

Your food doesn't do you any good if you're tired



At the end of a day's work, relieve nervous tension before eating. Wrigley's will refresh and tone you up—so that you're ready to enjoy your food.

Then, after meals, Wrigley's helps digestion, cleanses the teeth, removes all traces of eating or smoking—sweetens the breath.



GOVERNMENTS NOW REALIZE THE VALUE OF ADVERTISING

In no less a place than the Canadian House of Commons a tribute has been paid to the value of advertising, says the Oshawa Times. The speaker who testified to the usefulness of publicity was the Hon. James Malcolm, Minister of Trade and Commerce, whose duty it is to endeavour to open up new and greater markets for Canadian products. During the last year, the Minister has been spending a good deal of money in advertising, not alone in this country, but largely in Great Britain and in other countries where Canadian goods might be sold. This expenditure brought such excellent results that he is going to spend even more money on advertising in the coming year, and the appropriation for this purpose is being increased by \$425,000. Now a vote of that amount would, under ordinary circumstances, meet with a volley of criticism and condemnation from the Opposition. The Opposition members, too, realized that money spent in advertising was money well spent, and thus the vote received a very sympathetic reception.

Lady in Dymond Recently Encountered Big Bear

The following interesting paragraph is from The New Liskeard Speaker last week:—  
While driving toward her home in Dymond last week, and about half a mile south of Hillarriton, Miss Annie Carter saw what she supposed was a man standing in some small undergrowth near the bush. One arm lay at his side and the other was raised, while his head was turned partly sideways as he gazed at her; but when he dropped and ran toward her on four feet, and again stood erect to get a better view of her, Miss Carter knew it was a bear. Then the horse saw it and snorted—but the really frightened one was the bear. As soon as it sized up the horse and driver it turned and made for the bush at utmost speed. Being a Northern Ontario farmer's daughter, Miss Carter was not frightened. We expect she had a greater fright when she found that a family of skunks had taken possession of a little bridge over a creek on the cow-path one evening when she was bringing the cows home. One summer Miss Carter looked after a wild duck and her ducklings whose temporary home was near the creek which passes through the farm. Also she was very much interested in a hen partridge and her chickens, but when fall came ducks and partridges all disappeared.

HOPED THIS IS THE END OF WANDERING OF SILLY GIRLS

Reference was made last week in The Advance to the case of the two thirteen-year-old girls who ran away from their homes in Orillia and by begging rides in passing autos made their way eventually to North Bay where the police got track of them but the girls had moved on. The police at last found them at Sudbury and took them to the Children's Shelter. Later they were returned to Orillia. The sequel is told in a despatch last week from Orillia. Two penitent little girls faced the magistrate in police court at Orillia, and had a straight talk on the dangers of the trick they had played to themselves, not to mention the anxiety to their parents when they were found to be missing. The magistrate impressed upon the girls the genuine seriousness of their offence and threatened them with severe punishment if the offence were repeated. Then he gave them one year's suspended sentence, must report to the Orillia Salvation Army officer twice a week for a month and attend Sunday School every week. The girls were then returned to their respective homes, their parents being anxious to have them back.

Canada Forest and Outdoors: No matter what's the matter with you, fish is good for it.

IVANCHUK TOOK WORD OF REPRIEVE VERY QUIETLY

Said to have been Surprised at Stay in Execution. Was Resigned to Fate.

According to word reaching here recently John Ivanchuk, who was awaiting execution for the murder of Inspector Constable at Cochrane in October, 1926, has fallen considerably in the weeks since his conviction. He is said to have lost flesh, become pale, and his hair has greyed more than before. It is said that last week when he received word that a reprieve had been granted him for a month he was surprised. He wasn't a bit more surprised than many others watching the progress of the case. There seems to be a general disposition to wonder why the reprieve was granted. The courts took a very decided stand on the matter. In an article last week The Halleyburian suggested that since the trial and conviction Ivanchuk has protested his innocence. This will also be a surprise to most people, as the attitude of Ivanchuk at the trial and after was not at all like that of any man protesting innocence. The appeal court at Toronto also remarked on the fact that the appeal was based largely on technicalities. However, The Halleyburian may be right as to Ivanchuk's protests. Guilty men often protest innocence right to the last moment and sometimes go on without admitting their guilt. Protesting does not necessarily mean either innocence or guilt, but the lack of protest does look peculiar. Ivanchuk had a fair and complete trial. He certainly was well represented by the counsel in his behalf. It would be difficult to imagine legal help doing more than accomplished by Mr. Harry Fine, of Ansonville, and later by Mr. A. G. Slaght, of Toronto. The evidence against Ivanchuk was very conclusive. The appeal court remarked upon this and upon the fairness of his trial in every way. If he is not guilty he is the victim of the strangest and most outrageous conspiracy that ever happened in Canada. There seems to be no reason for believing this possible. No motive can be imagined for all the different people whose evidence resulted in the conviction of Ivanchuk combining to perjure themselves in the matter. Many of the witnesses did not know each other and had no means so far as known for fabricating stories that dovetailed so well together. Those concerned in the case appear to be very certain of the guilt of the convicted man.

