#### IS YOUR CHILD THIN AND WEAK?

Cod Liver Extract in Sugar Coated Tablets Puts on Flesh and Builds Them Up.

In just a few days-quicker than you ever dreamt of-these wonderful health building, fiesh creating tablets called McCoy's Cod Liver Extract Murray Mine and was not discovered Tablets will start to help any thin until 3.30 o'clock Thursday afternoon, underweight little one.

After sickness and where rickets are suspected they are especially valuable.

Most people know that from the livers of the lowly codfish vitamines of the first class are extracted—the kind that help all feeble underweight men, women and children.

Try these wonderful tablets for 30 days and if your frail puny child don't greatly benefit-get your money back. A very sickly child, age 9, gained

12 pounds in 7 months. Cod Liver Extract Tablets-as easy ing, the band of searchers was in to take as candy and 60 tablets, 60 creased, several of the girl's class cents.

its original aroma.

First Class Orchestra

TWELVE-YEAR-OLD GIRL LOST FOR ONE EVENING

The Sudbury Star last week says: "Lost on her way home from Copper Cliff Public School, Isabelle Goodall, 12-year-old daughter of Mr. and Mrs. Peter Goodall, Norite St., Copper Cliff, spent all of Wednesday night among the rocks and hills near one of the girl's school mates, a member of a search party of 20, catching sight of the youngster sitting on rock, too tired to move. With the exception of suffering a frost bitten toe, Isabelle's experiences was uneventful. A stranger to the town, Isabelle left school for home after four o'clock on Wednesday afternoon, but chose the wrong route. She was last seen going in the direction of Murray Mine about 5 o'clock and when she did not return at nightfall, her parents became alarmed and institut ed a search, which continued through-Ask any druggists for McCoy's out the night. Early Thursday morn

mates joining the hunt.'

Delightfully fragrant—steel cut, there-

fore chaffless-vacuum sealed to hold

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5.30 p.m. to 7.30 p.m.

TABLES HELD ON REQUEST

EMPIRE HOTEL

"The Pride of the North"

THE ADVANCE IS ALL RIGHT SAYS CAPT. MAGLADERY

In renewing his subscription, Capt. Tom Magladery, now of Edmonton, Alberta, writes:-

"The Advance is all right, larger, newsier and, every way, better. would greatly miss it if it did not arrive regularly each week."

Capt. Magladery is one of the oldtime friends of The Advance, and, what is perhaps more to the point, one of the old-time friends of this North Land. For years he was the member for South Temiskaming in the Provincial Legislature, and al-North Land as well as for his own spent his time and energy with accordingly hosts of friends here who sume his duties there. will be well pleased to know that he is prospering and progressing in the West, and very ready to welcome ton, Alberta.

SAYS ROUYN RAILWAY IS POORLY CONSTRUCTED

balt to the daily newspapers says:the Dominion election campaign, the country. That it will be some time before heavy equipment for mining supply of bituminous coal," said Ined by the sinking of one of the trestle | mica, graphite and chalk as other ways at mileage 17 last week late to minerals present in really wonderful a depth of 18 feet. Even light passenger traffic was inconvenienced to the extent of a delay of two days. 76,000" square miles; and Baffin Is-Thrown over the ground following lad 220,000 square miles. The counpreliminary grading, the roadbed is in try is very rich in fur, white fox and very bad shape. Wet weather has blue fox being among the specially turned a portion of the route into desirable furs obtainable in profusmud lands. Extensive ballasting will ion. The Esquimaux natives are a be required and it will be many primitive people, but are good citizens months before real heavy mining and very teachable. They live machinery can be taken in over the chiefly on seal and walrus. The road. In the meantime the heavy population on Baffin's Island is about snow which is falling throughout 1800, and the people are peaceful, Northern Ontario is welcomed by law-abiding and kindly. There is a mine operators in the Quebec field, plenitude of caribou, muskox, polar as it will enable them to take materi- bear, walrus, and seal. White partal and supplies in by the Nipissing ridge are plentiful. The country is Central Railway to Cheminis, the rich in vegetation, with flowers,

A correspondent writing from Co-"Rushed through construction as a political influence in Quebec during route mostly used last Winter."

## Visiting Timmins After Three Years in Far Arctic

Inspector E. Wilcox of the Royal Mounted Police, Who Lives at the Farthest North Post Office in the World, Gives Interesting Outline of the Resources of the Eastern Arctic.

