

Recipes (continued)

This is a nutritious whole meal in one dish, easy to prepare and easy on the budget.

Take a casserole large enough to suit the needs of your family and fill with the following ingredients:

Sliced raw potatoes, onions and carrots, hamburger or ground beef chuck.

Place these in the dish in layers repeated until it is full, seasoned with salt and pepper. Cover with enough canned tomato soup, diluted with milk, to cover the ingredients. Cover and cook in a 375° oven until well done - about 1 3/4 hrs. for a 2 qt. casserole.

Tomato juice or canned tomatoes may be substituted for the liquid.

(If you are allergic to fats, lightly fry the hamburger until the pinkish colour disappears and drain off fat before adding.)

Six Nations Coming Events

- Jan. 15 - 7 p.m. Six Nations Bowling League at Echo Lanes, Brantford.
- Jan. 17 - A.C.W. Meeting at the home of Mrs. S. A. Anderson, Friday evening, 8 p.m.
- Jan. 18 - A living and learning conference on the aims and objectives of education in Ontario. Pauline Johnson Collegiate, Brantford. 9 - 4 o'clock.
- Jan. 18 - Annual Board Meeting Grand River Church, 7:30 p.m.
- Jan. 19 - Sunday 8:30 p.m. Dining Hall, Ohsweken Community Hall. Film "The people of the Longhouse" Free admission, Lunch, Auspices Bahai Community.
- Jan. 19 - 5 p.m. official board meeting, Grand River Charge at the manse, Ohsweken.
- Jan. 20 - Bingo! 8 p.m. Ohsweken Community Hall. Free admission, \$100. jackpot. Auspices Merchants.
- Jan. 22 - Wednesday, 3 p.m. Christian Aid Hall, corn soup supper. Also bake sale and touch and take sale.
- Jan. 26 - Sunday, 7:30 p.m. Service of song and fellowship, weather permitting, at Grand River Church.
- Jan. 31 - Feb. 2, Faith at Work Conference, Holiday Inn & St. Judes Church, Brantford.

WANTED TO BUY - Wanted to buy a two or more bedroom house to be moved to the property of Carl Miller, Ohsweken Highway. Must be reasonably priced. Phone 445-2555 (phone has been out of order, o.k. now)

Funny Bones

A writer, late for an appointment with government officials, left her car in a non-parking zone and put this note on her windshield: "I am on official business" When she returned, she found a parking ticket with this note: "So am I."

In a sandy beach area during the 1968 Tet offensive; The gunnery sergeant of one company called the troops together and made the following announcement: "Men, I have both good and bad news for you. First the bad news - we have to fill 3000 sandbags by tonight. Now, the good news - we have plenty of sand!"

Staff of Tekawennake

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Address all correspondence to:

Mrs. Wilma Jamieson, Sec-Treas.
R. R. 1, Ohsweken, Ontario