

## I've forgotten I ever had any nerves



Your doctor will tell you how the act of chewing relaxes and soothes strained nerves, and how the healthful cleansing action of Wrigley's refreshes and tones you up all round. Aids digestion.



MADE SOME FINE CATCHES OF FISH ACROSS THE LAKE

The New Liskeard Speaker last week says:-"Mr. Hill, whose fishing territory on Lake Temiskaming is on the Quebec side of the lake, seems to have had some good catches so far this season. Our people of Temiskaming can have no idea of the various kinds of fish which are gathered into the nets from the lake. On Thursday morning we were quite interested in looking over Wednesday's catch: white fish, pickerel, red-fish, perch, suckers, pike, eel, etc. We saw an eel which measured 3 ft. 6 in. Mr. Hill recently "took one in" which measured 4 ft. and weighed ten pounds. But the larger fish are the older fish, and are not of as fine flavour as the mediumsized fish. So, when buying fish were better to buy two fish which weigh five pounds each than one fish weigh-

Toronto Globe:-A mother and her daughter graduating together from the University of Missouri is another indication of the queer pranks of modern education. The age of the girl is given

# Bulletin Issued Giving Helpful Advice

BRUNETTES TAN BETTER

to Those on Holiday. Some Don'ts and Do's for Holiday-Time Brunettes tan better than blondes.

In fact, some blondes can't acquire a coat of tan at all—a sad blow for the application at an early date. In enjoying their visit to the Northland. many, since a tanned complexion has become so fashionable that drug stores the mine. Stoping of the known ore- the Shriners of Rameses Temple, of now sell it in bottles.

the summer rest-period.

boracic acid, 1 or 2 ounces of bicarbon- mains to be explored. While there are their visit that they would want to factory. ate of soda, a hot water bottle, 2 ounces reports that a deal is to be made for come again at a no distant date. of aromatic spirits of ammonia.

"The last item is important in the event of a collapse," the bulletin adful of aromatic spirits of ammonia in a wine glass of water acts more promptly than whiskey or brandy. I is one of the best stimulants we have. Cuts or bruises should be washed with soap and water and carefully painted with tincture of iodine. Splinters should be removed with a needle sterilized by being held for a few minutes in boiling water, and the injured place treated with iodine. Poison ivy irritation should be treated with juice of the jewel weed, a plant growing two or four feet high, in marshy places, and possessing a juicy, semi-translucent stem, and with orange-coloured flowers with brown spots. Either strong laundry soap, or fresh lime-water is a good sub-

forts to get sunburned. Half an hour at a time is quite as long as any part of the body, not accustomed to exposure, should be subjected to the strong rays of the sun, for the first few days; then it will be quite safe to increase the time to an hour, and afer a fairly good coat of tan has been developed you are well protected against the dangers of sunburn. If you do not take these precautions your holiday may be spoiled-

Furthermore, recent revelations as regards the therapeutic value of the chemical rays of the sun have been such as to make one feel that it would be difficult to over-estimate their importance. Therefore, we recommend for small children the sun suits which can be obtained in any of our stores. These suits only protect the hips and upper parts of the thighs and leave the balance of the body exposed to the

It is well to bear in mind that in order to get the therapeutic benefits it is not absolutely necessary that you be exposed to the direct rays of the sunthere is the sky shine, or reflected rays from the sky and clouds. On a clear day you may lie or sit on the shady side of the house, with the blue dome above you, and get from one-third to one-half of the benefits of the rays of the sun that you would get by expos-

ing yourself directly to them. For mosquitoes, three things should be remembered-netting, liquid ammonia, and coal oil.

The netting shuts them out, the liquid ammonia, applied promptly to a bite, frequently neutralizes the poison and prevents subsequent itching, and the coal oil, put in very small quantities on top of water in rain-barrels, little ponds, etc., prevent the mosquito larvae from developing into mosquitoes. Furthermore, certain aromatic preparations such as spirits of camphor, menthol and oil of citronella, may be applied to exposed parts of the body to keep these pests away.

