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Good for all the family. So easy to digest and nourishing. Wonderful with fresh or canned fruits or sweetened with honey. Use in macaroons, candies. At all grocers in the red-and-green package. Made by Kellogg in London, Ont.



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Follow the directions, dissolve the contents in 5 gallons of hot water, add sugar and yeast and make yourself without trouble or fuss, the BEST BEVERAGE POSSIBLE.

Crown Corks free with each tin. If your grocer or druggist cannot supply you, it will be sent direct post paid by



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New Spring Dresses for 30c

TAKE last season's dresses, remove the old color and faded streaks or spots with **White RIT**, and then renew them in lovely spring shades with **INSTANT RIT**.

White RIT removes color from all materials—even black—harmless as boiling water, even to the finest of fabrics. Then you can tint or fast-dye them perfectly... beautifully, with **INSTANT RIT**.

Use **White RIT** to remove color from:

- Dresses
- Curtains
- Hosiery
- Children's clothes
- Lingerie
- Scarves, gloves, etc.

Women everywhere are making dresses last twice as long with **INSTANT RIT** and **White RIT**. At your druggist or department store. 15c per package.

New INSTANT RIT Colors

Use **INSTANT RIT** to tint or fast-dye fabrics. Comes in season's fashionable shades. Easy to use, quicker, longer lasting—no spots—no streaks.

When color has been removed with **White RIT** be sure to re-tint or re-dye with **INSTANT RIT** because they are kindred in formula and professional results only guaranteed when used together.

WHITE RIT

Color Remover
Harmless As Boiling Water
Note: ALL RIT IS INSTANT RIT
Whether so marked on package or not.

WORK OF THE COMPENSATION BOARD OF THE PROVINCE

Workmen's Compensation Board has Awarded \$78,480,206.00 in Compensation. Variety of Accidents Amazing. Some Interesting Details.

A great majority of the people in Timmins and district are interested in the Ontario Workmen's Compensation Board because the work of this body touches the general welfare of a community like this very closely practically all the time. Despatches last week from Toronto emphasize the fact that the end of the Great War did not take the element of risk out of men's lives and that dangerous callings still abound in these piping days of peace. This is shown by the fact that during 1929 there were 87,103 reported industrial accidents in the province of Ontario. How many unreported accidents there were can only be guessed at, but the number would be large, for the most dangerous of all occupations—farming—does not come within the scope of the Workmen's Compensation Board of Ontario.

The variety of the accidents is amazing. Some of the cases border on the ludicrous. Nevertheless, each one is considered carefully and there is no appeal from the decisions of the board, which consists of V. A. Sinclair, K.C., chairman; H. J. Halford, George A. Kingston and N. B. Wormith, secretary.

One workman came to the board asking for compensation because while following his occupation, he had swallowed his false teeth. He was granted compensation.

Another man limped into the board's office on crutches. He had broken his leg while at work. The board awarded compensation. The man went home, but a few days later, while going to the doctor's office for treatment, he slipped on his crutches, fell to the sidewalk and broke his leg again. It was decided that as the man's second accident was caused by the first, he should receive additional compensation.

A peculiar case was that of a light-house-keeper who while on duty in his lonely tower, was shot by a stray bullet from a deer hunter's rifle. The bullet went into his eye, destroying the sight. The man received substantial compensation, on the grounds that the flying bullets of deer hunters had become a hazard of his calling. The case would seem to indicate that the perils of the deep have not diminished. If deer hunters increase in numbers light-housekeepers may be obliged to fortify their lofty perches.

One of the strangest cases ever considered by the board was that of a man who worked in a brewery. He had developed the habit of sampling the brew rather freely, and to clear the resulting fogs from his mind he hit upon the idea of touching a jack-knife electric switch with his fingers. This contact gave him an electric shock sufficient to sober him up temporarily. One day, however, his hands were wet, and when he touched the switch he was fatally electrocuted.

Some time later several of the deceased's friends examined the switch to satisfy their curiosity. One of them attempted to demonstrate how the accident had taken place. His hands were wet. He touched the switch and crumpled to the floor—dead.

In the case of that twin fatality the board decided against compensation on the grounds that both the victims were killed as a result of their own carelessness, and not in the course of their work.

These are samples of the odd cases that come before the board—some of the unusual angles of a wonderful machine that serves the man who works with his hands. There is much more to the working of the board than meets the eye of the casual observer. It is a complicated machine with three-fold powers, in that it adjudicates, insures and assesses.

