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TIMMINS, ONTARIO, THURSDAY, MAY 17TH, 1928

PRICE FIVE CENTS

Kiwanis Club Hears Helpful Address About Good Health

Large Proportion of Illness and Deaths Preventable, Says Dr. Lee Honey. Organized Society is Keen to Preserve Good Health. Individuals Should Give Equal Interest. Dental Health Very Important.

was 40; and to-day it is 58 years. As

one ponders over nature's design and

contemplates the wishes of nature for

the future, it becomes apparent that

the vantage point of age he retires

some distance from the world of com-

merce and sees it in its truer perspec-

tive. His judgment, ripened by

years, will temper the actions of the

generations of workers, as he awaits

nature's last call. Do not let us for-

get an important feature about grow-

ing old. Ond should grow old grace-

fully. This can only be done at its

best when one is in good health. The

a picture of my ideal of the older

generation. I refer to Silas Hock-

ing, who during the war came and

camped with us at Rhyl. He was

going from camp to camp lecturing to

turer. To me his personality was

more influential than his books. My

wish for you is that you, when you

grow old, may do so healthfully and

At the meeting on Monday refer-

ence was made to the District Ki-

wanis Convention to be held in Sep-

tember at Kingston. An ideal boat

trip for this event has been arrang-

Mr. Geo. Richards, of California,

son of Capt. Richards, of Timmins,

was a visitor at the luucheon on Mon-

day and made a brief but very inter-

esting address in reply to the intro-

duction. One of his epigrams was

that the brakes in California got

tight with the drivers. Mr. Richards

will be the speaker of the day at the

and Afterwards at the

Parish Hall.

Cadets and also those who may be

a brief address with a few pointers

on their future accomplishments.

Other leading gentlemen who are

greatly interested in the Sea Cadets

The objects of the Sea Cadets are:

to teach boys discipline, duty and re-

spect; that they may be educated to

believe in the British Empire and its

navy on which the Empire primarily

depends for existence. The Sea

Cadets are expected to wear a uni-

form, for which proper consent shall

be obtained, similar to the uniform of

the British and Canadian navies.

They will be provided with instruc-

tors who will teach them the elemen-

tary rudiments of seamanship, signal-

ling, gunnery, etc., this being pro-

perly combined with a proper course

of training in physical exercises. No

boy can belong to the Sea Cadets

after he is 18 years of age. Boys

from 12 to 16 years only, accepted;

birth certificates must be shown. It

is necessary to have been in the navy

to obtain rank of instructor for Sea

Cadets, and this applies to band in-

structors as well the instructors all

being expected to be efficient to in-

Messrs Wm. Dunham and R. E.

struct in seamanship.

are also expected to be present.

Boys who are members of the Sea

ed from Toronto and Hamilton.

gracefully."

wanis Club luncheon on Monday at | health in general. the Empire hotel was Dr. Lee Honey, Health." There was a large attendance and all greatly appreciated the very inspiring address by Dr. Honey.

In opening his address Dr. Honey pointed out that the word "health" is derived from the same word as "whole." Health thus carries the idea of "wholeness," and in its wider sense the idea of health includes the mental, moral and physical well-

Dr. Honey quoted a clever little poem by John Kendrick Bangs, in which a man was pictured as understanding everything about his automobile. "What fools, indeed, we mortals are, to lavish care upon a car, with ne'er a bit of time to see, about our own machinery."

Dr. Honey pointed out the interest | last copy of Saturday Night contains of the nation in health. The Government has its department of health with representatives in all parts of the Dominion. All organized society was interested in health; also capital and labour, Christian and atheist; the boys and making every effort to the army, and in civil life; wherever keep up the morale of the troops. His people are gathered together their own two boys were killed during the concern is regarding their health. early stages of the war, and this may But by a peculiar co-incidence the in- have increased his affection for the dividual upon whom this greatest of troops. Many Canadian soldiers can all nature's gifts has been bestowed, recall the gentlemanly character of is not always particularly interested. Mr. Hocking, the composer and lec-"You know this is true from your own experience," said Dr. Honey, "for how often have you consulted! your physicion for expert advice on a condition that you knew could be corrected by regular habits, diet and sufficient exercise. Yet you willingly paid the physician, hoping that hi findings might excuse your neglect.

