

**Blogs & Blogging** - *Continued from page 6*

I could barely go over 5 km per hour. Senior hikers with walkers were passing me by. In a few areas, the railway ties had not even been removed yet. It was dreadfully hard slogging so finally I changed to cycling on the roads alongside the TCTrail, going from town to town along the old rail line.

But, back to blogs and blogging. I did 365 blogs from my 64th to my 65th birthday, counting backward, 365 down to zero. Then I blogged up to the day the trip started because I just could not give it up, and then I blogged the trip which was so very hard, and so very enjoyable. Now I have that wonderful record of it all. That is the best thing about 'blogspot' for which I am eternally grateful. You get to read it whenever you want to. Years later and it's still there but do a change on it every once in a while to show it's active.

'Blogspot' always shows the very last entry you're written so that anyone reading it reads the most recent entry first - the opposite to that of reading a book. My blog has to be read 'backward' - the last day(s) of my cycling trip showing up first on the blog with the day I started my trip being about 40 blogs back.

Whether I was blogging about the countdown or blogging about the bicycle trip, most days I attached a picture.

I must add here that I got hooked on blogging and looked forward so much to taking pictures and writing something on the blog at the end of each day. Photographing sure slowed me down when I was actually cycling but gave me the needed rests that I should have taken anyway.

I strongly suggest that you try doing a blog if you love communicating. Write about whatever your hobby or greatest interest is even if it's just writing.

Blog's are so very rewarding and such fun to do. Not only that, when you're retired, you have more time to do it (if you don't join too many clubs).

**Karen I. Smith BS (blog savvy)**



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