The stay of execution last week has revived interest in the case to some extent, and the following from The Halleyburian last Thursday may consequently be of interest:—

"A reprieve for four weeks in the case of John Ivanchuk (whose execution for the murder of Inspector Harry Constable at Cochrane on the night of October 15, 1926, was set for tomorrow, was received yesterday afternoon in a despatch from the Secretary of State at Ottawa. The first intimation that there was to be a stay of proceedings was received in a telephone message from Harry Fine, Ansonville lawyer, who defended the accused at his trial to the authorities that he expected the reprieve to be granted. Later in the afternoon the official message was received.

"The appeal for a new trial on the ground of new evidence, argued before the Second Divisional Court at Osgoode Hall last week by A. G. Slaght, K.C., was refused by that court. The case was then taken up with the Department of Justice at Ottawa, with the result as stated. Just what significance may be attached to the fact of the reprieve is not known here but it is believed that the Department wants more time for consideration of whatever was placed before them early this week. The new date set for the execution is July 19th.

"The news of the reprieve was taken quietly by the prisoner, when informed by the warden of the jail that the message had come. He found it hard to believe at first. He has protested his innocence of the crime for which he was convicted throughout the course of his incarceration in the jail here, claiming that he knows nothing of the circumstances surrounding the Inspector's death. He has declined the services of a priest or minister and was apparently waiting calmly for the law to take its course.

"Ivanchuk, who is of Austrian nationality, has been in this country since 1914. He is forty-six years of age and has a wife and one daughter in Bukovina. Recently he made his will, leaving some property in his native land to his daughter, who is sixteen years of age.

"Preparations had been going forward this week for the execution. The official hangman, Arthur Ellis, has been here for a couple of days and has erected a scaffold in the building and made other preparations. There has not been a great deal of the morbid curiosity connected with affairs of this nature, but the news of the reprieve soon spread and many people felt a certain measure of relief over the fact that the execution has been postponed.

"This portion of the province has never been the scene of a hanging. While there have been murders done, and in at least one case a conviction registered, there was at the time no jail in Temiskaming district where the condemned man could be kept and he was sent to North Bay.

"The murder of Inspector Constable was committed in the Cochrane district. He was tried and convicted there and was brought to Halleybury because there is still no jail in the Northern district. His execution, had it been

Dancers Knock Plaster Down on Euchre Players

Last week at the firemen's ball in Cobalt some excitement was caused by the falling of large chunks of plaster from one of the ceilings in the Cobalt town hall. About a hundred pounds of plaster actually fell, it is reported. There were many dancing upstairs in the hall, and a number playing euchre downstairs. The fall of plaster was no doubt caused by the rhythmic dancing causing a vibration and concussion One woman, Mrs. Wilson, North Cobalt, had to be detained in the Mines Hospital overnight, suffering from nervous shock, and three other persons, Mrs. Allan Orr, Cobalt, Mrs. Harold Welsh, New Liskeard and Town Clerk A. W. Harrington, had to receive attention. Mrs. Welsh and Mr. Harrington were treated at the hospital. Dancers upstairs apparently loosened the plaster which descended chiefly upon the players at one table. Mrs. Wilson is said to have fallen from her chair and to have been overcome with shock. She and Mrs. Welsh were taken to the hospital in Fire Chief Belanger's car and Mr. Harrington also went there. Drs. G. E. Case and G. A. Schmidt were summoned. The incident occurred shortly after the second series of the euchre has started, and there was considerable excitement for a time. Mrs. Wilson is stated to be not seriously hurt, other than from shock. The other three were struck by the falling plaster, but all were able to go home last night.

Disgusted With Market But Buying Stocks Now

A rather unusual little story is told by The Northern Miner in its last issue. The moral is so well worth noting that the story is reported herewith. There may be a lesson in stocks and if all who follow the market agree with the gentleman in this story it will not be long until the market will have a very noteworthy activity. Here is the story as told by The Northern Miner:—

"I am, completely and utterly disgusted with the mining market. Things look bad, and everybody seems downhearted. I find myself badly depressed when I come downtown in the mornings."