The Dept. of Health for Ontario (continued Dr. Honey) estimates that 34 per cent. of all deaths are of external origin and therefore preventable. Also, that from 45 to 60 per cent. of al disabling illness could be prevented. From two to three per cent. of the total population of Canada is con tinuously ill. This results in a loss of 21,000,000 working days per year, -fifty per cent. of which is prevent able. The loss is not all on the side of the employee, but affects output | luncheon next Monday. and organization of industry. Canada's capital investment in hospital equipment is \$179,000,000, and the yearly expenditures total \$50,000, 000. These figures do not include private medical, nursing or kindred costs, but merely institutional costs.

Referring to Ciccro, the Roman health is like a mechanic too busy to take care of his tools. Going from gave this quotation from the eminent Catholic authority, Bishop Fallow:-"It is an absolute sacred duty of every man and woman to respect their own health, in the first place; the health of their offspring, in the second | To Meet First at 15 Wilcox Street. place; and, so far as it will come within the sphere of their duty or their circumstances, the health of the community at large."

"Having shown the number of people continually ill," said Dr. Honey "and the cost of treating them, let us now turn to the cause, and perhaps classify these ailments. your last trip to the physician you probably remember that one of the first points of examination was to look in the mouth even if the region complained of was far removed from it. This might be good routine and in accordance with the latest teaching, Dr. C. H. Mayo, of Rochester, Minn., states that the two most important foes of infection are the teeth and tonsils. He further states that the next great step in medical progress in preventive medicine should be made by the dentists. Supporting this view, we also quote our own Canadian preceptor, Sir William Osler, as stating:-"'There is not one single thing in preventive medicine that equals mouth hygiene and the preservation of the teeth." Therefore we find that the teeth which a generation ago were relatively unimportant in the studies of the healing art are now being held responsible for more than one-third of preventable disease. Does, it not behove us, as heads of our respective families, to examine more carefully this entity known as preventive dentistry. You may be surprised to know that the slides which will now be shown are your own. I wish to thank you for the loan of them, and also for prepaying the express on them to Timmins They will be returned to the Dept. of Health where they are kept on fyle for other tax payers to horrow."

Dr. Honey then presented a number | Cosgrove, of Hamilton, were visitors of slides showing various very inter- to Timmins last week.

EXPECT RECORDS TO BE BROKEN HERE ON MAY 24

Field Day Event Under Auspices of Arrow Club and Junior Hockey Club

The field day and day of sports to | The speaker for the day at the Ki- esting pictures in regard to eeth and May 24th, under the joint auspices of insurance the loss is a total one, the the Arrow Club and the Junior Hoc- car having been purchased and paid In concluding his address, Dr. key Club, is expected to surpass any for last fall, and now being no more who gave a remarkably interesting Honey said:- "It may surprise you similar event in the North for inter- than a burned wreck. The car was and helpful address on "Good to know that by taking thought man est and action. The programme ar- stolen from the corner of Second has added many years to his life, as ranged for the day is a most attrac- avenue and Spruce street, and when compared to the five centuries past. tive one and there will be something this was discovered the loss was re-In the sixteenth century the average doing every minute. The programme age at death was 30 years; in 1850 it includes:-

10.30 a.m.—50 yds, boys under 8 years; girls under 8 years; 75, yards, boys under 12 years; girls under 12 years; 100 yards, boys under 16; girls man was intended to wax old. From under 16.

> 11.30 a.m.—Baseball, junior, South Porcupine vs. Timmins, Timmins Volunteer Firemen's trophy.

1.30 p.m.—Softball, ladies, Fred Whitford trophy.

100 yds., junior; 100 yds., championship event, A. Borland, Sr., trophy; 3-mile, championship event. Gamble-Robinson trophy; running high jump, championship event, Gibbons trophy; 220 yards, junior; running board jump, junior; hop, step and jump, T. & N. O. trophy; discus throw, Woolworth trophy; shot put, Homer L. Gibson trophy; javelin throw, Sullivan and Newton trophy; 220 yds., championship event, C. G. Keddie trophy; 440 vds., junior; 1000 yds., championship event, A. F. Kenning trophy; pole vault, championship event, Marshall-Ecclestone trophy; mile, championship event, Sauve's trophy; 100 yds., policemen and firemen; 440 yds., championship event, Karl Eyre trophy; 100 yds., ladies; running broad jump, championship event, Simms, Hooker & Drew trophy; running high jump, junior; pole vault, junior; 1 mile, relay, championship event, Sinclair trophy.

Football game "Old" vs. "Young. The "Old" must be over 35 years of age and the "Young" under 35.

Printed programmes for the event have been issued, the programme providing space for the keeping of the names of winners, times, etc.

