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V.O.N. RECEIVES CHEQUE FOR \$1000 FROM TOWN COUNCIL

Mr. Ed. Richards, treasurer of the Timmins Victorian Order of Nurses, advises that he has received a cheque for \$1000.00 from the town council of Timmins, the donation being very acceptable and appreciated by the good cause it will advance and assist.

TIMMINS L.O.L. DANCE IN ODDFELLOWS' HALL, NOV. 28

Another of the pleasing dances of the Timmins L.O.L. will be given in the Oddfellows' hall on Thursday evening of next week, Nov. 28th. Dancing will be from 9 p.m. to 2 a.m., and a happy time is assured for every minute. The music will be provided by the Club Royal orchestra. Refreshments will be served during the evening.

PRECIOUS METALS IN BULK AT QUEEN'S PARK, TORONTO

The Toronto Star last Saturday says: "Just inside the main entrance of the parliament buildings at Queen's Park there is about \$100,000 worth of gold and silver. Holdup men might enter the front door and see their loot lying right on the floor in front of them and at both sides and in the east and west corridors at the first turn. But the catch is that the precious metals are still in ore form, some of the great floats with seams of yellow and silver showing through weighing at least a ton. The hold-up gang would need, in addition to their guns, a ten-ton truck and a derrick. There is thus no danger during the day time of robbery but there is some danger at night. To guard against this the government has five night-watchmen on duty and all doors and windows are equipped with burglar alarms."

DEATH MRS. A. S. STEVENS MUCH REGRETTED BY ALL

Late Mrs. A. S. Stevens Passed Away Unexpectedly at the Home of Her Daughter at the Hayden Mine Recently.

The death of Mrs. A. S. Stevens, occurred very unexpectedly in the early morning of November 2nd., at the home of her daughter, Mrs. W. H. Banks, at the Hayden Mine, Timmins. Although she had been in failing health all summer, the end came with startling suddenness.

The late Mrs. Stevens was Sarah Elizabeth Bell, daughter of Mr. and Mrs. Bell, of Dartmouth, Nova Scotia, and was born at that place on July 26th, 1854. She became the bride of A. S. Stevens forty-five years ago and they made their home in Nova Scotia till the fall of 1913 when, with her family, she came to join Mr. Stevens at Cobalt where they have since had their home. For the past year and one-half, the deceased had spent most of the time with her daughter, Mrs. W. H. Banks, at the Hayden Mine, of which Mr. Stevens is manager.

Though of a retiring disposition, Mrs. Stevens was dearly loved by those who knew her best, and highly respected by all.

A service was held at the home on Monday morning, November 4th., conducted by Rev. I. E. Kennedy, of Schumacher United Church, who spoke comforting words to the bereaved ones, taking as his text, I Samuel, chap. 20, verse 18, after which the body was taken for interment to Torbrook Mines, Nova Scotia, where Mr. Stevens was joined by his daughter, Mrs. A. L. Spinney, of Everett, Mass. The funeral service was held in the little church of which she was for many years a member, after which she was laid to rest beside her two sons, who had predeceased her.

She leaves to mourn her loss her sorrowing husband; three daughters, Mrs. W. H. Banks, and Mrs. J. O. Robinson at the Hayden Mine; and Mrs. A. L. Spinney, of Everett, Mass.; nine-grandchildren; a sister, Mrs. Joshua Reddy, and a brother, Mr. Thomas Bell, both of Dartmouth, Nova Scotia.

The floral tributes were as follows:—pillow, from the bereaved husband; wreath, Mabel and Winslow, Sadie and Olive; spray, Rennie Lamert, Gwendolyn and Valda; sprays, Hattie and family; spray, grandchildren, Phyllis, Tremaine and Graydon; "Gates Ajar," employees of Hayden Gold Mine; cross,

The Canadian Legion in the Porcupine

By the Secretary-Treasurer.

The Timmins Post of the Canadian Legion tenders its thanks to the ladies of the Auxiliary for their noble and unselfish work in connection with the Poppy Day and the sale of wreaths this year. President Mrs. Maxwell and the ladies who assisted her to make the day a success deserve great credit and Mrs. W. A. Devine deserves our thanks for collections for wreaths. To Mr. and Mrs. A. J. Shragge we appreciate the use of their store on Poppy Day, also the Salvation Army for use of collection boxes; the two gentlemen from the Bank of Nova Scotia did good work in counting the proceeds; also the Boy Scouts who collected for us. In fact, everyone worked with a will and not least we tender our thanks to the citizens of the Porcupine District who gave to our worthy cause. The disabled soldiers in Toronto will receive a considerable sum for making the poppies and wreaths.

There are cards and badges here for the following Comrades:—B. Davies, R. H. H. Mitchell, and S. Barnes.