Insist that your food be protected from the filthy, disease-spreading

And do not be on the go all the time during your holiday. Take some reading matter with you and spend part of the day, particularly in the middle of the day, in the shade of the trees, in your hammock, or in an easy chair, or lying on a rug on the ground. Do not dance every night during your holiday and expect to come home rested and refreshed for the balance of the year.

#### LESS PULPWOOD EXPORTED NOW THAN IN PREVIOUS YEARS

A little more than a quarter of the pulpwood cut in Canada is now exported in unmanufactured form. The average percentages have been: 1908-12. exported unmanufactured, 581 per cent.; 1913-17, 401 per cente; 1918-22, 314 per cent.; 1923-27, 274 per cent. Of the pulpwood which is made into pulp in Canadian mills, only a little more than one-third is exported as pulp, instead of being further manufactured into paper. The average percentages have been: 1908-12, pulp exported, 60 per cent. of pulp production; 1913-17, 381 per cent.; 1923-27, 341 per

Putting it another way, nearly threequarters of Canada's pulpwood is manufactured into pulp at home and practically two-thirds of this manufactured pulp is then further manufactured into paper or other pulp products in the Dominion.

### Coniaurum Might Make Use of McIntyre Shaft

THAN BLONDES, IN SUMMER Discussing affairs in regard to the Coniaurum last week The Northern from Timmins and district were among Miner says:-

Ventures will finance further develop- reference to the event The Kirkland ment of Coniaurum Mines will likely Lake Northern News last week says:be the securing of a court order of authorization. F. D. Reid is receiver enjoyed assisting the Mystic Shriners, of Conjaurum, and will probably make who visited here on Saturday last, in According to a special "holiday bul- opment work has stopped at the time ly in the fun which marked the day's letin" issued by the Canadian Social of the appointment of a receiver an doings. Hygiene Council, in co-operation with operating profit has been made. It is 1 "Arriving at Kirkland Lake station Mines, Limited, of its decision to cease the Department of Public Health of small, but has assisted in putting the about 2.30 p.m. the Shriners, headed by work and relinquish its option on the Toronto, there are a number of "Don'ts" company on a better financial basis. their Kiltie Band, their chanters and property of the last-named company. and "do's" which the holidaying city Although no official announcement has Arab patrol made a colourful sight as or town-dweller should observe, if his been made yet, and it is unlikely that they paraded down town from the sta- the effect that from a geological standconstitution is to stand the strain of one will be forthcoming until the Ven- tion, where they had been joined by point the property appeared attractive. tures-Coniaurum negotiations are com- their northern brethren. Don't scratch mosquito bites, don't pleted, it is believed that quite an ex- "Parading to the public school cut the whole area in to 200-foot pick poison ivy, watch your milk and tensive exploration programme will be grounds, where after a brief display by squares. The geology was worked out water supplies and get plenty of sun launched as soon as possible. Just the Patrol of marching and counter in detail, and careful prospecting was but not too much at once, are some of what form this will take is a matter of marching, a hollow square was formed carried on along the sides of the recthe admonitions. And here is an speculation in mining circles. It will and Reeve Norman Evoy formally wel- tangular blocks. The shear zones loemergency medical kit that everyone probably be more or less a continuation comed them to Kirkland Lake and in cated were all trenched and a number is advised to pack in the suit-case: of the programme, expanded of course, presenting Potentate Charles Sody of veins found. However, only two of 3 or 4 bandages, 2 or 3 inches wide; 1 that was under way at the time a re- with a golden key to the town assured these veins designed A and B, seempound of sterilized gauze, 1 ounce of ceivership was appointed. The general them that, with the exception of one ed to merit detailed exploration. After absorbent cotton, 1 or 2 ounces of tinc- view seems to be that best possibilities place, everything in Kirkland Lake was trenching and tracing, these veins were ture of iodine, I small roll of adhesive lie at greater depth, although a big open to them. He expressed the hope diamond drilled and the results of the plaster about 1 inch wide, 1 ounce of favourable area on present levels re- that they would so thoroughly enjoy drilling were considered to be unsatisthe running of drifts into Coniaurum "Potentate Sody replied briefly from one of the deep levels of McIntyre thanking the Reeve for his very hearty as far as The Northern Miner can learn welcome and the citizens for the splenno negotiations have been opened be- did reception given. tween the two companies. McIntyre's "Later in the afternoon the public deepest level is 3,875, and Coniaurum's 2,000 feet. Should such an arrangement be made it would provide quick in its drill work for which the band exploration of Coniaurum at depth without the capital expenditure of musical numbers by the band were also depth justified the expenditure. Mc- is understood, was the first on which Intyre's 3,675-foot level, the most adboth properties, is still at least three or ner. Singing of community songs by four months away from the boundary, the Chanters was also much enjoyed. further 2,000 feet. The mill will probably continue operating, providing ad-

