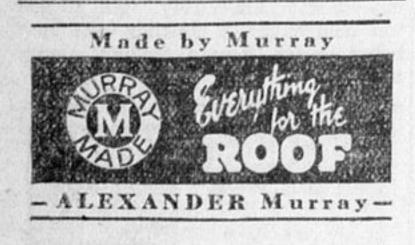


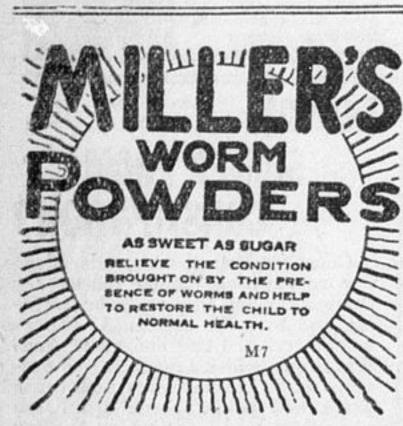
She looks 20 years younger

of my record. I have been married 30 years, have 3 sons, 29, 25, 19; also 2 grandsons, 6 and 20 months. I put down my youthful appearance to Kruschen Salts taken each morning. I should never think of starting the day without taking them. I am 5ft, 5in, in height, weight 119 pounds;

Charm and beauty are mainly a matter of health, so are vitality and vigour. All will be yours if you pin your faith in the "little daily dimeful." Start to-morrow, and you will feel years younger before you are many

Kruschen Salts is obtainable at drug and department stores in Canada at 75c, a bottle. months-good health for half-a-cent a day.







A little "good" paint works wonders---it transforms ugliness into beauty and provides the finest and cheapest insurance to the surface against decay.

Ramsay's Paint has been used for preserving and beautifying Canadian property for nearly one hundred years and during this time has won an enviable reputation for itself.



For Sale by Chas. Pierce & Sons Limited TIMMINS, ONT.

Porcupine Hardware South Porcupine

CONTRACTOR SECURIOR S

Favours Ferguson Highway For the Trans-Canada Route and who knew the old National Trans-sidizing what they consider a provincial continental Railway's days, stated to undertaking; and meanwhile motorists, the writer three years ago that there both Canadian and American are

Writer in The Canadian Motorist Urges Hearst to Orient | mountains go) along the north shore highway from Halifax to Vancouver Bay Road be Built to Complete Trans-Canada Route. Lake Superior Route Too Costly to Construct. Hearst-Orient Bay Route Presents Greater Possibilities From All Standpoints.

Canada highway in this North Land, | Highway, the following article by J. Agapit Clerment writes as follows, a note by the to a National Highway. editor of The Canadian Motorist being

from the time of its conception Ste. Marie? The following article is an able pre- map will show.

automobilist and tourist circles is the mand

related to the Sixteenth Annual general road-beds East of Winnipeg. meeting of the Canadian Automobile

or will soon be, all linked up.

MacLean's Magazine has just come out with an article entitled: "Wanted: A Trans-Canada Highway", "A Canaiian should be able to motor from coast to coast in his own country."

There remains one considerable blank space on the automobile road map of Canada, and that is in Northern Ontrio. This gap in the Trans-Canada Highway reaches from Hearst at the North, or Sault Ste. Marie at the South (of Northern Ontario) to Manitoba's Eastern boundary, with a few stretches of road-way already built between Hydro and Stewart, through Port Arthur; Dryden and Vermilion Bay: Kenora and Clear Water Bay, as shown on the accompanying map.

Recent press despatches from Winni peg contain the assurance that the Winnipeg to Kenora portion of the highway, some 84 miles, will be completed this year. There are 30 miles of road from Kenora south-east towards Fort Frances and it is suggested that the Trans-Canada Highway connect with this road 15 or 20 miles from Kenora and link up, at Vermilion Bay, with the road built from Vermilion Bay to Dyment, over 50 miles south-east Still farther south-east, in the Ke-

nora District, there are 5 miles of road at Ignace. Then going towards Port Arthur, it is

reported that the road is cut from Savanne, on the C.P.R. to Stewart or thereabouts, on the road from Port Arthur to Kashabowie.

From Port Arthur, one can motor to Camp Alexander about 12 miles north of Nipigon, which itself is about 75 miles east of Port Arthur. From Camp Alexander to Orient Bay on Lake Nipigon, the distance is 20 miles or so, and this road is not yet completed.