Our smoker and social night at the Oddfellows' hall was a huge success from every standpoint. The "eats" etc. were of the best and the "dishing" out of rations was greatly appreciated by all present. The artists who contributed to the success of the smoker, deserve great praise. They are "second to none" and the sketch went "Over the Top" in fine order. To our friends who helped us we tender our thanks, also to the fire department for use of uniforms, and to Hill-Clark-Francis for use of lumber, etc. With such splendid co-operation and with such good artists there is no reason why we cannot have a record Post in the Canadian Legion. It was a real soldiers' night, and enjoyed by many real sol-

diery and their friends. This is only a start! Wait till we get going! Our list of applications for candidates to join the Post is boosted by the following:—James Vincent, John Shaw, Henry Redstone, E. D. Allen, J. McMullen, George Gibson, Walter Avery, Percy Jenkins, Richard Thomas, H. Crane, John Lean, John Rowlands, Frederick Bush, Joseph Walker, F. Tonkin, James Bown, John Burtoff, P. Filiatrault, H. Herman and H. T. Timmins. These comrades, with the addition of those mentioned last week, will make our first night at the Moose hall on Dec. 2nd a record, and there are more to come yet.

We have no bananas to-day! But we have lots of application forms, which are better.

All members in good standing are asked to send in at once to Mr. W. E. Elphick, or myself all names and ages of their children up to 14 years of age, so as we can arrange for the Christmas Tree in the Hollinger hall on Friday Dec. 20th.

Comrade Pearce would like to hear from any old buglers in the district. Our bugle band is just starting. Wait till we get going! Comrade Pearce will also take any subscriptions for the bugle band from those who wish to donate to the forming of the Legion bugle band, or I should say to the completion of the bugle band as it is formed and has rendered good service already.

During the last two weeks we have read in the papers about the many, many cases of returned men who are in want. Their families suffer also. We of the Canadian Legion have always good work to do amongst these men. More members we get, more money goes to the Provincial and Dominion Command. They use this to help to stem the tide of suffering. Many of us who were led to believe that we would have a heaven upon earth when the war ended, have woken up to find that that promise was only a dream. We find that we have to help ourselves. Some of us are able to fight the struggle of life, but there are many who are not able to help themselves or their dependents. As years roll by this condition will get worse, there will be greater demands upon those who are able, to support those who are unable.

We fought, and many of us bled for Canada, for England, for all the British Empire. Those who did not get there can now help us, who gave our best, and many of our comrades gave their lives. What do we find as years roll by? We find that, in many cases men who are a menace to our flag, are holding down good jobs doing work that many a returned soldier could do. Each pay day most of their pay goes out of Canada, goes to help to support a cause which is a menace to civilization. Why not give the work and good jobs to the man who fought and who spend their money in the country.

Will we ever wake up to the fact that this money sent out of the country, may be used in some future day to try and wreck our flag, our country? Cause more distress, more misery? We were often told that our services were appreciated. There is still more room left for that appreciation yet right here in our midst. We were all comrades in the war, all shoulder to shoulder, for the one cause, Right, Justice and Freedom. A little more comradeship amongst us all now, by joining the Legion will help us to hold what we have got, and we can always take in a little more ground.

Many will not join the Legion because of what the other fellow is, or says. That is a poor excuse. "Never mind the other fellow! Get in the Legion! We all have our faults. It's far better to be on the "inside looking out," than on the "outside looking in." The many old faces at our smoker on the 16th, also the new applicants we got, showed that an interest is awakening in the hearts of our comrades. Let us stimulate that interest, make it grow, and all work for the success of Timmins Post 88, Canadian Legion.

—The Secretary-Treasurer

NOVEMBER 22 TO 29 FISH WEEK IN CANADA FOR 1929

Hon. Mr. Cardin Emphasizes the Special Value of Fish as a Food and Shows How Consumption of Fish Will Benefit in Many Ways.

"Canada's National Fish Week" should serve to emphasize to the people the exceptional food value of fish and the present importance and great potentialities of the Dominion's fisheries," said Hon. P. J. A. Cardin, Dominion Minister of Marine and Fisheries, in a statement which he made today in reference to the selection of the week from November 22nd to November 29th as the Canada-wide fish week for 1929.

"Scientists and dietitians," Hon. Mr. Cardin went on, "have uncovered facts in recent years which show that fish are among the best of foods because of their richness in vitamins and other elements, which are great aids to sound body-building and are also protectors against certain diseases, especially, perhaps, in children. And Canada is fortunate in that her commercial fishing waters are not only enormous but are inhabited by food fishes of a quality unsurpassed anywhere in the world. It is an axiom among authorities that food fishes improve in

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proportion to the purity and coldness of the waters in which they live, and judged by this standard Canadian fish are at least equal in quality to the best that are taken anywhere.

"Up to the present time the per capita consumption of fish in Canada has not been large, much less, for instance, than the consumption in Great Britain. Different factors have contributed to this condition. Today, with improved methods of processing and distribution bringing virtually all of the many varieties of Canada fish within the reach of the people all over the country, and with scientists and health authorities bearing increasing testimony to the high value of fish foods, there should be a steadily larger consumption of fish in all parts of the Dominion.

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