

Explains How Enlarged Veins Can Be Reduced

Offtime Veins Burst and Cause Much Suffering, Expense and Loss of Employment.

Many people have become despondent because they have been led to believe that there is no remedy that will reduce swollen veins and bunches.

If you will get a two-ounce original bottle of Moore's Emerald Oil (full strength) at Molsley & Ball or any first-class drug store and apply it at home as directed, you will quickly notice an improvement which will continue until the veins and bunches are reduced to normal.

Moore's Emerald Oil, which has brought much comfort to worried people all over the country, is one of the wonderful discoveries of recent years, and anyone who is disappointed with its use can have their money refunded.

TELLS DYSPEPTICS WHAT TO EAT

Avoid Indigestion, Sour Acid Stomach, Heartburn, Gas on Stomach, Etc.

Indigestion and practically all forms of stomach trouble, say medical authorities, are due nine times out of ten to an excess of hydrochloric acid in the stomach.

Either they can go on a limited and often disagreeable diet, avoiding foods that disagree with them, that irritate the stomach and lead to excess acid secretion or they can eat as they please in reason and make it a practice to counteract the effect of the harmful acid and prevent the formation of gas, sourness or premature fermentation by the use of a little Bisurated Magnesia at their meals.

There is probably no better, safer or more reliable stomach antacid than Bisurated Magnesia and it is widely used for this purpose. It has no direct action on the stomach and is not a digestant. But a teaspoonful of the powder or a couple of five grain tablets taken in a little water with the food will neutralize the excess acidity which may be present and prevent its further formation.

Get a few ounces of Bisurated Magnesia from any reliable drugist. Ask for either powder or tablets. It never comes as a liquid, milk or citrate and in the bisurated form is not a laxative. Try this plan and eat what you want at your next meal and see if this isn't the best advice you ever had on "what to eat."

TEN YEARS AGO IN TIMMINS

From data in the Porcupine Advance Files.

The Advance in its issue of Wednesday, Oct. 6th, 1920, gave very considerable space to the meeting of the Temiskaming Associated Boards of Trade held in the Presbyterian church, Timmins, on Oct. 1st, 1920. The reason for the extended space given to reporting the meeting was the number of important matters dealt with by the gathering. Judging by the headings placed over the reports of the meeting, The Advance considered two matters of very special importance. One of these was the election of R. A. McInnis as president of the Associated Boards. Time proved The Advance to be right in looking upon the election of Mr. McInnis as a matter of outstanding importance. Under his guidance the Associated Boards of Trade became a powerful influence in advancing the interests of the North. It was the ambition of Mr. McInnis to make the Associated Boards "The Voice of the North," as he phrased it, and under the influence of his talent and personality such a useful function was actively achieved by the association, its recommendations to the Government and its power in other directions growing steadily and surely during the years of his presidency. The North owes a debt of gratitude and appreciation for what the Associated Boards accomplished under the presidency of R. A. McInnis, and later under the direction of another Iroquois Falls president, Alec Dewar, who found in Mr. McInnis an able and earnest supporter of all causes for the advantage of this North. Another important question before the meeting here ten years ago, as featured by The Advance in its reports at the time, was the matter of the proposed North Land highway from North Bay to Cochrane, Timmins and Iroquois Falls. Geo. A. Smith, chairman of the committee on the proposed North Land highway, presented the report of the committee to the Associated Boards. The chief purpose of the highway, the report said, should be to serve the settlers along the route and to aid in the agricultural and industrial development of the country. The route in general was to follow the railway from Cochrane to Cobalt, but from Cobalt to North Bay the plan was to run the road by way of the Temiskaming Mine, through Lorraine, etc., to Widdfield and on to North Bay. The plan thus submitted did not contemplate the road running past Temagami. The committee thought a route through

