

WHAT MADE ME HAPPY

"I was congratulating myself that I had passed the winter without catching a cold, when I got one at the beginning of last May. It was because I was run down. Being run down I had some trouble in getting rid of this cold. I was a nervous wreck. I would wake up regularly mornings feeling that some terrible calamity would take place. Although we were comfortably off, I felt sure my husband was going to lose everything. The children worried me. If they made the least noise, I would get into a terrible temper. I would scold them so that I am sure they hated me. I would be mad with myself after it was over and make up my mind never to let it happen again. I would go to bed at night and begin to think and picture dreadful things which might happen to me and my family. I would lay awake for hours, sometimes until daylight, until I was so weak that I could scarcely raise my head. I would waken next day just as tired as when I laid down. After a while I got so that I didn't care what happened. The children annoyed me and I wouldn't have cared if they had left me for good. I felt that it was only a matter of time before I would lose my mind. I knew that my symptoms were due to a run down condition and that if I could only get something to build me up, I might be all right. I knew that there must be some good tonic but most of them made such foolish claims that I was afraid of them. Happening one day to run across a leaflet about Carnol, I was impressed with the moderate way this preparation was described, so I made up my mind I would try it. I did and today I am the happiest and healthiest woman living. I haven't a care in the world. Instead of running away from me, my children are now with me all the time. My husband tells me that my disposition is as near an angel's as any human being's can be, but of course he is prejudiced. I don't believe I have a nerve in my body now."

Carnol is sold by your druggist, and if you can conscientiously say, after you have tried it, that it hasn't done you any good, return the empty bottle to him and he will refund your money. C-222

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DO YOU KNOW THAT—

Many a man has made a false step by standing still.
A wheelbarrow will stand on its two legs and never move a foot unless you lift it up and push it along. So would business. You've got to pick it up and push it along.

DR. DOOLITTLE SAYS OLD ONTARIO IS NEW ONTARIO

Dr. Doolittle, President of the Canadian Automobile Association, sprung a new one on the deputation from the North Land interviewing Hon. Beniah Bowman last week regarding a North Land trunk highway from North Bay north. "New Ontario is Old Ontario and Old Ontario is New Ontario," said Dr. Doolittle. "How do you get that way, Doctor?" somebody asked. "Well," says the Doctor, "I figure it out this way:—Champlain made a trail from Mattawa through North Bay a hundred years before there was any settlement or real exploration of the southern part of what is now the Province of Ontario. Accordingly, New Ontario is older than Old Ontario, and if one part or the other should be called 'Old Ontario' it should be New Ontario."

It was two or three days after the Seventeenth of Ireland that Dr. Doolittle made this point, but in any case there is much interest and a touch of humour in the Doctor's contention. It might interest the Doctor, however, to know that up in this new (or old) part of New (or Old) Ontario, there is a general tendency to look upon North Bay, for instance as a typical Old Ontario settlement.

CANADA THIRD NOW IN WORLD'S GOLD PRODUCTION.

In 1913 Canada was sixth among the nations of the world in gold production. For 1922 Canada's gold production had climbed to the third place among the world's producers. South Africa had a production of over \$145,000,000 in gold in 1922. The United States came next with over \$49,000,000. Canada's gold production was \$29,500,000 in round figures. Australia came next with \$20,500,000, and Mexico fifth with fourteen million dollars. Rhodesia, British India, China-Japan, Colombia, British West Africa, Central America, Dutch Indies, Europe, Belgian Congo, Straits Settlements followed in the order named with production of from over twelve to less than one million dollars in gold each. The total world production is given as over \$315,000,000. In analyzing the figures for the world's gold production, The Financial Review of New York says:—

"Outside of Canada, every important gold-producing country in the world made a new low record for many years. This applies to South Africa, United States, Western Australia and Australasia as a whole (Queensland, by way of exception, continued to improve over 1921 and 1920), India, British West Africa, Mexico. In Russia almost complete stagnation prevailed.

"Both eastern Canada and western Canada shone brilliantly, with the greatest gold production on record for Canada, greater even than when the glorious Klondike was in its prime.

