

How to Reduce Varicose Veins

Rub Gently and Upward Toward the Heart as Blood in Veins Flows That Way.

Many people have become despondent because they have been led to believe that there is no remedy that will reduce swollen veins and bunches. If you will get a two-ounce original bottle of **Moone's Emerald Oil** (full strength) at any first-class drug store and apply it night and morning as directed you will quickly notice an improvement which will continue until the veins and bunches are reduced to normal.

Moone's Emerald Oil is a harmless, yet most powerful germicide and two ounces last a very long time. Indeed, so powerful is **Emerald Oil** that old chronic sores and ulcers are often entirely healed and anyone who is disappointed with its use can have their money refunded.

Moisley & Ball sells lot of it.

CANADA'S POSITION AS A WORLD'S GOLD PRODUCER

When predictions were made last year the Canada would become the second gold producer among the nations of the world, one unforeseen factor was not counted on—the increased production of copper across the line and consequent increase in the production of gold, which is largely a by-metal of copper, says the Canadian Mining World. Thus, instead of falling off about \$2,000,000 for the year, as was the case in the previous year, United States gold fell off but \$200,000, while Canada increased her output about \$800,000. But for the Hollinger disaster early in the year the increase in Canada would have been far greater. It is a significant fact that countries under the British flag increased gold production by about \$5,500,000—South Africa, \$4,700,000, and Canada \$800,000. The United States still stands second with a margin of about \$4,500,000 for last year, but when Noranda and the rest of the great mines are going full blast Canada will reach second place, never to be headed again by her neighbour to the south.

Definition of "Ore" Now Cause of Controversy

The definition of the term "ore" has caused a great deal of controversy during the recent years and because of the loose use of the word misunderstanding as to the value of mineralization reported on have been of frequent occurrence. The generally accepted definition of the term is that ore is material that can be mined, treated and sold at a profit, but this solution has been challenged in some quarters, due to the fact that conditions differ from time to time and what may be payable ore to-day may be unprofitable to-morrow, due to market fluctuations or changes in the efficiency of the management. This objection is set aside by the Engineering and Mining Journal, which claims that under the mining engineers' definition of ore a line of demarcation must exist between ore and non-commercial ore, and to make that flexible line of demarcation largely contingent upon the profit factor seems logical and reasonable. The Journal has coined a new word, "junore," to denote unprofitable ore, and says that the fact that a given deposit may be ore under one set of conditions and junore under other conditions emphasizes the need for a precise terminology and the soundness of the "profit" definition.

A correspondent of the Engineering and Mining Journal, while admitting that "junore" is a good word to describe material too lean to be called ore and yet which cannot be termed waste, facetiously suggests what he considers a better word. His letter, in part, is as follows: "I respectfully—and even hopefully—submit the word 'bevo', which means, of course 'near' ore, just as 'bevo' means near beer. It will require very little profundity to see the logic in the coinage of this descriptive and euphonious word. To be sure some old crank he-miner, who hates Volsteadism, will raise an objection to anything that sounds like 'bevo' because of the futility of that effort to induce morons to kid themselves into believing that they are drinking the real stuff. However, any such objection will be largely prejudiced and unworthy of sober, scientific men who are earnestly seeking a solution of this important problem."

Le Canada: "The two great races which compose the population of the Dominion are called to live side by side. It is then only through well understood tolerance, through mutual respect, that they will be enabled to understand and esteem one another. Tolerance and respect for the minorities are well known in the province of Quebec and we are glad to state that mere qualities are being more and more appreciated in certain spheres, mostly intellectual."

Halifax Herald: We generally recognize that modern woman's dress is healthy, comfortable and becoming.

"When we are married Why, what will you do?"

MODERN WOMAN has every right to ask this question of the man who wishes to marry her.

When a man marries, he gives up nothing. The woman, possibly, gives up a comfortable home, a good job and a certain economic independence. What is her compensation? Very possibly she becomes a hard working wife and mother, without pay. If death comes riding and gathers up the husband, she may be left with the care and financial worry of a young family.

It's well to give presents to a bride, but many a bridegroom might better give his bride a **Life Insurance Policy** for a few thousand dollars. Such a gift is the true measure of his intention to provide — until death — and beyond.

Write for pamphlet entitled "Protection at a Low Rate of Premium". It is quite interesting. Address:

Confederation Life Association

Head Office: TORONTO
Local Agent
A. W. Pickering,
Timmings, Ont.

