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**ADVANCE-OFF. BURROWS  
WRITES FROM BELGIUM**

to Germany and  
Souvenirs.

Following letter written by  
Corporal A. H. Burrows, son  
and Mrs. Burrows, of Golden  
will be of general interest.  
Corporal Burrows has been  
Section of the 12th  
years for the past  
three and a half years.

War, Belgium, March 13th.  
Dear Mother and Father:— Have  
received two letters from you and  
very glad to hear from you. I have  
been on a trip to Germany and have  
just arrived back. I was in Cologne  
and also at Bonn. I am satisfied now  
as I always wanted to go there. I  
bought a fine razor for Father which  
I will mail in a couple of days. You  
know the German razors are famous  
for their fine steel. This is Sheffield  
steel finished and—manufactured in  
Germany.

I would like to tell you all about the  
people and conditions there, but will  
wait until I get back. Let me know  
when you receive the razor. I have  
other souvenirs but would not trust  
them to the mails.

I had a letter from Paddy Rowe  
and will answer it in a few days. I  
am so glad he went to see you. He  
said you gave him the best reception  
he had since arriving over there.

I suppose I will be home by July,  
but don't know for sure. Of course,  
it may be sooner. Let's hope so at  
any rate.

Don't you believe what you see in  
the Canadian papers about the sol-  
diers wanting to stay in this country.  
It is all hunk, and I can't see the mo-  
tive anyone has in saying so. How-  
ever, these will probably be adjusted.

How are all the folks around home?  
Give them my best regards.

Will close for this time, as there  
isn't much to write about. With  
love to all, I am

Yours etc.,

Bill.

Lance, Corporal A. H. Burrows,  
166289.

**COBALT LIBERTY LEAGUE  
HAS FIRST FREE FIGHT**

On Friday night last the Cobalt  
Liberty League had a meeting and it  
developed that most of the members  
were sincere in their demand for lib-  
erty. They even wanted the liberty of  
formally and completely selecting  
their own officers for the league, in-  
stead of taking those suggested for  
office by a committee appointed by  
some one else at some other time and  
place. Indeed, they raised a row like  
Patrick Henry until they got their  
way in this matter, though such things  
are not done in the best of societies,  
where the average fellow is content to  
sit quiet and let somebody else put the  
officers through by suggestion, the  
average fellow reserving all his com-  
plaints until after the trick is through.

Not so, with the Citizens Personal  
Liberty League, of Cobalt. As soon as  
the provisional secretary had asked  
for the endorsement of a list of officers  
appointed, or suggested, at a "com-  
mittee" meeting, a gentleman named  
Sawyers started a little buzz by a  
pertinent question. Then from an-  
other direction, — Mr. Southwood, —  
came the suggestion of "star cham-  
ber" methods in the Liberty League  
already, and the demand that the  
League be run right out in the free  
open, with the liberty of the members  
to select their own officials. Mr.

Hylands was quite ready for sugges-  
tions, not wishing to interfere with  
anybody's liberty to suggest. So,  
then the League was formally and  
freely constituted, a committee ap-  
pointed to draft a constitution and  
by-laws, etc. The following officers  
were then duly elected:— President,  
Mr. F. J. Bourne, vice-president;  
Mr. A. A. Amos, secretary-treasurer  
Mr. Hylands; assistant secretary,  
Mr. Roy Douglas. These officers,  
with Capt. Daney, Dr. Kane, and  
Messrs. Crosby, Geo. Mitchell and  
Joe McKay, were appointed a com-  
mittee to attend to details of the Le-  
ague's Management and progress.

Mr. Joe Gorman was appointed to act  
as secretary for the meeting, the per-  
manent secretary, Mr. Hylands, oc-  
cupying the chair for the evening.  
Another feature of the evening was  
the address delivered by Dr. Kane.  
Dr. Kane suggested that the "tem-  
perance fanatics" were wrong in class-  
ing liquor as a poison in the way they  
did. "Tea, cocoa, coffee, are just as  
much poison," he said, "and even  
common salt will kill if taken in ex-  
cess." He referred to sailors going  
crazy through drinking salt water  
which contains only three per cent. of  
salt. He quoted authorities to show  
that liquor might be classed as a  
food. Touching on the tendency to  
replace liquor with drugs he painted  
an eloquent picture of which was not

"the better ole." In the U. S. A.,  
he claimed, there are now 1,500,000  
drug addicts. The citizens present  
had generally a nice little practice  
serap in fighting for liberty, as they  
viewed it, and now they are all ready  
no doubt to go out to the bigger  
battle for personal liberty, particu-  
larly in the matter of getting something  
to drink without having to beg,  
borrow or steal a prescription or des-  
cend to Hoffman Drops. A funny  
thing, though, about the inside fight  
for liberty to elect the officers in the  
Liberty League, is that the meeting  
after winning that liberty turned  
around and elected just about the  
same slate as had been suggested to it  
by the "Star Chamber" methods  
they had complained about. That is  
very often the way things work out.

