

**TOWN A. TEAM HAD RATHER EASY WIN FROM TOWN B.**

The Town A. went up to second place in the league by defeating the Town B. on Thursday last, the score being 6 to 1.

The following were the teams: Town A.—A. Cadman, goal; Liddle and Street, backs, Rankin, F. Cadman and Cooper, half-backs; Lambie, Jackson, Adamson, Patriek and Roberts, sr., forwards.

Town B.—Maye, goal; Berry and McLaughlin, backs, Hamilton, Hackett and Young, half-backs; McKay, Gilchrist, McTaggart, Dunsmore and McHugh, forwards.

The match on the whole was fairly good although the Town A. were much too superior for the youngsters.

The Town B. are very unlucky in scoring, for they had three good chances in the first half. The first shot hit the cross bar and the other two the upright, all being shot before the ball was cleared.

The half time score was 2-1. The Town A. scored off Roberts' corner kick and the second was a simple goal by McTaggart with a nice shot.

In the second half the Town A. got four more goals. The Town B. play fair football but wander out of their positions and fail to pass the ball at the right time. They also have a lot of trouble in getting a goalkeeper. Brown, their regular goalie, and who was shaping well for a good man between the sticks, is unable to get off from work early enough and Saturdays pot at all, so they are handicapped in this respect, although the other men have done their best and have saved some good shots. Mr. Jardine, referee.

**LISKEARD MAN MAKES RECORD IN GOLF MATCH**

To give some local golfers the proper feeling of humility the following interesting paragraph is reproduced from the last issue of The New Liskeard Speaker:—

"It's a hard job to keep a Liskeard man down in the sporting field, and the golfers of the County Town are having the same trouble in this line as are the sports in other lines. Last year the President's Cup, emblematic of the championship of the year,

was won by Mr. O. C. Frood, of New Liskeard. However it was up to Mr. P. J. Knox, barrister, of New Liskeard to set the pace in a manner that certainly cannot be beaten, and he will go down in history, so far as the Golf Links of Haileybury are concerned, as the first player to make a hole in one drive. While playing a match with Mr. Frood as his opponent, Mr. Knox drove the ball for the seventh hole, making a perfect shot, the distance being 165 yards. The writer is not up on golf, but he is given to understand that this is one of the

dreams of golf enthusiasts. Running the "port," knocking out a home run with the bases full, etc., are not in it with making a 165 yard drive and holing the ball."

He—Please come out in the garden with me.

She—Oh, no. I musn't go out without a chaperone.

He—But we don't need one.

She—Then I don't want to go.

They who bully the weak will flatter the strong.

**E. Donald Smith, L.L.B.**

BARRISTER, SOLICITOR, NOTARY PUBLIC.

Goldfields Theatre Building, Timmins.

Phone 534

10-21p.

**W. TROLLOPE**

SASH, FRAMES, DOORS, GENERAL WOODWORK.

Storm Sash

Hot Bed Sash

P.O. BOX 373, SCHUMACHER North T. & N. O. Tracks, West of Station.

*The Borden Co. Limited*

**That the Canadian Mother May Have Quick and Ready Information On Feeding Her Child**  
**BORDEN'S EAGLE BRAND MILK**

In the following charts and data we provide the Canadian mother with the necessary information she may require for the use of Borden's Eagle Brand Milk for her child. You will note that the directions provide for a child from three days of age through until the child is 24 months old.

In addition to the directions for feeding Borden's Eagle Brand Milk, the mother should read carefully the suggestions which should be adopted in connection with the use of Borden's Eagle Brand Milk. The Borden Company Limited is proud of the fact that it has been helpful in the raising of many, many Canadian infants into sturdy boys and girls and men and women who are a credit to their country. For further information, do not hesitate to write direct to The Borden Company Limited—Montreal.