Winnipeg and Nipigon, a task that can with some energy, will then reduce considerably, if not by one half, the 600 mile void from Winnipeg eastwards, Ontario, north of Lape Nipigon to the mentioned recently in the House of Quebec boundary, via Nakina, Hearst

In view of the great interest at pre- motion for Federal suubsidies towards have to go northeast from the Soo tosent taken in the matter of the Trans- the completion of the Trans-Canada wards Chapleau to get around the Aga-

mont in The Canadian Motorist for the various Provinces will link up their way for some distance, to get away May, 1930, should be read with much highway system from Coast to Coast. from the Lake Superior chain of mounthen it is likely that Federal aid could tains ed:-"Ontario's Gap, the Last in the be obtained towards straightening, shortening, altering, paving and main- Canada Highway would likely be depleted in Three Years," and Mr. Cler- taining what would then really amount feated by running it through Sault Ste

Highway at the close of the current Highway. Should it go Northwards to should run sufficiently deep into Can-

between the Twin Ports and North Bay that between Sault Ste. Marie and across the Abitibi district with Mon-

route by the Secretary of the Cochrane to the advantage of the more northern Quebec City. Chamber of Commerce. The scenic ad- route which practically follows the The road from Cochrane to the Quean early issue by one of Canada's most | would have to go so far inland as to | dary distinguished artists, Mr. Fred Brigden be away from the lake itself and from the railway and therefore lose most of tem westwards from Hearst to Nakina

of the Canadian Pacific Railway skirt- the National Highway, and Sault Ste. In the Canadian Motorist, last Nov- ing Lake Superior is the most expensive | Marie could also be linked up to Hearst ember, the leading article was headed: bit of railroading per mile in America, as an important tourist feeder. "Motorists' Parliament of Canada De- while the cld Canadian Northern right mands Completion of Trans-Canada of way to the north followed the height Highway in Five Years". The article of land and was one of the easiest built

The difference between blasting Association held at Quebec in Septem- through mountains, filling up canyons bridging chasms and torrents, crossing With the opening of the Qeubec the wide mouths of rivers along the unbridge to motor traffic during that Con- inhabited and untillable rock-strewn feel that the burden of linking up the choose the bicycle as a means of easy, vention, the eastern part of the Trans- vastness of Lake Superior's shore, and Canada Highway between Halifax and cutting timber and grading on sandy Quebec was completed and the Western loam and clay rolling soil on a height part, from Winnipeg to Vancouver is, of land, where only the sources of streams are encountered, where there are already settlements and where a highway will open up wonderfully fertile soil, is again all to the advantage of the Nipigon to Hearst route.

This latter route could be more speedily laid out and built than the Sault Ste. Marie to Port Arthur project, as the distance from Orient Bay to Hearst, via the important settlement of Nakina is 265 miles compared to about 500 miles for the other. The cost of constructing the Northern route would be far less, being on more level ground, and with a minimum of rock cuts, fills and bridges.

The brunt of usefulness is also in favour of the Hearst-Orient Bay scheme as it presents greater possibilities from agriculutural, lumbering, hunting and fishing standpoints and would be more accessible to railways and cheaper to maintain.

It is to the advantage of both motor and steam roads that they can be near each other, as one is the complement of the other. Canadian railroads have gained more in automobile business than they have lost through the competition of automobiles and trucks, E. W. Beatty, President of the Canadian Pacific Railway, told the Ontario Good Roads Association in February.

A glance at the map of Canada shows Hearst and Cochrane in line with Halifax, Quebec, Winnipeg and Vancouver, and the ultimate Trans-Canada Highway will likely run from Halifax to Quebec, thence practically follow the Canadian National Railways line through Northern Quebec and Northern Ontario right on to Winnipeg; thence to Vancouver by the most direct and practical route.

Of necessity, in order to be in Canada this National Highway, entering The linking up of these important Ontario at its western boundary, must odds and ends of roadways between be located north of Lake of the Woods. as the southern shore of this lake is in be rapidly accomplished, if attacked the United States; then the shortest, most logical economical and practical location would be right across Northern Commons during the debate on the and Cochrane in order to link up with Quebec's system of roadways in its Abitibi region. But as a temporary expedient and owing to the fact that Northern Ontario is as yet sparsely populated, it is presently more practical to follow the lines of population and to link up the existing stray ends of roads by dipping the route down Port Arthur and pass south of Lake Nipigon.

> But it would be extremely costly and unwise to persist in a southward trend of highway construction from Nipigon on to Sault Ste. Marie at the present time, as the completion of the Trans-Canada Highway would be delayed for several years. The most urgent matter is to plan and execute the quickest linking up of Western and Eastern highway system through Northern Ontario and the solution lies in the sand and clay soil on the height of land between Orient Bay and Hearst and not in the rocky hills of Lake Superior's forbidding northern shore line.