Hollinger, Dome and McIntyre at Porcupine, Ontario, producers, and the new producers in the Far West and the Far North-west, notably the Premier, swelled the output of Canada last year by about ten millions to near \$30,000,000. Porcupine and Ontario accounted for near three-fourths of the gain.

"The ranking honor of the world's foremost gold producer fell to the Hollinger mine of Porcupine, Ontario, in 1922. It produced \$12,750,000 from nearly an even 1,500,000 tons of ore, yielding about \$8.60 a ton. In tonnage it was surpassed by Crown Mines, Ltd., of South Africa, and by the Homestake mine of the Hearst Estate, in South Dakota, U.S.A. The premier honor of Hollinger was, however, only accidental. It was due to the strike shutting down the South African giants the first part of the year. Three Rand giants were surpassing the Hollinger both in tonnage and output of gold by the end of 1922. The Crown was handling close to 8,000 tons a day, yielding per ton about \$6.20 at \$4.35 cost. The Government Gold Mining Areas mine was treating 5,000 tons daily, yielding about \$10.40 a ton. The giant Randfontein Central was crushing 5,500 tons a day, yielding about \$5.95 a ton. Hollinger was treating about 4,400 tons a day, recovering \$8.60 at about \$4.45 per ton costs.

Recently the Lyric Theatre at Kirkland Lake was prosecuted by Mr. Mac Kay of the Ontario Amusement Tax Department, on three counts:—failing to forward Amusement Tax collected, failing to make returns according to the Act, and failing to sell Amusement Tax tickets. On each charge the Theatre was assessed \$100 and costs, or a total of \$300 and costs.

Here and There

Galt, Ontario. — It is announced by the Canadian Pacific Railway that among the improvements planned for 1923 to company property is the building of a steel water tank to hold from 60,000 to 100,000 gallons at Guelph Jet.

Ottawa. — A constantly growing appreciation on the part of Canadians of their national parks, evidenced by the continued increase in the number of visitors in the last year, is emphasized in the report of National Parks Commissioner J. B. Harkin. Visitors to all Canadian national parks during the year in question were estimated at 166,000, of whom more than 71,000 went to Banff. Foreign travelers to the larger parks were about 65,000. From an economic point of view, on a basis of \$300 spent by each foreign visitor while in Canada, the national parks accounted for an indirect revenue of some \$19,500,000, which amounts to about \$2.22 per capita of Canada's present population. Other revenues from the parks, in the way of timber sales and concessions, accounted for \$72,000. Total appropriations for the parks last year were \$966,000.

Owen Sound. — Superintendent William Bethune, of the C. P. R. lake steamships has announced the officers for the steamers for the coming season. All last year's officers will be in their place without any change. The officers are as follows: S. S. Assiniboine—James McCannel, master; A. A. Cameron, chief engineer; George Bethune, purser; D. A. Sutherland, chief steward. S. S. Keewatin—M. M. McPhee, master; C. Butterworth, chief engineer; C. S. Miers, purser; E. R. McCallum, chief steward. S. S. Manitoba—F. J. Davis, master; George D. Adams, chief engineer; George H. Fisk, chief steward; John E. Laine, purser. S. S. Athabaska—Murdoch McKay, master; George S. Rae, chief engineer. S. S. Alberta—John McIntyre, master; William S. Struthers, chief engineer.

Winnipeg. — In connection with movement of grain to Vancouver from September 1, 1922, up to and including February 21st, the Canadian Pacific Railway has delivered at Vancouver a total of 6,768 cars of grain representing 9,894,816 bushels.

During the same period there has been exported from Vancouver to the Orient 1,284,550 bushels and to the United Kingdom 10,093,620 bushels, or a total of 11,378,170 bushels.

During the same period last year, the Canadian Pacific Railway delivered at Vancouver a total of 3,451,952 bushels of grain, and there was exported from Vancouver during the same period last year 3,200,000 bushels, 1,220,000 of which were exported to the Orient and 2,080,000 to the United Kingdom.