Temagami would cost too much. The proposed route would take the road about eight miles from Temagami. A branch road was suggested to join up with this popular summer resort. The use of existing roads was strongly urged by the committee. It was pointed out that if this plan were followed out, there would be only about 39 miles of right of way to cut to connect up all the roads and make a North Land highway. The report was adopted by unanimous vote of the delegates present. The officers elected for the ensuing year for the Associated Boards were:—R. A. McInnis, president; A. T. H. Taylor, Cochrane, vice-president; F. K. Ebbitt, Iroquois Falls, secretary-treasurer. In this connection it would not be fair to pass on without mention of the debt also owed to F. K. Ebbitt, whose work as secretary-treasurer was so valuable and generously given. Other questions before the meeting included:—Efforts for the preservation of the country's forests; a plan for the appointing of a paid publicity agent for the North Land; consideration of the advances in freight rates; the "collective bargaining" theory as a means of keeping capital and labour on friendly terms. All these ideas were referred to committees for further consideration and action. The delegates were welcomed to Timmins by D. Ostrosky, president of the Timmins Board of Trade. The visiting delegates were taken around the mines and town and district generally. A luncheon was served by the ladies of the Presbyterian church, the delegates being the guests of the Timmins board of trade at this function. Addresses of great interest and value on forest fire protection were given by: Mr. Schanche Iroquois Falls; Mr. McNaughton, of the Spruce Falls Pulp Co.; and others. A bouquet of flowers were ordered to be sent to Past President W. McKnight, of New Liskeard, who was at the time in a Toronto hospital. A resolution was also passed expressing esteem for Mr. McKnight and earnest hopes for his early and complete recovery. Ten years ago The Advance congratulated the G.W.V.A. upon the notable success of the concert held in the New Empire theatre. The attendance was large and the programme was assuredly a rich feast for music-lovers. The feature artist of the evening was the celebrated tenor, Harold Jarvis, whose reputation was international. In speaking of Harold Jarvis at the time, The

Advance said:—"Mr. Harold Jarvis, who has been a noted singer on the concert platform for a quarter of a century or more, proved that he still has the rich, sweet tenor voice of unusual strength and range and the same wonderful gift of expression in his songs. In a variety of numbers he was enthusiastically encored on each occasion. It would be difficult to pick the favourites among the selections but "The Standard on the Braes of Mar," and "Beautiful Isle of Somewhere" did appear to make especial appeal to the audience, while his closing song, a humorous Irish ballad, was a work of inimitable art." The Advance referred in high terms to the artists on the programme with Mr. Jarvis. Miss Madge Williamson, pianist and accompanist, was an artist of outstanding ability. Miss Maud Buschlen, violinist, made a decided hit with the audience, her classical numbers and her "popular" music alike delighting all. One of her clever "stunts" was the imitation of the bag-pipes. Miss Clarice Spencer proved to be a particularly gifted elocutionist, and her numbers found very general favour.

Ten years ago a particularly rich strike was reported by The Advance from a gold property in Jamieson township. It was on one of the properties of George Jamieson in the Kamiskotia area. No particulars were available at the time, but The Advance noted the opinion of old-time prospectors who were enthusiastic about the find. Mr. Jamieson had been doing extensive development at the property, and while carrying on stripping and trenching work on a large scale, the find referred to was made.

On October 5th, 1920, the party of members of the Imperial Chambers of Commerce on tour of Canada visited Timmins. They were given formal welcome to the town by D. Ostrosky, chairman of the Timmins board of trade. After the motion pictures of the Hollinger and McIntyre mines were shown in the New Empire theatre the party were taken in autos to see the mine, most of them going underground. There were about 60 of them in the party, fourteen being ladies. The party represented leading figures in the commercial life of all sections of the British Empire. They were the guests of the Toronto board of trade on their tour of Ontario and Quebec, several of the officers of the Toronto board accompanying the party. They were astonished and pleased with the visit here and with the resources and possibilities of the country.

Plans were under way ten years ago for the re-organizing of the Gun Club with the idea of making a specialty of trap-shooting. The Advance referred to the enthusiasm shown earlier in the season in the organizing of a district gun club with ranges at Connaught. Local gunsmen apparently found this plan inconvenient, but The Advance suggested that probably with a number of live local gun clubs through the district, a district gun club on an ambitious scale might prove a popular success.

Ten years ago The Advance noted that at North Bay that week A. Calvano who was charged with the death of W. Gurrell ("Billy the Pig") formerly of the King George Hotel, South Porcupine, was sentenced to one year in prison by Mr. Justice Latchford. The charge was reduced to manslaughter, to which the accused, through his counsel, T. W. McGarry and S. A. McGaughey, pleaded guilty.