An engineer who worked on the C.P. East and the West through a practical- speedy, low-cost transportation. And R. construction around Lake Superior, ly uninhabited wilderness should not be all the indications are that the peak in who helped to build the Canadian Nor- thrust upon their shoulders and the the bicycle market is still a long disthern from Sudbury to Port Arthur, Federal legislators do not feel like sub- tance off. and who knew the old National Trans- | sidizing what they consider a provincial the writer, three years ago, that there both Canadian and American, are was a mountain range (as eastern denied for a time an all Canadian of Lake Superior and that it was im- | through the heart of Canada's incompossible to build a highway along the parable natural attractions. shore; that there was also a range of rocky hills due north of the Soo, and who would flock to such a scenic route, that an automobile road from Sault Ste. Marie to Port Arthur would first wa range and from there on practically how, can end the apparent deadlock In passing, it might be said that if follow the old Canadian Northern Rail-

Moreover, the purpose of the Trans-Marie, as any motorist coming from East of Nipigon comes the real pro- the East would be tempted to cross the blem in the linking up of what can at border and follow the United States to The only gap in the Trans-Canada least be a temporary Trans-Canada the West. A road across Canada year will be in the central province of Hearst, on to Cochrane and down the ada as to retain in this country the Ontario. Canadian Motorist has cham- Ferguson Highway, or down around the tourists who are using it and should be pioned the Trans-Canada Highway North Shore of Lake Superior to Sault laid out with a view of linking up Halifax to Vancouver.

If speed, short distance, economy From Quebec to Winnipeg the Naof the completion of the Trans-Canada and usefulness are the factors relied tional Transcontinental engineers built Highway through Ontario's great hin- upon to complete the highway, then the shortest and most level railroad terland as expeditiously as possible, there can be very little doubt that the via Cochrane and the same logic and Canadian Motorist has been and is a road-building should be pushed on im- common sense should apply to a cross non-partison in the controversy regard- mediately from both ends between Nipi- country highway. An American visitor ing the relative merits and demerits of gon and Hearst, while the Winnipeg recently expressed the opinion that it the two proposed routes there for the to Port Arthur section is being linked would pay the Canadian National Railways to build an automobile road along vantages and doubtless in time motor- The distance between Hearst and its right of way from coast to coast ists will have the alternative of driving Nipigon is considerably shorter than Quebec intends to link up its highway via Sault Ste. Marie or via Cochrane. Nipigon, as any casual reference to a treal by a motor road from Mont-Laurier to Senneterre and eventually will sentation of the case for the northern | The nature of the terrain is also all run the Abitibi highway right on to

vantages of the southern route via height of land and is fairly level, while bec boundary already runs 18 miles east Sault Ste. Marie and the North Shore the shore of Lake Superior is so rugged to Norembega, and it will not be a diffiof Lake Superior will be described in and hilly than any practical highway cult problem to reach the Quebec boun-

By extending the Ontario road sys-One of the main topics of interest, the attractiveness and safety that a another link would be completed in the not the main topic, at this time, in lake shore route would ordinarily com- logical road across Canada. The road from Nakina to Orient Bay and Port completion of the Trans-Canada High- It is a known fact that the portion Arthur would later become a feeder to

The only real gap in the Trans-Canand there is no insuperable obstacle to advertising messages, the safety, conprevent its being closed within three years, if funds were released for the

The revenue derived from tourists. would amply repay the cost of completing the National Highway, but only persistent agitation on the part of motorists, who are paying the shot anywhich is keeping closed to innumerable lovers of the open a vista of nature's treasure chest of loveliness.

More Bicycles in 1929 Than Any Year Since 1905

To the man on the street, who remembers the time when "bikes" were "all the rage," it will probably come as surprising news that more bicycles were made and sold in Canada last year than in any preceding twelve months in the last quarter of a cen-

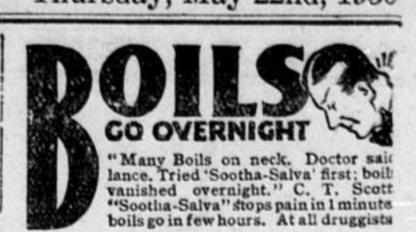
The advent of the automobile and its rapid rise in popularity, the "coming in' of the motorcycle and the "going out" of the horse, and the competition of new pastimes notwithstanding, the bicycle industry has gone steadily forward in Canada.

In confirming the statement that more/bicycles were manufactured and marketed in Canada in 1929 than in any previous year, Canada Cycle & Motor Company executives also point out that 1930 bicycle-prices are the lowest for 30 years, despite consistently improving quality season after season.

In other words, price reduction has not been the cause of the growing popularity of the bicycle, but has been the result of this increase in the number of "bikes" purchased in Canada. As output has grown from year to year to meet an ever increasing demand. production costs have been lowered and this saving has steadily cut down the price to the bicycle buyer.