Welcome Party at New Liskeard for New Bride

The many friends in the town and district of Mr. W. F. B. Cadman, more properly known as "Fergie," will be interested in the following from the last issue of The New Liskeard Speaker, under the heading of "Making Night Hideous":

"A most enjoyable party was participated in on Friday evening last. W. F. B. Cadman, distribution engineer of the Canada Northern Power Corporation had returned to New Liskeard with his bride two or three days previously. At 8.10 p.m. Mr. and Mrs. Cadman with a number of friends were spending the evening when an army of automobiles invaded the district of their home rendering the evening hideous with noise. The occasion for these visitors soon became apparent when about a dozen automobiles disgorged their occupants who demanded admittance to Mr. and Mrs. Cadman's home.

"After the surprise was over and the uninvited guests had seated themselves an address was read congratulating Mr. Cadman on the step which he had taken, and welcoming Mrs. Cadman to the community. Mr. R. H. Douglas requested Mr. Cadman to unpack what proved to be a gift of the employees of the company with which Mr. Cadman is engaged and consisted of a Hoover vacuum cleaner and appliances. Although embarrassed, Mr. Cadman, on behalf of his wife and himself, thanked the visitors for their expression of friendship and gift. Very rapidly the visitors took possession of Mr. and Mrs. Cadman's home, and a very pleasant social evening was spent. Mr. Harold Simpson mysteriously appeared with his saxophone and led in the musical part of the evening which was participated in by all until the refreshments were served, after which the party dispersed almost as mysteriously as they had gathered."

SAFETY RULES TO OBSERVE IN SWIMMING AND BOATING

The Ontario Safety League in a recent bulletin issued gives the following rules and suggestions for safety for those who indulge in swimming and boating in the summer season:

1. Learn the prone pressure method of resuscitation.
2. Bathe in protected areas only.
3. If you have heart trouble do not go in swimming.
4. Wait two hours after eating before going into the water.
5. When diving make sure the water is deep enough to ensure safety.
6. Do not bathe or swim alone. It is safer to have companions with you in case of an accident.
7. Unless you can swim and unless you can keep a cool head, stay out of a canoe.
8. After starting do not change seats and do not stand up in either canoe or rowboat.
9. If you have a passenger who wants to "rock the boat" put him ashore.
10. You take a "fool's chance" if you ride the waves of a steamboat. The "chance-taker" is the accident-maker.
11. If upset, lay your hands on the canoe or paddle; either will keep you afloat until help arrives.
12. Do not attempt to use a canoe or rowboat in rough water.

Methods of resuscitation may be obtained free from the Safety League by written application, addressing the communication simply to the Ontario Safety League, 1314 Metropolitan Building, Toronto.

To the above rules a few general ones are added: Unless you can swim and protect yourself, bathe in protected areas only; do not play in rowboats or canoes and keep away from water in rough weather.

For pleasure and safety learn to

PILOT PLANT TO CARRY ON TESTS WITH CHINA CLAY

Thirty Tons of Material from Mattagami to be Experimented With. Glowing Reports as to Value.

Glowing reports come from the north in regard to the china clay deposits north of Cochrane on the Mattagami river. In an article last week The Northern Miner says:—

John G. Cloke, chemist and metallurgist, of Devon, England, and who has been associated for some time past with the Northern Ontario China Clay Corporation Limited, has recently arrived in Toronto from England to supervise the erection of a pilot plant for the processing of these clays and the extraction of their various by-products by chemical means. The pilot plant will show the whole series of physical and chemical operations which will later be used on the property when in actual production.

A shipment of about 30 tons of fire clay and kaolin (china clay) was recently made from their properties on the Mattagami River to be used by Mr. Cloke for the purpose of demonstration and extensive tests to determine the line of plant development for large scale production at the property.

The company states that "in addition to the very valuable products such as fire clay of the highest refractory type; kaolin (china clay) of as fine a grade as the English kaolin; silica sand nearly 100 per cent pure and of a purity heretofore unknown in bulk; there are by-products of great commercial value—mica powder for which there is a world demand and because of its many important uses brings a high price per ton; oxide of alumina of the finest quality; pigments of various colours and all of high grade; and several other by-products which are in the process of development."

As there has not been a deposit of this nature previously extensively explored in Canada, Canadians are unfamiliar with the potential value of such a deposit. Officials of the company claim "that every pound of material taken from the ground is of commercial value." In this way, a deposit of non-metals differs from base or precious mining insofar as, in the case of precious metal mines, a few pennyweight at most, and with base metal mines a few pounds of the material are of commercial value and the remainder is debris.