In addition to this grain, which has already been exported from Vancouver so far this season, there is in store in elevator at that point 942,823 bushels, according to a statement of E. D. Cotterell, Supt. Transportation, Western Lines.

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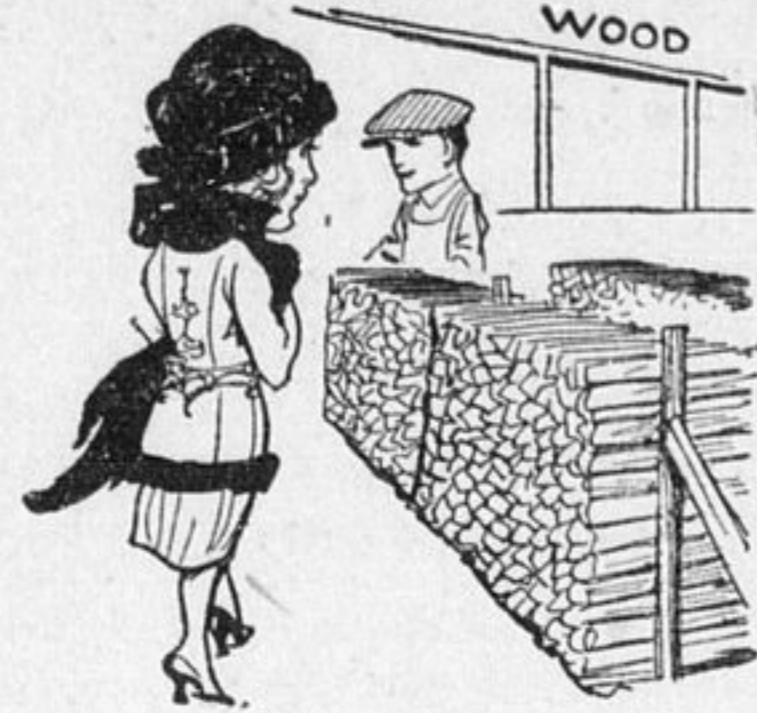
FOR SALE—Near Englehart, 160-acre farm, with buildings; running creek; school corners farm; good clearing; several acres pulpwood. Price \$4000. Will accept a house as part payment. J. C. Wilmhurst, Box 807, Timmins. 12-14p

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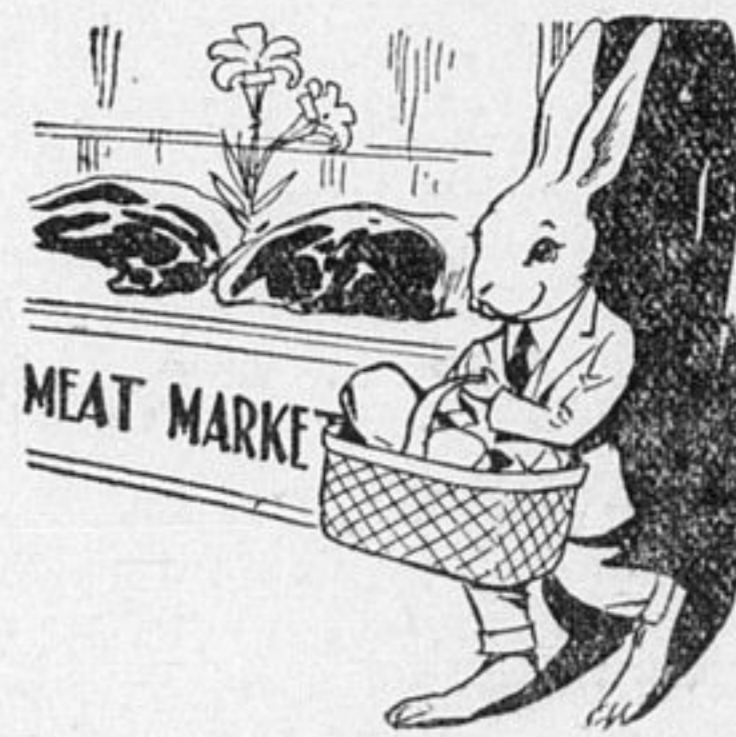
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