In the opinion of the management of the Canada Cycle & Motor Company, Limited, that firm's consistent adherence to a policy of newspaper advertising has been one of the main factors in maintaining the healthy ada Highway is in Northern Ontario growth of the industry. By means or venience, economy and healthfulness of cycling have been kept before the public, and these considerations have The Ontario authorities apparently influenced more and more people to

Blairmore (Alberta) Enterprise:-Women are not so eloquent since they discarded the rolling-pin.





A BETTER, BRIGHTER BREAKFAST

The better the breakfast, the brighter the day. Don't fog the brain and clog the body by eating a heavy, indigestible breakfast. Brighten the day by eating Shredded Wheat with milk and go to work with buoyant step and mental alertness. Shredded Wheat with milk makes a complete well-balanced meal containing everything the human body needs for growth and strength. Try it with berries and cream. It's a rare treat.

SHREDDED MHEAT WITH ALL THE BRAN OF THE WHOLE WHEAT

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.

TORRENT OF POWER



Every one who has driven the entirely new Willys Six agrees that it is Willys-Overland's greatest manufacturing achievement...a triumph of value and versatility.

Uncramped comfort—a smooth, flexible flow of power-keen, clear-cut style lines-interior luxury worthy of a much more costly automobile . . . these lift Willys Six value above and beyond that of all other cars in the \$1,000 price class.

The new hydraulic shockabsorbers make a cushioned highway of the roughest road. The 65 horsepower engine, rubber insulated against vibration, easily sustains a speed of 72 miles an hour-48 in second.

72 MILES AN HOUR 48 IN SECOND · ·

65 HORSEPOWER RICH BROADCLOTH . UPHOLSTERY.

INTERNAL 4-WHEEL BRAKES HYDRAULIC SHOCK .

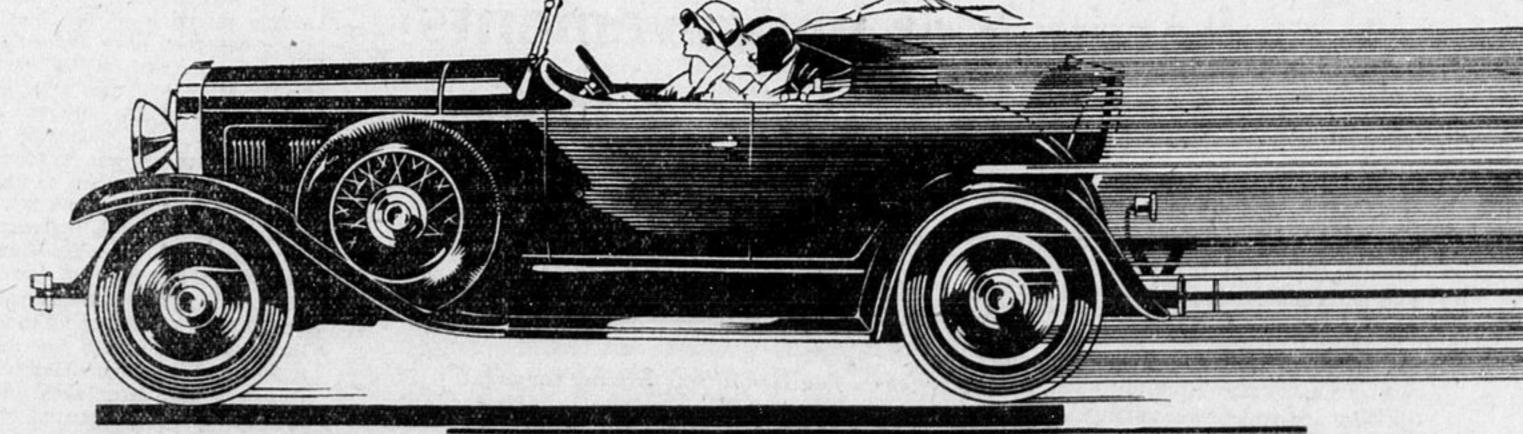
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Superb chassis and body construction increase driving ease and security. Rich upholstery fabrics, silver-finished hardware, handsome woodwork and luxurious interior appointments make an ensemble that establishes entirely new standards of distinction in a car so moderately priced.

Inspect and drive the new Willys Six-then compare it with other cars. Your nearest Willys - Overland dealer will gladly arrange a demonstration.

Willys Six Prices: Coach \$935; Sedan \$1020; Coupe (2 pass.) \$895; Coupe (4 pass.) \$935; Roadster (2 pass.) \$895; Roadster (4 pass. as illustrated) \$935; Touring \$895; De Luxe Sedan (5 wire wheels) \$1120. All prices f.o.b. factory, Toronto. Taxes extra.



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