Inspector E. Wilcox, of the Royal | Inspector Wilcox established the Canadian Mounted Police, who for first post at Ellesmere Island, the the past three years has been in farthest north in Canada. The post charge of the five stations in what is office there is the world's farthest ways could be depended upon to do known as the Eastern Arctic, was in north post office. It is a great salmon anything he could for this part of the Timmins this week visiting his two fishing country, equal to the British daughters who make their home with | Columbia coast. There are only aconstituency. After his return from Chief of Police E. Pascoe and Mrs. bout two months of navigation, access overseas, and while Major Mac Lang Pascoe. Inspector Wilcox is on leave to the Eastern Arctic being obtainwas still away, Capt. Magladery from his post in the far North and able only by the sea route at present. opent from Saturday to Tuesday with Inspector Wilcox believes that the wholehearted effectiveness looking his daughters here. He will return airship method could be used successafter this part of the North. He has next year to the Eastern Arctic to re-fully in improving communication

Although having been a visitor to Haileybury in past years and visithim back to what he knows and feels ing other parts of the North, Inspecin his heart is the greatest district in tor Wilcox had never previously paid the world—the North Land. Capt. a visit to Timmins. He was much Magladery is in charge of a large dis- impressed with this new town and trict for the Massey-Harris Company, modern style and improvements. Limited, makers of farm implements, "Timmins is a wonderful town," he his headquarters now being at Edmon- said, "and an example of what enterprise and industry can achieve in a short time."

enthusiastic about the far North. | colder than the Eastern Arctic where | The islands,—Ellesmere Island, Devon Island and Baffin Island,—usually referred to under the comprehensive the Eastern Arctic has the "long name of the Eastern Arctic, have great riches in minerals. Two geologists from the Dominion Mines Department have been exploring and prospecting ability of developing the Eastern Rouyn Branch Railway is probably in the Eastern Arctic during the past the flimsiest line ever put down in this year, and the results have been most points out that Greenland is more promising. "There is an unlimited than self supporting and becoming a can be taken over the road is evidenc- spector Wilcox who also mentioned

Ellesmere Island has an area of grasses, mosses, etc. Of course, where | the bush they almost stumbled on a there are flowers there are also bees, | den, which was being guarded by a and one of the Mounties last year huge mother bear. Growling and sent five or six pounds of honey showing its gleaming fangs, the gathered in the Eastern Arctic to enormous beast started towards the Ottawa to prove the truth of the far | two with obviously hostile intentions.

Royal Canadian Mounted Police in | pecially when they have cubs, are no the Eastern Arctic there are three exception to the rule, were on the Mounties and two native families. alert. Bibby, who was directly in Every March each station sends out front of the approaching animal, let a patrol that will cover one or two fire with his 30-30, hitting the bear thousand miles of territory. Sergt. between the eyes. Armstrong then Joy, formerly of Haileybury last fired a shot into the back of the bear's March made a patrol covering over neck, and Bruin dropped. The two 1800 miles. The patrols are con- then killed the three cubs, rather than cerned chiefly with exploring the leave them to the mercies of a cruel country, there only being rare occas- | world, bereft of their mother's care ions when they are needed to enforce and guidance. The big bear is a the law. The Esquimaux almost in- splendid specimen, measuring about variably are orderly and live beyond five feet long and weighing 400 reproach of the white man's law.

with the outside world. He has firm faith in the country and thinks it will eventually be developed, and its wealth of minerals turned to advantage of the world.

Speaking of the climate, Inspector Wilcox said that at Ellesmere Island the thermometer never went lower than 60 degrees below. While that is cold enough, of course, it is no more severe than in many parts of the country already opened up and settled in the northern sections of Canada. Inspector Wilcox was even more Alaska and the Yukon are much the average weather is quite bearable, though bracing and keen. Of course, nights" for half the year, but there is the compensating "long day" for the other half. As to the practic-Arctic islands Inspector Wilcox noteworthy source of revenue to Denmark under whose flag that northern land remains. The possibilities of the Eastern Arctic islands are even greater than those of Greenland.

#### YOUNG HUNTERS KILL BIG BEAR GUARDING HER CUBS

The Sudbury Star last week says:-"Quick action on the part of two young Sudbury nimrods, who found themselves suddenly confronted with a ferocious bear, while on a hunt this week provided them with a fine quarry for what would otherwise have been a fruitless excursion. Charles Bibby, Jr., aged 16, and Sansord Armstrong, the two hunters, were out for deer near Callum in the vicinity of Markstay. While tramping through North's standing as a producer of But the hunters, realizing that the female of the species is more deadly At each of the five stations of the | than the male, and that she-bears, es-



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good they will do. Get One To-day.

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