**TABLE OF DILUTION STRENGTH AND TIMES OF FEEDING "EAGLE BRAND" CONDENSED MILK**

AGE	Hours Between Feedings	Feedings During the Night	Quantity At each Feeding	Quantity Fed in 24 Hours	Teaspoonfuls of "EAGLE BRAND" to ounces of boiled water	Feedings in 24 Hours
3 to 7 Days	2	2	1 to 1½ ozs.	10 to 15 ozs.	½ teaspoonful "EAGLE BRAND" to 1½ ounces water	10
2 to 3 weeks	2	2	1½ to 3 ozs.	15 to 30 ozs.	1 teaspoonful "EAGLE BRAND" to 2 ounces water	10
4 to 5 weeks	2	1	2½ to 3½ ozs.	22 to 32 ozs.	2½ teaspoonfuls "EAGLE BRAND" to 4 ounces water	9
6 weeks to 3 months	2½	1	3 to 4½ ozs.	24 to 36 ozs.	3 teaspoonfuls "EAGLE BRAND" to 4 ounces water	8
3 to 5 Months	3	1	4 to 5½ ozs.	28 to 38 ozs.	4 teaspoonfuls "EAGLE BRAND" to 5 ounces water	7
5 to 9 Months	3	0	5 to 7 ozs.	30 to 42 ozs.	5 teaspoonfuls "EAGLE BRAND" to 6 ounces water	6
9 to 12 Months	3½	0	7 to 9 ozs.	35 to 45 ozs.	6 teaspoonfuls "EAGLE BRAND" to 7 ounces water	5

IMPORTANT.—In preparing feeding mixtures it is imperative that all utensils, bottles, nipples, etc., should be sterilized in boiling water before using. Use a dry spoon in removing contents from the can, and in measuring be careful to pour from can to spoon, allowing the milk in the spoon to level itself. Repeat this procedure with every spoonful measured, using the same spoon every time. This will insure accurate measurement and produce the best results.

**DIET FOR CHILD DURING THE SECOND YEAR**

Usually after the twelfth month, the mother should select a diet schedule. Every new article of food should be carefully prepared, and given at first in very small quantities. All meals are to be given regularly, with nothing between meals. With many children this expansion of the diet list is attended with considerable difficulty. They are thoroughly satisfied with milk, and refuse all other form of nourishment. In such cases, withhold the milk until the more solid articles of food have been eaten. If both are given at the same time, the child will prefer the milk and when he has finished drinking it he will refuse the solid food. The following diet schedule will permit the mother to select a suitable meal from the foods listed. It is never advisable to make a change in diet during very hot weather.

NOTE: One teaspoonful of EAGLE BRAND CONDENSED MILK added to one ounce of boiled water results in a mixture equivalent in nutritive value to whole milk. Whenever the word milk appears in the following diet, EAGLE BRAND should be diluted accordingly.

**12th TO 15th MONTH—FIVE MEALS DAILY**

7 A.M.—Oatmeal, barley, or wheat jelly, one to two tablespoonfuls in 6 or 8 ounces of milk. Stale bread and butter, or rusk and butter.

9 A.M.—The juice of one orange.

11 A.M.—Scraped rare beef, one to three tablespoonfuls, mixed with equal quantity of bread and moistened with beef-juice. Or a soft-boiled egg mixed with stale bread-crumbs; a piece of rusk and 6 or 8 ounces of milk.

3 P.M.—Beef, chicken, or mutton broth, with rice or stale bread broken into the broth. Six ounces of milk, if wanted. Stale bread and butter or rusk and butter. Many children at the above age will take and digest apple-sauce and prune pulp; when these are given, milk should be omitted.

6 P.M.—Two tablespoonfuls of cereal jelly in 8 ounces of milk; a piece of rusk. Stale bread and butter.

10 P.M.—A tablespoonful of cereal jelly in 8 ounces of milk.

**15th TO 18th MONTH—FOUR MEALS DAILY**

7 A.M.—Oatmeal, hominy, cornmeal, each cooked three hours the day before they are used. When the cooking is completed the cereal should be of the consistency of a thin paste. This is strained through a colander, which upon cooling will form a mass of jelly-like consistence. Of this give two or three tablespoonfuls, served with milk. 8 or 10 ounces of milk as a drink. Toast.

9 A.M.—The juice of one orange.

11 A.M.—A soft-boiled egg mixed with stale bread-crumbs, or one tablespoonful of scraped beef mixed with stale bread-crumbs and moistened with beef-juice. A drink of milk. Rusk or bran biscuit, or stale bread and butter.

