

You Poor Kid, Why Are You So Skinny

Don't your mother know how to put pounds of good healthy flesh on your bones in just a few weeks?

Tell her every druggist has McCoy's in sugar-coated tablets now so that in just a few weeks she can help you get back your appetite—make your body stronger—your feet nimble and your mind keener.

Tell her if they don't help greatly in 30 days she can get her money back.

Tell her that McCoy's Cod Liver Extract Tablets are full of weight increasing and energy creating substances and are the most successful flesh producers and health builders she can find.

One sickly thin kid age 9, gained 12 pounds in 7 months.

She must ask Molesley & Ball, F. M. Burke, Sauve's Pharmacy or any good druggist for McCoy's Cod Liver Extract Tablets—60 tablets—60 cents—economy size \$1.00—as pleasant to take as candy.

HE SUFFERED FOR TEN YEARS

Then ALL-BRAN Brought Relief in 2 Months—Doctor Recommended It

Constipation is dreaded not only for its own insidious self, but because of the many serious conditions and diseases it causes. Mr. Lind was a sufferer—but read how his found relief.

"For the past 10 years I have suffered from piles. At times I have been unable to work. I have tried suppositories, ointments, etc., but to no avail.

"Two months ago my grocer called my attention to Kellogg's ALL-BRAN. I began taking it regularly. Immediately the pain and annoyance from the piles was relieved. I found that it requires very little ALL-BRAN to give nature a fair chance to effect a cure."—WALTER J. LIND, R. 2, Box 187, Appleton, Wis.

Don't neglect constipation. At any time its poisons may take a terrible toll from your health and well-being. Protect yourself. Eat Kellogg's ALL-BRAN regularly—two tablespoonfuls daily, or in chronic cases, with every meal. ALL-BRAN brings sure, natural relief. It is what doctors call a bulk food. It sweeps the intestine clean and stimulates normal action.

Ready-to-eat with milk or cream. Also try the recipes on the package. Results guaranteed. Doctors recommend it because it is 100% bran. Made by Kellogg in London, Ontario. Served in hotels, restaurants, and dining cars. Sold by all grocers.



Through the Canadian Rockies to the North Pacific Coast and California

GOING TO CALIFORNIA? Then, do not miss the glory of the Canadian Rockies on your way. Their winter garb is a thing of dazzling beauty. Glittering peaks of ice and snow, falls, frozen into a spray of diamonds, every color of the rainbow dancing in the sparkling air. And you ride through this maze of beauty in comfort... over the Canadian Pacific Railway.

But are you wintering in California? And is your return trip in the early spring? Then arrange your return transportation via the scenic northern route—Puget Sound and the Canadian Rockies. There is an excellent hotel and golf course at Victoria, the rose garden capital of British Columbia... also at Vancouver, the great gateway to the mystery of the Far East.

Tickets at Reduced Rates — A Great Variety of Routes

For full information and descriptive literature apply to any Canadian Pacific Agent, or write C. H. White, District Passenger Agent, Canadian Pacific Railway, 87 Main St. W., North Bay, Ont.

Canadian Pacific

Include It In Your Diet



Carnation Milk—pure, whole milk evaporated to double richness—supplies the nourishment imperative to health, and by its uniformly distributed double cream content makes unnecessary the lavish use of cream and butter. Use it for all cooking.

Write for Mary Blake Cook Book

Carnation Milk Products Co., Limited
Albion, Ont.

from Contented Cows

SUDBURY PAPER MAKES RETRACTION TO COUPLE

In despatches sent out some days ago from Sudbury and in the columns of The Sudbury Star reference was made to the alleged practice of communists in Sudbury district of being married or divorced simply through advertisements in the Finnish paper, Vapaus. Sample advertisements were quoted in regard to the alleged marriages and divorces on this newspaper plan. The Advance in referring in the despatches, last week suggested that the sample "divorce" announcements might not be anything else than it purported to be, and that was a "notice of change of names." The Advance did not use any names in the matter as there should be no reflection cast upon anyone until the facts are clearly established. As The Advance pointed out, it has been a more or less common custom for Finnish communists to live together as man and wife without "benefit of clergy," or the use of any legal marriage form. This has proved of decided disadvantage at times, especially to the women and children concerned, and it was this feature of the case that The Advance emphasized. This paper suggested that "Vapaus," the Finnish newspaper at Sudbury whose title is the Finnish word said to be the equivalent for "Liberty" in English, should bend some effort in seeking "liberty" for those misguided Finnish women communists and the unfortunate children who suffered from the one-sided plan of "marriage" adopted by some communists in this country. After The Sudbury Star had published a sample of what it believed to be a "marriage by advertisement only" it was found that the couple mentioned in the odd note or advertisement in "Vapaus" had actually been legally married by an English Church minister. The Star at once published a full and fair retraction to the couple concerned who were found by The Star's investigation to be respectable and estimable Canadian citizens. It may be noted in passing that The Sudbury Star has done a very notable good work in calling attention to the improper activities of communists in the North Land. The publicity has freed a lot of good Finnish people from the tyranny of the "Reds," who were bullying their fellow-countrymen who wished to be good peaceful Canadian citizens. It would be too bad if a side issue should take away from the good work accomplished by The Star in its straight fight against the autocracy of the Finnish Reds and their intolerant treatment of their fellow countrymen who hold Canada in proper regard.

