

MAGAZINE SECTIONDevotional - (The Upper Room)

A man who is kind benefits himself, but a cruel man hurts himself. - Proverbs 11:17

To give another person the benefit of the doubt usually implies withholding judgment which might be damaging. Actually, the one who refuses to speak an unkind word has given himself the first benefit of the doubt, just as he may have experienced the first injury had such questionable words been spoken.

Christ left us a good example of refraining from speaking, even when He was made to suffer. He gave the benefit of the doubt to others on a noble scale, and His followers have the challenge of His self-mastery, the help of His purity of purpose, and the guidance of His principles of conduct.

The fringe benefits which today are the rule for employees also play a great part in personal relationships. Our dealings with others provide opportunities to give and to receive.

We need to make it our practice to be compassionate in our comments about others. Instead of reaching conclusions on partial evidence, we need to evaluate all factors in a situation.

Prayer: Our heavenly Father, help us to develop the habit of kindness, using it to make daily relationships more helpful and harmonious. In the spirit of Christ. Amen.

Thought for the Day

I will be mindful of Christ in my speaking and doing.

Card of Thanks

We wish to express our sincere thanks and appreciation, to our many relatives and wonderful friends and neighbours for their kind expressions of sympathy - floral tributes, money, sympathy cards and help - given to us, in the sudden loss of our beloved son and brother.

Special thanks to Rev. Karl Hansen who gave us strength and courage to face our loss, in our time of need.

Sincerely,

The Bomberry Family

Births

JAMIESON - To Mr. and Mrs. Terence (Tabby) Jamieson, Ohsweken, a son, Jamie Lynn (10 lbs 5 oz.) on March 11, 1969 at the Brantford General Hospital.

Recipe - A quick luncheon cheese dish

1 Cup of broken cheese. Put in heavy frying pan with 1 cup of milk. When it has boiled and is nearly melted, add a little dry mustard, salt and pepper to taste. Stir in  $\frac{1}{2}$  cup cracker or dry bread crumbs, and when heated add butter the size of an egg and 3 eggs well beaten. Stir until cooked. Serve on rounds of toast.

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Then Laugh

Build for yourself a strongbox,  
Fashion each part with care;  
When it's strong as your hand can make it,  
Put all your troubles there.  
Hide there all thought of your failures  
And each bitter cup that you quaff;  
Lock all your heartaches within it,  
Then sit on the lid and laugh.

- B. A. Bachus.

Words from the wise

The only way to get anywhere is to start from where you are.

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Think big and your deeds will grow;  
Think small and you will fall behind;  
Think that you can and you will.

- It's all in the mind.