At present there are reports that the McIntyre team from Schumacher will come here with the plan and probability of sweeping all before them. Some striking records are reported from practices at Schumacher. Davidson, former holder of Queen's University championship in pole vault. is said to have cleared 11 feet, 6 Mr. W. D. Cuthbertson told the inches in pole vault, and 5 feet 11 Kiwanis of a clever reply made to him | inches high jump. Jack Leng, holder by Mr. Homer Sutcliffe, of New Lis- of the Porcupine ski championship, keard. They had been discussing the and a competitor in the Ontario ski work done by the Kiwanis Club, and championship held in Ottawa last Mr. Cuthbertson mentioned that the winter, is reported as stepping the Timmins Club had provided one mile and the half mile in 4 minutes 35

young man with two wooden legs. seconds and 2 minutes respectively. 'That's nothing,' said Mr. Sut-However, Timmins athletes are not

> a keen competition and an interesting auditorium when desired for comfield day are assured for May 24th.

VERY IMPORTANT MEETING OF ST. JOHN AMBULANCE.

interested in becoming members are requested to meet at 15 Wilcox street, lance Brigade and others interested tee, to succeed Mr. C. R. Murdock corner of Commercial avenue, on are specially urged to attend the who has moved to Kapuskasing. Tuesday evening next, not later than meeting called for the Hollinger Re- The report of the principal, Mr. J 7 p.m. It is expected that Dr. Mc- creation hall on Sunday afternoon, W. Treleaven for the month showed Innis, vice-president of the Ontario May 20th, at 2 p.m. The business to that the number on the roll at the branch of the Navy League of Can- be before the meeting is most urgent | High and Technical schools for April ada, will be present after the lads being the matter of the roadside first was 249, with an average attendance march to the parish hall, to give them aid boxes.

AND DESTROYED BY FIRE Keen Competition Looked for in Car Taken from Corner of Second

CHEVROLET CAR STOLEN

and Spruce Run Into Ditch Match Ignites Gasoline and Auto Destroyed

Mr. E. H. Baker, 201 Elm street be held on the athletic grounds at south, lost a practically new Chevro-Timmins on Thursday of next week, let car last week, and as he had no ported to the police who went on an immediate search for the missing car. Eventually it was located in the ditch at the Rea hill where it had been upset and taking fire had been destroyed. So far as the police could reconstruct the story from the information gathered, four young men had taken the ear for a joy-ride. They had gone to South Porcupine and on their return had been unable to negotiate one of the turns at the top of the Rea hill. The result was that the car took the ditch, turning completely over and suffering considerable damage. It is thought that someone trying to see how badly the car might be damaged struck a match and threw it down. The result of this was that the gasoline tank tool fire and the blaze finished the destruction of the car. A provincial constable and some of the Schumacher police coming by on the road noticed the wreck and started to investigate They found three young men,-W Studor, John Turner and Laurence Lauzon,—in the bush nearby and these were taken in charge. Search was then started for the fourth man believed to have been in the party The three arrested were taken to Schumacher and later transferred to Timmins police station. Herbert Robertson was arrested at a local hotel this week by the Timmins police as the fourth man in the party. four men will face charges in police court on Saturday in connection with the taking of the car and its destruction. Lauzon is out on bail.

ADVANCE TO BE PUBLISHED DAY EARLIER NEXT WEEK.

On account of the public holiday next week, May 24th, falling on publication day, The Advance will be issued on Wednesday afternoon next week, resuming the regular publication day the following week and thereafter. Advertisers, correspondents and others are asked to note the change for the one week and to kindly have copy in the office a day earlier than usual. Many thanks!

HIGH SCHOOL AUDITORIUM

they have here in athletes there are and principal be a committee to pass Chuck Jones, Doug. Brown, Billy All- on any request from any organized worth Eric Bredenberg, Gustavson, Society of non-sectarian origin who Gomuson, Dr. Sundberg, Solberg, wish to secure the use of the audi-Guldbrandson, and others, who may torium for an evening. The fee is be depended upon to make some re-cords and to add to the Arrow Club's janitor is to have supervision and display of cups, medals and trophies. events at the auditorium. The idea No matter what happens, however, of the board is to allow the use of the Several Cases in Police Court and munity purposes, and at the same time guard against any abuse or improper use of the fine hall.

> Mr. A. R. Harkness was appointed Members of the St. John Ambu_ chairman of the Vocational Commit-

North Land Loses One of Its Leading Amateur Sportsmen

Mr. W. A. Field, Well-Known in Football and Other Circles in the North Passes Away on Tuesday After Brief Illness. Funeral This Afternoon Under Auspices of I.O.O.F.