Know a little about everything if you have time and an intellectual appetite and capacity, but if you value success, know everything about some one thing.

FORTUNATE POSITION OF THE PROVINCE OF ONTARIO

From Forest Mine, Lake, Stream, Farm and Factory Comes Steady Stream of Wealth, Says Premier.

In the recent annual Financial Survey number of The Globe, Hon. G. Howard Ferguson gave an inspiring review of the possibilities of this province. In the article referred to the Premier says:—

"It is a good old custom at this season to review the past in order to find inspiration for the future. This task is not a difficult one to the people of Ontario. Year in and year out the sum total of the wealth of the community increases. In every important line of production there is continuous advance, not always uniformly great, but on the whole uninterrupted and encouraging. If one were to search for the outstanding characteristic of the economic situation of Ontario he would find it in the great diversity and stability of our productive industry. We can count upon a yield of about \$500,000,000 from our farms, and yet only about 40 per cent. of the estimated possible farm land of Ontario is under cultivation. One can readily see that a great expansion of agriculture is possible in Ontario under the most favourable conditions. Our manufacturing interests have reached truly imposing dimensions. With an annual output reaching \$1,677,000,000 we have added \$350,000,000 to the record during the course of five years. Steadily the mineral output of Ontario has grown until it has reached \$100,000,000 annually and yet the possibilities of the industry are scarcely realized. Our forests are yielding a harvest, which markets at about \$120,000,000. Our lakes and streams yield commercial fish food to the value of \$3,000,000 or \$4,000,000, but furnish the game fish which draw millions of tourists to Ontario. These tourists, who number from 7,000,000 to 8,000,000, spend from \$150,000,000 to \$200,000,000 annually in this Province. This is a source of wealth that, thanks to our excellent highways and widespread publicity, has developed enormously of late, and is capable of greater expansion. I think these facts are sufficient to show that the outlook for Ontario is good, both for the coming year and those that follow. We are, in my judgement, entering upon a period of unprecedented expansion which will contribute to the prosperity of all Canada.

"I draw attention to these facts because of the intimate association the Provincial Government has with the social and material welfare of the people. It is our belief that the chief purpose of government is to provide public services. Within its sphere the Government of Ontario seeks to promote not only the material interests of the Province, but also the comfort, happiness and welfare of our people. In doing this we have to maintain a variety of services, some of which function for the entire community, while others have a more restricted application. For instance, the services for the maintenance of law and order, and for the promotion of agriculture, education and public health are fundamental, and therefore are a legitimate tax upon the general revenue.

"On the other hand, there are public services of which the cost is rightly borne, wholly or in part, by those who directly benefit by them. The outstanding instance of this nature is the generation and distribution of Hydro-Electric power. Here we have a great public benefit provided without any burden to the general taxpayer, because the financial load is carried by the consumer. The same principle is worked out in connection with workmen's compensation, toward the cost of which the Government formerly contributed, but which is now entirely borne by those for whose interest the system was established. Another instance is that of the Fire Marshall's Department, which is carried by the fire insurance companies, who are its chief beneficiaries.

"The Government feels that the wider application of this principle is justifiable. Consider the case of our highways. While it is proper that a portion of the cost of highways, relatively small, perhaps, should be spread over the whole Province because of the benefit the people as a whole receive from them, the greater part of the expense should be carried by those who use the highways and in proportion to the amount of use and benefit derived from them. Hence the gasoline tax has been accepted as a fair method of distributing the financial burden. The same principle is being applied with respect to our public institutions. There should be few people in this community who are not able to contribute something, either directly or indirectly, to the cost of their own maintenance in these places. Yet, out of 10,000 of the patients in our institutions 5,000 pay nothing toward their upkeep, and the other 5,000, with few exceptions, pay only a small proportion of the cost of their maintenance. We are endeavouring to place the cost of this service, more and more upon those who personally, or through their dependents, receive the advantage of it, and who are fairly able to relieve the general taxpayer to that extent.

"We might go on and enumerate other public services similarly situated but I have mentioned sufficient to demonstrate the principle, which is a sound one, that the cost of special public services should be borne to a greater extent by those who are specially benefited. The application of this principle gives flexibility to our financial policy, and enables us to deal with particular requirements without disturbing the balance between revenue and expenditure.