Avoid being overy zealous in your ef- | the bank steps on Saturday last kindly | ies of the Shrine." return us our nickel. We took it for granted that he was one of the ordinholder in that financial institution.

### Visit of Shriners to Kirkland Lake Enjoyed

Last week a number of Shriners those attending the gathering of the "The next move in the deal whereby Mystic Shriners at Kirkland Lake. In

"Kirkland Lake citizens thoroughly the meantime production continues at The occasion was one big holiday for bodies is progressing, and since devel- Toronto, and the citizens joined hearti-

sinking a shaft unless developments at thoroughly enjoyed. This occasion, it the Patrol was accompanied by a band vantageous one from the standpoint of in which every bandsman was a Shri-

"The secret work and conferring of degrees was carried on in the Arena which had been especially decorated for the occasion. The visitors left in their Blairmore (Alberta) Enterprise: special car which was attached to the Will the guy who carried a walking southbound paper train, after having cane and occupied a position seated on initiated 46 candidates into the myster-

ary professional beggars, but have Bondfield had more excuse than Amfound since that he was a large share- bassador Dawes for not wearing knee breeches at a royal reception."

## MARCH OF CIVILIZATION

(Wiarton Echo) The march of civilization is marked by these three outstanding epochs:-1-Strawberries, six boxes for a quar-

2-Strawberries, three boxes for a 3-Strawberries, one box for a quar-

4-What next?

#### McINTYRE DROPS OPTION ON MOFFATT-HALL MINES

McIntyre-Porcupine Mines, Limited has formally advised Moffatt-Hall In brief McIntyre's statement is to Following the option agreement they

## Deep-Seated Rheumatic Pains

Quickly Yield to Powerful Penetrating

Probably no affliction is more common or responsible for more intense suffering than rheumatism. Thousands of otherwise robust persons drag through a life of misery and

Here is a new treatment. Simply get a bottle of Moone's Emerald Oil, and apply to the affected parts. It's easy and pleasant to use and there is no doubt but what the most stubborn and severe cases yield quickly to its powerful, penetrating influence. The first application brings blessed relief. All good druggists have it, but you can be sure to get it at Moisley & Ball, Prescription Druggists.

# Clears Skin of Blemishes

The Perfect Antiseptic Treatment STOPS INSTAINTLY. A 35c bottle proves its merit or your druggist gives your money back. D.D.D. gives skin health. (Use D.D.D. Soap.) MOISLEY AND BALL