Space was given ten years ago by The Advance to an article on the insurance plans adopted by the Dominion Government to make provision for the insurance of soldiers, sailors, nurses, etc. The Advance pointed out that the matter was of special interest in the Porcupine where there were so many returned men. Pamphlets describing the plans and particulars were available at the G.W.V.A. office here.

A writer signing himself, "Hockey Fan," had a timely and helpful letter in The Advance ten years ago advocating more attention to junior hockey. "How are we going to produce our future senior hockey players if we do not foster junior sport?" was the pertinent question that this writer asked.

An editorial in The Advance ten years ago pointed out that the demand for mining stock shares was on the increase. "There is a general realization of the fact that the coming days are going to be unusually prosperous ones for the gold industry," said The Advance, adding:—"The Porcupine camp is going to be one of the best places for men and their money in the immediate future."

Fire protection day was observed in Timmins on October 9th, 1920. The Advance called attention to the serious loss to Canada each year through fires, many of them preventable. Educational measures were to be encouraged and supported to assist so far as might be done in the prevention of fires.

The Timmins High School literary society elected officers in October, 1920, for the ensuing term. The president, Wilfred Hardy, occupied the chair for the business of the evening, including the election of the new officers. The new officers were as follows:—Joe Peters, president; Margaret Cole, vice-president; Selma Moses, secretary; Misses Klelah Brown, Evelyn Carson and Ervi Kari, programme committee.

Among the local and personal items in The Advance ten years ago were the following:—"Geo. W. Lee, acting chairman of the T. & N. O., was a visitor to Timmins and other towns up this way last week." "Morris Daher is visiting in Toronto and other points south." "The dance given in the Masonic hall on Thursday evening last under the auspices of the Royal Arch Chapter and the Golden Beaver Lodge of the A. F. & A. M., was well attended and well enjoyed. The music was furnished by Hishon's orchestra." "Mr. John Massie and bride are expected to come

CLIMATE HERE COMPARES FAVOURABLY WITH SOUTH

North Land Misses Many Disadvantages That Assail Farmers in Older Ontario. Some Samples of the Climate in the North and the Weather Down Below.

On several occasions The Advance has referred to the weather and climate here in this North as compared with the climate and weather down in the southern part of Ontario. The Advance has held that the North Land does not have to apologize to anyone in the matter of weather, and that many southern newspapers have been consistent and insistent in referring to this North in a way to discredit the weather and climate of this North.

Last week The New Liskeard Spokesman touched upon the matter as follows:—"We have often wondered how it is that if adverse conditions arise in Temiskaming, such for instance, as our having extra hot or extra cold weather, or extra dry or extra wet weather, some of our citizens say nasty things of this part of the province. One would think to hear them talk that the country they came from, or the part of this country they came from were paradises, and that the only reason why they do not pick up and go back to their former homes is because they have not the means.

"We admit that the season of 1930 has been very unfavourable for our farmers, the worst in the history of Temiskaming, so far as the crops are concerned, and we are sorry for them, for they have been badly hit, but as bad as it has been here it has been worse in some other parts even in Ontario, where they are suffering from drought. On Friday last a letter was received by a New Liskeard citizen from a brother-in-law of his who said he had been selling cows which were worth \$75 each in the spring for \$25 each, and that farmers were drawing water a considerable distance for domestic purposes. Some farmers saved their hay but that is all that grew. We know the part of the country referred to, and there is no finer agricultural section in Canada.

"A few days later we met a young man on the train who just came from a County of Simcoe town, and in conversation he said the drought had been so severe at his home town that the annual fair had to be abandoned this year.

"Next we received a letter from Temiskaming's former pioneer, and honour-

home to Timmins this week." "Born—In Buffalo, N.Y., on Saturday, Oct. 2nd, 1920, to Mr. and Mrs. F. M. Burke, of Timmins, Ont.—a daughter." "On Saturday Cochrane ratepayers by a vote of 107 to 19 endorsed the by-law to purchase the Northern Ontario Light & Power Co. plant and the telephone business in Cochrane."

