmes, a man who was thought to be a comparative stranger to the North, and was fatally injured when struck by a T. & N. O. train about eight miles south of Cobalt on Monday afternoon of last week. From investigations made by the provincial police in seeking to learn the whereabouts of any relatives living, references have been made to the dead man suggesting an interesting story in regard to his life.

The late John Holmes was about sixty years of age, and the police were of the opinion that he was a stranger in the district and that no one here knew anything much about the dead man. Holmes had been working at Cobalt for a time, being engaged in pulling down the old mill at the McKinley-Darrah Mine, but, according to a statement made to Inspector W. T. Moore by Silas Dillabough, who lives in an Argentine street rooming house, and who claims to have known Holmes for the last eight years, the man killed by the north-bound passenger train had a distinguished career in his chosen profession of medicine in Toronto. He had practiced there twenty years ago, and also had been in Europe. According to Dillabough, he had been known as Doctor J. E. Holmes. Dillabough, under examination by the Inspector, declared that what he knew of Holmes had been told him by the latter personally, but some of his statements were so indefinite that the police were not inclined to accept them without corroboration. Inspector Moore is quoted as saying that Holmes was understood to have a sister and also a daughter in Richmond Hill, and that it was believed he had acted as watchman on a boat at Midland last winter. Enquiries are being made in these places with a view of checking up the information received and further investigation is being made in Orillia, where it is reported some definite facts relating to Holmes can be obtained. Holmes left Cobalt on the southbound afternoon passenger train, alighted at Gillies, and walked south on the tracks. He had stated, it is said, he was going to Booth's plant at South Gillies, but he was a half mile past that property when he was struck by the engine of the northbound train. He was killed outright. The body of the victim was brought to Cobalt on the same train which ran him down, and identity of the remains was readily established by the police as those of John Holmes. It was at first believed that the man's home had been in Ottawa and that he had a sister living in Toronto, but the statement of Dillabough to the authorities threw a different light on the matter. Dillabough was questioned about his knowledge of Holmes by Inspector W. T. Moore on Tuesday evening of last week. On the previous night Dillabough, before Stromberg and Chief N. J. Atkinson, said that he had known Holmes since 1922, and that the man had been a doctor in Toronto 20 years ago, and well up in his profession. His diploma had been cancelled, together with those of other medical men, over their alleged connection with a case involving unprofessional conduct. Dillabough said, subsequently, Holmes enlisted with the Princess Pats, and served overseas with that unit. Returning to Canada at the close of the war, Holmes found his wife had died in the interval. In late years he had been in different parts of the province. To the inspector, Dillabough said he had first met Holmes at a mill at Krugerdorf, where Holmes was watchman. According to the same authority, Holmes at different times had been watchman on boats tied up at Midland, but Dillabough could not give the names of any of the vessels, nor could he tell the police the name of the married daughter Holmes was said to have in Toronto. Dillabough also said Holmes had given him relief in some ailment, from which he had suffered, the police declared, and further that a man named Hart, living in Orillia, could give the authorities information regarding him. From Dillabough it was learned, also, it is said, that Holmes had come north by mistake, having been given a ticket for Latchford in error by an agent down country.

Holmes, the police learned, had been in this section about a month. Little was known of about him at the boarding house of Mrs. Rutter, on Argentine street, where he had been staying, except that he had been drinking at times. He had been engaged as labourer by Frank Boucher at Cobalt for a period of time, and on Monday morning was paid his wages, \$38 in all. Subsequently, wearing new boots, he boarded the afternoon train south, but apparently left it at Gillies and walked down the tracks toward Latchford. He was struck by the locomotive hauling the Cochrane local north, at a point more than two miles from Latchford. Conductor James Gillies and Engineer William Ross were in charge of the train.

To the police, the engineer said that when the train was travelling north at about 35 miles an hour, he saw Holmes walking on the tracks as the locomotive rounded a curve. He blew the whistle, but the man paid no attention, and he then applied the brakes. Holmes was struck before the train could be stopped and thrown into the ditch, his body being badly mutilated. The time then would be about three o'clock. The man's body was picked up and brought to Cobalt, where search of his clothing by the police revealed \$22.15 in cash, but nothing that threw any light on his identity at that time.