OF A NOTABLE SUCCESS

# Delco-Light builds profits and cuts expense

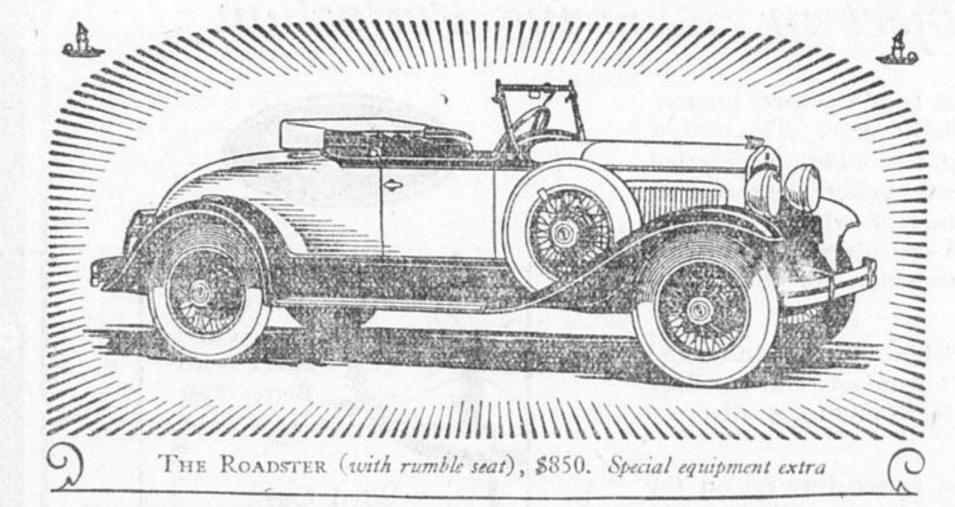
VER 325,000 successful farmers have found that Delco-Light, the dependable farm electric plant, saves time and labour that means money . . . . actual dollars and cents profits.

What Delco - Light is doing for other farmers it will do for you. Let me give you a demonstration.

> D. H. EATON Cochrane, Ontario



# MARKING THE FIRST ANNIVERSARY



HE full-size Chrysler-built A Plymouth is just a year oldand what a phenomenal year of success it has had!

All this week we are celebrating the first Plymouth anniversary by holding a gala showing of the newlyrefined and improved models which make today's Plymouth still more outstanding in the low-priced field.

When a car in its first year becomes the giant Plymouth is-when it wins the popularity that Plymouth

enjoys-when thousands upon thousands of owners ()\$000 ) four-wheel hydraulic brakes, sing its praises and exhibit it to their friends with gen-

uine pride-that car certainly must have merits that no other car in its class possesses.

That, in essence, is the story of the Chrysler-built Plymouth.

Plymouth is the only full-size motor car at anywhere near the price -the only low-priced car with the individuality and style of Chrysler designing-the only low-priced car with the smooth, flexible, quiet liveliness so typical of Chrysler engineering-the only low-priced car with

the safety of Chrysler-famed internal-expanding, weatherproof, positive, noiseless.



You are cordially invited to visit the anniversary showing being held at our display room in honor of the Plymouth's first birthday - July 6 until July 13.

Coupe, \$820; Roadster (with rumble seat), \$850; 2-Door Sedan, \$860; Touring, \$870; De Luxe Coupe (with rumble seat), \$870; 4-Door Sedan, \$890. All prices f. o. b. Windsor, Ontario, including standard factory equipment (freight and taxes extra).

FULL-SIZE CAR

SPECIAL ANNIVERSARY SHOWING of Improved Plymouth

Models July 6 - July 13

Northland Motor Sales Timmins, Ont.

as breakfast. Fine for the children's evening meal. So easy to digest. Serve with milk or cream-fruits or honey added. It pays to insist on Kellogg's-the original Corn Flakes. Look for the red-and-green package. At all grocers. Served by hotels, restaurants. On dining-cars. Made by Kellogg in London, Ontario.

Enjoy Kellogg's Corn Flakes for lunch and dinner as well

favorites

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No wonder Kellogg's Corn

Flakes are preferred to all

others. Kellogg's have a flavor

that can't be imitated. Always

extra fresh and crisp. The

world's most popular ready-to-

eat cereal. Order a package



today.