"Her many friends here will be pleased to know that Mrs. P. Jeffrey, who has been under medical treatment at the Halleybury hospital, is now well on the way to fully regained health." "Partidge are reported as unusually plentiful in the North this year." "W. T. Curtis returned last week from his visit to the south, accompanied by his bride. Mr. and Mrs. Curtis are taking up residence in Timmins and all friends here will extend good wishes." "Mrs. W. H. Pritchard is expected back shortly from her old home at Morton, Ontario, where she was called owing to the illness of her mother. Mrs. Pritchard's mother, Mrs. Somerville, passed away on Sept. 25th." "Several gypsies came to town last week and followed the usual business of palmistry and the alleged foretelling of the future. One day last week there were about twenty-five of the gypsy people at Porcupine Junction, some of them going north and others going to centres on the two branch lines." "Mr. and Mrs. J. Perreault returned to town last week and were given sincere welcome home again by their many friends here. All were delighted to see Mr. Perreault looking so much improved in health and trust that this improvement continues to complete and early recovery. Mr. Perreault spent the summer at Muskoka and had many very pleasant fishing trips with H. Mulheron there."

"H. E. Montgomery returned last week from his two weeks' vacation in the south." "Her many friends in the camp will be delighted to learn that Mrs. John Watt is making excellent progress to recovery and is expected home again shortly. Mrs. Watt is now out of the hospital in Toronto where she was taking medical treatment and is well on the way to an early and complete recovery." "The camp had its first real touch of winter for this season last week when there was both frost and a fall of snow. But Toronto and the south had the same touch, only a day or two earlier, storm being added to their cold. After the southern people really get to know the climate of this North Land, they may be using this country as a winter resort to escape the rigors of the weather down below." "W. J. Browne, photographer, has a very attractive and interesting display of war pictures in his window. The photographs show camp and military life generally, with interesting views of places of importance in the war. Some of the photographs were taken by Mr. Browne himself while on service overseas. The pictures are on sale, singly and in sets, the proceeds to be devoted to the war memorial fund." "L. T. Shaw, T. & N. O. engineer, returned on Friday last from his six weeks' holiday in the south, while on his vacation he visited Toronto, Montreal, Sault Ste. Marie, and points in Maine, New York and other states."

ed citizen, Mr. Thomas Chester, now living twenty miles east of Toronto adjoining the old family homestead. We had been telling him about the serious loss in Temiskaming owing to wet weather, but he had such a sorrowful report, about the drought where he lives that he seems to have thought that we could not possibly have sustained the loss on account of having had too much rain that the people east of Toronto suffered by not having sufficient rain.

"The drought in the south was not general. In a line from Penetanguishene to Toronto there were good crops.

"The Timmins Advance has collected from the crop statistics of 1929 interesting facts about production in the Temiskaming and Cochrane districts which we summarize for Temiskaming as follows: All crops for 1929 were worth at market price, \$1,202,514.00 and the value of the crops per acre was \$23.88 as against a value of \$23.62 per acre for the remainder of the province. The figures give Temiskaming the advantage over Old Ontario of 26 cents per acre. In all kinds of hay Temiskaming produced very much more per acre than Southern Ontario produced. The prize-winning in grain of Temiskaming farmers at Ottawa and Toronto fairs ought to be convincing as to the quality of the grain grown in this Temiskaming.

"We recently were told by a Western paper that a little boy brought some sticks into the home to play with. He was making a toy fence when one stick surprised him by refusing to stay where he put it. He asked his mother about it. She found that this particular stick was a young rattler which had been awakened by being thawed out. When Temiskaming people bemoan their hard lot, let them be thankful that they live in a country where production averaged up equal to the best in Canada, and in a country where there are neither cyclones nor earthquakes, floods nor venomous reptiles.

"P.S.—Since handing the foregoing to the linotype man we have received a letter from a Hagersville subscriber in which he says: "We have had the driest season for many years. . . The fields are brown and bare and no prospect for clover or grass next year. Not enough moisture to bring the fall wheat up."

Toronto Mail and Empire—Lord Trenchard says he will never live to see another war. We wish him long life and hope he is right.

Financial Post:—One fact stands out in the new tariff. For the first time a Canadian government has established the principle that manufacturers will be given ample protection to insure them of their home market if in return the producers will guarantee that the consumer is not exploited. The Financial Post has long contended that higher tariffs need not necessarily mean higher selling prices in the home market. Now Mr. Bennett holds the same view and has exacted from Canadian industrialists their agreement with that view. The success of the new tariff and subsequent revisions rests now with the manufacturers whose employees are designed to be the immediate beneficiaries. If they adhere to their promise; if the government sees that they adhere to it, higher tariff will prove successful in Canada.