"Our sources of revenue are not capable of indefinite expansion. We have great natural wealth confided to us for the benefit of present and future generations. We can count upon a considerable income from corporation taxation, but this has definite limitations. Such income as we receive from taxation of luxuries, such as amusements and race tracks, is of a fluctuating nature, as also are the succession duties. Those who choose to indulge in the use of wines and liquors should be required



Easy to make good bread with ROYAL YEAST CAKES

FULL DIRECTIONS ON EVERY PACKAGE

E. W. GILLETT CO. LTD. TORONTO, CAN.

YOUNG MAN GIVEN JAIL TERM FOR ASSAULTING HIS FATHER

The New Liskeard Speaker last week published the following paragraph:—

"At the police court on Tuesday morning a young man was charged with assaulting his father, whom he is alleged to have choked and otherwise 'beat up.' For the family's sake we refrain from giving the name, but report the case simply as a warning to some of the boys who are reaching an age when a little more attention should be paid by them to the more decent things in life. In the case we are referring to this young fellow undertook to write indecent stuff in the books of his sister. The father remonstrated and the alleged assault took place. Magistrate Atkinson gave the culprit a well-merited talking to and sentenced him to from 3 to 18 months."

JACK HAMEL ASKING FOR BETTER ROUTE TO RED LAKE

Mr. John Hammel, president of the Northern Aerial Minerals Exploration Co., was in Toronto last week as leader of a delegation of mining men and others interested in regard to a better route to the Red Lake fields. The delegation interviewed Hon. Mr. Finlayson, Minister of Lands and Forests, emphasizing the great possibilities of Red Lake area, and urging the fact that only through development of more adequate means of transportation can the field be properly developed and progress as it should. The delegation asked that the water route to the Red Lake and Woman Lake fields be improved by the department. Hon. Mr. Finlayson gave a sympathetic audience to the delegation and promised to have a survey made with a view to alleviating some of the difficulties pointed out by the delegation. The delegation were pleased with the attention given by Hon. Mr. Finlayson, and are hopeful that some good will be accomplished by the visit to the Minister, as Hon. Mr. Finlayson was placed in possession of all the facts of the case with a number of practical suggestions for improvement of conditions.

IF WOLVES WANDERED ROUND QUEEN'S PARK AT TORONTO

In an editorial note last week The Pembroke Standard-Observer touches again on the matter of doing something to rid the country of the pest of wolves. In a recent letter in The Advance Jack Miner, the noted nature lover, made it clear that the wolves are killing off the deer in this country. That is bad enough, but it is also a fact that wolves are doing damage in settled parts of the province and are proving a menace that needs attention in such sections as Muskoka Renfrew and other localities, not to mention what is known as this North Land. In this North they have caused much loss through the killing of sheep and the chasing of cattle on occasion. In referring to the matter the editorial note in The Pembroke Standard-Observer says:—

"A gray timber wolf was recently shot in Sullivan Township, Bruce County, and it is said that it is forty years since a wolf has been shot so far south in this Province. Should a wolf wander along Queen's Park it is altogether likely that the bounty would be increased, but what happens on the Manitoulin, or in Renfrew county, or in Renfrew county, or in districts bordering on the Alonghain Park or in the great Northern hinterland does not count."

to contribute to the maintenance of all the public services; but, so far as this taxation serves to restrict the drinking habit, which is its best service, it is a check upon itself.

"If we are to meet our responsibilities courageously, energetically and adequately, we must recognize that the public services of Ontario are legitimately expanding, and necessarily must expand as we grow and prosper. The cost must be met. It is the function of the Government to ensure that the financial burden is equitably distributed so that our progress may not be hindered or retarded by lack of wisdom and foresight, and that we may realize our legitimate aspirations. Proper expenditures are in reality investments, the dividend from which comes in the form of general progress and expansion, from which every one benefits."

ONTARIO'S GOLD OUTPUT SLIGHTLY LESS IN 1928

December Total Higher Than November. Porcupine Shows Gold Production of \$20,384,341

Returns received by the Ontario Department of Mines from the gold mines of the Province for December show a slight increase over November in value of crude bullion recovered, both at Porcupine and Kirkland Lake. Comparing the cumulative total for 1928 with the finally revised figures for the previous twelve months, as shown in the footnote below, the decrease in value for both camps was \$1,131,076, while the tonnage milled fell off 66,030 tons. The decrease at Porcupine was \$3,592,236, or 14.9 per cent., while at Kirkland Lake there was a gain of \$2,461,160, or 25.4 per cent. The cumulative total for 1928 is subject to further revision when the final statements from the mines are available.