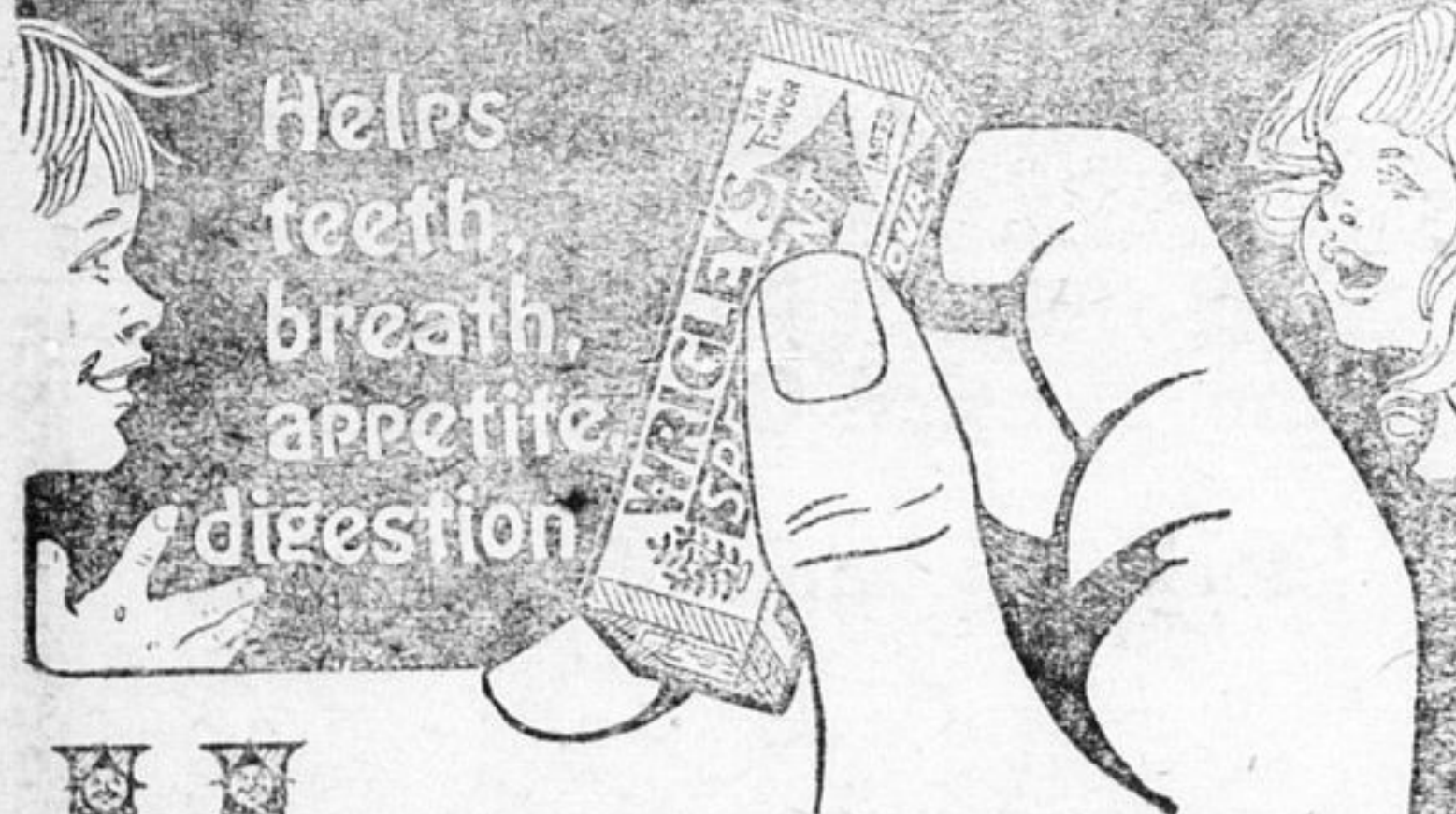
It may be the way the Liberty League  
may finish on the liquor question.  
After winning the fight for a right to  
say what shall happen to the liquor  
traffic they may in the end vote  
that what happened before should  
happen again. Good night.

J. H. Black, of Toronto, was a  
business visitor to the Camp last week.

It may be the way the Liberty League  
may finish on the liquor question.  
After winning the fight for a right to  
say what shall happen to the liquor  
traffic they may in the end vote  
that what happened before should  
happen again. Good night.

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teeth  
breath,  
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sealed in its wax-  
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tight, impurity proof—

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is hygienic and whole-  
some. The goody  
that's good for young  
and old.

The Flavour Lasts

Be sure to get  
**WRIGLEY'S**  
Look for the  
name



**What Happens  
to the food you eat?**

During digestion certain  
kinds of food containing pro-  
teins, such as meat, egg  
white, milk casein, wheat  
gluten, etc., are split into  
many different substances.

Some of these the body uses  
to rebuild damaged or dead  
tissues; some, however, are  
not only useless and harm-  
ful but in some cases actually  
poisonous. Regular, thorough  
bowel evacuation gets rid of  
the latter.

Constipation permits stagna-  
tion and absorption of these  
poisons into the blood, with  
injury to the whole body.

Taking castor oil, pills, salts,  
mineral waters, etc., in order  
to force the bowels to move  
does not—cannot cure con-  
stipation—but makes it  
worse.

On the other hand Nujol  
overcomes constipation and  
brings about the habit of  
easy, thorough bowel eva-  
cuation at regular intervals,  
because Nujol is not a drug,  
does not act like any drug.

Nujol brings about a return  
to Nature's methods of sup-  
plying necessary lubrication  
of the bowel contents, by  
facilitating intestinal muscu-  
lar action, by absorbing poi-  
sonous matter, and thus se-  
curing necessary cleansing  
of the intestinal canal and  
protection of the defensive  
properties of the blood itself.

Nujol has no deleterious  
after effects, produces no  
bad habits, makes the bowels  
regular as clockwork.

Nujol is efficient at any age  
—under any conditions—is  
satisfactory and safe.

How and Why Nujol over-  
comes constipation is de-  
scribed in an interesting  
and authoritative booklet,  
"Thirty Feet of Danger" free  
on request. Send for it and  
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your druggist today.

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