LOST FLIER FOUND LAST WEEK NEAR REINDEER LAKE

H. G. Finland, pilot-geologist of the Consolidated Mining and Smelting field staff, lost 12 days in the Barrens, was rescued last week. He was located south of Reindeer Lake, where he had been obliged to come down on account of fuel shortage. Six planes were engaged in the search, which was successfully terminated when a smoke signal was observed by Pilot J. Ready, of the Royal Canadian Air Force. The lost pilot declared that the territory in which he and his Indian guide were down was poor hunting country, no game having been shot. The lost men suffered somewhat from hunger, but were otherwise in good condition when found.

ONE OF THE COAL PULVERIZERS EXPLODES AT NORANDA MINE

The Noranda, Quebec, edition of The Northern News last week says:—"What might have been a serious accident occurred at the Horne smelter shortly before 5 o'clock on Thursday afternoon, when one of the units of the coal pulverizer caught fire and exploded. The blast, which was plainly heard for some distance from the smelter, fortunately did little damage. Windows in the building housing the pulverizer were shattered, and the top of a ventilator was blown several hundred feet away. Men employed in the building, foreseeing the danger made hurried exits, and no person was injured. Despite every effort taken by Noranda Mines officials to prevent such accidents, the coal pulverizing units have been affected by similar blasts. Two such accidents have previously occurred and in one of these men employed in the coal plant were seriously injured. From the coal pulverizer fire began to spread along pipes leading to the main building of the smelter, but due to prompt action by the mines' fire department, were quickly extinguished by chemicals. The damaged parts of the units were quickly repaired and normal operations resumed in a few hours. An incident in connection with the accident was the comment of one of the Noranda town fire department, that after attempting for a year and a half to obtain two distinctive whistles for the mine and for the town the wrong whistle was blown on this occasion, the first fire. It appeared later that good judgment was shown in this regard as the man in charge of the whistles, realizing that it was nearly five o'clock figured that if the mine whistle was blown employees of the mine would believe quitting time had come and leave the property."

FAMOUS GOLF COURSE AT THE SHERITT-GORDON MINE

The golf course at the Sherritt-Gordon Mine in Northern Manitoba has achieved some special fame by being referred to so often as the farthest north golf course in the world, though this title has been disputed on more than one occasion though with indifferent success. At any event the course is far enough from other golf courses to be of more than passing interest. Readers of The Advance may be pleased to read the description of the course given by the "Grab Samples" column of The Northern Miner recently. This paragraph in The Northern Miner says:—"A glimpse of the Sherritt-Gordon golf course would give a professional the 'heebee jeebies.' It is nine holes, cut right through the bush. If you ever get off the fairway you are just minus a ball, that's all. The 'greens' are level spaces of sand. The tees are on a raised platform surrounded by a log cribbing. You drive and trust to the god of golfers to keep you out of the bush. The fairway is full of stumps, roots and rocks, and when you arrive at your ball you estimate the chances of getting over a stump, say, and if you consider you are completely stymied you have the privilege, by the local ground rules, of moving the ball to left or right. One beautiful thing about it is that you don't have to replace stump divots. In fact the more stumps you knock out the better the ground keeper likes you. The course looks impossible, but in actual trial it is not too bad. Scottie Walker, a professional who visited the property, tried it out and made the nine holes in 32. It just goes to show that you can't stump a good golfer. The mine staff are keen about the game and they use the course a great deal. It is a god-send to them in the long summer evenings, they say."

HOW TO BE IMMORTAL

(London Nation)

It is curious how rarely, even by chance, men do endow their words, their inventions, or their actions with their names. It seems that such an immortality is more easily earned in the world of action. It is better to burke a man, to lynch him, or to guillotine him, to provide him with a brougham or a hansom and a macadam road to ride on, if you would have your name become a dictionary word.

ANTI-SUICIDE SOCIETY

("Park Lane" in the Daily Mirror)

Advertising to prevent suicides! Japan, where suicide has always been popular, is the country to adopt this idea. Kobe Women's Society have put out this poster:—"Wait a moment! God is love. If you are in such circumstances that death seems the only way out, please come to us. We will be your friends." Last year, states the society, 214 women and girls went to them.

Ottawa Journal—Now some Liberals are complaining that we should have proportional representation. They should have thought about it during the past five years.