2 MEALS DAY, PLENTY WATER, HELPS STOMACH

"Since I drink plenty water, eat 2 good meals a day and take Adlerika now and then, I've had no trouble with my stomach."—C. DeForest.

Unlike other medicine, Adlerika acts on BOTH upper and lower bowels, removing poisonous waste which caused gas and other stomach trouble. Just ONE spoonful relieves gas, sour stomach and sick headache. Let Adlerika give your stomach and bowels a REAL cleaning and see how good you feel. Sold by The Goldfield Drug Co.

Gain 5 Pounds In 28 Days or Money Back

McCOY'S

Cod Liver Extract Tablets Do you want to gain pounds of good solid flesh and at the same time increase your energy and vigor? One skinny woman gained 9 pounds in 20 days—her skin is bewitching—free from pimples—60 tablets 60 cents at drugists everywhere—Just ask for McCoy's.

GOLDFIELDS THEATRE TALKING PICTURES AT THEIR BEST Matinee—Daily at 2.30 p.m. Evening—at 7.00 p.m. continuous performance COMPLETE CHANGE OF PROGRAMME—MON., WED., FRIDAY WEDNES. AND THURSDAY, OCTOBER 8—9 Holt—Revier IN "VENGEANCE" An outdoor action picture of the Congo Comedy—"Hail the Princess" Added—"Codfish Balls" Disney Cartoon—"Frollicking Fish" FRIDAY & SATURDAY, OCTOBER 10—11 Al Jolson IN "MAMMY" WITH LOUISE DRESSLER, LOIS MORAN, LOWELL SHERMAN, NOAH BERRY, HOBART BOSWORTH, TULLY MARSHALL, LEE MORAN—Story and Songs by IRVING BELLIN Scenes in Technicolor AL SINGING AL TALKING AL LAUGHING Midnight Show Sunday, October 12th, showing above programme Doors open 12.01 (midnight) MONDAY AND TUESDAY, OCTOBER 13—14 Ramon Novarro IN "IN GAY MADRID" Novarro, a lion with the women and the hero of many escapades. A Delightful Picture Comedy—HARRY LANGDON in "THE FIGHTING PARSON" Movietone Act—"THE BILTMORE TRIO" PARAMOUNT NEWS WEDNES. & THURSDAY, OCTOBER 15—16 Richard Arlen and Fay Wray IN "THE SEA GOD" A dare-devil romance of the Talking screen; sights and sounds on the ocean floor filmed for the first time. Comedy—"THE SPY" Added—"I CAME FIRST" FRIDAY & SATURDAY, OCTOBER 17—18 "HOLD EVERYTHING" With WINNIE LIGHTNER, JOE E. BROWN AND GEORGES CARPENTIER "Hold Everything"—Has Everything THE LAUGH SENSATION OF THE YEAR Comedy—"BIG JEWEL CASE" Fox Movietone News Midnight Show Sunday, October 19, showing above programme COMING: Oct. 23-24—"The Arizona Kid" Oct. 23-24—"Anybody's Woman" Oct. 24-25—"The Bad One" Oct. 27-28—"Tiger Rose" Oct. 29-30—"The Golden Call" Oct. 31, Nov. 1—"The Spillers"

MAGIC AND MYSTERY THE BARRIES (THE TRUTHFUL ENTERTAINERS) in a wonderful entertainment of Magic and Mystery ST. ANTHONY'S PARISH HALL, TIMMINS TUESDAY EVENING, OCTOBER 14 AUSPICES ST. JOHN AMBULANCE BRIGADE Handcuff Manipulation Extraordinary! as he's Selwyn the handcuff prince Scores of Other Wonderful and Amazing Acts! Admission Including Tax 75c & 50c Doors open at 7.30 Programme at 8 SEE THE GREAT BARRIE:— SAW A WOMAN IN HALF on the stage before the eyes of all. Bring your own saw if you like, and examine the box all you like. Don't Miss This Wonderful Show!! It is marvellous and thrilling... All present will be delighted and will also be assisting the St. John Ambulance Brigade. FLOWERS GROWING FROM NOTHING FORTUNE TELLING COINS BORROWED FROM AUDIENCE BLOWING SPOTS OFF CARDS WANDERING DICE