In 1929 it awarded benefits amounting to \$8,012,157. Since it began to function it has awarded benefits amounting to \$78,480,206. And the most significant thing about these figures is that they represented for the most part payments which the injured workmen, or the dependents of workmen killed, would not have received if the Workmen's Compensation Act had not operated.

Some large individual claims are settled by the board. One man, totally blinded, received \$25,000. In connection with the Hollinger mine disaster, in which 38 men were killed, the benefits awarded by the board amounted to \$150,000. The amount would have been much larger if all the men who were killed had been married.

The board works smoothly and expeditiously. As soon as an accident is reported forms are sent out. As soon as all the necessary information is in hand the case is disposed of. Within three days the injured workman receives his initial cheque. It is a prompt and scientific system of social legislation.

Three Men Arrested for Breach of Liquor Laws

Provincial Officer Hartlieb receiving complaints of disorderly conduct and undue noise in Moneta went out to the Moneta Mine property on Wednesday of this week and there found some men in the bush enjoying a keg of wine. Three of the men were placed under arrest and Officer Hartlieb after putting the handcuffs on the men was able to safely land them in the cells. Another man in the party made his escape while the officer was handling the three men he caught. Another man in the group took occasion to get away safely. The three men will likely come before Magistrate Atkinson this (Thursday) afternoon.

Promotion of Plymouth Argyle Football Club

A friend of The Advance has handed this paper a copy of The Western Morning News of Plymouth England, in which there is extended reference to the recent promotion of the Plymouth Argyle Club to the second division. The reader of The Advance says that there are large numbers of Plymouth and district people here and that they follow the progress of their old home football team with very keen interest. Accordingly there will be more than passing attention given perhaps to the following editorial article from The Western Morning News received:—

"By their victory over Newport County yesterday the Plymouth Argyle Club put the question of promotion to the Second Division of the Football League beyond doubt. Brentford, their only serious rivals in a race which has been full of interest, may yet run them close, but they cannot pass them even if it should be their fortune to win the few remaining matches. Thus comes a triumph long delayed, though often nearly within the team's grasp. It will give satisfaction to the club's supporters and be welcomed by sport-loving Devonians wherever they may be. To Plymouth it means not only an enhanced sporting reputation, but it is also of value from the business point of view. The Argyle team are an asset to the city in the number of visitors drawn from the countryside to see them play, and that attraction will be increased by the opportunity which will be afforded next season of witnessing them in competition with players of a different if not a higher class than those against whom they have hitherto been engaged.

"Some remnants are still to be found of an old feeling that professional football is unworthy of the attention of real lovers of sport. It is based partly on the idea that the thousands who are mere spectators of games between men who are paid to play would be better employed if they were playing themselves. This however, is to disregard the fact that a very large proportion of those who fill the stands and line up against the barriers on football grounds are not physically capable of such exercises. Still more, it fails to take into account the impossibility of providing playing-fields for such multitudes. Rightly regarded, football stands on the same level as cricket or hockey or any other form of sport which makes calls upon human skill and endurance. It is better to play if you can, but there is nothing wrong in being a looker-on and deriving enjoyment from appreciation or criticism of the play of others. Indeed, there are very few ways in which people with limited resources can spend time to better advantage. They are in the open air, which in itself is a good thing, and even if their attention is too much concentrated upon the game, they forget for a time the serious and more sordid aspects of life. Unlike the majority of supporters of horse racing who seldom or never visit a racecourse, they do get something more than the gratification of "spotting a winner."

"In that sense the Argyle team have contributed to the gaiety of the city, and deserve well at its hands. In the future they will probably need even stronger support than they have been accustomed to receive. Promotion to the Second Division will involve longer and more costly journeys for the team, and may also add to the expenditure in other directions. What Portsmouth, Southampton, Swansea, and other Southern clubs have been able to do should, however, not be beyond the capacity of Plymouth and, given the same spirit of loyalty and enthusiasm as their supporters have displayed in the past, the Argyle Club should be able to face the future not only hopefully, but with confidence."

DOMINION EXPLORERS PLAN NEW WORK IN THE NORTH

Dominion Explorers, Ltd., now have their full force in operation according to Col. C. D. H. McAlpine, president. Three planes will be used this season, and while not as numerous as last year, the work ahead will be much more thorough, as large stretches of northern country will not be covered this year.