During December the producing mines, in order of output, were as follows:

Porcupine (7): Hollinger, McIntyre, Dome, Vipond, Conlaunum, Ankerite, March and Paymaster shipped cleanup material.

Kirkland Lake (6): Lake Shore, Teck-Hughes, Wright-Hargreaves, Sylvanite, Kirkland Lake Gold and Barry-Hollinger.

Receipts of crude gold bullion from Ontario at the Royal Mint, Ottawa, for December totalled 105,098.23 crude ounces, containing 83,778.85 fine ounces of gold and 13,587.94 fine ounces of silver, having a total value of \$1,739,579.46.

Monthly Output of Ontario Gold Mines 1927-1928 (Gold and Silver Values)

Month	1927	1928
January	\$1,926,908	\$1,956,969
February	1,885,833	1,439,161
March	1,923,787	1,690,320
April	1,964,516	1,628,305
May	1,925,322	1,701,794
June	1,935,354	1,471,019
July	2,051,240	1,576,745
August	1,732,101	1,737,344
September	1,902,915	1,530,605
October	1,952,029	1,698,122
November	2,170,555	1,923,228
December	2,311,982	2,030,729
Total	\$23,681,642	\$20,384,341

KIRKLAND LAKE—1927—1928

Month	1927	1928
January	\$ 600,354	\$1,005,886
February	592,230	964,830
March	706,083	1,084,949
April	698,782	884,289
May	857,632	997,145
June	736,811	1,153,313
July	762,749	969,988
August	903,330	893,754
September	928,638	972,060
October	890,115	1,100,305
November	961,500	1,016,467
December	1,089,381	1,032,007
Total	\$9,727,605	\$12,165,003

Grand Total—\$33,409,247—\$32,549,344

Revised Statistics of Gold Production, 1927

Porcupine	3,488,972 tons—\$23,976,577
Kirk. Lake	797,581 tons—9,703,843
Total	4,286,553 tons—\$33,680,420

GOVERNMENT ROAD OFFER BRINGS LITTLE RESPONSE

Only five townships in the riding of Temiskaming have as yet taken advantage of the Ontario Government's offer to put up dollar for dollar on road work to be carried out this winter as part of the year's programme. This information was given out last week at the annual meeting of reeves, mayors and road commissioners held at New Liskeard at the invitation of A. J. Kennedy, M.P.P.

ADDITIONAL SENTENCES FOR RAYNOR GIVEN AT COBALT

William Raynor, Jr., the young man who was recently sentenced at Timmins to not less than six months nor more than two years on charges of forgery and uttering forged cheques, was taken to Cobalt from the Halleybury jail and had to face three charges involving alleged false pretences. Raynor pleaded guilty to the charges at Cobalt, and was sentenced to not less than six months nor more than two years on each count, the sentences to run concurrently with the ones imposed at Timmins. That means, that for the various offences for which he has been tried, he will serve a total of not less than six months nor more than two years. It is understood that Raynor was sought for some months by the provincial police before the Timmins police picked him up when he came here and tried his alleged cheque work in this town.

KEPT HIM FROM WORK FOR A MONTH AT A TIME

Never had a Sick Day Since Taking "Fruit-a-tives"



Of the thousands and thousands of men and women who have been restored to perfect health by "Fruit-a-tives," none are more grateful than Mr. Thomas Graham, 535 Masson St., Oshawa. "I am 60 years old and was treated for years for a trouble between the bowels and the bladder, which kept me home from work for a month at a time; until I started to take 'Fruit-a-tives.' Since then, I have worked steadily for four years and have never had a sick day." Try this wonderful medicine; made from fruit juices combined with the finest medicinal ingredients. 25c. and 50c. a box—at dealers everywhere.

\$2,500,000 Canadian Power & Paper Investments Limited

5% Cumulative Convertible Preferred Stock Par Value \$50

The net assets of the Company after giving effect to this financing will consist entirely of investments, call loans, and cash, having a conservative value of over \$6,500,000, equivalent to over \$80 per share on the \$50 par value Convertible Preferred Stock outstanding. Net income for the twelve months ended December 31st, 1928, after payment of Debenture Interest and Federal Taxes, amounted to over \$300,000, which is equal to 2.4 times the dividend requirements of the Convertible Preferred Shares to be outstanding before receipt of any benefit from the additional capital to be provided by this financing.

Convertible at holder's option

This issue of Preferred Stock is convertible into no-par value Common shares on a share for share basis at any time at the holders' option.

Price \$54.00 to yield 5.00%

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Timmins Rink

JUNIOR N. O. H. A.

HOCKEY

Kirkland Lake Juniors vs. Timmins Juniors

Monday, January 28

Puck Faced at 8.15 p.m. Sharp

ADMISSION

47c plus 3 cents tax - 50c Children 25c