SALADA GREEN tea will give you most enjoyment

"SALADA" GREEN TEA

'Fresh from the gardens'

KIRKLAND LAKE CHINAMAN CONVICTED ON DRUG CHARGE

At Kirkland Lake Hong Gem, a cook at the Royal Cafe, was found guilty by magistrate Atkinson on a charge of having opium illegally and the minimum penalty was imposed, being a fine of \$200.00 and costs and six months imprisonment. He will be deported at the end of the term. A detective of the R. C. M. P., together with another Dominion officer and a provincial policeman, told of waiting at the cafe until Hong Gem came in when they searched him and found two decks of opium in his watch pocket. Search of Hong Gem's room disclosed several papers similar to those in which the opium was carried. All the pockets of the suit had been searched. The defence was based on the idea that the opium had been "planted" by another cook who had threatened to get even with Hong Gem. When cross-examined Hong Gem admitted that he had used opium four or five years ago. He also admitted that he had been convicted previously convicted for having opium. He denied, however, knowing anything about the decks found on him and suggested that the missing cook had planted the opium on him to get him into trouble. He had no idea where this missing cook was at present, but in his evidence showed how easy it would be for this man to plant the drug in his clothes, having access to his room and so on. The proprietor of the cafe said he did not use the drug himself and had never seen Hong Gem use it. He also told about the trouble between the two cooks who had not been able to get along. Another Chinaman told of the missing cook saying that there was going to be noticed three packets, similar to the decks, drop out of the pants of the missing cook on one occasion. The Crown Attorney, F. L. Smiley, pointed out that the alibi while well-framed was a very improbable one and the other evidence pointed to the guilt of the accused. The magistrate evidently agreed with this view and imposed the penalty referred to at the opening of this item.

The Detroit News says "It is reported that Dieudonne Coste had no money when he left Paris. Only his excellent pronunciation of French kept him from being mistaken for an American tourist."

INDIGESTION

Banished by Kruschen

"I suffered for some years from a bad stomach. I used to feel very miserable after meals. The doctor advised me to take Epsom Salts, but it did me no good. I decided to try Kruschen and am now taking it, and have done for the past 12 months, and I am very glad to tell you that my stomach is now in perfect order. I feel as young in spirit as I was 20 years ago, thanks to Kruschen." (W.B.)

You know how badly an engine runs when it gets clogged up. It's the same with your body when your gastric—or digestive—juices fail to flow. What you need is a tonic—Nature's own tonic—Nature's six mineral salts.

You get all these six salts in Kruschen. The first effect of these salts is to promote the flow of the saliva and so awaken the appetite. The next action occurs in the stomach, where the digestive juices are encouraged to pour out and act upon the food. Again, in the intestinal tract, certain of these salts promote a further flow of these vital juices which deal with partly digested food and prepare it finally for absorption into the system.

BENEFIT

No other sweet lasts so long, costs so little or does so much for you.