UNUSUAL STATISTICS IN REGARD TO DEATH CAUSES

A very unusual achievement in statistics has just been accomplished by the Dominion Bureau of Statistics, which released to-day a special report on contributory causes of death in Canada during the year 1926. It frequently happens that in addition to the disease or violence given as the cause of death on the medical certificate, mention is made of some other disease or condition which contributed to the death. In the regular monthly and annual tabulations of causes of death, such contributory causes must be passed over, but in the present report they are listed fully in their relation to the main causes.

Tabulations of this sort, few of which have been made as yet in any country, are recommended as particularly valuable by the Committee of the International Institute of Statistics charged with the preparatory work for the revision of the International List of Causes of Death, which takes place at Paris in October of this year.

Out of 107,454 deaths which took place during the year 1926, contributory causes were mentioned and are tabulated in the report for 38,799 cases.

SIX THOUSAND KIWANIS IN CONVENTION AT MILWAUKEE

Last week six thousand members of the Kiwanis clubs of Canada and the United States were attending the thirteenth annual convention, held at Milwaukee, Wisconsin. On Monday the International president sent out a message to the entire membership. This message was read at the Kiwanis meeting here Monday night and will be found on another page of last issue. The executive secretary told the convention that there are 1825 Kiwanis clubs in the principal towns and cities of the United States and Canada, with 103,000 members. Another officer of the Kiwanis made the interesting statement at the convention that the cost of the event would exceed \$6,000. In view of the immense attendance this is a comparatively small amount, about \$10.00 per head, but it indicates the large scale on which Kiwanis events now are planned in view of the expansion of Kiwanis on the continent.

swim, but in supervised tanks or lake areas only.

Remember all your lessons to take no chances in traffic, avoid the dangers of the street; guard the safety of small children.

Simcoe Reformer: The experience of many motorists who have become involved in highway crashes through no fault of their own, points to the need for compulsory auto insurance. Not infrequently has a fine new car been smashed up by an irresponsible driver who does not carry insurance and who has no assets upon which to realize. Any person who can really afford to drive a car should be able to carry insurance.

Sixth Annual Summer School July 29 to Aug. 6

The sixth annual summer school of the Presbyteries of North Bay, Temiskaming and Cochrane, for the young people of the church, will be held this year from July 29th to August 6th, at Pirie's Lake Temiskaming. Registration should be made as early as possible with Dr. Cliff, McKee, Kirkland Lake, Ont. These summer schools under the auspices of the United Church have been greatly enjoyed in past years and have proved very successful. The preparations made for the year would suggest an even more enjoyable and successful outing. The location is ideal for the event, and teachers of special ability are ready to carry on the work under the best auspices. It may be noted that all young people are welcome to the school, attendance not being limited to members of the United Church. Folders are available, giving full particulars as to the summer school, daily programme and all other details. Miss Mary Purdy, of New Liskeard, is the secretary, or particulars may be secured from Dr. Cliff, McKee, Kirkland Lake, or any United Church pastor in the North.

London (England) Punch: "A woman went into a chemist's shop and said: 'Have you any Life Buoy?' The assistant, a young American, replied: 'Set the pace, lady.'"

Ohio State Journal: Another pathetic little feature of everyday life is the way people will look forward for years to the nice things they are going to do when the children are grown up and away, and they find, when the time comes, that they don't care much about doing them after all.



From Mother of Six

"I think Lydia E. Pinkham's Vegetable Compound is wonderful! I have had six children of which four are living and my youngest is a bonnie baby boy now eight months old who weighs 23 pounds. I have taken your medicine before each of them was born and have certainly received great benefit from it. I urge my friends to take it as I am sure they will receive the same help I did." —Mrs. Milton McMullen, Vanessa, Ontario.