3 P.M.—Mutton, chicken, or beef broth, with rice or junket or with stale bread broken in the broth. Custard, corn-starch, plain rice pudding, junket, stewed prunes, baked apple or apple sauce.

6 P.M.—Farina, cream of wheat, wheatena (cooked two hours). Give one to three tablespoonfuls, served with milk. A drink of milk. Rusk or stale bread and butter.

**18th TO 24th MONTH—FOUR MEALS DAILY**

7 A.M.—Cornmeal, oatmeal, hominy (prepared as in the above schedule). Serve with milk, or with butter and salt. A soft-boiled egg every two or three days. Hashed chicken on toast occasionally. A drink of milk. Bran biscuit and butter, or stale bread and butter.

9 A.M.—The juice of one orange.

11 A.M.—Rare beef minced or scraped; the heart of a lamb chop, finely cut. Chicken. Spinach, asparagus tips, squash, strained stewed tomatoes, stewed carrots, mashed cauliflower. Baked apple or apple-sauce. Stale bread and butter. After the twenty-first month, baked potatoes and well-cooked strained beans.

3 P.M.—Chicken, beef or mutton broth, with rice or with stale bread broken into the broth. Custard, corn-starch, or plain rice pudding, junket, stewed prunes. Bran biscuit and butter or stale bread and butter.

6 P.M.—Farina, cream of wheat, wheatena (each cooked two hours). Give one to three tablespoonfuls, served with milk, or with butter and salt. A drink of milk. Rusk or stale bread and butter.

The following suggestions have proved to be helpful when properly used with bottle feedings, and they may be used in conjunction with Eagle Brand Condensed Milk.

Always pour the milk from the can into the spoon—allowing it to level itself but not run over. You can readily understand that by dipping the spoon into the can you get more than a level spoonful, because of the milk that would adhere to the bottom of the spoon. When you have added the milk to the water stir thoroughly. This is important. After opening, it is safe to leave the milk in the original can. We recommend that you cover the can tightly with an inverted cup, and keep it in a cool, clean place.

**ORANGE JUICE**

When baby is four months old, give one teaspoonful of strained orange juice, diluted with equal quantity of boiled water, once daily before feeding time. Gradually increase the amount until you are giving the strained juice of a half of an orange undiluted, once daily before feeding time. Orange juice may be continued until child is old enough to eat other fruits as well as oranges.

**OATMEAL JELLY**

When baby is five months old, add one teaspoonful of oatmeal jelly to each feeding. Gradually increase the amount until you are adding three tablespoonfuls of oatmeal jelly to each feeding. To make oatmeal jelly add four ounces of oatmeal to one pint of water; boil for three hours in a double boiler, and add enough water so when cooking is completed a thin paste will be formed. This while hot is forced through a strainer to remove coarse particles. When cold a semi-mass will be formed. Oatmeal jelly may be continued until child is old enough to eat well cooked whole cereals.

**CONSTIPATION**

Oatmeal water very often relieves this condition. To make oatmeal water add one heaping tablespoonful of oatmeal to one pint of water, and boil for three hours in a double boiler. This will make a little more than half a pint of thick gruel to which add one pint of water that has been boiled. After straining mixture through fine strainer, you should have a little more than a pint of whitish liquid. This should be used with each feeding instead of the plain boiled water. If you find that this makes bowels too loose, dilute oatmeal water with plain boiled water.

Barley or rice water may be used instead of oatmeal water. If necessary two to three drops of plain codliver oil may be given twice daily added to the morning and night feedings.

**DIARRHEA**

Give nothing but plain boiled water for twenty-four hours. Then start feeding with barley water, or rice water, to which has been added a little salt to improve the taste. If these feedings are retained, and bowel movements lessened, small amounts of very weak regular feedings may be started and gradually increased according to baby's condition. If your baby does not improve after trying the above suggestions, consult your doctor at once.

**BARLEY WATER**

Obtain the very best barley flour. Add one rounded tablespoonful to one pint of water. Boil for thirty minutes, strain; then add enough water to make one pint.

