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**MUCH ACTIVITY AGAIN
IN DELORO THIS SUMMER**

Anchorite, Preston, Imperial and Others to Resume. Diamond Drilling Campaigns Also Expected.

Judging from present indications Deloro, Township is to be the scene of much activity in the mining line this summer. It is expected as a starter that May 1st will see operations resumed on the Anchorite property. This property was formerly held under option by the Comiagas Company, of Cobalt, but is now under option to a syndicate of strong English capitalists interested in mining ventures.

The Buffalo interests in control of the Porphyry Hill Mine, south of the Little Pet, are planning an extensive diamond drilling campaign for this summer. The same interests own the Little Pet and intend also to re-open this latter property before the summer is over. The Little Pet is well-equipped with an up-to-date mining plant, including a small mill.

There are also signs of activity on the old Preston claim. Mr. W. C. Offer, one of the owners of this property, is in the Camp at present, and is making arrangements preliminary to re-opening the property. It is said that a new company has been organized to take over the property, and that a complete new mining plant will be installed at once. The property is partially developed, there being two shafts, one down 200 feet and the other about 50 feet.

It is a well-known fact that re-organization plans are under way in connection with the Imperial Mine, and this would indicate that the company intend to resume operations in the near future. The property is favorably regarded by mining men and known to have developed some good ore between the 100 and 200-foot levels.

Besides the above, there are a number of other prospects in Deloro to be developed this summer by outside capital, but particulars would be a little premature at the present time. It seems certain, however, that altogether it would appear that Deloro will be the scene of a great deal of mining activity this year.

**LABOR MEN PLANNING
NEWSPAPER FOR NORTH**

The Labor men of the North Land have under consideration the founding of a newspaper to specially represent the interests of Labor in the big North Land district from Sudbury to James Bay. Last week there was a meeting of the central committee of the Labor Convention at Cobalt, and a committee of five was appointed to deal further with the question. This committee includes:—John Vanier, of Iroquois Falls; N. McKinnon, of Timmins; E. Shepherd, North Bay; J. McGuire, Cobalt, and H. Kineburgh, of Kirkland Lake. The purchase of the Advocate plant at North Bay is under consideration. In addition to the Miners' Unions and the unions in connection with the paper and pulp industries of the North, the United Farmers of Ontario, (which organization has a number of members in the North Land), are also interested in the suggested new paper. The present plan for financing and conducting the new paper includes the formation of a new society or company to be known as the United Progressive Association of New Ontario. All members of the Association would pay 5 cents per month fees for the support of the new Labor organ.

**THIS IROQUOIS FALLS
IS SOME TOWN, SURE!**

The new hotel at Iroquois Falls is practically completed and will be formally opened this week with due ceremony. It is the most up-to-date structure of its kind in the North Land and more than a credit to Iroquois Falls. It has 90 guest rooms, with all the up-to-date touches, bathrooms, toilet, etc., etc., and it is beautifully finished inside and out, as well as being fire-proof throughout. It is to be called "the Iroquois Hotel," the name being the subject of a prize contest recently, and Mr. John Clark, formerly Chief of Police of Timmins, winning the prize with his name "the Iroquois," and his accompanying letter as to why this name was the most appropriate.

Iroquois Falls keeps well abreast of the procession in the North Land in every way, and this year it promises to get in the lead. In addition to the magnificent new hotel a public school to cost \$60,000.00 or more has been decided upon. Also there are material improvements and extensions already planned for the streets and sidewalks; there is to be an extended and improved ball park; fine new stores buildings are also probable; as well as other good things "too numerous to mention."



What an Easter this will be!

PEACE!—Joyous homecoming and reunion—Spring in the air—and renewed evidence of prosperity and plenty about us—

Happy parents—healthy children—freed from the worry of the years of conflict and the restrictions that have helped to attain the victory that is now ours—

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Gone are the reasons that for four long years have restricted the enjoyment of this delicately-tender, sweetly-flavored, amply-satisfying food product. Once more you need only phone your grocer or butcher in order to be promptly supplied. When you buy, make sure you see the Swift's Premium wrapper and brand. You can seek no better Easter breakfast dish than ham—you can find no better ham than Swift's Premium!



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**DEATH OF "JUDGE" GEORGE
ROSS AT COBALT LAST WEEK**

The North Land lost a well-known, popular and gifted citizen last week in the death of Mr. Geo. Ross, formerly Town Solicitor of Cobalt. He was one of the authorities on municipal law in the Province and otherwise a man of unusual gifts. In addition he was always a genial gentleman, widely known and much esteemed throughout the North Land. In his earlier life he was in the newspaper business and also served a time

as a school teacher. Then he went into the practice of law, being in partnership with the famous counsel, of E. F. P. Johnston, of Toronto. One of Mr. Ross' most famous cases was his defence of the Hyams twins, accused of the murder of their brother for insurance money. Although there was much circumstantial evidence against them they were acquitted, largely through the good work of the late Mr. Ross. Mr. Ross came to Cobalt in the early days and was for many years town solicitor there. He was 56 years of age, and unmarried.

ed. He died in the hospital after an illness of only 24 hours.

Mr. D. Cosgrove, formerly on the Fire Department staff here, returned to Camp last Wednesday evening. He was called from here some weeks ago owing to the illness of his wife and son at the family home in Buckingham, Quebec. The son, Albert, who was formerly on the Hollinger staff, died before his father could reach home. Mrs. Cosgrove has recovered from her attack of the prevalent influenza.

The Invisible Conflict

From the moment of birth—and before—until the hour of death, there is going on within the body a constant conflict, unseen and usually unfelt, between forces that seek to defend, and others that strive to destroy.

Germs that enter from without are attacked and destroyed by the living guardians in the blood, the white blood cells or phagocytes. Poisons generated within seek entrance into the blood and are removed or destroyed by the functions of the intestines, liver and kidneys.

Food-waste allowed to stagnate and remain in the intestines, unevacuated, poisons the blood and destroys its power to defend against outside or inside enemies. Such self-poisoning causes over 90% of human illness.

Constipation turns the tide of the invisible conflict against the body, in favor of the invaders. Nor does the taking of castor oil, pills, salts, mineral waters, etc., to force the bowels to move enable the

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