Hundreds of friends throughout the goaltender. During his tenure of North Land and in other parts of On- office and largely due to his interest tario, and in Nova Scotia whese he and ability the English Football Club formerly lived, will learn with the on tour of Canada visited Timmins deepest sorrow and regret of the in 1926. Again, last year, it was Bill death on Tuesday of this week at the Field who was responsible for bring-Sisters of Providence hospital of Mr. ing here the Scottish Football team. W. A. Field, one of the leading sup- He was for some years the Northern porters of amateur sport in the North. Ontario representative on the council The late Mr. Field was widely known of the Ontario Football Association. for his interest in football and to his He was accordingly widely known

to be making good progress to re- free for skating and hockey practice. covery, but then towards the end of The late Mr. Field was a Conservwas successfully carried through and Metropolitan Life, and on several ocfor a time Mr. Field rallied, but even- casions his district headed the list of

being dead comes as a decided shock. 38 years of age. He was so brimful of energy, enthu- He was popular not only in sport siasm and so tireless in efforts in circles and among his fellow workers, anything in which he took an in- but also with the general public, havsecretary respectively of the N.O.F.A. first-class good citizen. when that Northern body was estab- The Late Mr. Field was a Conservlished, and it was their interest and ative in politics and at one time was a effort that carried on organized foot- member of the executive of the Timball in the North for many years. mins Conservative Association. ball League which he was largely in- the Ontario cup. interested in hockey and other ama- sympathy of all goes out.

teur sports and gave the most unsel-The funeral is to take place this FOR COMMUNITY PURPOSES. | fish and untiring effort to any cause he | afternoon. The funeral will be held adopted. He was always a worker under I.O.O.F. auspices, and services At the meeting of the High School and had rare organizing ability. For will be conducted at St. Matthew's Board this week, a resolution was some years after 1919 he played on Anglican church, interment to be law-giver, Dr. Honey pointed out that cliffe, "we recently gave a lady a unduly worrying. Among the leaders passed that the chairman, secretary the Timmins Football team, chiefly as made in Timmins cemetery. Rev. R.

> RECKLESS AUTO DRIVERS More to Follow to Make Traffic Safe.

The police had a number of charges of reckless driving before the police court this week, five men being fined \$10.00 and costs each for reckless driving. A. Lindross, charged with being drunk while in charge of a car and S. Matilla and John Hakila charged with being intoxicated in a public place, were remanded to Saturday. The three men were in a car that got in a mix-up with some other MEETING OF COCHRANE cars on the Hollinger road on Tuesday about six o'clock.

was remanded to Saturday. It cost one local man \$7.50 for breach of the parking by_law.

A case where it was charged that an unlicensed chauffeur was employed was remanded until Saturday.

over, who are charged with throwing business places closed all day, the fireworks on the street, were remand- usual Wednesday half-holiday in ed to May 23rd.

\$10.00 and costs.

Five dollars and costs was the assessment for disorderly conduct the disorder being a fight in which LADIES' AUXILIARY OF scratches and a black eye are among the mementoes left.

A case of a car being without proper markers was dismissed.

remanded to Saturday.

untiring and clever interest was due and respected in sporting circles and much of the success of that sport in especially in football. He was the mainstay of effort here for junior and Mr. Field was ill a week or two juvenile football. His interest in ago, apparently with a bad cold but hockey and other sports was keen, recovered and returned to work, and his assistance and support for Taken ill again, it was found that he clean sport were always generous and was suffering with typhoid fever and valuable. Last winter Mr. Field he was at once removed to the Lospi- maintained a private rink that he tal. For a few days or so he appeared gave to the boys and girls of the town

last week he took a decided turn for in Kent, England, and came to Canthe worse and was in a very critical ada in 1912. He spent a couple of condition. It was necessary to have years in Nova Scotia where he made a transfusion of blood, many volun- many friends. About 1914 he came teering for this service, and Mr. Alex to Timmins. He was for a time the Wilson being chosen. The operation district representative here for the tually despite all that medical skill honours for work in the province for and attention could do, he passed the company. Later he went to the away on Tuesday shortly after noon. Hollinger where he has been sampler To the old-timers of the North es- boss for a number of years. At the pecially the thought of "Bill" Field time of death the late Mr. Field was

terest. He and Mr. E. H. Bridger ing a wide reputation as a genuine (now of Toronto) were president and good sport in the best sense, and a