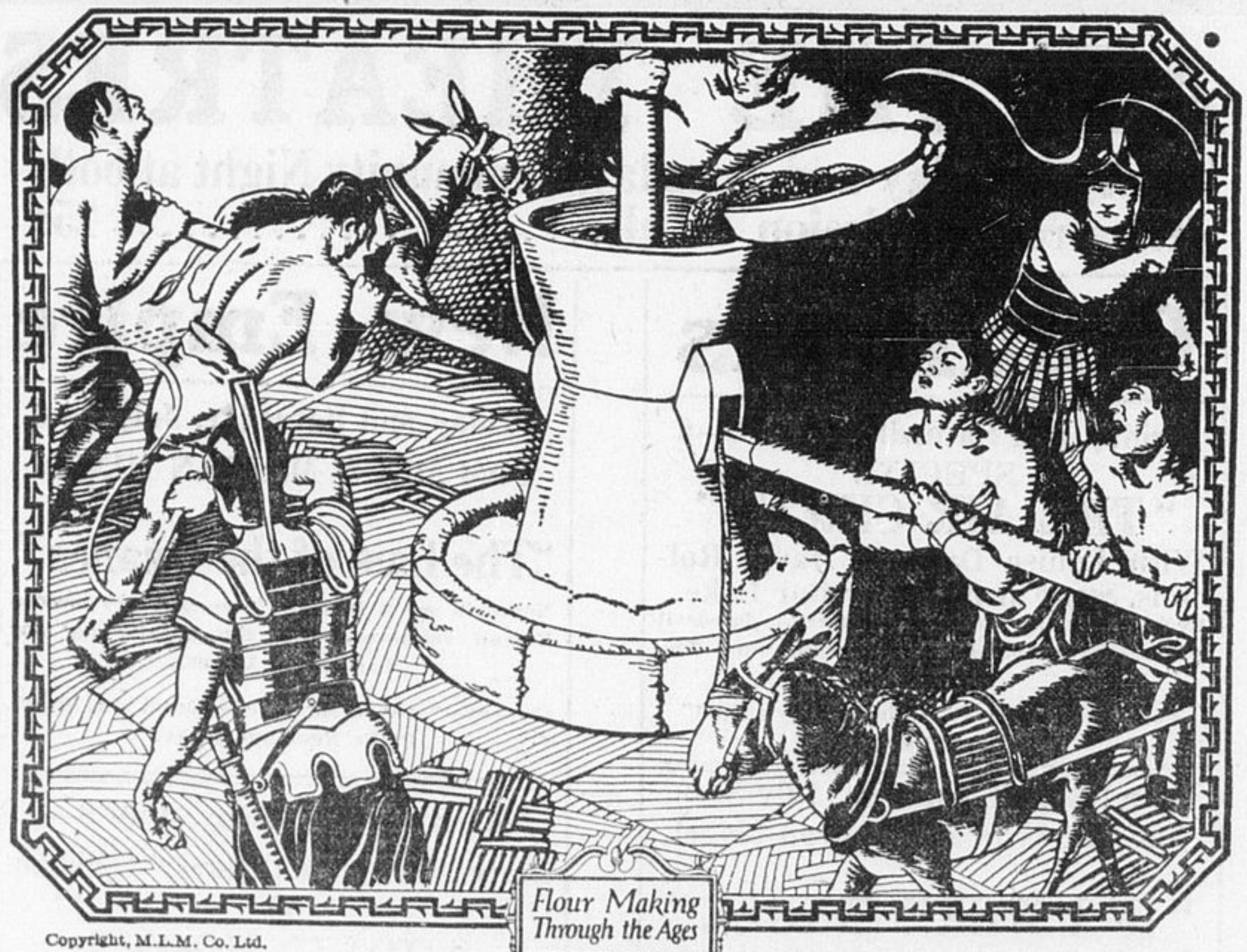
Lydia E. Pinkham's Vegetable Compound
Lydia E. Pinkham Med. Co., Lynn, Mass., U.S.A.
2nd Cochrane, Ontario, Canada.

GOLD MEDAL TEA

Rich with Flavour and Fragrance

The mellow smoothness and appetizing fragrance of Gold Medal Tea make it the choice of women who know.

GOLD MEDAL TEA



The Roman Quern—2000 Years Ago

ROME, at war, had many captive mouths to feed; so necessity mothered an invention that would grind more flour in less time. Slaves were plentiful, labor counted for little. Thus, the cruel, labor-making "Quern" came into being.

It consisted of a rough rock made like an hour glass. Wheat was poured into the upper hollow. It dropped through a narrow opening onto a cone-shaped stone which fitted the lower hollow like a lemon squeezer fits into the half portion of the lemon.

Slaves and donkeys were attached to long levers fixed to the waist of the Quern and

turned it slowly around gradually grinding the grain into flour—which was caught in a trough at the base of the mill.

Thousands of years have passed—thousands of inventions have been developed, until today they have culminated in a flour fit to be called perfect—known as Maple Leaf Flour. Made in Canada. Unexcelled anywhere in the world. Sold under a money back guarantee of uniformity and satisfaction.

An attractive portfolio containing this complete series of historical advertisements is free upon request. Maple Leaf Milling Co. Limited, Head Office, Toronto.

MAPLE LEAF FLOUR "Cream of the West"

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