"The speaker is one of the big men in the mining industry, a man who has made a few millions out of wise and fortunate mining speculations.

"And what are you doing about it?" asked The Northern Miner, in sympathy.  
"I'm buying my head off," he replied. I have found that it pays to go contrary to my emotions. When I feel bad, and everybody else is sort of hopeless, then prices are somewhere around bottom. It certainly goes against the sentimental grain, but it's good judgment to load up now."

carried out, would have come properly under the jurisdiction of the Cochrane officials."

Located Body of Man Drowned in the Abitibi

Within a mile of the point where he lost his life in Nine Mile rapids on the Abitibi River, the remains of A. Sarazen, of Markstay, member of Smith & Travers' diamond drilling crew from Sudbury, was recovered, the remains being interred by the side of the river where Sarazen lost his life.

Sarazen was drowned on May 31st when the pointer, in which he was travelling with three companions, broke on a submerged rock. The men were members of a party being sent by the Ontario Government to Blacksmith rapids to do diamond drilling. The last lap from T. & N. O. steel was for 25 miles over the treacherous waters of the Abitibi river. The three other men in the pointer were saved.

Junete Sun: Home without a mother a little more than a vacant house.

EARN 6.00 TO 10.00 A DAY  
Learn and Earn part time Motor Mechanics, Barbery, Welding, Vulcanizing, House Wiring, Bricklaying, Plastering, Barbering, Beauty Culture Work. Good positions open. Write or call, free instructive book.  
DOMINION SCHOOLS  
183 KING WEST, TORONTO  
Free employment Service—Coast to Coast

10,000 Bottles a Day  
Every day 10,000 women buy a bottle of Lydia E. Pinkham's Vegetable Compound. They know that there is no better remedy for their troublesome ailments with their accompanying nervousness, backache, headache, "blue" spells, and rundown condition.  
Lydia E. Pinkham's Vegetable Compound

One cigar blend which never changes.

WILSON'S BACHELOR

10c Try the handy pack of five Bachelors

For Sure Results Try Our Want Ad. Column

Yes, indeed, they're economical for smaller homes

By all means roof your home with Johns-Manville Flexstone shingles or in roll. Flexstone's first cost is no higher than that of any "fairly good" roofing . . . and look what Flexstone gives you—absolute Fire protection, amazingly long life and outstanding smartness.

You've never seen more beautiful colours than the new Flexstone offers: Blended Romany Red, rich in vitality, many coloured; Brittany Blends, softer-hued copper, moss, purple and bronze; Tile Red; Deep Green; Blue-Black; Red; Green.

Johns-Manville Flexstone Asbestos Roofing is really flexible rock. Its base is asbestos (rock) fibre, mined in Canada. Can't burn. Won't wear out. Equally useful on business or farm buildings.

Be sure you get the genuine Johns-Manville Flexstone though. Your roofer, contractor, lumber or building material dealer should have Flexstone in stock; but if not he can get it for you quickly from our authorized distributors . . . then there are the famous Johns-Manville Rigid Asbestos Shingles, slightly higher in price, but beautiful beyond words and everlasting. Canadian Johns-Manville Products are Mined and Manufactured in Canada.

Canadian Johns-Manville Co., Limited  
MASTER OF ASBESTOS  
Asbestos Mines and Factory: Asbestos, Quebec  
Sales Offices: Montreal, Toronto, Winnipeg, Vancouver

AUTHORIZED DISTRIBUTOR:  
The George Taylor Hardware Limited  
Cobalt TIMMINS Cochrane  
New Liskeard Swastika

Johns-Manville  
**FLEXSTONE**  
Asbestos Shingles



WITH all her developments in art and architecture, it was not natural that Greece should show some evidence of inventive genius.

Her contribution to the progress of flourmaking was two circular stones—the top one laboriously turned by hand . . . by slaves . . . passing the handle from one to the other to complete the turn . . . and feeding grain into a hole in the stone to be ground into a rough form of flour.

This simple device represented thousands of years of progress in flour-making. Yet how crude it seems, when compared with the marvellous modern mills where Maple Leaf Flour is made. Where it is so accurately milled and so carefully tested, that a written guarantee of uniformity and satisfaction is given with every bag. Try it.

An attractive portfolio containing this complete series of historical advertisements is free upon request. Maple Leaf Milling Co. Limited, Head Office, Toronto.

The Grinding Stones of Greece—3000 Years Ago

MAPLE LEAF FLOUR  
"Cream of the West"