

The Habits of Millions - Ten Reasons Why I Smoke (by Reg. LaForme, T.F.C.)

1. It's such a clean, refined habit.
2. It makes my breath so pleasing to everybody.
3. It sets such a good example for children to follow.
4. It proves I have self control.
5. It makes my fingers and teeth so pretty and yellow.
6. It makes me look so manly.
7. I love to spit.
8. It starts fires, kills lives and destroys millions of dollars worth of forests and property. This is fun.
9. I want to see how much poison my body can take before I die.
10. It's my way of obeying God, who says, "Keep thyself pure. Touch not the unclean thing."

In 1912, cancer of the lung was the rarest of diseases. Since then deaths from this disease has increased 500%.

Soon, according to the medical profession, 1 out of 3 who die of cancer, will die from cancer of the lung.

Not until 1949, was smoking first suspected as the cause for the gigantic increase. In the U.S., out of 684 cases of lung cancer, only 5 were non-smokers. In England, out of 1357 proven cases of lung cancer only 7 were non-smokers.

A special study by the American Cancer Society, covering 187,000 men - both smokers and non-smokers - from various walks of life, 11,870 died. A careful study of the causes of death revealed that smoking definitely caused lung cancer and MANY OTHER CANCERS OF THE BODY and a surprising number of deaths from other diseases.

The study also showed that deaths from coronary artery disease was 70% higher in smokers who smoke 1 pack a day over non-smokers and even higher in those who smoked 2 packs a day. The greatest killer (51.2% of deaths) is coronary disease with the greatest cause of it smoking. The surest way to die a painful and premature death is to buy cancer by the pack.

"If any man defile the temple of God, him shall God destroy; for the temple of God is Holy, which temple ye are." 1 Corinthians 3:17.

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