WRIGLEY'S

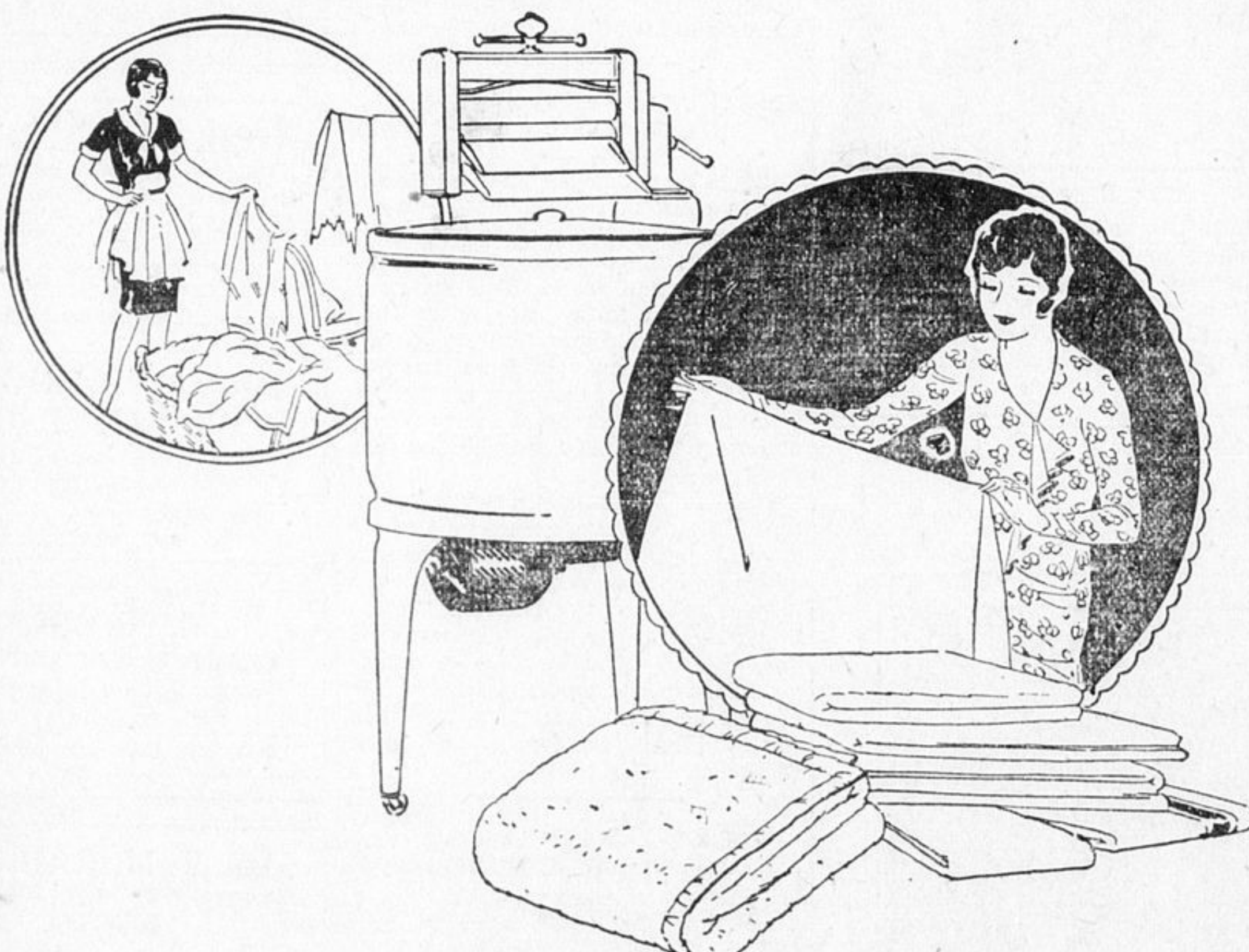
Promotes good health when used regularly after every meal.

It cleanses teeth and throat, sweetens mouth and breath, and strengthens the gums.

Your health is aided while your pleasure is served.



Good and Good for You
AFTER EVERY MEAL



Change Washday Frowns to Smiles!

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Take advantage of the special terms now in effect — \$5 down and the balance spread over two years. Transform washday with an Electric Washer. What joy will be yours. What comfort. No more washtub hands. No more aching backs and wrists. The washer does the work; washes everything from the heaviest to the flimsiest fabric, beautifully. Wide choice of models to suit all homes and purses.

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Mail This Coupon Now

This widow did not believe claims could be paid so promptly, but promptitude in paying claims is the Confederation Life's way

When death occurs, it often happens that ready money is most necessary. Realizing this, the Confederation Life Association hastens to pay death claims, as the following letter indicates:

Confederation Life Association, Toronto, Ontario.

Dear Sirs:

Referring to the settlement of my husband's insurance, when your Agent brought the papers to me for my signature, I signed them, of course.

Judge of my surprise when he delivered the cheque.

I exclaimed that I did not believe it was possible to get my husband's insurance paid over to me so quickly and all without a single hitch of any kind at all.

If women knew how easy settlements are made by insurance companies, particularly the Confederation Life Association, we would, I am sure, give to our bread winners full co-operation, and advise them to carry more insurance than they are now doing.

I sign myself,
Thankfully yours,
Mrs. _____

We have recently issued a new series of Low Cost Policies, with Total Disability and Double Indemnity Accident Benefits, and participating in profits. They are the most economical form of life insurance policies. Write for particulars concerning them. Use the coupon for convenience.

Confederation Life Association

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