Pilot McMillan now has a plane at Great Bear Lake, still flying with skills as the break-up there is quite late. Pontoons for this plane will go down the Mackenzie river on the first boat, probably early in July. Two other pilots, E. A. Broadway, who is now in Winnipeg, and Bill Spence, now in Toronto, are having their plans changed over to pontoons for flying in the Mackenzie river district.

It is announced that by arrangement with N.A.M.E. J. D. Vance, one of the latter's pilots, has also joined Dominion Explorers. Vance was the flyer who, with another party came out from Baker Lake after a lengthy winter trip by dog-team, etc., when caught in there.

The planes have already put the full force of forty men in the field for Dominion Explorers at various points. The Mackenzie river itself opens in the latter part of May, but ice at Great Slave Lake is generally much delayed not disappearing until the end of June.

Much effort will be concentrated at Great Bear Lake, and at Hunter Bay, where important copper surface indications have been shown. Jim Norrie, M.E., is in charge of the exploration work on the finds made in these districts, while three geologists are also there. They are J. C. Rogers, A. G. Ballachey and K. S. Charlton. S. R. Norsworthy, M.E., is on the Mackenzie river for Dominion Explorers with a further group of men.

The fee for transient traders in Kirkland Lake has been raised from \$100.00 to \$200.00.

BOY OF ELEVEN SAID TO HAVE RESCUED CHILDREN

Andy Ronholm Said to Have Rushed into Burning Home to Rescue Children in Danger From Smoke and Fire.

Elsewhere in this issue will be found a despatch from Iroquois Falls in regard to the burning of an Ansonville home and the death therein of a small youngster. This week an additional despatch suggests that a young boy showed remarkable bravery in connection with this fire. This later despatch says:—

The story of a young lad's heroism is a thrilling sequel to a fire which destroyed the Tremblay home at Ansonville, burning one of the children to death.

The lad, Andy Ronholm, saved two other children who were trapped in the house alone.

Andy is only 11 years of age. When he discovered the blaze, he ran into the burning building and brought out two of the three children. The third time he was forced back by the flames and so was unable to complete the rescue. Firemen responded quickly to the alarm but by the time they arrived the house was doomed.

Andy's story is as follows: "The lady who lived in the house was away at the time and her husband was at work. I was playing ball in front of the Tremblay house when the ball rolled toward it. Then I saw smoke coming out through the wall. I shouted 'Fire' and told J. Hardley's boy to turn in the alarm. Then I went into the house. The front door was open and I saw a blaze in the kitchen. The wall and the ceiling were on fire and the three kids were there.

"The oldest was about 7 years old and I told them to come out. They started to cry and did not want to come so I took hold of the boy and the girl and pulled them out. I went in again to get the baby but the baby was crawling away from me towards the stove where the blaze was. Burning

POSTAL DELIVERY SERVICE FOR SUDBURY IN SIX WEEKS

The Dominion Government has promised to start a letter carrier service in Sudbury in six weeks. Whether the service starts then or later depends on the people of Sudbury. Mail cannot be delivered to houses unless a letter slot in the door or a mail box is provided, for, obviously, letters cannot be simply thrown on the verandah, nor have letter carriers time to ring every door bell. Notices have been put in all mail boxes asking people to notify their correspondents that the street number should be put on all letters, as a carrier service will soon be started. Box rents are also increased to those living within the letter carrier area, as an effort is being made to discourage box-holding.

There will be two deliveries each day. The first will be of the mail arriving before 8 o'clock in the morning, the second of mail arriving before 1.30 o'clock. Mail arriving after 1.30 o'clock will not be delivered until the next morning, though mail will be sorted, and box holders may get their mail as they do now.

Mail should be addressed either to street number, box number or "general delivery," whichever type of service patrons choose but persons receiving mail by letter carrier to their street number will not be able to get their mail at the general delivery window unless the mail expected is addressed to "general delivery."

SPECIAL TRAIN PLANNED FOR SHRINERS' CONVENTION

For the Shriners' convention in Toronto next month there will be special pullman cars available on the Porcupine branch and if there are sufficient requests for the accommodation a special train will be made up at Porcupine Junction to follow Train No. 46 on Friday, June 6th. All those wishing to attend the convention and go by this special train should get in touch at once with Dr. A. S. Porter, Potentate's Aide, Timmins.

boards were falling down from the ceiling. I had to go back outside and the baby was burnt."

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