**RICE WATER**

Add one tablespoonful of rice to a pint of water. Boil three hours, adding water from time to time so that you will have one pint of rice water at the end of the three hours.

**LIME WATER**

It is seldom necessary to use lime water with Eagle Brand Milk but should there be undigested particles of food in the bowel movements (which seem to be otherwise normal) or should there be vomiting of large curds shortly after feeding—or colic—it would be then advisable to try lime water. Obtain freshly prepared lime water at the Druggists, of which add 1 to 2 teaspoonfuls to each feeding.

**COLIC OR VOMITING**

These conditions may be due to over feeding, or constipation. Reduce quantity of food and use constipation formula, or lime water formula, as given above.

**WILL INTEREST LONDON IN MINING PROPERTIES**

Arthur E. Moyssey, president of the firm of A. E. Moyssey and Co., which has been actively engaged in the development of a number of mining properties in Northern Ontario the past few years, is leaving for England this week with a view of sounding out the situation in London as regards the final development of advanced Canadian prospects. One of the properties which Mr. Moyssey will bring to the attention of his English connections is the Crown Reserve, which will need further financing within the next few months. The development of this property for the bulk of the past year has been financed by the Moyssey firm to the extent of \$120,000.

Mr. Moyssey stated that he was convinced that London capital was not only available, but anxious to find investment in Northern Ontario mining development, providing the situation was put clearly before the London interests. He will bring to their attention several properties upon which some hundreds of thousands of dollars have been spent on development but which need financing into the production stage. The Moyssey firm has been an important factor in mining development in the north for some years past, having financed into production the Teck-Hughes, Castle and Vipond mines, the latter to the tune of \$320,000. At the present time the firm is financing four other properties to an aggregate of \$37,000 monthly, of which Crown Reserve gets \$12,000, Capitol and Barry each \$10,000 and Keora \$5,000 a month.

**PRETTY CHURCH WEDDING AT HAILEYBURY LAST WEEK**

The Haileyburian last week says:—"A very pretty church wedding was solemnized at St. Paul's yesterday afternoon, when Thyra Kathleen, only daughter of Mr. and Mrs. S. Atkinson, who are among the earliest residents of Haileybury, became the bride of Harold Fenwick Fancy, son of Mr. and Mrs. W. Fancy of Cobalt, and superintendent of the Frontier-mine at Silver Centre. The church was filled to the doors by friends and acquaintances of the young couple and the ceremony was performed by Rev. Canon Hincks, at 2.30.

"Miss Enid Fancy, sister of the groom, was maid of honour. She wore white embroidered crepe with hat to match. Miss Eleanor Wilson, as bridesmaid, wore pink georgette, with hat to match. Each carried a bouquet of Ophelia roses. Mr. Cyril Atkinson, brother of the bride, was best man.

"Following the ceremony at the church, the guests, who numbered about one hundred and fifty, proceeded to the home of the bride's parents, where a reception and luncheon was held. The young couple left on the Continental at 5.30 for a honeymoon in Montreal and Quebec, after which they will reside in Silver Centre.

"A great many beautiful and useful presents were given the bride, embracing articles of almost every kind that could be used in the home. A particularly interesting gift, and one that the bride will prize very highly, came from England. It was an old family ring, sent by her Aunt Thyra, which belonged to her paternal grandmother. The aunt is the twin sister of Mr. Atkinson. The ring is an opal and diamonds set in gold, and is a very beautiful one.

"Hundreds of friends in Haileybury and Cobalt who have known both families intimately, and a great many others who know and respect one or the other of the families, all join in wishing the very greatest happiness to the newly-married couple."

**THREE FREE BOOKS!**

Send for our "Baby Welfare Book," which contains additional valuable information. Also "Baby Record Book" and "Recipe Book,"—all free. Write The Borden Company Limited, Montreal.

Name \_\_\_\_\_  
Address \_\_\_\_\_

Made in Canada



Clip and preserve this sheet

Your dealer can supply you with Borden's Eagle Brand Milk—note the picture of the can and take no other.

The Borden Co. Limited  
180 ST. PAUL STREET WEST  
MONTREAL