Mr. Field was also president of the In football, he will be long remem-N. O. F. A. again in later years, oc- bered for the efforts he gave to estabcupying that position at the time of lishing the game on a good foundation his death. He was also at various here. It was largely through his good times president and secretary respect- work that the Timmins team for two ively of the Porcupine District Foot- successive years was in the finals for

strumental in forming. Since the re- His wife predeceased him about organization of the Timmins Football eight years ago. His wife's mother, Club in 1919 he was one of its chief Mrs. Webb, returned to town this mainstays, occupying many offices week on learning of Mr. Field's serifrom president to secretary and ous illness. Mrs. Webb has been remember of the executive, and always siding in Detroit, Mich., recently. working for the good of football and Three sons survive, Lewis, William for amateur sport. For years he was and Douglas, all at home here. No secretary of the Timmins Amateur other relatives are in this country. Athletic Association. He was also To the bereaved family the sincerest

> S. Cushing, rector of St. Matthew's church was for several years one of the executive of the Timmins Football Club, working with Mr. Field to further clean amateur sport. The pallbearers will be six of the team and members of the executive of the Timmins Football Club in its early days

> From all parts of the district and beyond have come messages of sorrow and sympathy from those who knew the late W. A. Field. The funeral this afternoon at 4 o'clock will also be attended by representatives from outside of various organizations with which the late Mr. Field was connected. The number of the floral tokens sent also testify to the regret at the death of W. A. Field, good sport, good fellow and good citizen.

DISTRICT CHILDREN'S AID

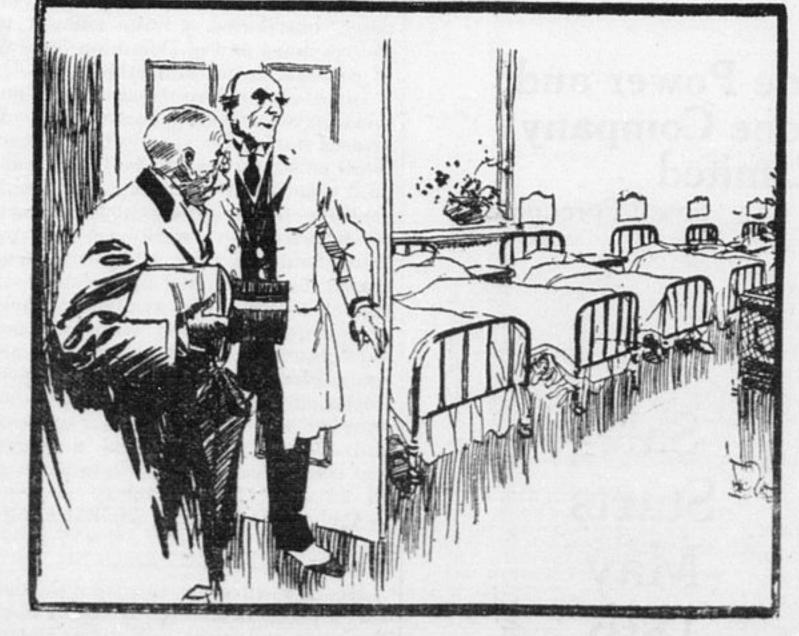
In addition to a reckless driving A meeting of the Cochrane District charge Wm. Gagnon was fined \$100.00 Children's Aid Society will be held in for having liquor in a public place. the Child's Welfare Clinic, on Satur-Another liquor in a public place case day, May 19th, at 4 p.m. Important business will be before the meeting.

STORES OPEN WEDNESDAY ON ACCOUNT OF HOLIDAY.

On account of Thursday next, May Three young men, twenty years or 24th, being a public holiday with the town will not be observed. A chauffeur without a license cost stores will be open Wednesday after_ noon and evening, and closed all day Thursday, the 24th.

LEGION TO MEET ON MAY 30.

The Ladies' Auxiliary of the Canadian Legion met in the town hall, on Wednesday evening of this week. A man charged with vagrancy was Mrs. Maclauchlan president, occupied the chair. The ladies present Police court was presided over by decided to increase their membership Justices of the Peace Montgomery and plans will be made regarding this and Jas. Shewan. Police Magistrate matter at the next meeting which is Tucker, of Cochrane, will preside at to be held at the home of the presipolice court here on Saturday. It is dent, 38 Fourth avenue, on Wednesexpected that Magistrate Atkinson day, May 30th. All ladies interested



Doctor (taking visitor round asylum): "This room is reserved for motor maniaes."

Visitor: "But the room is empty—are there no patients?" Doctor: "Yes, they are all under the bed repairing."

-The Passing Show, London | will be here for next week's court. | are asked to be present.